

What If I change my major from Nursing to...

NUTRITION & DIETETICS

What is Nutrition & Dietetics?

Registered Dietitian Nutritionists (RDNs) are experts in food and nutrition. They advise people on what to eat in order to lead a healthy lifestyle or achieve a specific health-related goal. They may do so through management, clinical practice, community and public health, business, or education and research.

What can I do with a degree in Nutrition & Dietetics?

Students are eligible to apply for dietetic internships upon graduation to become a Registered Dietitian Nutritionist (RDN). Students not entering a dietetic internship may choose to become a Nutrition and Dietetic Technician (NDTR). Employment settings include: Hospitals, health departments, healthcare facilities, nursing homes, government & non-profit agencies, community centers, school systems, wellness & fitness centers, private practice.

How could this program help me pursue applying to an Accelerated BSN program?

Common pre-requisites for ABSN programs include:

- Chemistry
- Human Nutrition
- Statistics
- Anatomy & Physiology 1 & 2
- Microbiology
- General Psychology

All of the above courses are also required for Nutrition & Dietetics!

Students in this program gain a thorough understanding of how diet contributes to the prevention, diagnosis, treatment, and maintenance of health and disease in clients and communities. Students will have opportunities for research, direct patient care, and in the planning and evaluation of meals and nutrition programs.

What are the Application Requirements for Nutrition & Dietetics?

Applications occur once a year with the deadline around the start of spring semester. Application requirements include:

- One experience related to nutrition (paid or volunteer)
- Involvement in one campus extracurricular activity or club
- Minimum 2.8 overall GPA; Minimum 3.0 Pre-requisite GPA
- Recommendations from instructors teaching Nutrition or other pre-requisite courses.

If you are considering changing your major to Nutrition & Dietetics, it's ideal you know before the spring semester of your sophomore year. Those that decide after the start of sophomore spring should consult with an advisor as soon as possible (see contact info below).

A sample application and more in-depth information can be found at: **NUTRITIONDIETETICS.WCU.EDU**

Who can I contact to discuss changing my major to Nutrition & Dietetics?

Last Name A-J: Kimberlee Yontz - 828. 227. 3516 - kyontz@wcu.edu **Last Name K-Z:** Julie Conway - 828. 227. 2917 - jkconway@wcu.edu

How will my Nursing Coursework count towards Nutrition & Dietetics?

To see how nursing pre-requisites can count towards Nutrition & Dietetics, see page 2 of this document.

The 8-semester plan below has been updated from the original to reflect how common pre-requisites completed for Nursing may apply to this program. For more information specific to *you* and the credit *you've* completed, use the contact information provided on page 1.

Freshman

Fall	Hrs	Accepted from Nursing
CHEM 132 or CHEM 139 (C5)	4	✓
ENGL 101 (C1)	3	✓
HSCC 101, HEAL 111, or HEAL 123 (C4)	3	✓
PSY 150 (P1)	3	✓
P3	3	✓

Spring	Hrs	Accepted from Nursing
P4	3	✓
ND 330	3	✓
P5	3	✓
First-Year Seminar	3	✓
MATH 170 (C2)	3	✓

Sophomore

Fall	Hrs	Accepted from Nursing
BIOL 291 (C5)	4	✓
ENGL 202 (C1)	3	✓
Elective	3	✓
COMM 201 (C3)	3	✓
P1 other than PSY	3	✓

Spring	Hrs	Accepted from Nursing
BIOL 292	4	✓
BIOL 313	3-4	ENVH 260/261 can be substituted ✓
Elective	3	NSG 346 ✓
P6	3	✓

Summer	Hrs
CHEM 133 or CHEM 140	4

Admission to program: Students must formally apply and be admitted before beginning the professional sequence of courses in the junior year. Detailed admission criteria can be found at NUTRITIONDIETETICS.WCU.EDU.

Junior

Fall	Hrs
ND 239 See note!	1
ND 331	3
ND 301	1
ND 325	3
ND 350	3
ND 436	2
ND 406	1

Note: While ND 239 is listed as required for the application, those missing the class can be provisionally admitted pending the course is completed in the first year of the program.

Spring	Hrs
HSCC 330	3
ND 420	3
ND 432	3
ND 351	3
ND 334	2
ND 304	1

Senior

Fall	Hrs
ND 422	3
ND 451	3
ND 453	1
ND 335	3
ND 439	1
ND 435	3

Spring	Hrs
ND 333	2
ND 303	1
ND 452	3
ND 454	1
ND 461	1
HSCC 311	3
ND 310	3