**PRM Curriculum Overview**

**I.  Liberal Studies** **42 hours**

**II.  PRM Major Requirements** **41-45 hours**

*\*All courses are offered each semester unless otherwise noted.*

First Aid Requirement, choose one of the following:

\_\_\_\_\_ \_\_\_\_\_  HEAL 250 (2) First Aid and Safety Ed. **or**

\_\_\_\_\_  \_\_\_\_\_  PRM 252 (2) Wilderness First Aid **or**

\_\_\_\_\_ \_\_\_\_\_  PRM 356 (4) Outdoor First Aid **or**

\_\_\_\_\_   \_\_\_\_\_  PRM 357 (4) Wilderness First Responder (Landmark or SCC) **or**

*\_\_\_\_\_ \_\_\_\_\_\_ students may choose from the above list of courses* ***or*** *provide proof of current certification in WFA, Advanced WFA, WFR, OEC, EMT, or WEMT to their advisor.*

\_\_\_\_\_ \_\_\_\_\_  PRM 250 (3) Foundations of Parks and Recreation

\_\_\_\_\_  \_\_\_\_\_  PRM 254 (4) Introduction to Outdoor Pursuits

\_\_\_\_\_  \_\_\_\_\_  PRM 270 (3) Leadership and Group Dynamics

\_\_\_\_\_  \_\_\_\_\_  PRM 275 (3) Diversity & Inclusion in PRM

\_\_\_\_\_  \_\_\_\_\_PRM 361 (4)  Program Planning and Evaluation (Fall only)  (pre-req. PRM 250)

\_\_\_\_\_  \_\_\_\_\_PRM 362 (3) Sustainable Recreation & Public Land Management (Preq. PRM 250) (Spring only)

\_\_\_\_\_  \_\_\_\_\_  PRM 383 (1)  Mini-Internship I in PRM

\_\_\_\_\_  \_\_\_\_\_  PRM 384 (1)  Mini-Internship II in PRM

\_\_\_\_\_  \_\_\_\_\_  PRM 385 (1)  Mini-Internship III in PRM

\*\*Mini-Internships may not exceed 2 per semester/summer.

\_\_\_\_\_  \_\_\_\_\_  PRM 430 (3) Entrepreneurship and Commercial Recreation (Fall only)

(pre-requisite PRM 361 or permission of instructor)

\_\_\_\_\_  \_\_\_\_\_  PRM 461 (3) Management and Administration of PRM (Spring only)

(pre-requisite PRM 250 & 361 or permission of instructor)

\_\_\_\_\_  \_\_\_\_\_  PRM 370 (3)  Professional Planning in PRM (Spring only)

\_\_\_\_\_  \_\_\_\_\_  PRM 483 (3)  Capstone Internship in PRM I\*\* (pre-req. PRM 370) (summer only)

\_\_\_\_\_  \_\_\_\_\_  PRM 484 (3)  Capstone Internship in PRM II\*\* (pre-req. PRM 370) (summer only)

\*\*Capstone Internship is completed during the **summer session after your LAST spring**  **semester (see special note below)**.

\_\_\_\_\_  \_\_\_\_\_  PRM 495 (3) Senior Seminar in PRM (pre-req. PRM 361)

**III. Electives:**  **33-37 hours**

These can be from any program at WCU or a minor with another program/major.  Talk to your advisor about options.

Overall total credits should be at least 120 hours with a GPA of at least 2.5

**Total credits required to graduate                                                                          120 hours**

**Special Note: Capstone Internship**

The PRM program offers several internship opportunities to help students build their resumes and professional experience AND to “try out” various careers within our broad field. The capstone internship is a 400-hour internship that must be taken the summer after the student’s senior (last) spring semester. This is PRM program policy with only one exception\* (see below). The policy is in place to make sure that 1) students are well-prepared to be successful in their final internship (having taken all, or almost all—some students may return just for a fall semester to finish final courses—of their PRM courses) and 2) to set our students up for direct transition into their careers. Many of our students are offered full time jobs at the conclusion of their capstone internships. Please note that the PRM capstone internship is 6-total credit hours of summer coursework. Please see the current WCU summer course credit hour cost well in advance of the final summer of your degree and make financial plans (with financial aid or otherwise) to factor these costs into your financial planning.

\*Exception to PRM Capstone timing policy:

The only exception to this policy is for students doing their capstone internship with the ski/snowsports industry who therefore need to complete their internship during the spring. Students who are on this path must communicate this **no later** than the fall of their junior year to their advisor so that they can plan to complete PRM 370 during the spring of their junior year. For these students, PRM policy states that no other coursesmay be taken concurrently with the capstone during the spring semester. Students who are on this path must plan accordingly with their advisor well in advance.

**Professional Career Paths Information**

Below is a list and descriptions of the four PRM Career Paths: Community Recreation, Outdoor Leadership and Instruction, Commercial and Resort Recreation, and Recreation Resources Management.

1. **Community Recreation:**

This career path is designed for students who would like to work in the city and county recreation profession or within youth development (after school, non-profits, camps).  Job duties would include planning sporting activities (soccer, baseball, football, basketball), assisting with community events and celebrations, working in a community recreation center or camp.  Students should consider taking courses in parks and recreation management, health and physical education, business, sport management, and recreational therapy.

1. **Outdoor Leadership and Instruction:**

This career path is designed for students who are interested in working in outdoor professional areas.  Job possibilities include working for outdoor agencies, camps, boy and girl scouts, challenge courses, and experiential programs.  Students should consider taking courses in parks and recreation, business and recreation therapy, and participating in an extended expedition-style course.

1. **Commercial and Resort Recreation:**

This career path is designed for students interested in working the “for profit” areas of recreation.  Job possibilities include resorts, recreation businesses, snow sports, retail establishments and park areas.  Students may also be interested in exploring their own commercial recreation business.  Students should consider taking courses in parks and recreation, business, entrepreneurship, hospitality and tourism, accounting, and management.

1. **Recreation Resource Management:**

This career path is designed for students interested in working for various land agencies such as the National Park Service, National Forest Service, Army Corps of Engineers, and state parks.  Students should consider taking courses in parks and recreation, natural resource management, biology, geology, history, geography, emergency management, and criminal justice.

**Suggested Electives for Professional Career Paths**

Approximately a third of the PRM degree requirements are elective credits.  These can be courses within the PRM program or other majors across campus. They can be truly elective courses and may include a minor.  The student’s advisor may suggest courses which will help the student with career aspirations. Below are a list of potential PRM courses that align with each focus area as well as some suggested minors.

**Recreation Resource Management**

PRM 224 Survey of Outdoor Adventure Activities

PRM 320 Facilitating Environmental Education Experiences

PRM 321 Introduction to Environmental Interpretation

PRM 322 International Adventure Travel & Global Citizenship (LS, P6)

PRM 354 Outdoor Living & Expedition Skill (pre-requisite PRM 254)

PRM 365 Nature Rx (LS, P4)

PRM 427 Wilderness Education (expedition-based course offered in summer)

PRM 435 Park & Recreation Sites, Facilities, and Programs (currently offered as a travel course with various topics)

PRM 454 Expedition Management & Leadership (pre-requisite PRM 354)

PRM 480 Independent Study

PRM 485 These courses are three-credit internships that can be used to gain further experience.

PRM 486 This is a field experience class so that you can get credit for taking courses like Outward Bound, Disney Apprenticeship, or NOLS.

PRM 493 Topics in Parks & Recreation Management

**Recreation Resource Management** Potential Minors to Consider:

|  |  |
| --- | --- |
| Natural Resource Management  Criminal Justice  Emergency Disaster Management  Leadership | Social Justice  Global Black Studies or Latinx Studies  Emergency Medical Care  Environmental Health |

**Commercial & Resort Recreation**

PRM 313 Camp Counseling

PRM 314 Organization & Administration of Camping Agencies

PRM 322 International Adventure Travel & Global Citizenship (LS, P6)

PRM 340 Challenge Course Instruction

PRM 341 Group Facilitation Techniques

PRM 351 Wilderness Therapy

PRM 354 Outdoor Living & Expedition Skills

PRM 365 Nature Rx (LS, P4)

PRM 435 Park & Recreation Sites, Facilities, and Programs (currently offered as a travel course with various topics)

PRM 480 Independent Study

PRM 485 These courses are three-credit internships that can be used to gain further experience.

PRM 486 This is a field experience class so that you can get credit for taking courses like Outward Bound, Disney Apprenticeship, or NOLS.

PRM 493 Topics in Parks & Recreation Management

**Commercial & Resort Recreation** Potential Minors to Consider:

|  |  |
| --- | --- |
| Hospitality & Tourism  Business Administration & Law  Social Justice/Global Black Studies/Latinx Studies  Entrepreneurship  Finance | Management  Marketing  Sport Management  Leadership |

**Outdoor Leadership & Instruction**

\*Courses in bold are strongly recommended for all students in this focus area

PRM 200 Introduction to Rock Climbing

PRM 224 Survey of Outdoor Adventure Activities

PRM 300 Intermediate/Advanced Rock Climbing

PRM 310 Stand Up Paddling

PRM 313 Camp Counseling

PRM 314 Organization & Administration of Camping Agencies

PRM 320 Facilitating Environmental Education Experiences

PRM 321 Introduction to Environmental Interpretation

PRM 322 International Adventure Travel & Global Citizenship (LS, P6)

PRM 340 Challenge Course Instruction

**PRM 341**  **Group Facilitation Techniques**

PRM 351 Wilderness Therapy

PRM 352 Beginning/Intermediate WW Kayaking

PRM 353 Beginning/Intermediate WW Canoeing

**PRM 354** **Outdoor Living & Expedition Skill (pre-requisite PRM 254)**

PRM 365 Nature Rx

**PRM 427** **Wilderness Education (expedition-based course offered in summer)**

PRM 433 Outdoor Recreation and Public Land Management

PRM 434 High Adventure Travel & Outfitting

PRM 435 Park & Recreation Sites, Facilities, and Programs

**PRM 454** **Expedition Management & Leadership**

PRM 480 Independent Study

PRM 485 These courses are three-credit internships that can be used to gain further experience.

PRM 486 This is a field experience class so that you can get credit for taking courses like Outward Bound, Disney Apprenticeship, or NOLS.

PRM 493 Topics in Parks & Recreation Management

**Outdoor Leadership & Instruction** Potential Minors to Consider:

|  |  |
| --- | --- |
| Hospitality & Tourism  Business Administration & Law  Social Justice/Global Black Studies/Latinx Studies  Entrepreneurship | Emergency Disaster Management  Emergency Medical Care  Environmental Health  Leadership |

**Community Recreation**

PRM 313 Camp Counseling

PRM 314 Organization & Administration of Camping Agencies

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PRM 321 Introduction to Environmental Interpretation

PRM 322 International Adventure Travel & Global Citizenship (LS, P6)

PRM 351 Wilderness Therapy

PRM 435 Park & Recreation Sites, Facilities, and Programs (currently offered as a travel course with various topics)

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PRM 493 Topics in Parks & Recreation Management

**Community Recreation** Potential Minors to Consider:

|  |  |
| --- | --- |
| Hospitality & Tourism  Business Administration & Law  Social Justice/Global Black Studies/Latinx Studies  Entrepreneurship  Finance | Management  Marketing  Sport Management  Leadership  Coaching |