

Curriculum Guide for AA to BS Recreational Therapy at WCU

Freshman/First Year

1st Semester*

Fall

2nd Semester

Spring

CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes	CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes
ENG 111	ENGL 101	C1	3		ENG 112	ENGL 202	C1	3	
Math 152	Math 170	C2	3	Required for OT & PT	COM 231	COMM 201	C3	3	Preferred
History	History	P3	3		Humanities/Fine Arts	Fine & Performing Arts	P5	3	
Humanities/Fine Arts	Humanities	P4	3		PSY 150	PSY 150	P1	3	Required
Natural Science	Physical & Biological Sciences	C5	4	PHYS 130 required for OT & PT	Social/Behavioral Sciences or SOC 160	Social Sciences or SOC 103	P1	3	SOC 103 required for OT
ACA 122	USI 130		1						
Total Credit Hours					Total Credit Hours				
17					15				

*This assumes placement into college level courses. This is only meant to be a guide. See your academic advisor to develop your individual plan.

***Recommended to transfer after 1st year to stay on track to graduate. Otherwise, please plan for extra time at WCU.**

Sophomore/Second Year

3rd Semester

Fall

4th Semester

Spring

CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes	CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes
HEA 110/PED 110/Other Elective	Wellness	C4	3		Natural Science or BIOL 110 and 111	Physical & Biological Sciences or BIOL 140	C5	4	BIO 140 required for OT & PT
BIO 168	BIOL 291		4	Required	BIO 169	BIOL 292		4	Required
Social Science (Global Perspective)	World Cultures	P6	3		HEA 112/Other Elective	HEAL 250		2	Required
Gen. Ed/UGETC Elective	Elective		3		Other Elective or (CHEM 151)	Elective or (CHEM 139)		4	CHEM 139 required for PT
					Gen. Ed/UGETC Elective	Elective		3	
Total Credit Hours					Total Credit Hours				
13					17				

Suggested Course Sequence to transfer from NCCCS

Junior/Third Year (at WCU)

If needed, students may choose to declare a minor to get enough classes for full time status. Contact an advisor for suggested minors.

5th Semester				6th Semester			
Fall				Spring			
WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit Hours	Notes
RTH 200	Foundations of Recreational Therapy	3		RTH 352	Recreational Therapy Processes & Techniques	3	
Elective/Minor	Contact advisor for options.	3		RTH 210	Investigation of Rec Therapy practice	3	
PSY 470	Abnormal Psychology	3		HPE 223/235/365	HPE choice	3 or 4	
COUN 325	Survey of Human Development	3		Elective/Minor	Contact advisor for options	3	
Total Credit Hours				Total Credit Hours			
12				12 or 13			

Students on this pathway apply for this program in September of Jr. year. Admission decisions will be published in Mid october.

Senior/Fourth Year

7th Semester				8th Semester			
Fall				Spring			
WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit Hours	Notes
RTH 380	Research & Evaluation in RT	3		RTH 395	RT Professional Preparation Seminar I	2	
RTH 350	Rec Ther & People w/Physical Disabilities	3		RTH 360	RTH services for older adults	3	
RTH 353	Rec Ther & People w/Physical Disabilities LAB	1		RTH 361	RT for Older Adults lab	1	
RTH 340	RTH Indiv w/ ID/DD	3		RTH 405	RTH in behavioral health	3	
RTH 341	RTH Indiv w/ ID/DD lab	1		RTH 406	RTH in behavioral hlth Lab	1	
RTH 301-306*	Choice of 1 RT modalities	1		RTH 301-306*	Choice of 1 RT modalities	1	
				Contact advisor for			
				Elective/Minor options			
				3			
Total Credit Hours				Total Credit Hours			
12				14			

*Topics: Leisure Ed, Horticulture, Community Integration, Adventure, Expressive arts, Heart/Math

Suggested Course Sequence to transfer from NCCCS

Senior/Fifth Year

9th Semester

Fall

Spring

WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit hours	Notes
RTH 496	Research/Eval Pres. Seminar	1		RTH 484	Rec Therapy Clinical Internship	12	
RTH 495	RT Prof Prep Seminar II	2					
RTH 417	Admin of RTH Services	3					
RTH 301-306*	Choice of 1 RT modalities	1					
Ejective/Minor	Contact advisor for options	3					
Total Credit Hours			14	Total Credit Hous		12	

Total Credit Hours 122-123

Reminder: 30 hours of 300-400 level courses must be taken at WCU.

<https://www.wcu.edu/learn/programs/recreational-therapy-bs/index.asp>

Additional admission requirements can be found at

<https://www.wcu.edu/learn/departments-schools->