



March 2021



Higher Education Emergency Relief Funds

WCU students now have access to financial assistance through the second round of the Higher Education Emergency Relief Fund (HEERF II). These emergency grant funds will be available to eligible WCU students who are experiencing emergency needs or financial hardships due to the pandemic. The application is now live. Please visit the below link for more info.

[More Information](#)





Advising Day

Advising Day marks the beginning of the official Advising and Registration period. No classes are held on this day so academic departments and their faculty advisors can assist students in planning for next semester's classes and provide the Alt PIN required for registration. Many departments have students schedule appointments to meet one-on-one with their primary advisor on that day or during that week.

[More Information](#)



Campus Police Department Forms Community Advisory Committee

Western Carolina University's Police Department recently instituted a standing advisory committee to help officers better understand and serve the community.

On the heels of an initial meeting on Feb. 19, Chief Steve Lillard said the committee has already established an open dialogue and is ready to look at local issues.

[Read the Full Article](#)



Free Surveillance Testing

Open to all current WCU students, faculty, and staff

Scientific research suggests that COVID can be spread by individuals with no known contact to positive COVID, nor experiencing any symptoms. Surveillance testing help to identify those cases.

Hours: Tuesday, Wednesday, Friday afternoons from 1:00pm – 4:30pm
Location: Madison Residential Hall.

Schedule online through the [Health Services Patient Portal](#)

If you are feeling sick, or concerned about a recent exposure, call Health Services at 828.227.7640 to discuss your situation with the COVID Triage Nurse.



The Western Carolinian

Your source for news at WCU since 1933. The Western Carolinian provides coverage of news, sports, entertainment and culture relevant to current themes, topics and trends within this community.



Health and Wellness

March is National Nutrition Month, so we wanted to feature some information from our campus food service, Aramark, regarding how you can help your student fuel their body for success.

As part of Aramark's Healthy for Life® initiative, they are proud to be working with the American Heart Association to improve the health of Americans. Aramark chefs are finding creative ways to include more fruits, vegetables, and whole grains into menus. Below are two initiatives/resources Aramark has in place to help you guide your student toward healthy choices.

Plant-forward

- Aramark defines plant-forward as a style of cooking and eating that emphasizes fruits, vegetables and whole grains but may contain a small amount of animal protein.

- To make it easier to find these plant-forward options, Aramark launched a plant-forward icon as part of their national menu labeling menu templates. Consumers can use this icon to identify recipes that are plant-forward. Get ore information at the link below

- Check out the Nourish Blog linked below

Feedyourpotential365

- Eating habits directly impact the energy and focus needed to reach our every-day goals, including academic and physical activity goals. Discovering and choosing the right food propels us forward, helps us succeed and keeps us healthy. ***Feed Your Potential*** is about discovering what healthy food can do for your student.

-The link below includes several educational articles and recipes from the chefs and dietitians at Aramark.

[Plant Forward](#)

[Nourish Blog](#)

[Feed Your Potential](#)



2021-2022 Room Selection

Premier Level Selection | March 15 | 9am - 10pm

Current students who want to keep their current room

Platinum Level Selection | March 17 | 9am - 10pm

Current students who have completed the premier level selection and want to request a roommate

Honor's Level Selection | March 22 | 9am - 10pm

Honor's College students who wish to select a room in Balsam or Blue Ridge

Gold Level Selection | Begins March 27 @ 8am

Remaining currently enrolled students who have not gone through a previous selection will be assigned a time based on the date and time they completed their Residence Hall Agreement. Selection will remain open until all buildings are filled.

Questions? Call the Department of Residential Living at 828.227.7303.



Slow COVIDNC App

Help Slow the Spread: Protect yourself, your loved ones and your community - simply by using your phone.

[More Information About Slow COVIDNC](#)

Important Dates

March 9 - Advising Day (no classes)

March 15 - Last day to apply for HEERF II Grant

March 15 - Room selection begins for current students

March 19 - Last day to withdraw from a class

April 1-5 - No Classes

April 2 - University Closed



Campus Events

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