

Western Carolina University
SUMMER 2025 LIBERAL STUDIES CHECK-SHEET
(Courses are 3 credit hours unless noted otherwise.)

NOTE: Please refer to the schedule of classes for the most current information regarding Liberal Studies course offerings and availability. Courses that meet Liberal Studies requirements may be found using the Advanced Search option in the schedule of classes in myWCU. Attribute = LibStdy.

THE CORE (21 HOURS)

C1. Writing, 6 hours

ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours

MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(MATH 146, MATH 153, MATH 221, and MATH 270 also meet this requirement provided student's major requires any of them.)

**MATH 130 has a co-requisite requirement of MATH 100 Precalculus I Support.

C3. Oral Communication, 3 hours

COMM 201 Foundations of Communication

C4. Wellness, 3 hours

HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours

Courses must be taken in two different disciplines.

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

BIOL 102 Human Genetics
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)

- a. Students transferring in 0-15 credit hours are required to take this course in their first year.
- b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a FYS course, but it is not required.
- c. Students with 30 or more credit hours are not eligible to take FYS courses.
- d. When a student is not required to take a FYS course, it is considered waived. The student does not have to make up the hours in the Liberal Studies program, but they will still need to graduate with the same number of hours required by the program of the major (total hours for the degree are not reduced).
- e. A FYS course cannot be repeated, and it is therefore not possible to replace a grade received in a FYS course.
- f. Grading for all FYS courses is A, B, C, I (“Incomplete”), or U (“Unsatisfactory”).
- g. Students receiving a “U” grade must make up the unearned credits from the FYS course by taking another course in the Liberal Studies Program.
- h. Transition courses such as LEAD, COUN, USI 101 & 130 are *not* considered First-Year Seminar courses.

No course offerings

THE PERSPECTIVES (18 HOURS)

P1. Social Sciences, 6 hours (2 courses)

Courses must be taken in two different disciplines.

ECON 231 Introductory Microeconomics & Social Issues
ECON 232 Introductory Macroeconomics & Social Issues
ENVH 200 Introduction to Public Health
FIN 210 Managing your Money for Financial Success
PRM 323 Leisure & the Pursuit of Happiness

(P1 Continued)

PSC 101 American Government & Politics
PSY 150 General Psychology
PSY 320 Developmental Psychology: Childhood
RTH 300 Health and Healing
SOCW 251 Social Issues, Policy, & Programs
SOCW 354 Human Behavior & the Social Environment
SOCW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours

HIST 107 World Cultures in Historical Perspective
HIST 131 North American History to 1865
HIST 132 US History Since 1865
HIST 211 African History Since 1880
HIST 213 Modern Latin America
HIST 341 North Carolina History

P4. Humanities, 3 hours

ENGL 206 Literature and the Environment
ENGL 207 Popular Literature & Culture
ENGL 352 The Journey in Literature
ENGL 368 Film Genres
ENGL 390 The Bible as Literature
LAW 201 Individual Rights
PAR 146 Judaism, Christianity & Islam
PAR 201 Philosophy of Love & Sex
PAR 250 Origins of Early Christianity
PAR 312 Philosophy of Religion
PAR 320 Classics: John Dewey
PAR 332 Biomedical Ethics: Healthcare & Social Justice
PRM 365 Nature Rx

P5. Fine & Performing Arts, 3 hours

ART 104 Introduction to the Visual Arts
IDES 250 Introduction to Interior Design
MUS 304 Jazz Appreciation

P6. World Cultures, 3 hours

Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 140, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

BA 304 Business Communications in a Multicultural Environment
CHER 101 Cherokee & Cherokee-Speaking World
COMM 415 Intercultural Communication
HSCC 205 Women's Health
HSCC 420 Cultural Diversity for Health Care Practitioners
HT 238 Travel and Tourism
ND 310 Food, Nutrition & Culture
PAR 145 Religions of Asia
PRM 322 International Adventure Travel & Global Citizenship
PSC 169 World Order & Disorder: Exploring Global Politics
SPAN 101 Beginning Spanish I

UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.