

Western Carolina University
SPRING 2025 LIBERAL STUDIES CHECK-SHEET
(Courses are 3 credit hours unless noted otherwise.)

Please refer to the schedule of classes for the most current information regarding Liberal Studies course offerings and availability. Courses that meet Liberal Studies requirements may be found using the Advanced Search option in the schedule of classes in myWCU. Attribute = LibStdy.

THE CORE (21 HOURS)

C1. Writing, 6 hours

ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours

MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(MATH 146, MATH 153, MATH 221, and MATH 270 also meet this requirement provided student's major requires any of them.)

**MATH 130 has a co-requisite requirement of MATH 100 Precalculus I Support.

C3. Oral Communication, 3 hours

COMM 201 Foundations of Communication

C4. Wellness, 3 hours

HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours

Courses must be taken in two different disciplines.

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 150, NRM 240, BIOL 180 and courses numbered from 190-199) meet this requirement.

AST 104 Cosmic Evolution
BIOL 102 Human Genetics
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
GEOL 141 Earth History & Prehistoric Life
GEOL 145 Climate Change and Water Resources
GEOL 151 Earth: Geology, Resources, Hazards, and Environment
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)

- a. Students transferring in 0-15 credit hours are required to take this course in their first year.
- b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a FYS course, but it is not required.
- c. Students with 30 or more credit hours are not eligible to take FYS courses.
- d. When a student is not required to take a FYS course, it is considered waived. The student does not have to make up the hours in the Liberal Studies program, but they will still need to graduate with the same number of hours required by the program of the major (total hours for the degree are not reduced).
- e. A FYS course cannot be repeated, and it is therefore not possible to replace a grade received in a FYS course.
- f. Grading for all FYS courses is A, B, C, I (“Incomplete”), or U (“Unsatisfactory”).
- g. Students receiving a “U” grade must make up the unearned credits from the FYS course by taking another course in the Liberal Studies Program.
- h. Transition courses such as LEAD, COUN, USI 101 & 130 are *not* considered First-Year Seminar courses.

BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership
BIOL 192 Plants and Society
CIS 195 The Information Society at Work
COMM 199 Leadership Communication
ENGL 190 Freshman Seminar in Literature

(FYS Continued)

ENGL 191 Freshman Seminar in Creative Writing
ENGR 199 Introduction to Engineering Practices and Principles I
(Engineering majors only)
ENT 195 Social Entrepreneurship
ENVH 190 From Black Death to Bioterrorism -The Public Health Solution
ND 190 Personal Nutrition
PAR 190 Freedom, Culture, & Utopia
PAR 193 Cults & Covens: Investigating New Religious Movements
SM 195 Sports Talk

THE PERSPECTIVES (18 HOURS)

P1. Social Sciences, 6 hours (2 courses)

Courses must be taken in two different disciplines.

ANTH 110 Introduction to Archaeology
ANTH 115 Introduction to Biological Anthropology
ECON 231 Introductory Microeconomics & Social Issues
ECON 232 Introductory Macroeconomics & Social Issues
ENVH 200 Introduction to Public Health
ENVH 300 Occupational Health
FIN 210 Managing your Money for Financial Success
FIN 350 So You Want To Be A Millionaire
LAW 406 Media Law
PRM 323 Leisure & The Pursuit of Happiness
PSC 101 American Government & Politics
PSC 323 The Nonprofit Sector
PSY 150 General Psychology
PSY 320 Developmental Psychology: Childhood
PSY 331 Human Sexuality
SOC 103 Human Society
SOC 235 Social Problems
SOCW 251 Social Issues, Policy, & Programs
SOCW 354 Human Behavior & the Social Environment
SOCW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours

HIST 131 North American History to 1865
HIST 132 US History Since 1865
HIST 211 African History Since 1880
HIST 213 Modern Latin America
HIST 218 Modern Asia
HIST 221 The Birth of Europe: 312-1517
HIST 222 European History since 1517
HIST 236 Native American Lives
HIST 250 Urban History: Cities and Suburbs in the US
HIST 335 History of Capitalism
HIST 337 History of Slavery
HIST 341 North Carolina History

P4. Humanities, 3 hours

ECON 344 Ethics of Capitalism
ENGL 205 Latin American and Caribbean Literature in Translation
ENGL 206 Literature and the Environment
ENGL 207 Popular Literature and Culture
ENGL 209 Past Times: Literature & History
ENGL 278 Introduction to Film Studies
ENGL 352 The Journey in Literature
ENGL 353 Stories Retold
ENGL 390 The Bible as Literature
HIST 271 Religion in America

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HIST 281 Transformations in European Religious History
LAW 201 Individual Rights
LAW 412 Business Ethics & Corporate Responsibility
PAR 101 Western Philosophical Traditions
PAR 121 Religious Ethics: Global Faiths & Moral Problems
PAR 146 Judaism, Christianity & Islam
PAR 201 Philosophy of Sex and Love
PAR 250 Origins of Early Christianity
PAR 306 Early Modern Philosophy: From Copernicus to Kant
PAR 309 Philosophy in & of Film
PAR 310 Philosophy of Art
PAR 317 Feminist Thought
PAR 320 Classics
PAR 332 Biomedical Ethics: Healthcare & Social Justice
PAR 333 Environmental and Animal Ethics
PRM 365 Nature Rx
SM 340 Sport Ethics

UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.

P5. Fine & Performing Arts, 3 hours

ART 104 Introduction to the Visual Arts
DA 259 Dance Appreciation
FPA 101 Experiencing the Arts
FTP 340 Filmmakers on Filmmaking
IDES 250 Introduction to Interior Design
MUS 101 Music Appreciation
MUS 102 Music in American Culture
MUS 300 Country Music: A Cultural and Stylistic History
MUS 304 Jazz Appreciation
THEA 104 The Theatre Experience

P6. World Cultures, 3 hours

Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 140, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

ANTH 120 Introduction to Cultural Anthropology
CHER 101 Experiencing Cherokee & Cherokee-Speaking World
CM 365 Construction and Culture
COMM 415 Intercultural Communication
EDCI 305 Global Educational Systems
ENVH 210 Introduction to Global Health
FREN 101 Beginning French I
GEOG 103 Cultural Geography
GEOG 440 Explorations in Regional Geography
GER 101 Beginning German I
HT 238 Travel and Tourism
JPN 101 Beginning Japanese I
MKT 407 Global Consumer Culture
MUS 303 The World of Music
ND 310 Food, Nutrition & Culture
PAR 145 Religions of Asia
PAR 251 Islam, Past and Present
PAR 342 What is Religion?
PAR 353 Religion in Film
PAR 356 Buddhism
PAR 367 Native American Religions
PRM 322 International Adventure Travel & Global Citizenship
PSC 169 World Order & Disorder: Exploring Global Politics
SM 350 Global Sport & Culture
SPAN 101 Beginning Spanish I