Januray 2022

Updates to WCU Spring Semester

**Face Coverings:** It is essential that we, as a campus community, adhere to the requirement of wearing appropriate face coverings indoors. Face coverings that cover the nose and mouth are required in ALL indoor settings and on the CatTran. Those who do not comply with this requirement will be asked to do so for their safety and those around them and can face repercussions.

**Quarantine/Isolation at Home:** Depending on the availability of on-campus quarantine/isolation beds/rooms, students may be required to travel home for quarantine/isolation.

**Vaccinations and Boosters:** The best weapon against all COVID-19 variants is to get vaccinated and boosted and we strongly urge all members of the campus community to do so as quickly as possible. For those who are vaccinated, be sure to get your booster shot as soon as you are eligible. Appointments can be made for a vaccine or booster shot through the [Health Services patient portal](#). The
combination of vaccines and booster shots has proven to be effective at preventing infections from developing into serious illnesses.

**Bookstore:** We expect January 7 - 12 to be extremely busy at the WCU Bookstore. We would like to remind all students that we expect long lines during the busiest times and it is important to practice social distancing both inside and outside of the store.

**Current First-Year Students Required to Live in Residence Halls 2022-2023**

Per **Policy 96**, students will be required to live in on-campus housing during their second academic year (AY 2022-23). The decision to enforce the second-year requirement for the current first-year class was made, based on several pieces of information, including a significant drop in the freshman retention rate. Residential Living is proud of the communities they facilitate throughout the
residence halls and trust that the residential experience will provide students the best opportunity to be personally and academically successful.

**WCU students subject to the Policy 96 two-year residence requirement should not sign a lease for an off-campus apartment or rental property.** Students subject to the two-year residence requirement will be charged for a room and meal plan per Policy 96 procedures (see section IV. Procedures, paragraph #2) if they move off-campus without authorization from Residential Living. Details about the two-year residence requirement, the exemption process, residence hall room selection, and appeals are included in Policy 96. Please read this information carefully and do not allow your student to sign an off-campus lease without first getting authorization in writing from Residential Living!

If you have questions about the policy, please contact the Department of Residential Living at housingquestions@email.wcu.edu or 828-227-7303.

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**Video for Students and Parents:**
Completing the FAFSA via Mobile App

Created as part of NASFAA U's Fundamentals of Student Financial Aid online course curriculum, NASFAA recently published a [video](#) that covers the steps a student must go through to complete and submit a FAFSA through the myStudentAid mobile app.

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**Academic Check-In**

Some students are pleased with their academic performances in the fall semester. Other students know they need to make improvements to reach their true potential. College is a marathon that requires steady progress and continuous work throughout. If your student is one in the latter category, please
encourage them to keep working hard. Like any marathon, college requires a steady pace and is not won or lost in the first few miles.

If your student needs or wants to make improvements to their academic performance, recommend that they make a success plan at the beginning of the spring semester. Encourage your student to visit Tutoring Services for assistance. The Writing and Learning Commons (Belk 207) and Mathematics Tutoring Center (KA 214) promote student success through math and course tutoring, writing support, academic skills consultation, exam prep, and more are great resources for students. Students can also speak with advisors and faculty members early in the semester to make sure they are progressing successfully. Finally, ask your student to review their course schedule for the spring semester to ensure it is accurate.

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**Information Technology Update**

On **Wednesday, January 19**, the Division of IT staff will be making necessary changes to our network that require all users to connect to eduroam using the wireless option found at: [network.wcu.edu](http://network.wcu.edu).

If you have set up your device using this option in the past, no further action is needed. If you are unsure or have only connected to eduroam using your username/password, please visit [network.wcu.edu](http://network.wcu.edu) prior to January 19 to ensure your device(s) are ready to go. This action can be completed on or off-campus.

**NOTE**: Devices running macOS will require multiple username/password prompts to complete setup.

Please contact the **IT Help Desk**, or visit the **Technology Commons** on the ground floor of Hunter Library.
‘Until justice rolls down like water’
— MLK Jr., Amos 5:24

DR. MARTIN LUTHER KING JR.
CELEBRATION WEEK
JAN. 17-22, 2022
mlkjr.wcu.edu
UPCOMING

JANUARY 1

FAFSA Priority Filing Deadline. FAFSA required for need-based aid and scholarships.

FEBRUARY 1

WCU Undergraduate Scholarship Application Deadline

DEADLINES

Best Wishes for a Healthy and Happy 2022!
HAPPY NEW YEAR
Application available now on jobs.wcu.edu

JOIN THE
ORIENTATION TEAM
FOR SUMMER 2022!

Housing and Meal Plans provided by the Orientation Office during summer sessions. Be the first to welcome in new Catamounts and their families this Spring and Summer!
Upcoming Dates and Deadlines

January 10 - First Day of Classes
January 10 - 14 Drop/Add
January 17 - Martin Luther King, Jr. Holiday, No Classes
February 1 - Scholarship Applications Due

Schedule of Campus Events

Division of Student Affairs
Western Carolina University
Cullowhee, NC 28723
StudentAffairs@wcu.edu

Privacy Policy | Email Preferences
Catamount Dining Update

Hello Catamount families! Catamount Dining has been working hard to navigate the impacts of the pandemic and to continuously enhance service for our students. In addition to the offerings of the Fall semester, the Spring 2022 semester has added:

- Made to order omelets and stir-fry at the Mongolian Grill in the Courtyard Café
- Deli service for lunch each day in the Courtyard Café
- A weekly rotating concept for dinner each night in Brown. This concept rotates between an Asian-inspired bar, a taco bar, a potato bar, and a pasta bar

Staffing and supply chain issues remain a challenge and are being mitigated as seamlessly as possible. With these challenges in mind, Catamount Dining plans to expand Brown service to include lunch beginning February 21st, with grill, salad, and deli options available Monday-Friday.

In addition to our past efforts shared re: staffing and workforce, Catamount Dining is excited to share long-term efforts underway at WCU to evolve with the changing hospitality industry:
Catamount Dining has partnered with WCU’s Hospitality & Tourism program to create internships and apprenticeships for WCU students, with several students already working with Catamount Dining on hiring and retention initiatives.

Catamount Dining is finalizing details for a new program that will begin in Fall 2022, Catamount Dining’s “Path to Leadership.” This program will be comprised of five Juniors and five Seniors each semester. The program provides a competitive hourly rate with a stipend that covers the cost of those students’ meal plans and tuition each semester. Upon graduation from WCU, these students are guaranteed a job as salaried managers with Aramark.

Catamount Dining is still hiring! If your student would like to come work for us, we offer flexible schedules, free meals, and competitive pay: https://westerncarolina.campusdish.com/Careers

February Dining Events
Catamount Dining frequently holds special event meals for students during the month.

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.11</td>
<td>Courtyard, Dinner</td>
<td>Fried Chicken Friday</td>
</tr>
<tr>
<td>2.13</td>
<td>Courtyard, Dinner</td>
<td>Tailgate Party</td>
</tr>
<tr>
<td>2.14</td>
<td>Courtyard, Lunch</td>
<td>Sweet Your Heart Out</td>
</tr>
<tr>
<td>2.16</td>
<td>Courtyard, Dinner</td>
<td>Wing Wednesday</td>
</tr>
<tr>
<td>2.23</td>
<td>Courtyard, Lunch</td>
<td>February Birthday Celebration</td>
</tr>
<tr>
<td>2.24</td>
<td>Courtyard, Lunch</td>
<td>Chef Throwdown</td>
</tr>
<tr>
<td>2.25</td>
<td>Courtyard, Dinner</td>
<td>Fish Fry Friday</td>
</tr>
<tr>
<td>2.28</td>
<td>Courtyard, Dinner</td>
<td>Max &amp; Cheese</td>
</tr>
</tbody>
</table>
Room Selection

Residential Living is preparing for Room Selection for continuing students for 2022-2023. Room Selection will include some changes this year due to the enforcement of Policy 96’s second-year residency requirement. Be sure to check out http://roomselection.wcu.edu for full details. Residence Hall agreements for 2022-2023 for returning students will be available on February 22.

Two-year on-campus residency requirement announced per WCU Policy 96

Students impacted by this decision should not sign a lease for an off-campus housing provider for the 2022 – 2023 academic year.

Check your catamount email for full details.

Click For More Information On Policy 96
Academic Check-In

If your student would like academic assistance, encourage them to visit Tutoring Services. The Writing and Learning Commons (Belk 207) and Mathematics Tutoring Center (KA 214) promotes student success through math and course tutoring, writing support, academic skills consultation, exam prep, and more are great resources for students.

COVID-19

Face Coverings: It is essential that we, as a campus community, adhere to the requirement of wearing appropriate face coverings indoors. Face coverings that cover the nose and mouth are required in ALL indoor settings and on the CatTran. Those who do not comply with this requirement will be asked to do so for their safety and those around them and may face repercussions.

Quarantine/Isolation at Home: Depending on the availability of on-campus quarantine/isolation beds/rooms, students may be required to travel home for quarantine/isolation.
Information Technology Update

Does your student have questions about Information Technology (IT) on campus? The Student Government Association will be touring and talking with IT Staff in February. Remind your student to submit their questions at the link below by February 10. Submit your questions.

Out of the Darkness

The Out of Darkness Annual Suicide Awareness WCU Event will begin at 4 pm on Sunday, March 27. The Campus Awareness/Prevention Walk starts and ends at the Catafount.

The Out of Darkness Student Organization coordinates the annual campus walk for suicide awareness and prevention. They have been fundraising and have already raised $1000 of a $2000 goal for the event.
Virtual Scavenger Hunt
Friday, Feb. 4th
2-8 PM

Memory Board Art Night
Canvas, String, and Courting to Inner Worlds
Tuesday, Feb. 8th
7:00 PM
UC Grandroom
RSVP on Engage

Beyblade Tournament
2/24
7 PM-9 PM
UC Illusions
RSVP on Engage

Sung Beats
February 28th
UC Illusions
8 PM

Genre-Bending Original Compositions
Blending Hip Hop & Classical Music

Black Violin
Wednesday
February 9, 2022
7:30 PM
BAC Performance Hall

Arts.WCU.EDU/BlackViolin

Western Carolina University

Bardo Arts Center
Application available now on jobs.wcu.edu

JOIN THE ORIENTATION TEAM FOR SUMMER 2022!

Housing and Meal Plans provided by the Orientation Office during summer sessions. Be the first to welcome in new Catamounts and their families this Spring and Summer!
Upcoming Dates and Deadlines

February 1 - Scholarship Applications Due
February 14 - Fifth Week Grades
February 15 - Deadline to Apply for Graduation
February 22 - Advising Day
March 7 - 11 - Spring Break
Western Carolina University’s COVID-19 metrics have declined considerably since late January and that trend continues both on campus and in our broader community. In wake of recent guidance from the NC Governor’s office and from UNC System leadership, WCU will no longer require face coverings indoors effective Saturday, Feb. 26, with the exception of University Health Services operations (in the Bird Building and in Madison Hall) and on Cat Tran consistent with current federal regulations regarding public transportation.

The University recognizes that personal responsibility must become the priority as we modify campus protocols and procedures to meet this phase of the COVID-19 outbreak. Each person should decide at their own pace what is best for their health and personal risk. Those who feel more comfortable or safe while wearing a face-covering are encouraged to continue doing so at their discretion. All members of the campus community are reminded to be patient and show respect for the personal decision each person makes with respect to face coverings.
Students should continue to report their COVID status through MYWCU COVID19. In addition, the campus community should continue to follow the updated Catamounts Care guidelines.

Residential Living Room Selection

Room Selection for Continuing Students takes place between February 22 and March 26, 2022. A brochure outlining the process for Room Selection for continuing students was placed in Suite Boxes of all residential students in January. In addition, the room selection website at roomselection.wcu.edu highlights the details on how you will select a room for the 2022 - 2023 academic year. The website includes some video demonstrations, the steps to select a room, the dates in the room selection process, and some supplemental forms.

Steps in the Room Selection Process

1. Pay the $150.00 non-refundable housing deposit. You can pay this in MyWCU or by visiting Student Accounts. Be sure to select the "2022 Fall Continuing Student Deposit." We encourage you to pay this deposit as soon as possible to have the earliest access to the next step.

2. Log in at onlinehousing.wcu.edu and complete the Housing Agreement. If you plan to participate in an Open Room Selection date, we encourage you to log in early as the date and time you complete the Housing Agreement will determine your priority in the Open Room Selection dates.

3. On the appropriate date, select a room.

Information Session on Room Selection

March 14 @ 4:00 pm

Room Selection Dates

- March 16 - Same Room Selection. Eligible students can reclaim their current space for the 2022 - 2023 academic year.
- **March 17 - Same Room Selection Room-mate Pull-In.** If you participated in Same Room Selection and your room-mate or suite-mate did not, you have the option to pull in room-mates and suite-mates.

- **March 19 - Rising Upperclass and Graduate Open Room Selection and Room-mate Pull-In.** Rising upperclass and graduate students can select a room and pull in room-mates or suite-mates. *Students participating in this Open Room Selection date will be able to select rooms in Allen, Balsam, Blue Ridge, Buchanan, Judaculla, Madison, Noble and Robertson.*

- **March 23 - Rising Sophomore Honors Room Selection and Room-mate Pull-in.** Members of the Brinson Honors College who are classified as Rising Sophomores (began enrollment at WCU in Summer 2021, Fall 2021 or Spring 2022) can select a room in Balsam or Blue Ridge and pull-in room-mates.

- **March 26 - Rising Sophomore Open Room Selection and Room-mate Pull-in.** Students who are classified as Rising Sophomores (began enrollment at WCU in Summer 2021, Fall 2021 or Spring 2022) can select a room and pull in room-mates or suite-mates. Students participating in this Open Room Selection date will primarily select rooms in Harrill, Norton Road, Reynolds or The Village. Spaces in other buildings will be made available based on the number of Rising Sophomores remaining to select a room.

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**Info Session on Rising Sophomore Room Selection**  
**March 25 @ 2:00 pm**
Two-year on-campus residency requirement announced per WCU Policy 96

Students impacted by this decision should not sign a lease for an off-campus housing provider for the 2022 – 2023 academic year.

Check your catamount email for full details.
Catamount Dining

Staffing and supply chain issues remain a challenge and are being mitigated as seamlessly as possible.

- Catamount Dining is finalizing details for a new program that will begin in Fall 2022, Catamount Dining’s “Path to Leadership.” This program will be comprised of five Juniors and five Seniors each semester. The program provides a competitive hourly rate with a stipend that covers the cost of those students' meal plans and tuition each semester. Upon graduation from WCU, these students are guaranteed a job as salaried managers with Aramark.

Catamount Dining is still hiring! If your student would like to come work for us, we offer flexible schedules, free meals, and competitive pay:
https://westerncarolina.campusdish.com/Careers
If your student would like academic assistance, encourage them to visit Tutoring Services. The Writing and Learning Commons (Belk 207) and Mathematics Tutoring Center (KA 214) promote student success through math and course tutoring, writing support, academic skills consultation, exam prep, and more. #

Off-Campus Housing Fair

**Wednesday, March 30**
11:00 am – 2:00 pm
Lawn in front of University Center
(inclement weather location: Illusions in the UC)

offcampushousing.wcu.edu

Information Technology Update

March 5, 2022, the IT Division staff will perform system maintenance to ensure the reliability and safety of the data center, 8:00 am - 8:00 pm.
March 9, 2022, from 6:00 pm – 8:00 pm, the Networking Department will be upgrading the wireless network. This will result in the wireless network being down for approximately two hours.

March 22, 10:00 am – 12:00 pm, Migration of Wireless Users to ClearPass in Allen Hall.

March 29, 10:00 am – 12:00 pm, Migration of Wireless Users to ClearPass in Harrill and Judaculla Halls.

Out of the Darkness

The Out of Darkness Annual Suicide Awareness WCU Event will begin at 4 pm on Sunday, March 27. The Campus Awareness/Prevention Walk starts and ends at the Catafount.

The Out of Darkness Student Organization coordinates the annual campus walk for suicide awareness and prevention. They have been fundraising and have already raised $1,000 of a $2,000 goal for the event.
Upcoming Dates and Deadlines

March 7 - 11 - Spring Break

March 26 - Room Selection Process Closes

March 27 - Out of Darkness March

March 30 - Off Campus Housing Fair
Spring 2022 Week of Kindness

MONDAY, APRIL 4
The Center for Community Engagement and Service Learning will plant 2500 purple flags with sayings of kindness.

TUESDAY, APRIL 5
Crafting Cookies of Kindness will be hosted from 11 am to 1 pm under the tent in the quad area between Forsyth/Killian/Coulter.

**WEDNESDAY, APRIL 6**
Yoga class at noon on the lawn near the Campus Recreation Center.

"Be so completely yourself that those around you feel safe to be themselves too."

**THURSDAY, APRIL 7**
A Guided Meditation at Your Desk on Thursday at noon. Please use this Zoom link [https://wcu.zoom.us/j/88223743388](https://wcu.zoom.us/j/88223743388) to join for 20 minutes of stretching, breathing, and relaxing.

**FRIDAY, APRIL 8 – CULMINATING EVENT**
The culminating event for the *Week of Kindness* will be the Speakers Series scheduled at the stage between the UC and Coulter from 11:30 am-1:30 pm. Provost Starnes will be our MC and we will have eight members of our campus sharing a brief story of kindness. This event will be live-streamed at [https://youtu.be/Wop7HWdmBkc](https://youtu.be/Wop7HWdmBkc) and [https://www.facebook.com/events/54440822033319](https://www.facebook.com/events/54440822033319)
# April Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Meal</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.5</td>
<td>National Caramel Day</td>
<td>Catamount Café</td>
<td>Lunch/Dinner</td>
</tr>
<tr>
<td>4.8</td>
<td>Fried Chicken Friday</td>
<td>Catamount Café</td>
<td>Dinner</td>
</tr>
<tr>
<td>4.11</td>
<td>Weigh the Waste</td>
<td>Catamount Café</td>
<td>Lunch</td>
</tr>
<tr>
<td>4.12</td>
<td>National Grilled Cheese Day</td>
<td>Catamount Café</td>
<td>Lunch</td>
</tr>
<tr>
<td>4.18</td>
<td>Plant Forward (4.18-4.22)</td>
<td>Catamount Café &amp; The Lodge at Brown</td>
<td>Lunch</td>
</tr>
<tr>
<td>4.19</td>
<td>Cornhole Placement Day #1</td>
<td>Methodist Lawn</td>
<td>10A-3:30P</td>
</tr>
<tr>
<td>4.19</td>
<td>Cornhole Placement Day #2</td>
<td>Methodist Lawn</td>
<td>10A-3:30P</td>
</tr>
<tr>
<td>4.20</td>
<td>April Birthday Celebrations</td>
<td>Catamount Café</td>
<td>Lunch</td>
</tr>
<tr>
<td>4.21</td>
<td>Cornhole Semi-Finals</td>
<td>Methodist Lawn</td>
<td>10A-3:30P</td>
</tr>
<tr>
<td>4.22</td>
<td>Cornhole Finals</td>
<td>Methodist Lawn</td>
<td>10A-4P</td>
</tr>
<tr>
<td>4.22</td>
<td>Fish Fry Friday</td>
<td>Catamount Café</td>
<td>Dinner</td>
</tr>
<tr>
<td>4.25</td>
<td>Mac Monday</td>
<td>Catamount Café</td>
<td>Dinner</td>
</tr>
<tr>
<td>4.26</td>
<td>National Pretzel Day</td>
<td>Catamount Café</td>
<td>Lunch</td>
</tr>
<tr>
<td>4.28</td>
<td>Chef Throwdown</td>
<td>Catamount Café</td>
<td>Lunch</td>
</tr>
</tbody>
</table>
If your student is looking for a summer educational experience, find more information at Summer School at WCU!
Two-year on-campus residency requirement announced per WCU Policy 96

Students impacted by this decision should not sign a lease for an off-campus housing provider for the 2022 – 2023 academic year.

Check your catamount email for full details.
Angela Cambridge
Anna Shrone
Ashbury Haight
Baily Beebout
Cailin Lewis
Connor Shannon
Destiny Jones
Elliott Kerns
Erica Gonzalez
Ethan Page
Gabriel de Andrea Pereira
Hailey Gainey
Hudson Thompson
Imani Patterson
Jacob Brent Whitaker
Jaime Jeffers
Jan Snotherly
Jimena Rivera
Joseph McKenzie
Josie Hair
Juliana Rojas
Justin Walhart
Katelyn Gallimore
Kayani Morrow
Knox Hambleton
Lacie Larsen
Liam Connor Bridgeman
Maegen Hering
Meredith Mandell
Michael Crennan
Morgan Mcnamara
Nick Childs
Riley Hatton
Robin Coburn
Rose Torda
Ryley Pope
Sarah Kathryn Smith
Thomas Vogler
Tryston Sessoms
Zachary Ebert
Zari Turner
Academic Check-In

If your student would like academic assistance, encourage them to visit Tutoring Services. The Writing and Learning Commons (Belk 207) and Mathematics Tutoring Center (KA 214) promote student success through math and course tutoring, writing support, academic skills consultation, exam prep, and more. #

The Advising Center Newsletter
The newsletter informs families of both current and incoming students about events and important dates. A newsletter is released every two months. For more information, visit their Parents and Advising page.

Information Technology Update

April 12 | 10:00 am – 12:00 pm | Migration of Wireless Users to ClearPass | All residence halls except Allen, Harrill, and Judaculla.

April 19 | 10:00 am – 12:00 pm | Migration of Wireless Users to ClearPass | Cullowhee Campus excluding the residence halls.

Contact the IT Help Desk or visit the Technology Commons if your student has any questions or concerns. http://doit.wcu.edu | 828.227.7487
Available 7:30 am – 6:30 pm EST, weekdays (Mon.-Fri.)

Western Carolina University is committed to creating and maintaining an environment that promotes a healthy spirit of responsibility, dignity,
and respect in matters of sexual conduct and interpersonal relationships. Safe @ WCU provides resources and information.
FOR STUDENT ATHLETES - SENIORS ONLY!

TRANSITIONING TO
Life After Athletics

Monday, 4.18.22, 4-5pm
or Tuesday, 4.19.22,
10:30-11:30am at the Ramsey Center - Hospitality Suite
Upcoming Dates and Deadlines

April 4 - 8 - Week of Kindness
April 7 - 9 - The Addams Family Musical
April 9 - Spring Football Game
April 9 - 5K and Half Marathon
April 13 - 15 - No Classes
April 29 - Last day of classes
May 2 - 6 - Final Exams
May 7 - Commencement
CONGRATULATIONS GRADUATES!

May 2022

Connections
PARENT & FAMILY NEWSLETTER

Western Carolina University
Division of Student Affairs
Health and Wellness

Please remind your student to schedule a visit with a Health Services provider before leaving on summer break. Also, if they need prescription refills before August, or graduating and need assistance transferring their care to a new provider, call 828-227-7640 to make an appointment.

WHEE want to see You in Cullowhee this Fall!
If you needed a reason to purchase Catamount Football season tickets, here’s 10!

The ticket renewal deadline is June 1st.

Summer School

If your student is looking for a summer educational experience, find more information at Summer School at WCU!
Two-year on-campus residency requirement announced per WCU Policy 96

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Check your catamount email for full details.

Advising Center Newsletter

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Leave a legacy of love on the Catamount Legacy Walk.

SHARE YOUR CATAMOUNT SPIRIT WITH A LOVED ONE!
Purchase a custom brick paver that will be placed by the Alumni tower. Donations to the legacy walk support the student emergency fund. To purchase using payroll deduction or for more information visit:

legacywalk.wcu.edu

GROUP X
MAY SCHEDULE
MAY 9-MAY 20
"FREE FOR ANYONE WITH A CTC MEMBERSHIP & OPEN TO WNC FOR 1 FEET MEMBERS!
ALL CLASSES: 12:00-12:30PM IN STUDIO 2
MONDAY, MAY 9
CARDIO DANCE, HOLLY
TUESDAY, MAY 10
YOGA, MACKENZIE
WEDNESDAY, MAY 11
STRONG BY ZUMBA, HOLLY
MONDAY, MAY 16
CARDIO DANCE, HOLLY
TUESDAY, MAY 17
YOGA, MACKENZIE
WEDNESDAY, MAY 18
STRONG BY ZUMBA, HOLLY

HOURS OF OPERATION
Summer Session I & II: June 1st - August 5th

CAMPUS RECREATION CENTER
Monday-Friday: 6:00am-6:10pm
Saturday: 10:00am-1:00pm | Sunday: 5:00pm-8:00pm

REID POOL OPEN SWIM
Monday-Friday: 6:00am-6:00pm, 7:00pm-9:00pm
Saturday: 10:00am-12:00pm | Sunday: 5:00pm-7:00pm
Pool will/pair to open June 6th

CLIMBING WALL
Monday and Thursday: 4:00pm-7:00pm (until 5/26)

ADVENTURE SHOP
Outdoor equipment rental by reservation only.
Email basescamp@wcu.edu or call 704-227-7049 to reserve.

*All facilities will be closed July 2nd-4th*
WE WANT YOU
in Catamount Dining!

APPLY NOW: DINING.WCU.EDU OR CALL 828.227.2720 FOR INFO.
Upcoming Dates and Deadlines

May 2 - 6 - Final Exams
May 6 - Graduate Commencement
May 7 - Undergraduate Commencement
June 1 - 1st Summer Session Begins
UNIVERSITY UPDATES

Mental Health and Wellness
Western Carolina University aspires to create a campus environment that facilitates a healthy lifestyle for all. This year’s campus theme seeks to engage the Catamount community in meaningful conversations and experiences to increase our understanding of mental health and wellness. The campus theme for the 2022-23 academic year is “Mental Health and Wellness: Awareness, Support, and Community Care.”

COVID-19 Testing, Vaccines, and Quarantine
- COVID-19 Testing: Health Services will continue to offer symptomatic testing for COVID-19 through the Respiratory Clinic at the Bird Building. If your student needs testing for COVID-19, they should call Health Services to speak to a Respiratory Clinic triage nurse. All other appointments must be scheduled by calling (828) 227-7640. For more information, visit Health Services.
COVID-19 Vaccines: Health Services will continue to offer COVID-19 vaccines and boosters. Appointments are available for online scheduling through the health care portal.

Quarantine and Isolation: Health Services will continue to follow CDC guidance for quarantine and isolation of communicable diseases, including COVID-19. WCU will not maintain separate quarantine and isolation facilities for on-campus students this academic year. Instead, faculty, staff, and students will isolate or quarantine at home or in their apartment or residence hall room.

**Monkeypox**

Monkeypox is an emerging public health issue that we are closely monitoring. Currently, Health Services does not have testing and vaccine supplies for monkeypox. If that changes, information will be provided to the campus. Here are some things to know about monkeypox:

- **What is monkeypox?** Monkeypox is a rash illness caused by the monkeypox virus. Monkeypox can be spread to anyone through close contact with someone (through direct skin-to-skin, exposure to respiratory droplets during prolonged face-to-face contact, or intimate sexual contact) or some object used by someone with monkeypox.
- **What should you do if you think you may have monkeypox?** If your student has a new or unexplained rash or has come into contact with someone who has an unknown or unexplained rash, ask them to call Health Services at (828) 227-7640 for further guidance and avoid having close contact with anyone until they have been checked.
- **What is the isolation recommendation for monkeypox?** Individuals with monkeypox will need to follow CDC guidelines for isolation.

We are excited to welcome your student back to campus. We believe that a holistic approach to well-being is essential for student success. Therefore, please encourage your student to take advantage of the programs and services offered to support a healthy lifestyle.
Hello Catamount Families!
Catamount Dining has been working hard to prepare for the Fall semester with new dining concepts, facility upgrades, and exciting events for your students. We wanted to take a moment to share some information and reminders with you:

- The first few weeks of the Fall semester are particularly hectic, with thousands of students trying to figure out their schedule and the best times to eat. While students work through this process, there will be long lines at dining options across campus. We appreciate your and your student’s patience as the semester gets started, and students figure out what works for them.
- Retail locations and dining options will open across campus in a staggered fashion as returning and new students join the Catamount Dining team. While staffing challenges, supply chain issues, and COVID-related interruptions are less severe than last year, these factors still affect day-to-day operations across the food service industry. Catamount Dining will share information
regarding any temporary service adjustments with your students via in-person signage, Catamount Dining social media accounts, and at dining.wcu.edu.

- And last but certainly not least, Catamount Dining is hiring! We offer competitive wages, on-campus convenience, flexible schedules, bonus incentives, and great perks. Encourage your students to apply at https://westerncarolina.campusdish.com/Careers, or contact jlarem@wcu.edu with any employment questions.

We look forward to serving your students and hope they have a great Fall 2022 semester. Go Cats!

---

**New Student Convocation**

New Student Convocation is a WCU tradition that marks the official welcome to the university. This event brings together all new students to congratulate them on their decision to join the WCU community, celebrate their commitment to higher education, and inspire them to succeed as a new Catamount. This year's event will begin at 5 pm on August 19 in the Ramsey Regional Activity Center and will feature Dr. Jacquelyn D. Hallum as the keynote speaker.
### WCU Ride Share Program

If your student is looking for a commuting or travel partner. There is an obligation-free resource to help students, faculty, or staff to match WCU nearby commuters with similar schedules. Visit ShareTheRideNC website for additional information.

### Week of Welcome Events

**See the Full Schedule**

### Resources for Parents and Families

Have questions and are not sure where to go? A good start may be the Parent and Family Website (families.wcu.edu). This page can direct you to the answers to the most commonly asked questions for our new and returning catamount family members, including links to the Academic Calendar, Family Weekend, and Weather-Related Announcements. So whether you want to know how to access your student's account, help with a roommate situation, have something delivered to them, parking, etc., answers to these questions and more can be found on this website.
Hello to our Catamount Family Members from the Greek Student Engagement & Development Department!

We are ecstatic to continue developing your students as leaders and future professionals. Our department currently advises the social sororities and fraternities that are members of the Interfraternity Council (IFC), College Panhellenic Council (CPC), and National Pan-Hellenic Council (NPHC), and our Latina-based sorority Lambda Pi Chi Sorority, Inc. Each of these organizations hold recruitment & new member intake events throughout the fall and spring semesters. Through these organizations and our department, your students can connect with groups that value academics, community engagement, philanthropic work, and network-building. In addition, our department website and Engage site are excellent resources to get a snapshot of helpful information for family members!

We look forward to celebrating the accomplishments of your students and their respective chapters in the ‘Whee!

Catamount Athletics Fall Sports

GO CATS!

Football   M. Cross Country   W. Cross Country
Soccer     M. Golf           W. Golf
Tennis

SEPT. 17
PRESBYTERIAN
(WHITE-OUT WHITMIRE / BAND DAY)
3:30 PM

OCT. 1
VMI
(FAMILY WEEKEND / EGB DAY)
3:30 PM

OCT. 22
THE CITADEL
(HEROES DAY)
2:00 PM

NOV. 5
WOFFORD
(HOMECOMING 2022)
2:00 PM

NOV. 19
CHATTANOOGA
(SENIOR DAY / HALL OF FAME DAY)
1:00 PM

Volleyball

2022 CATAMOUNT FOOTBALL
SINGLE-GAME
ON SALE NOW
TICKETS

(800) 34-GOWCU
CATAMOUNTSPORTS.COM

DON’T MISS OUT
on WCU’s upcoming events!

NEW STUDENT CONVOCATION & CLASS OF 2026 OFFICIAL PHOTO
AUGUST 19 (begins at 5pm in the Ramsey Center)

WEEK OF WELCOME (CONCERTS, GAMES, ETC.): AUGUST 19-27

VALLEY BALLYHOO: AUGUST 20 (begins at 2pm, Central Plaza)

NPHC BACK TO SCHOOL COOKOUT: AUGUST 21

REC FEST: AUGUST 21

GROUP EXERCISE CLASSES, INTRAMURAL SPORT LEAGUES,
& BASE CAMP CULLOWHEE TRIPS: BEGINS AUGUST 22

EMPLOYMENT FAIR: AUGUST 25

WOW CONCERT ON THE PLAZA: AUGUST 25

WCU EMS Bystander CPR & STOP THE BLEED TRAINING:
AUG. 26, 27, 28 & SEPT. 23, 24, 25 (3-4pm at UC 214 Cardinal Room)

GREEK LIFE RECRUITMENT:
CPC: SEPTEMBER 1-4, IFC: SEPTEMBER 5-10

SAFE ZONE TRAINING: SEPTEMBER 1-NOVEMBER 10

HEALTH & WELLNESS FAIR: SEPTEMBER 14

FRESHMEN RUN: SEPTEMBER 17

MOUNTAIN HERITAGE DAY: SEPTEMBER 24

FAMILY WEEKEND: SEPTEMBER 30-OCTOBER 2

OUTDOOR GEAR SALE: OCTOBER 26

HOMECOMING EVENTS: OCTOBER 31-NOVEMBER 5

TUNNEL OF OPPRESSION: NOVEMBER 15-16

FOR MORE IMPORTANT DATES: CHECK YOUR HAPPENINGS EMAILS
FROM STUDENT AFFAIRS AND VISIT: ENGAGE.WCU.EDU
Schedule of Campus Events

Upcoming Dates and Deadlines

**August 12 - 21** - Student Move-In
**August 19** - Convocation & Class of 2026 Photo
**August 20** - Valley BallyHoo
**August 22** - First Day of Classes
**August 26** - Last drop for non-payment
**September 5** - Labor Day Holiday
**September 7** - Financial Aid Refund Day

Division of Student Affairs
Western Carolina University
Cullowhee, NC 28723
StudentAffairs@wcu.edu

Privacy Policy | Email Preferences
WCU Tradition - Freshmen Run
September 17
When WCU Chancellor Kelli R. Brown walked onto the Performance Hall stage of Bardo Arts Center for the fall opening assembly on August 17, she was met with a packed auditorium of faculty and staff. It was the first time the university could revert to its normal seating before COVID-19 protocols.
Chancellor Brown told the crowd, "whether you are brand new to WCU or entering your third or fourth decade, the year ahead is full of promise. To be sure, we will have our challenges. But WCU's story is grit, perseverance, and choice."

Introduction to the Elements of Wellness
Family Weekend
September 30 - October 2

Magicians and Music and Football, Oh My! Join us in Cullowhee for a favorite Catamount Tradition. Family Weekend is a great time to visit your student and enjoy the beautiful mountains. Registration is not required to attend, but many events will fill up quickly, so buy your football tickets now and plan to attend your favorite activities. A full schedule is available at familyweekend.wcu.edu.
Is your student experiencing homesickness?

Here are some ways you can help:

- Let them know that homesickness is a normal and natural response to moving away from home.
- Encourage them to get involved! Students can explore on-campus organizations, clubs, and events at WCU Engage.
- Share this video with tips and tricks for coping with homesickness: https://youtu.be/DtffS_X5LXI
- If your student continues to feel homesick, encourage them to contact Counseling and Psychological Services (CAPS).
Encourage your students to visit the Health and Wellness Fair on Wednesday, September 14, from 11 am-1 pm at the University Center Fountain area. Students will learn how our campus partners can support their health and wellness and tips and tricks to take care of themselves this year. In addition, there will be games, giveaways, demonstrations, and lots of fun! For more information.

Catamount Athletics Fall Sports
GO CATS!

- Football
- M. Cross Country
- W. Cross Country
- Soccer
- M. Golf
- W. Golf
- Tennis
- Volleyball
Western Carolina University will celebrate its 48th annual Mountain Heritage Day on September 24, 10 am - 5:00 pm. Here is the full schedule of events.
Schedule of Campus Events

Upcoming Dates and Deadlines

**September 14** - Deadline to apply for December Graduation

**September 17** - Freshmen Run/Football Game

**September 24** - Mountain Heritage Day

**September 30 - October 2** - Family Weekend

**October 1** - 2023/24 Scholarship Applications Available

**October 1** - 2023/24 FAFSA Opens

Division of Student Affairs
Western Carolina University
Cullowhee, NC 28723
StudentAffairs@wcu.edu

Privacy Policy | Email Preferences
It's A Catamount Throwback in 2022!

Homecoming is an annual week-long series of events held on the beautiful main campus of Western Carolina University in Cullowhee, North Carolina. Events are held throughout campus all week long, culminating with the Homecoming Football game and announcing the Homecoming Nobility.

From a carnival on the Central Plaza, the Homecoming Parade in Sylva, and the football game at E.J. Whitmire Stadium, nothing says "fall" like a homecoming in Cullowhee! Explore all the events for students [here](https://alumni.wcu.edu/homecoming). In addition, alum events are available at [alumni.wcu.edu/homecoming](https://alumni.wcu.edu/homecoming).
University Policy 96

Residential Living announced Policy 96 decision for students entering in Summer and Fall 2022 classified as First-Time, Full-Time Freshmen. Under the guidance of Policy 96, first-year students are required to reside in on-campus housing for two academic years. Impacted students were emailed on Monday, September 26, 2022, notifying them that they are expected to live in on-campus housing during their second academic year (AY 2023-24).

Enforcing the second-year requirement for the current class is made with several pieces of information in mind, including a significant drop in the freshman retention rate and the impact this can have on a student’s long-term academic success, as well as their access to student support resources on campus during what remains a very challenging time. In addition, University data suggests a strong link between on-campus residency and student success.

Housing deposits and Residence Hall Agreement deadlines will be communicated later this academic year. If you have questions or concerns
Staff Senate Ornaments

Staff Senate has partnered with the Rapid Center to design and produce this year's holiday ornament. The ornament is a beautiful rendition of the Cullowhee Lily, a white flower with six petals known as *Zephyranthes atamasca*. The flower, once common in the Cullowhee valley, now grows in only a few spots on campus.

Ornaments went on sale on September 24. The ornament cost is $15 and $5 off-campus shipping. Proceeds from the ornament sales will go to the Staff Senate Scholarship Fund.
If your student is stressed! Here are some tips from Health & Wellness.

- Make a List
  - If they are overwhelmed by the number of things they need to do, encourage them to make a list of everything contributing to their stress. Then, they know exactly what they need to accomplish and won’t forget anything. Once everything is
written down, they can start prioritizing the most important items.

- **Prioritize**
  - To help prioritize tasks and manage their time, encourage them to check out this [time tracker worksheet](#) developed by Counseling and Psychological Services.

- **Set Small Goals**
  - If their stress prevents them from making progress because the list is overwhelming, they might find it helpful to break the larger tasks into small, attainable goals. For example, instead of focusing on the larger goal of writing a 5-page paper, they might first focus on finding five sources for the paper.

- **Use the Pomodoro Wellness Technique**
  - If your student is studying for a big test or writing a paper, encourage them to consider trying the Pomodoro Wellness Technique. This technique involves studying/writing/working for 25 minutes before taking a 5-minute wellness break. The wellness break could include stretching, yoga, taking deep breaths, or meditating. After the break, they can repeat the cycle up to four times. After the fourth cycle, they should take a more extended break (15-30 minutes).
  - Students can find a playlist of videos to guide them through each wellness break on [WCU's Group X YouTube channel](#).

**FINANCIAL AID**

Subject matter experts from Federal Student Aid (FSA) will host a free Federal Financial Aid Virtual Bootcamp on October 18th and 20th, 2022. The sessions are geared toward students, parents, and college access professionals and will provide:

- an in-depth guide to the 2023–24 FAFSA® form with a live demonstration highlighting key sections and common mistakes,
- an overview of the PSLF program, and
- tools and resources to help navigate through the Federal financial aid process.
Subject matter experts from Federal Student Aid (FSA) will be hosting a free Federal Financial Aid Virtual Bootcamp on Oct. 18th and 20th, 2022.

The sessions are geared toward students, parents, and college access professionals, and will provide:

- an in-depth guide of the 2023–24 FAFSA® form with a live demonstration highlighting key sections and common mistakes;
- an overview of the PSLF program, and
- tools and resources to help navigate through the Federal financial aid process.

This bootcamp will provide an opportunity for participants to ask questions. Join us and get your questions answered.

**TUESDAY, OCT. 18, 2022**

- 6–7:00 pm. (E.T.)
  Public Service Loan Forgiveness (PSLF)
- 8–9:00 pm. (E.T.)
  2023–24 FAFSA® Line-by-Line Demo

**THURSDAY, OCT. 20, 2022**

- 1–2:00 pm. (E.T.)
  Public Service Loan Forgiveness (PSLF) (REPEAT SESSION)
- 8–9:00 pm. (E.T.)
  2023–24 FAFSA® Line-by-Line Demo (REPEAT SESSION)

**REGISTER HERE**

FSABootcamp2022.eventbrite.com

**Scholarship Application**
The 2023-2024 WCU Scholarship Application will open on October 1, 2022. You can access the application in your myWCU account under the "Scholarships" tab. There is one application for ALL WCU Scholarships. The application closes on February 1, 2023.

1889 Bistro located on the third floor of Brown Hall is now open. 1889 Bistro is set up as a preset combo list. Orders are taken at a kiosk, and your student can pay for a meal swipe at the register. This location is available Monday-Friday.

Einstein Bros. Bagels is also open in the University Center. They offer freshly baked bagels, breakfast paninis, sandwiches, and salads.

If you would like to submit feedback on a campus dining location, fill out a Voice Of Consumers Survey and let us know about your experience!

Submit Feedback for Dining
GRADUATION FAIR

OCT. 27 | 10AM-6PM | WCU BOOKSTORE

PURCHASE YOUR CAP & GOWN | PURCHASE YOUR DIPLOMA FRAME
HAVE YOUR PICTURE TAKEN  (If you have already purchased your gown, please bring that with you)
ORDER YOUR CLASS RING | ORDER YOUR GRADUATION ANNOUNCEMENTS

GIVEAWAYS & DRAWINGS!

Catamount Athletics Fall Sports

GO CATS!

Football  
M. Cross Country  
W. Cross Country

Soccer  
M. Golf  
W. Golf

Tennis  
Volleyball
2022 CATAMOUNT FOOTBALL

SINGLE-GAME ON SALE NOW TICKETS

(800) 34-GOWCU CATAMOUNTSPORTS.COM

SEPT. 17
PRESBYTERIAN
(WHITE OUT WHITMORE / BAND DAY)
3:30 PM

OCT. 1
VMI
(FAMILY WEEKEND / EBCI DAY)
3:30 PM

OCT. 22
THE CITADEL
(HEROES DAY)
2:00 PM

NOV. 5
WOFFORD
(HOMECOMING 2022)
2:00 PM

NOV. 19
CHATTANOOGA
(SENIOR DAY / HALL OF FAME DAY)
1:00 PM

FEELING LUCKY.

BINGO NIGHT.

THURSDAY, OCT. 6 | 7PM | CAMP BUILDING

DESTRESS PAINT NIGHT

OCTOBER 10TH
6 - 10 PM
UC GRAND ROOM

DRAG QUEEN STORY HOUR
WITH BEULAH LAND
TUESDAY, OCTOBER 11, 2022
4:00 PM
WCU HUNTER LIBRARY - CMC

LET'S 'BOUT IT

10/11
11/8
11:30am-1:00pm
ICA Lounge, UC 227
WESTERN CAROLINA UNIVERSITY CHEROKEE CENTER

UPCOMING EVENTS 2022

FALL SEMESTER
T-F 10 am-4 pm & Thursday 10 am-7 pm.
WCU BARDO ARTS CENTER

WE WILL NOT BE SILENCED
MMIW EXHIBIT
An art exhibit created to bring light to the
Missing and Murdered Indigenous Women
throughout the world. The exhibit consists of
art pieces from 5 local indigenous artists and is
available to view all semester.

MONTH OF NOVEMBER
M-F 8-5PM ICA GALLERY
2ND FLOOR OF UC

EXHIBITION OF OUR
INDIGENOUS STUDENTS &
ALUMNI
Our annual exhibit will highlight our indigenous
students and alumni of WCU. Come get to know our
indigenous community right here at WCU.

OCT 1
1-3:30 PM AT E.J. WHITMIRE
STADIUM

EBCI APPRECIATION
FOOTBALL GAME AT WCU
This game will honor the relationship between WCU
and the EBCI. There will be performances, recognition
of members, helmet stickers and a hospitality tent at
the grassy area near Gate 6.

OCT 10
11AM-2PM AT WCU FOUNTAIN AREA

INDIGENOUS PEOPLES
DAY CELEBRATION
Join us for an outside festival event of crafts, retail,
performances, traditional food and education on
indigenous populations.

NOV 1
SPREAD THE WORD BY POSTING
YOUR RED ON SOCIAL MEDIA &
TAGGING @WCUCHEROKEECENTER

WEAR RED DAY
Wear Red on this day in honor of the start of Native
American Heritage Month and to honor all those
indigenous women lost but silenced no more
through the Missing & Murdered Indigenous
Women's Movement moving through the U.S.

NOV 10
11AM-2PM AT UC GRANDROOM

MULTICULTURAL MENTAL
HEALTH SHOWCASE
A showcase of various cultural mental health
challenges, tips, trades, and solutions. Come take a
mental health day! All Classes Welcome!

NOV 15
11AM-1PM MEET IN THE LOBBY OF THE
CHEROKEE TOWER AT HARRAH'S
CHEROKEE CASINO RESORT

ROCK YOUR MOCS WALK
Join us on National Rock Your Mocs Day at Harrah’s
Cherokee Casino Resort in your indigenous regalia,
native tshirt or as an ally. Join us to represent and
raise awareness around indigenous communities
across the U.S. We will walk the length of the casino.
Shirts available for purchase via
www.thebuffalotown.com

FOR MORE INFORMATION CALL US AT 828-497-7920 OR VISIT US @
www.facebook.com/wcuchokee
Schedule of Campus Events

Dates and Deadlines

October 1 - 2023/24 Scholarship Applications Available
October 1 - 2023/24 FAFSA Opens
October 17 - 21 - Fall Break
October 28 - Last day to drop with a "W"
October 31 - Annual 31% off Bookstore Sale
November 1 - Advising Day, No Classes

Division of Student Affairs
Western Carolina University
Cullowhee, NC 28723
StudentAffairs@wcu.edu
It was a great Homecoming in the Whee! The carnival was held on Tuesday and Wednesday, and the parade was held on Friday at 6:00 pm in downtown Sylva. It had been three years since the last parade, and excitement was in the air. Other
events were held throughout the weekend, culminating with the Football game and the announcement of the Homecoming Nobility.

Thank you to all who worked tirelessly to ensure successful events and those who supported our students and alums.

2023-2024 Room Selection for Continuing Students

Information about room selection for the 2023 – 2024 academic year will be sent out to your students later this month. The first step in the process is for students to pay a non-refundable $150.00 housing deposit. This can be paid either through their MyWCU account or at the Student Accounts office. Residential Living encourages students to pay this deposit by Friday, February 17, 2023, to ensure it processes in time for students to complete their Housing Agreement when it opens on Tuesday, February 21, 2023. More details and dates in the process will be released later this month. Students should check their catamount email for more information and announcements.

Policy 96 Reminder
Students classified as first-time, full-time freshmen and first enrolled at WCU in the Summer or Fall of 2022 are reminded that they are subject to WCU Policy 96, which requires them to live on campus for their first four academic semesters or two academic years. Therefore, students should plan to participate in the continuing student room selection process unless they apply for and are approved for a Residency Exemption. Students are also reminded that Residency Exemptions must be requested and approved each academic year and that students are subject to WCU Policy 96.

Policy 96

The Elements of Wellness

with Sky Sampson, Director of the Cherokee Center, WCU
BetterYou is a health companion app that will support your student's wellness journey. WCU students will receive a $5 gift card to the retailer of their choice when they sign up with their WCU email. This service is free for WCU students, and they can download BetterYou from the App Store or Google Play.

Scholarship Application

The 2023-2024 WCU Scholarship Application opened on October 1, 2022. Please encourage your student to apply for applicable scholarships. You can access the application in your myWCU account under the "Scholarships" tab. There is one application for ALL WCU Scholarships. Applications close on February 1, 2023.

IT'S FLU SEASON

Flu cases are on the rise while COVID cases remain flat. WCU Health Services reports an increase in positive flu cases on campus, which is in line with other North Carolina medical providers and reported statistics, including our local area.

Influenza, or the flu as it is more commonly known, is an upper respiratory illness typically caused by viruses that travel through the air in droplets when someone with the infection coughs, sneezes or talks. You can inhale the droplets directly,
pick up the germs from an object, such as a telephone or computer keyboard, then transfer them to your eyes, nose, or mouth.

The number one way your student can be protected from the flu is to vaccinate. Health Services has flu vaccines available. Please encourage your student to call 828-227-7640 to schedule or access health services through the patient portal in MyWCU for vaccinations.

If you would like to submit feedback on a campus dining location, fill out a *Voice Of Consumers Survey* and let us know about your experience!
Seasonal depression can begin to appear in November. Here are some quick tips for your student:

- Let in natural light when possible.
- If possible, try to exercise outside to stay in touch with nature. In addition, exercise can boost your mood.
- Reading and journaling are great activities to combat seasonal depression.
- Counseling and Psychological Services (CAPS) has excellent resources for your student.
- Final exams are not far away! Remember, your student may be feeling pressure from school. Tutoring ([WALC/Math Tutoring Center](#)) can assist your student.

---

**Catamount Athletics Fall Sports**

**GO CATS!**

- Football
- M. Cross Country
- W. Cross Country
- Soccer
- M. Golf
- W. Golf
- Tennis
- Volleyball
The National Cancer Society’s Great American Smokeout takes place on Thursday, November 17. Students can visit the Health and Wellness Education team on the UC Lawn from 11 am-3 pm to learn about smoking and vaping risks and get connected with resources.
LEAVE YOUR MARK ON THE
CATAMOUNT LEGACY WALK

Dear Catamount Family,
Show your Catamount spirit by donating to the Legacy Walk. Each $250 donation will be recognized with a custom brick paver that will be placed in the Legacy Walk by the Alumni Tower. Donations to the Legacy Walk support the Student Emergency Fund which supports students experiencing financial hardship.

Jane Adams-Dunford
Associate Vice Chancellor for Student Affairs

www.westerncarolina.edu

MMIW PANEL
WITH
SHEYAHSH E LITTLEDAVE, AHELISHA STEPHENS, AND MAGGIE JACKSON
TUESDAY, NOVEMBER 15, 2022
5:00 PM - 6:00 PM
UC CATAMOUNT ROOM
JOIN US FOR A PANEL DISCUSSION ABOUT MISSING AND MURDERED INDIGENOUS WOMEN (MMIW)

TUNNEL OF OPPRESSION

TAKING BACK THE NIGHT

HUMAN CLAW MACHINE
NOVEMBER 15
3-7 PM
UG LAWN
RAIN LOCATION UC GRAND ROOM
35 PURCHASE

TAKE A STAND AGAINST SEXUAL VIOLENCE
WEDNESDAY, NOV. 16 | 7PM | UC ILLUSIONS

THE RABBIT ARTS CENTER'S 33RD ANNUAL HANDMADE HOLIDAY SALE
Support Local Artists on November 17 from 12pm - 7pm

EBONY STEWART

SUPPORT THE TUNNEL OF OPPRESSION

 legacywalk.wcu.edu
Contact Student Affairs
828.227.7147

For more information, visit
dss.wcu.edu/tunnel
Happy Thanksgiving to you and your family!
Dates and Deadlines

**November** - Native American Heritage Month
**November 16** - Take Back the Night
**November 23 - 25** - Thanksgiving, No Classes
**December 9** - Last day of classes
**December 10 - 16** - Final Exams

Division of Student Affairs
Western Carolina University
Cullowhee, NC 28723
StudentAffairs@wcu.edu

Privacy Policy | Email Preferences
The Fall 2022 semester is coming to a close on Friday, December 16, 2022, and residence halls will close at 5:00 pm. Only students graduating or with an approved extension can stay past December 16.
Students can leave their belongings in their rooms during the break but should keep their keys to the room. Students are asked to prepare their rooms to be vacated for an extended period of time; they should:

- Close all windows.
- Students on the ground and 1st-floor rooms – place blinds in the down position.
- Students on the 2nd floor and higher, blinds should be in the up position.
- Unplug and defrost refrigerators.
- Remove perishable food and trash.
- Turn off faucets and showers.
- Turn the heat to the lowest setting.
- Turn off the lights.
- Lock door.
- Take home all pets, including fish.

If you have questions about closing procedures, please get in touch with Residential Living at 828-227-7303 or housingquestions@email.wcu.edu.

**Academic Actions and Housing**

Students suspended due to academic performance and not granted an appeal must return to campus between January 9 and January 13, 2023, to move out of their residence hall before the start of the Spring 2023 semester. The Department of Residential Living will contact impacted students on approximately January 9, 2023.

**Spring Semester Opening**

Residence Halls open for the Spring 2023 Semester on Thursday, January 12, 2023, at 8:00 am. Students can return to their residence hall anytime after this date. There is no sign-up for move-in times.
2023-2024 Room Selection for Continuing Students

Information about room selection for the 2023 – 2024 academic year will be sent out to your students. The first step is for students to pay a non-refundable $150.00 housing deposit. This can be paid either through their MyWCU account or at the Student Accounts office. Residential Living encourages students to pay this deposit by Friday, February 17, 2023, to ensure it processes in time for students to complete their Housing Agreement when it opens on Tuesday, February 21, 2023. More details and dates in the process will be released later this month. Students should check their catamount email for more information and announcements.

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approved each academic year and that students are subject to WCU Policy 96.

Policy 96

Congratulations December Graduates
ATTN: GRADUATES!

COMPLETE EXIT COUNSELING

STUDENTAID.GOV
UNDER "MANAGE LOANS" TAB

The Elements of Wellness
KEEP THE FLU AWAY!

CLEAN YOUR HANDS OFTEN.

COVER YOUR MOUTH.

CONTAIN THE GERMS.

HEALTHSERVICES.WCU.EDU

THIS HOLIDAY SEASON,
Give a Legacy of Love on the Catamount Legacy Walk

Purchase a custom brick paver that will be placed by the Alumni tower.
Donations to the legacy walk support the student emergency fund.

For more information visit:
legacywalk.wcu.edu
Complete your FAFSA TODAY!
studentaid.gov

Need assistance? Visit the WCU Financial Aid Office at 105 Cordella Camp.
For assistance via Zoom, email finaid@wcu.edu.

Schedule of Campus Events

Chancellor Kell R. Brown
Mrs. Dennis Brown
and the Chancellor’s Division in partnership
with the Department of Campus Activities

invite students, faculty, staff, and families to

**Holidays on the Plaza**

Thursday, Dec. 8
4-7 pm
Central Plaza
at the Alumni Tower

Celebrate the spirit of the season at 4:15 pm during the second annual lighting ceremony of the Alumni Tower.

Enjoy music and performances by the students and faculty of the David C. Belcher College of Fine and Performing Arts.

Bring a non-perishable food item, or make a child’s day by bringing a new, unwrapped toy to be donated and earn a chance to win numerous prizes.

Families can enjoy displays and readings from holiday traditions, make Lego creations, and peruse ornaments.

Come dressed in your most festive (or ugliest) holiday attire (you might even win a prize!)

Indulge in holiday cookies, snacks, and beverages.

**FAMILY FEUD**

**Wednesday, Dec. 7**
1-2:30 pm
Blue Ridge Multipurpose Room (M111) - Side B

Gain better sleep habits
Learn about sleep myths
Make an aromatherapy rice sock
Bring your own socks (BYOS); a limited number of socks will be available

Win prizes! All students welcome!
**Dates and Deadlines**

- **December 8** - Holidays on the Plaza
- **December 9** - Last Day of Classes
- **December 12** - Midnight Breakfast
- **December 10 - 16** - Final Exams
- **December 17** - Commencement
- **January 12** - Residence Halls Open
- **January 16** - MLK, Jr. Holiday, No Classes
- **January 17** - Classes Begin
- **February 1** - Scholarship Applications Due