THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

**MATH 130 will be assigned with MATH 100 Support Course

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours
Courses must be taken in two different disciplines.

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy
BIOL 102 Human Genetics
BIOL 103 Environmental Biology
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
ESI 140 Oceanography
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
GEOL 145 Climate Change and Water Resources
GEOL 151 Earth: Geology, Resources, Hazards, and Environment
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)

Transition courses such as USI, LEAD, COUN are NOT considered First-Year Seminars.

a. Students transferring in 0-15 credit hours are required to take this course in their first year.
b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS is waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by their program.
c. Students with 30 or more credit hours are not eligible to take a FYS.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership
BIOL 190 Discoveries in Biology
BIOL 192 Plants and Society
BIOL 194 Biotechnology: Methods, Applications & Implications
CIS 195 The Information Society at Work
CM 190 Green Building & Sustainability

(FYS Continued)
COMM 190 A User’s Guide to the Mass Media
COMM 199 Leadership Communication
EDCI 191 Teachers, Schools, and Society
ENGL 190 Literature
ENGL 191 Creative Writing
ENGR 199 Introduction to Engineering Practices and Principles I
(Engineering majors only)
ENT 195 Social Entrepreneurship
ENVH 190 From Black Death to Bioterrorism
GEOL 191 Geology, Landscapes, & the Human Psyche
HSCC 192 Intro to Health Professions
MATH 192 Fractals: The Geometry of Nature
ND 190 Personal Nutrition
PAR 190 Freedom, Culture, & Utopia
PSC 190 Freshman Seminar in Political Science
*RTH 190 Disability as Diversity

THE PERSPECTIVES (18 HOURS)

*Denotes courses with an Inclusive Excellence component.

P1. Social Sciences, 6 hours (2 courses)

Courses must be taken in two different disciplines.

ANTH 110 Introduction to Archaeology
ANTH 115 Introduction to Biological Anthropology
BA 133 Introduction to Business
ECON 231 Introductory Microeconomics & Social Issues
ECON 232 Introductory Macroeconomics & Social Issues
*ENVH 200 Intro to Public Health
ENVS 300 Environmental Health Science: Systems & Solutions
FIN 350 So You Want to be a Millionaire
LAW 406 Media Law
MKT 409 Negotiations/Relationship Marketing
PSC 101 American Government & Politics (was PSC 150)
PSY 150 General Psychology
PSY 320 Developmental Psychology 1: Childhood
PSY 331 Human Sexuality
*SOC 103 Human Society
*SOC 235 Social Problems
*SOC 414 Race and Ethnicity
*SOEW 251 Social Issues, Policy, & Programs
*SOEW 354 Human Behavior & the Social Environment
*SOEW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours

*HIST 107 World Cultures in Historical Perspective
*HIST 131 North Carolina History to 1865
*HIST 132 US History Since 1865
*HIST 210 African History to 1880
*HIST 212 Latin American History I
*HIST 221 The Birth of Europe (was European History to 1517)
*HIST 222 European History since 1517
*HIST 237 African American History
HIST 238 History of American Pop Culture: Music, Movies, & Media
HIST 250 Urban History: Cities and Suburbs in the U.S.
*HIST 303 The African Diaspora
HIST 341 North Carolina History

Updated 2/13/23
Please refer to the schedule of classes for the most current information regarding Liberal Studies course offerings and availability. Courses that meet Liberal Studies requirements may be found using the Advanced Search option in the schedule of classes in myWCU. Attribute = LibStdy.

**P4. Humanities, 3 hours**
*ENGL 203 The Literature of Rebellion, Revolution, and Resistance*
ENGL 206 Literature and the Environment
ENGL 207 Popular Literature & Culture
ENGL 209 Past Times: Literature & History
*ENGL 367 Appalachian Literature*
ENGL 368 Film Genres
ENGL 390 The Bible as Literature
HIST 271 Religion in America
LAW 201 Individual Rights
LAW 412 Business Ethics & Corporate Responsibility
PAR 101 Western Philosophical Traditions
PAR 102 Western Moral Traditions
PAR 146 Western Religious Traditions
PAR 250 Origins of Early Christian Traditions *(was P3)*
PAR 304 Ancient Greek and Roman Thought
PAR 307 Existentialism and Beyond
PAR 309 Philosophy in & of Film
PAR 313 Philosophy of Law *(was P1)*
PAR 315 Philosophy of Mind *(was P1)*
PAR 320 Philosophical & Religious Classics: Myth
PAR 320 Philosophical & Religious Classics: Hebrew Bible
PAR 332 Biomedical Ethics & Social Justice
PAR 333 Environmental and Animal Ethics *(was P1)*
PAR 365 Faith and Reason from Empire to Enlightenment *(was P3)*
PRM 365 Nature Rx
SM 340 Sport Ethics

**P5. Fine & Performing Arts, 3 hours**
ART 104 Introduction to the Visual Arts
DA 259 Dance Appreciation
FPA 101 Experiencing the Arts
FTP 340 Filmmakers on Filmmaking
IDES 250 Introduction to Interior Design
MUS 101 Music Appreciation
MUS 102 Music in American Culture
MUS 300 Country Music: A Cultural & Stylistic History
MUS 304 Jazz Appreciation
THEA 104 The Theatre Experience

**P6. World Cultures, 3 hours**
Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 110, 231, 252, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

ANTH 120 Introduction to Cultural Anthropology
CHER 101 Experiencing Cherokee & the Cherokee-Speaking World
CHER 231 Intermediate Cherokee I
CM 365 Construction and Culture
COMM 415 Intercultural Communication
ENGL 366 Literature and Immigration
ENVH 210 Global Disparities in Public Health
FREN 101 Beginning French I
FREN 231 Intermediate French I
GEOG 103 Cultural Geography
GEOG 140 World Geography
GEOG 440 Regional Geography
GER 101 Beginning German I
GER 231 Intermediate German I
HSCC 420 Cultural Diversity for Health Care Practitioners
HT 238 Travel and Tourism
JPN 101 Beginning Japanese I
JPN 231 Intermediate Japanese I
JPN 301 Third Year Japanese I

**P6 Continued**
LATX 220 Introduction to U.S. Latinx Studies
MUS 303 The World of Music
ND 310 Food, Nutrition & Culture
PAR 145 Eastern Religious Traditions
PAR 251 Islam, Past and Present
PAR 260 Religion, Gender, Sexuality
PAR 342 Theory & Method in the Study of Religion
PAR 353 Religion in Film
PAR 357 Hinduism
PRM 322 International Adventure Travel & Global Citizenship
PSC 169 Global Issues *(was PSC 110)*
SM 350 Global Sport & Culture
SOC 160 Chinese Culture and Society
SPAN 101 Beginning Spanish I
SPAN 102 Beginning Spanish II
SPAN 231 Intermediate Spanish I
SPAN 232 Intermediate Spanish II
SPAN 240 Accelerated Intermediate Spanish (6 credit hours)

**UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)**

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE:** Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.