THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts
MATH 130 Precalculus I*
MATH 170 Applied Statistics
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

**MATH 130 will be assigned with MATH 100 Support Course

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours
Courses must be taken in two different disciplines
Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy
BIOL 102 Human Genetics
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
GEOL 145 Climate Change and Water Resources
GEOL 151 Earth: Geology, Resources, Hazards, and Environment
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)

Transition courses such as USI, LEAD, COUN are NOT considered First-Year Seminars:

a. Students transferring in 0-15 credit hours are required to take this course in their first year.
b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS is waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by their program.
c. Students with 30 or more credit hours are not eligible to take a FYS.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

BA 195 Movers & Shackers: Exp. Leaders & Experiential Leadership
BIOL 190 Discoveries in Biology
BIOL 192 Plants and Society
CHEM 191 Issues Environmental Chemistry
CM 190 Green Building & Sustainability
COMM 199 Leadership Communication
CM 190 Green Building & Sustainability
ENGL 190 Freshman Seminar in Literature
ENGL 191 Creative Writing
ENGR 199 Engineering Freshman Seminar (Engineering majors only)
ENT 195 Innovative Solutions to Social Problems
ENVH 190 From Black Death to Bioterror

(FYS Continued)
HSCC 192 Introduction into Health Professions
HIST 190 First Year Seminar: Pirates & Piracy
MATH 193 Cryptography: The Science of Secrets
ND 190 Personal Nutrition
PSC 190 Freshman Seminar in Political Science
RTH 190 Disability as Diversity

THE PERSPECTIVES (18 HOURS)

*Denotes courses with an Inclusive Excellence component.

P1. Social Sciences, 6 hours (2 courses)
Courses must be taken in two different disciplines
ANTH 110 Origins of Civilization
ANTH 432 Bioanthropology of Race
BA 133 Introduction to Business
ECON 231 Microeconomics & Social Issues
ECON 232 Macroeconomics
ENVT 200 Intro to Public Health
ENVH 300 Occupational Health
FIN 210 Managing your Money for Financial Success
FIN 350 So You Want To Be A Millionaire
LAW 406 Media Law
MKT 409 Negotiations/Relationship Marketing
PSC 101 American Government & Politics
PSC 323 The Non-Profit Sector
PSY 150 General Psychology
PSY 320 Developmental Psychology 1: Childhood
PSY 331 Human Sexuality
*SOC 103 Human Society
*SOC 235 Social Problems
*SOCW 251 Social Issues, Policy, & Programs
*SOCW 354 Human Behavior & the Social Environment
*SOCW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours
*HIST 107 World Cultures in Historical Perspective
*HIST 131 North American History to 1865
*HIST 132 US History Since 1865
*HIST 211 African History Since 1880
*HIST 213 Latin American History II
*HIST 218 Modern Asia
*HIST 222 European History since 1517
*HIST 236 Native American Lives
*HIST 237 African-American History
HIST 308 Explorations in Regional History: Russia & West
HIST 311 Ancient Greece and Rome
HIST 341 North Carolina History
HIST 351 History of American Education

P4. Humanities, 3 hours
ECON 344 Ethics of Capitalism
ENGL 207 Popular Literature and Culture
*ENGL 208 LGBTQ+ Literature
ENGL 209 Past Times: Literature & History
ENGL 350 The Renaissance
ENGL 352 The Journey in Literature
ENGL 367 Appalachian Literature
ENGL 368 Film Genres
ENGL 390 The Bible as Literature
HIST 271 Religion in America
LAW 201 Individual Rights
LAW 412 Business Ethics & Corporate Responsibility
PAR 101 Western Philosophical Traditions

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PAR 121 Religious Ethics and Moral Problems
PAR 146 Western Religious Traditions
PAR 201 Philosophy of Sex and Love
PAR 250 Origins of Early Christian Traditions (was P3)
PAR 306 Early Modern Philosophy from Copernicus to Kant
PAR 310 Philosophy of Art
PAR 312 Philosophy of Religion
PAR 320 Philosophical & Religious Classics: Afro-Caribbean
PAR 320 Philosophical & Religious Classics: Tolkien
PAR 332 Biomedical Ethics & Social Justice
PAR 333 Environmental Ethics
PRM 365 Nature Rx
SM 340 Sport Ethics

**P5. Fine & Performing Arts, 3 hours**
ART 104 Introduction to The Visual Arts
DA 259 Dance Appreciation
FPA 101 Experiencing the Arts
FTP 340 Filmmakers on Filmmaking
IDES 250 Introduction to Interior Design
MUS 101 Music Appreciation
MUS 102 Music in American Culture
MUS 300 Country Music: A Cultural and Stylistic History
MUS 304 Jazz Appreciation
THEA 104 The Theatre Experience

**P6. World Cultures, 3 hours**
Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 110, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

ANTH 120 Comparative Cultural Systems
CHER 101 Cherokee & Cherokee-Speaking World
CHER 232 Intermediate Cherokee II
CM 365 Construction and Culture
COMM 415 Intercultural Communication
EDCI 305 Global Educational Systems
ENVH 210 Global Disparities in Public Health
FREN 101 Experiencing French & the Francophone World
FREN 102 Experiencing French & the Francophone World II
FREN 232 Intermediate French II
GEOG 103 Cultural Geography
GEOG 140 World Geography
GEOG 440 Regional Geography: Asia
GER 101 Beginning German I
GER 102 Beginning German II
GER 110 Exp German & German Speaking World
GER 232 Intermediate German II
GER 301 German - Everyday Use
HSCC 205 Women’s Health
HT 238 Travel and Tourism
JPN 101 Beginning Japanese I
JPN 102 Beginning Japanese II
JPN 232 Intermediate Japanese II
MKT 407 Global Consumer Culture
MUS 303 The World of Music
ND 310 Food, Nutrition & Culture
PAR 145 Eastern Religious Traditions
PAR 260 Religion, Gender, Sexuality
PAR 323 Mysticism
PAR 353 Religion in Film
PRM 332 International Adventure Travel & Global Citizenship
PSC 169 Global Issues
SM 350 Global Sport & Culture
SOC 160 Chinese Culture and Society
SPAN 101 Spanish & Spanish-Speaking World
SPAN 102 Spanish & Spanish-Speaking World II
SPAN 231 Intermediate Spanish I
SPAN 232 Intermediate Spanish II
SPAN 240 Accelerated Intermediate Spanish (6 credit hours)
SPAN 301 Spanish Conversation & Composition

**UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)**

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE

COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE:** Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.