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**THE CORE (21 HOURS)**

**C1. Writing, 6 hours**
ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

**C2. Mathematics, 3 hours**
MATH 101 Mathematical Concepts
MATH 130 PreCalculus I**
MATH 170 Applied Statistics
(MATH 146, MATH 153, MATH 221, and MATH 270 also meet this requirement provided student’s major requires any of them.)

**C3. Oral Communication, 3 hours**
COMM 201 Foundations of Communication

**C4. Wellness, 3 hours**
HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

**C5. Physical & Biological Sciences, 6 hours**
Courses must be taken in two different disciplines.

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy
BIOL 102 Human Genetics
BIOL 103 Environmental Biology
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
ESI 140 Oceanography
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
GEOL 145 Climate Change and Water Resources
GEOL 151 Earth: Geology, Resources, Hazards, and Environment
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

**THE FIRST-YEAR SEMINAR (3 HOURS)**
a. Students transferring in 0-15 credit hours are required to take this course in their first year.
b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a FYS course, but it is not required.
c. Students with 30 or more credit hours are not eligible to take FYS courses.
d. When a student is not required to take a FYS course, it is considered waived. The student does not have to make up the hours in the Liberal Studies program, but they will still need to graduate with the same number of hours required by the program of the major (total hours for the degree are not reduced).
e. A FYS course cannot be repeated, and it is therefore not possible to replace a grade received in a FYS course.
f. Grading for all FYS courses is A, B, C, I (“Incomplete”), or U (“Unsatisfactory”).
g. Students receiving a “U” grade must make up the unearned credits from the FYS course by taking another course in the Liberal Studies Program.
h. Transition courses such as LEAD, COUN, USH 101 & 130 are not considered First-Year Seminar courses.

**(FYS Continued)**
BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership
BIOL 192 Plants and Society
BIOL 194 Biotechnology: Methods, Applications & Implications
CIS 195 The Information Society at Work
CM 190 Green Building & Sustainability
COMM 190 Media Literacy in the Age of Social Media
EDCI 191 Teachers, Schools, and Society
ENGL 190 Literature
ENGL 191 Creative Writing
ENGR 199 Introduction to Engineering Practices and Principles I
(Engineering majors only)
ENT 195 Social Entrepreneurship
ENVH 190 From Black Death to Bioterrorism
HSCC 192 Intro to Health Professions
ND 190 Personal Nutrition
PAR 190 Freedom, Culture, & Utopia
PAR 193 Cults & Covens: Investigating New Religious Movements
PSC 190 Freshman Seminar in Political Science
RTH 190 Disability as Diversity
SM 195 Sports Talk

**THE PERSPECTIVES (18 HOURS)**

**P1. Social Sciences, 6 hours (2 courses)**
Courses must be taken in two different disciplines.

ANTH 110 Introduction to Archaeology
ANTH 115 Introduction to Biological Anthropology
BA 133 Introduction to Business
ECON 231 Introductory Microeconomics & Social Issues
ECON 232 Introductory Macroeconomics & Social Issues
ENGR 435 Technology and Society
ENVH 200 Intro to Public Health
ENVH 300 Occupational Health
FIN 210 Managing your Money for Financial Success
FIN 350 So You Want to be a Millionaire
LAW 406 Media Law
PSC 101 American Government & Politics
PSY 150 General Psychology
PSY 320 Developmental Psychology: Childhood
PSY 331 Human Sexuality
SOC 103 Human Society
SOC 235 Social Problems
SOCW 251 Social Issues, Policy, & Programs
SOCW 354 Human Behavior & the Social Environment
SOCW 402 Diversity in Contemporary Society

**P2. Category Has Changed to Core 5 (Physical & Biological Sciences)**

**P3. History, 3 hours**
HIST 107 World Cultures in Historical Perspective
HIST 131 North American History to 1865
HIST 132 US History Since 1865
HIST 210 African History to 1880
HIST 212 Colonial Latin America
HIST 222 European History since 1517
HIST 234 Immigration and Ethnicity in US History
HIST 236 Native American Lives
HIST 237 African American History
HIST 238 History of American Pop Culture: Music, Movies, & Media
HIST 250 Urban History: Cities and Suburbs in the U.S.
HIST 303 The African Diaspora
HIST 311 Ancient Greece & Rome
HIST 341 North Carolina History

Updated 7/1/24
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### P4. Humanities, 3 hours
- ECON 344 Ethics of Capitalism
- ENGL 203 The Literature of Rebellion, Revolution, and Resistance
- ENGL 207 Popular Literature & Culture
- ENGL 278 Introduction to Film Studies
- ENGL 352 The Journey in Literature
- ENGL 353 Stories Retold
- ENGL 367 Appalachian Literature
- ENGL 368 Film Genres
- GBS 200 Introduction to Black Studies
- HIST 271 Religion in America
- HIST 281 Transformations in European Religious History
- LAW 201 Individual Rights
- LAW 412 Business Ethics & Corporate Responsibility
- PAR 101 Western Philosophical Traditions
- PAR 102 Western Moral Traditions
- PAR 121 Religious Ethics: Global Faiths & Moral Problems
- PAR 146 Judaism, Christianity & Islam
- PAR 250 Origins of Early Christianity
- PAR 304 Ancient Greek and Roman Thought
- PAR 309 Philosophy in & of Film
- PAR 315 Philosophy of Mind
- PAR 320 Classics
- PAR 330 Wilderness: Ethics and Aesthetics in the American Landscape
- PAR 332 Biomedical Ethics: Healthcare & Social Justice
- PAR 366 Science, Religion & Knowledge
- PRM 365 Nature Rx
- SM 340 Sport Ethics

### P5. Fine & Performing Arts, 3 hours
- ART 104 Introduction to the Visual Arts
- DA 259 Dance Appreciation
- FPA 101 Experiencing the Arts
- FTP 340 Filmmakers on Filmmaking
- IDES 250 Introduction to Interior Design
- MUS 101 Music Appreciation
- MUS 102 Music in American Culture
- MUS 300 Country Music: A Cultural & Stylistic History
- MUS 304 Jazz Appreciation
- THEA 104 The Theatre Experience

### P6. World Cultures, 3 hours
Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 140, 231, 252, 240, or 301. Only three credit hours earned in MFL apply to P6 category.
- ANTH 120 Introduction to Cultural Anthropology
- CHER 101 Experiencing Cherokee & the Cherokee-Speaking World
- CM 365 Construction and Culture
- COMM 415 Intercultural Communication
- FREN 101 Beginning French I
- GEOG 103 Cultural Geography
- GEOG 140 Introduction to Geography
- GEOG 440 Explorations in Regional Geography
- GER 101 Beginning German I
- HSCC 420 Cultural Diversity for Health Care Practitioners
- HT 238 Travel and Tourism
- JPN 101 Beginning Japanese I
- LATX 220 Introduction to U.S. Latinx Studies
- MUS 303 The World of Music
- ND 310 Food, Nutrition & Culture
- PAR 145 Religions of Asia
- PAR 260 Religion, Gender, Sexuality
- PAR 353 Religion in Film

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**UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)**

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are **bolded**. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE:** Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.