



Department of Human Services Student Resource Guide

College of Education and Allied Professions



Department of
Human Services
1 University Way
Killian 208
Cullowhee, NC 28723

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Child & Elder Care

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Region A Partnership for Children</u>	116 Jackson St. Sylva, NC 28779	(828) 586-0661	Childcare, trainings, subsidies, reading programs, and more for WNC
<u>Jackson Co Department on Aging</u>	100 County Services Park, Sylva, NC 28779	(828) 586-5494	Social, physical, mental, and some financial needs addressed
HAYWOOD COUNTY			
<u>Region A Partnership for Children</u>	116 Jackson St. Sylva, NC 28779	(828) 586-0661	Childcare, trainings, subsidies, reading programs, and more for WNC
<u>Haywood Co Aging and Adult Services</u>	157 Paragon Parkway Clyde, NC 28721	(828) 452-6620	Various programs and services offered for adults and elders
<u>Elder SAFE</u>	30th Judicial District Alliance, contact for location	(828) 452-2122	Provides advocacy and assistance for victims of elder abuse and has a 24-hour hotline
BUNCOMBE COUNTY			
<u>Buncombe Partnership for Children</u>	53 Asheland Avenue Suite 102A Asheville, NC 28801	(828) 285-9333	Family-focused programs that improve parenting, promote involvement, and support high quality early education for children
<u>Buncombe Aging Services Alliance</u>	35 Woodfin Street Asheville, NC 28801	(828) 250-5500	Coalition and directory for aging services
WESTERN CAROLINA UNIVERSITY			
<u>On-Campus Childcare</u>	Contact for information	(828) 227-2938	Affordable, on-campus childcare for those who qualify
<u>Kneedler Child Development Center</u>	Camp Building Cullowhee, NC 28723	828.586.2345	Designed specifically for young children, the facility serves University parents as well as the local community

Clothing

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
Pathways for the Future Thrift Store	3740 US Hwy 74 East Unit 9 Sylva, NC 28779	(828) 631-5533	Clothing and other essentials at discounted prices
<u>Reach of Macon County</u>	26 Ridgeway Street Sylva, NC 28779	(828) 586-8969	Clothing and other essentials at discounted prices
<u>United Christian Ministries</u>	191 Skyland Drive Sylva, NC 28779	(828) 586-8228	Free/Discounted clothing for qualified clients
WCU			
<u>Homebase</u>	82 Central Drive Cullowhee, NC 28723	(828) 508-0035	Offers students emergency assistance and hosts spaces for students to hang out

Financial Resources

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Jackson County Dept. of Social Services</u>	401 Grimes Staff Road Sylva, NC 28779	(828) 586-5546	Financial counseling
<u>United Christian Ministries</u>	191 Skyland Drive Sylva, NC 28779	(828) 586-8228	Offers different client populations financial assistance services
HAYWOOD COUNTY			
<u>Ontrack WNC</u>	50 South French Broad Avenue, Suite 227 Asheville, NC 28801	(828) 255-5166	Financial education, counseling and support – in person, online or via phone
BUNCOMBE COUNTY			
<u>Ontrack WNC</u>	50 South French Broad Avenue Suite 227 Asheville, NC 28801	(828) 255-5166	Financial education, counseling and support – in person, online or via phone
WESTERN CAROLINA UNIVERSITY			
<u>Emergency Fund for Students</u>	227 H.F. Robinson Admin Bldg. WCU Cullowhee, NC 28723	(828) 227-7147	Students are eligible for a one- time funding award of up to \$500 following financial hardship. Qualifications on website
<u>Emergency Loans/ Financial Support</u>	Student Accounts Office 132 Killian Annex Cullowhee, NC 28723	(828) 227-7324	Emergency loans for \$100 or less are issued by the Student Services cashiers in the Killian Annex
<u>Financial Literacy, Student Loan Information: Office of Student Financial Aid</u>	105 Cordelia Camp 1 University Drive Cullowhee, NC 28723	(828) 631-3973	Financial literacy, student loan information
<u>Scholarships / Grants / Conference Travel Funding</u>	105 Cordelia Camp 1 University Drive Cullowhee, NC 28723	(828) 227-7290	Information regarding different options available to students regarding building a financial aid package that will make attending college possible

Food

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
WNC MANNA Food Bank	Various Locations (Jackson, Haywood, Buncombe and beyond)	See website	Regional food bank with many distribution sites
JACKSON COUNTY			
<u>Jackson County Community Table</u>	23 Central Street Sylva, NC 28779	(828) 586-6782	Provides hot meals and food boxes
<u>Jackson County Department of Social Services</u>	15 Griffin Street Sylva, NC 28779	(828) 586-5546	SNAP benefits and connection to community resources
<u>United Christian Ministries</u>	191 Skyland Drive Sylva, NC 28779	(828) 586-8228	Food pantry
<u>Covenant Christian Church Food Ministry</u>	486 Fairview Rd. Sylva, NC 28779	(828) 586-0199	Food delivery once a month
HAYWOOD COUNTY			
<u>Community Kitchen</u>	922 Champion Drive Canton, NC 28716	(828) 648-0014	Hot meals 5 days a week, food bank and food boxes
<u>Haywood Christian Ministry Food Distribution Center</u>	150 Branner Ave. Waynesville, NC 28786	(828) 456-4838	Weekly grocery supplements and emergency food assistance
<u>Pigeon Community Multicultural Development Center</u>	450 Pigeon Street Waynesville, NC 28786	(828) 452-7232	Emergency food boxes
<u>Grace Church Food Pantry</u>	394 N. Haywood Street Waynesville, NC 28786	(828) 456-6029	Open food pantry
<u>Bethel Rural Community Organization</u>	664 Sonoma Road Waynesville, NC 28786	(828) 246-6269	Food distribution and access to local support services
<u>Beaverdam Community Club</u>	1620 N Canton Rd. Canton, NC 28716	(828) 648-0002	Food distribution site

Food (Cont.)

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
BUNCOMBE COUNTY			
<u>ABCCM North Samaritan Crisis Ministry (North)</u>	403 Weaverville Rd. Woodfin, NC 28804	(828) 259-5303	Crisis ministry food closets
<u>Beloved Asheville (Central)</u>	644 Haywood Rd. Asheville, NC 28806	(828) 571-0766	Street pantries and resource distribution
<u>Outdoor Food Pantries</u>	Various locations in Asheville	See website	Food pantries open to the community
WESTERN CAROLINA UNIVERSITY			
<u>Biltmore Park Campus Food Pantry</u>	28 Schenck Pkwy. Asheville, NC 28803 third floor	(828) 654-6498	Food pantry open to students, 8am-6pm or later with CAT card access
<u>HOMEBASE</u>	82 Central Drive Cullowhee, NC 28723	828-508-0035	HOMEBASE provides resources and support to all students seeking physical, emotional or spiritual support

Health, Dental, Vision, Reproductive Care

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Jackson County Health Department</u>	538 Scotts Creek Rd. Sylva, NC 28779	(828) 586-8994	Various health clinics and support services
<u>Smoky Mountain Pregnancy Center</u>	1165 West Main St. Sylva, NC 28779	(828) 293-3600	Options: counseling, pregnancy testing and ultrasound, mobile medical unit
<u>Medical Assistance Program (MAP)</u>	293 Hospital Road Sylva, NC 28779	(828) 447-4334	Prescription medication access programs
HAYWOOD COUNTY			
<u>Haywood County Health & Human Services</u>	157 Paragon Parkway Clyde, NC 28721	(828) 452-6675	Full spectrum of health services, basic care, dental, family planning, etc.
<u>Blue Ridge Health</u>	490 Hospital Drive Clyde, NC 28721	(828) 246-6372	Comprehensive health services, including gender affirming care
<u>CVS Minute Clinic</u>	733 Russ Avenue Waynesville, NC 28786	(866) 389-2727	Over 125 services offered, open nights and weekends
<u>Carolina West Dental</u>	205 Waynesville Plaza Waynesville, NC 28786	(828) 452-5656	Dental care for anyone 1-45 enrolled in NC Medicaid or HealthChoice programs. Also accepts cash and most private dental insurance
BUNCOMBE COUNTY			
<u>MAHEC (Mountain Area Health Education Center)</u>	Various	See Locations for contact information	Full range of health care services – Including gender affirming care through their Gender Health Clinic

Health, Dental, Vision, Reproductive Care (Cont.)

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
BUNCOMBE COUNTY (CONT.)			
<u>Planned Parenthood Asheville</u>	68 McDowell Street Asheville, NC 28801	(828) 252-7928	Family planning, reproductive health, Trans and gender affirming care, etc.
<u>WNC Community Health Services, Inc.</u>	257 Biltmore Avenue Asheville, NC 28801	(828) 285-0622	Primary, dental, behavioral, HIV, and more
<u>WNNCHS Trans Health</u>	257 Biltmore Avenue Asheville, NC 28801	(828) 285-0622 Ext. 2100 TransHealth@wncchs.org	Offers Trans Affirming Care and Community Resources – Covers residents of 18 Western NC Counties
<u>AB Tech Dental Clinic</u>	10 Genevieve Circle Asheville, N.C. 28801	(828) 398-7255	Routine dental cleaning, periodontal (deep) cleaning, fluoride treatments, and digital dental radiographs for a nominal fee
<u>Free and sliding scale dental clinics</u>	Various	See website	List of dental clinics and service providers in the area
WESTERN CAROLINA UNIVERSITY			
<u>Student Health Center (Cullowhee)</u>	Bird Building 1 University Drive Cullowhee, NC 28723	(828) 227-7640	Free primary care services for students, including psychological, reproductive and testing services

Housing

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Mountain Projects</u>	154 Medical Park Loop Sylva, NC 28779	(828) 586-2345	Various supports
<u>Here in Jackson County</u>	77 East Gate Drive Sylva, NC 28779	(828) 477-4946	Temporary emergency shelter, housing-focused case management, and short-term financial assistance
<u>Vaya Health</u>	128 Sylva Plaza Sylva, NC 28779	(828) 225-2785	Offers clients a managed care resource concerning mental health, substance use, and housing
<u>Jackson County Public Housing Authority</u>	401 Grindstaff Cove Road Sylva, NC 28779	(828) 631-2292	Assists qualifying clients with finding adequate and affordable housing, and with rent based on income
<u>Jackson County Housing Resources.pdf</u>	Online resource	See link	List of county resources
HAYWOOD COUNTY			
<u>Mountain Projects</u>	2177 Asheville Road Waynesville, NC 28786	(828) 452-1447	Various supports
<u>Haywood County Housing Resources.pdf</u>	Online resource	See link	List of affordable housing options in the county
<u>Waynesville Housing Authority</u>	1065 Country Club Dr. Waynesville, NC 28786	(828) 456-6377	Manages 100 units in total, located in four areas of Waynesville
BUNCOMBE COUNTY			
<u>Buncombe County Housing Resources</u>	46 Valley Street Asheville, NC 28801	(828) 250-4834	County resources for renters, homeowners, unhoused persons and affordable housing
<u>NChousingsearch.org</u>	Online resource	1 (877) 428-8844	Database for listing and searching housing options

Housing (Cont.)

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
BUNCOMBE COUNTY (CONT.)			
<u>Housing Resources in Buncombe County.pdf</u>	Online resource	See link	List of affordable housing options in Buncombe County
<u>Asheville Riff-Raff Housing Group</u>	Asheville, surrounding areas	See group page	Facebook page, people post 'looking-fors' and openings in houses with roommates
HENDERSON COUNTY			
<u>Henderson County Housing Links of Interest</u>	Online Resource	See website	Thorough list of housing assistance and related support programs in Henderson County
<u>The Housing Assistance Corporation</u>	214 North King Street Hendersonville, NC 28792	(828) 692-4744	Works to provide safe and affordable housing for persons of limited income
<u>WNCSource</u>	220 King Creek Boulevard Hendersonville, NC 28793	(828) 693-1711	Provides a range of supports and services, including rental assistance
WESTERN CAROLINA UNIVERSITY			
<u>Off Campus Housing</u>	Online resource	See website	Info through WCU about off-campus housing options, post and search
<u>Homebase</u>	82 Central Dr, Cullowhee, NC 28723	(828) 508-0035	Emergency assistance and spaces for students to hang out
<u>Residential Living @ WCU</u>	225 Brown Hall 1 University Drive Cullowhee, NC 28723	(828) 227-7304	Offers students guidance and resources pertaining to living in one of the residence halls on campus. Will also offer support to those in need while living off campus

Intimate Partner Violence

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Center for Domestic Peace</u>	26 Ridgeway Street Sylva, NC 28779	(828) 586-1237	Offers clients a range of services dealing with IPV
<u>Qualla Safe</u>	171 Patterson Avenue Bryson City, NC 28713	(828) 488-9038	Domestic violence assistance and discounted/free resources
HAYWOOD COUNTY			
<u>30th Judicial District Alliance</u>	Confidential – Contact for more information. Facebook Link.	(828) 452-2122	Covers 7 Western most counties of NC. Service victims of domestic violence, dating violence, stalking, and sexual assault
BUNCOMBE COUNTY			
<u>Family Justice Center</u>	35 Woodfin Street Asheville, NC 28801	(828) 250-6900	A safe place where victims of domestic violence, sexual assault, and elder abuse can come for help
<u>Helpmate</u>	35 Woodfin Street Asheville, NC 28801	(828) 254-0516	Direct support, shelter, and court advocacy
WESTERN CAROLINA UNIVERSITY			
<u>WCU Sexual Assault and Campus Safety</u>	24/7 services on campus	(828) 227.7301	File reports, get connected to services and resources, assault defense training
<u>Student Concern Response Team Resource Guide</u>	227 H.F. Robinson Administration Building Cullowhee, NC 28723	(828) 227-7147	Resource compilation based on student feedback and concerns

Mental Health Resources

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Meridian Behavioral Health Services</u>	154 Medical Park Loop Sylva, NC 28779	(828) 631-3973	A complete range of mental health & substance use services
<u>Vaya Health</u>	128 Sylva Plaza Sylva, NC 28779	(828) 225-2785	Offers clients a managed care resource concerning mental health and substance use
<u>Cornbread & Roses</u>	1294 Savannah Dr. Sylva, NC 28779	info@cornbreadroses.com	Peer and group support and private practice counseling
<u>Sylva Clinical Psychology</u>	70 Westcare Dr. Suite 402 Sylva, NC 28779	(828) 586-5555	Psychological assessments; individual, couples, and family counseling; and Christian counseling
HAYWOOD COUNTY			
<u>Appalachian Community Services</u>	91 Timberlane Road Waynesville, NC 28786 (other locations available as well)	(828) 452-1395	Provides mental health, substance abuse, and developmental disability services to individuals and families
<u>Meridian Behavioral Health (Blue Ridge Health)</u>	490 Hospital Drive Clyde, NC 28721	(828) 246-6372	Mental health and substance abuse services, educational programs
<u>VAYA Health</u>	157 Paragon Parkway, Suite 300 Clyde, NC 28721	1 (800) 962-9003	Referrals to providers; self-service kiosk at Haywood County Health and Human Services

Mental Health Resources (Cont.)

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
BUNCOMBE COUNTY			
<u>RHA Health Services</u>	Various locations	1 (800) 848-0180 (non-emergency)	Crisis and walk-in services, as well as ongoing care, Medicare/Medicaid accepted
<u>National Alliance on Mental Illness of WNC</u>	356 Biltmore Ave. Ste 207 Asheville, NC 28801-4558	(828) 505-7353	Many resources including groups, crisis, and care support
<u>Western North Carolina Community Health Services (wncchs).</u>	Minnie Jones Health Center 257 Biltmore Avenue Asheville, NC 28801	(828) 285-0622	Integrated care including classes, medication management and triage
WESTERN CAROLINA UNIVERSITY			
<u>Mental Health Counseling at CAPS</u>	225 Bird Building Cullowhee, NC 28723	Office: (828) 227-7469 After hours & weekend: (828) 227-7469 and follow the prompts. WNC 24-hour crisis line: (888) 315-2880 Suicide Prevention Lifeline: (800) 273-8255	WCU Counseling and Psychological Services staff provide counseling services to WCU students

Transportation

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Jackson County Transit</u>	1148 Haywood Road Sylva, NC 28779	(828) 586-0233	Transportation services
HAYWOOD COUNTY			
<u>Haywood Public Transit</u>	50 Armory Drive Clyde, NC 28721	(828) 565-0362	Set routes or scheduled rides
BUNCOMBE COUNTY			
<u>Mountain Mobility</u>	Various, see website	(828) 250-6750	Set routes, scheduled rides and connections to other transit systems
<u>Asheville Transit System</u>	360 W Haywood St. Asheville, NC 28801	(828) 253-5691	Provides bus service throughout the City of Asheville and to the Town of Black Mountain
WESTERN CAROLINA UNIVERSITY			
<u>CAT Tran</u>	A.K. Hinds University Center, Room 317 Cullowhee, NC 28723	(828) 227-7411	Cullowhee campus transit system

Legal Assistance

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
JACKSON COUNTY			
<u>Legal Aid of NC</u>	126 W. Main Street Sylva, NC 28779	(828) 586-8931	Legal assistance in civil (non-criminal) matters to eligible clients
HAYWOOD COUNTY			
<u>Mountain Mediation Services</u>	285 N Main St #1100 Waynesville, NC 28786	(828) 631-5252	Promoting peace and the cooperative resolution of conflicts in the seven western counties of North Carolina
BUNCOMBE COUNTY			
<u>Mountain Mediation Services</u>	401 Grindstaff Cove Rd. #254 Sylva, NC 28779	(828) 631-5252	Promoting peace and the cooperative resolution of conflicts in the seven western counties of North Carolina

WCU Academic Resources

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
UNIVERSITY RESOURCES			
<u>Advising Center/ Academic Services</u>	1st Floor Killian Annex Cullowhee, NC 28723	(828) 227-7753	Provides personalized, comprehensive academic advising in a supportive environment. Walk-in or by appointment
<u>Disability/Accessibility accommodations: Office of Accessibility Services and Academic Accommodations</u>	Office of Accessibility Resources Killian Annex Suite 137 Cullowhee, NC 28723	(828) 227-3886	Provides campus-wide accessibility services and reasonable accommodations for eligible students
<u>Enrolling in and Withdrawing from Classes</u>	Registrar's Office 206 Killian Annex Cullowhee, NC 28723	(828) 227-7216	Support and info regarding enrolling in and Withdrawing from Classes
<u>Graduate School</u>	1 University Dr. 110 Cordelia Camp Cullowhee, NC 28723	(828) 227-7398	Assistance for students considering graduate school or certificate programs beyond their bachelor's degree
<u>Hunter Library</u>	176 Central Drive Cullowhee, NC 28723	Circulation Desk: (828) 227-7485 Reference Desk: (828) 227-7465	Supports students with resources for research and learning
<u>Math Tutoring Center</u>	Killian Annex, Rm 214 Cullowhee, NC 28723	(828) 227-3830	The Tutoring Center promotes student success through math and course tutoring, writing support, academic skills consultation, exam prep activities, and more
<u>Tech Commons</u>	Ground Floor Hunter Library Cullowhee, NC 28723	(828) 227-7487	Assists students with all their tech needs, including Wi-Fi issues, laptop set-up, etc.
<u>Testing Accommodations</u>	Office of Accessibility Resources Suite 137 Killian Annex Cullowhee, NC 28723	(828)227-3886	Provides approved testing accommodations for students with active accommodation letters, such as extended time and reduced distractions
<u>Writing and Learning Commons (WaLC)</u>	207 Belk Building Cullowhee, NC 28723	(828) 227-2274	Promotes student success through math and course tutoring, writing support, academic skills consultation, exam prep activities, and more

Additional WCU Resources

RESOURCE LINK	ADDRESS	CONTACT	DESCRIPTION
UNIVERSITY RESOURCES			
<u>Compass Program</u>	205 Killian Annex Cullowhee, NC 28723	(828) 227-7127	Provides support for first-generation, low-income, or independent students
<u>Dining Services at WCU</u>	160 West University Way Cullowhee, NC 28723	(828) 227-3778	Offers students access to food at either café-style restaurants or the many fast-food locations. Can help students learn about meal plan options
<u>International Student Support</u>	109 Cordelia Camp Bldg. 69 East Univ. Way Cullowhee, NC 28723	(828) 227-7494	The Office of Global Engagement is here to help with the application process and answer questions
<u>Mentoring and Persistence to Success (MAPS)</u>	205 Killian Annex Cullowhee, NC 28723	(828) 227-7127	Support for first generation college students
<u>Military Student Support</u>	138 Cordelia Camp Cullowhee, NC 28723	(828) 227-7397	Provides support to members of the military and veterans, their spouses, and their college-aged children
<u>Study Abroad</u>	109 Cordelia Camp Cullowhee, NC 28723	(828) 227-7494	Supports students wishing to take classes abroad
<u>Western Carolina University Health Services</u>	1 Bird Bldg. Lane Cullowhee, NC 28723	(828) 227-7640	Offers a range of health services to students who have paid the required health services fee
<u>Western Carolina University Campus Activities</u>	210 A.K. Hinds University Center Cullowhee, NC 28723	828-227-7206	Offers campus activities that include events, greek life, leadership programs, student government, and intercultural affairs
<u>Graduate Student Association</u>	Online	sorielly1@catamount.wcu.edu or csantiago3@catamount.wcu.edu	The Graduate Student Association shall act as a financial, informational, and social liaison for graduate students in pursuit of their academic success