THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

**MATH 130 will be assigned with MATH 100 Support Course

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours
Courses must be taken in two different disciplines.
Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

BIOL 102 Human Genetics
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)
Transition courses such as US1, LEAD, COUN are NOT considered.
First-Year Seminars:
a. Students transferring in 0-15 credit hours are required to take this course in their first year.
b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS will waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by their program.
c. Students with 30 or more credit hours are not eligible to take a FYS.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

EDCI 191 Teachers, Schools, and Society
ENGL 190 Literature

THE PERSPECTIVES (18 HOURS)
*Denotes courses with an Inclusive Excellence component.

P1. Social Sciences, 6 hours (2 courses)
Courses must be taken in two different disciplines.
ECON 231 Introductory Microeconomics & Social Issues
ECON 232 Introductory Macroeconomics & Social Issues
*ENVH 200 Introduction to Public Health
PSC 101 American Government & Politics
PSY 150 General Psychology
PSY 320 Developmental Psychology 1: Childhood

(P1 Continued)
RTH 300 Health and Healing
*SOCW 251 Social Issues, Policy, & Programs
*SOCW 354 Human Behavior & the Social Environment
*SOCW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours
*HIST 213 Latin American History II
HIST 308 Explorations in Regional History
HIST 341 North Carolina History

P4. Humanities, 3 hours
ENGL 106 Literature and the Environment
ENGL 207 Popular Literature & Culture
ENGL 352 The Journey in Literature
PAR 102 Western Moral Traditions
PAR 146 Western Religious Traditions (was P3)
PAR 201 Philosophy of Sex & Love
PAR 250 Origins of Early Christian Traditions (was P3)
PAR 330 American Wilderness Ethics & Aesthetics
PAR 332 Biomedical Ethics & Social Justice (was P1)
PRM 365 Nature Rx
SM 340 Sport Ethics

P5. Fine & Performing Arts, 3 hours
ART 104 Introduction to the Visual Arts
IDES 250 Introduction to Interior Design

#P6. World Cultures, 3 hours
Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 110, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

BA 304 Business Communications in a Multicultural Environment
CHER 101 Cherokee & Cherokee-Speaking World
ENGR 365 Global Engineering & Technology
GER 240 Accelerated Second-Year German
HSCC 205 Women’s Health
HT 238 Travel and Tourism
MKT 407 Global Consumer Culture
ND 310 Food, Nutrition & Culture
PAR 145 Eastern Religious Traditions
PRM 322 International Adventure Travel & Global Citizenship
PSC 169 Global Issues (was PSC 110)
SPAN 101 Beginning Spanish I

UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.

Updated 2/13/23