Western Carolina University
FALL 2024 LIBERAL STUDIES CHECK-SHEET
(Courses are 3 credit hours unless noted otherwise.)
*Denotes courses with an Inclusive Excellence component.

Please refer to the schedule of classes for the most current information regarding Liberal Studies course offerings and availability. Courses that meet Liberal Studies requirements may be found using the Advanced Search option in the schedule of classes in myWCU. Attribute = LibStdy.

THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, MATH 362, MATH 400, MATH 462, MATH 471 and MATH 479.)

**MATH 130 will be assigned with MATH 100 Support Course

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours
Courses must be taken in two different disciplines.

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy
*Biol 102 Human Genetics
BIOL 103 Environmental Biology
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
*ESI 140 Oceanography
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
GEOL 145 Climate Change and Water Resources
GEOL 151 Earth: Geology, Resources, Hazards, and Environment
*NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)
Transition courses such as USI, LEAD, COUN are NOT considered
First-Year Seminars,
a. Students transferring in 0-15 credit hours are required to take this course in their first year.
b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS is waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by the program of the major.
c. Students with 30 or more credit hours are not eligible to take a FYS.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership
BIOL 192 Plants and Society
BIOL 194 Biotechnology: Methods, Applications & Implications

(FYS Continued)
CIS 195 The Information Society at Work
CM 190 Green Building & Sustainability
EDCT 191 Teachers, Schools, and Society
ENGL 190 Literature
ENGL 191 Creative Writing
ENGR 199 Introduction to Engineering Practices and Principles I
*(Engineering majors only)
ENT 195 Social Entrepreneurship
*ENVH 190 From Black Death to Bioterrorism
*HSCC 192 Intro to Health Professions
ND 190 Personal Nutrition
*PAR 190 Freedom, Culture, & Utopia
*PAR 193 Cults & Covens: Investigating New Religious Movements
PSC 190 Freshman Seminar in Political Science
*RTH 190 Disability as Diversity

THE PERSPECTIVES (18 HOURS)

P1. Social Sciences, 6 hours (2 courses)
Courses must be taken in two different disciplines.

ANTH 110 Introduction to Archaeology
ANTH 115 Introduction to Biological Anthropology
BA 133 Introduction to Business
*ECON 231 Introductory Microeconomics & Social Issues
*ECON 232 Introductory Macroeconomics & Social Issues
ENVH 200 Intro to Public Health
FIN 210 Managing your Money for Financial Success
FIN 350 So You Want to be a Millionaire
LAW 406 Media Law
PSC 101 American Government & Politics
PSY 150 General Psychology
PSY 320 Developmental Psychology 1: Childhood
PSY 331 Human Sexuality
*SOC 103 Human Society
SOC 235 Social Problems
*SOCW 251 Social Issues, Policy, & Programs
*SOCW 354 Human Behavior & the Social Environment
*SOCW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours
*HIST 107 World Cultures in Historical Perspective
*HIST 131 North American History to 1865
*HIST 132 US History Since 1865
*HIST 210 African History to 1880
HIST 212 Latin American History I
*HIST 222 European History since 1517
*HIST 234 Immigration and Ethnicity in US History
*HIST 236 Native American Lives
*HIST 238 History of American Pop Culture: Music, Movies, & Media
HIST 240 History of Hip-Hop
*HIST 250 Urban History: Cities and Suburbs in the U.S.
*HIST 303 The African Diaspora
*HIST 311 Ancient Greece & Rome
*HIST 341 North Carolina History

Updated 2/8/24
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P4. Humanities, 3 hours
- *ECON 344 Ethics of Capitalism
- *ENGL 203 The Literature of Rebellion, Revolution, and Resistance
- ENGL 207 Popular Literature & Culture
- ENGL 278 Introduction to Film Studies
- ENGL 352 The Journey in Literature
- ENGL 353 Stories Retold
- ENGL 367 Appalachian Literature
- ENGL 368 Film Genres
- GBS 200 Introduction to Black Studies
- *HIST 271 Religion in America
- *HIST 281 Transformations in European Religious History
- LAW 201 Individual Rights
- LAW 412 Business Ethics & Corporate Responsibility
- PAR 101 Western Philosophical Traditions
- PAR 102 Western Moral Traditions
- *PAR 121 Religious Ethics and Moral Problems
- PAR 146 Judaism, Christianity & Islam
- PAR 250 Origins of Early Christian Traditions
- PAR 304 Ancient Greek and Roman Thought
- PAR 309 Philosophy in & of Film
- PAR 315 Philosophy of Mind
- PAR 320 Philosophical & Religious Classics: Jesus & Paul
- *PAR 330 American Wilderness Ethics & Aesthetics
- PAR 332 Biomedical Ethics & Social Justice
- PAR 366 Science, Religion & Knowledge
- PRM 365 Nature Rx
- SM 340 Sport Ethics

P5. Fine & Performing Arts, 3 hours
- *ART 104 Introduction to the Visual Arts
- DA 259 Dance Appreciation
- *FPA 101 Experiencing the Arts
- *FTP 340 Filmmakers on Filmmaking
- IDES 250 Introduction to Interior Design
- *MUS 101 Music Appreciation
- *MUS 102 Music in American Culture
- *MUS 300 Country Music: A Cultural & Stylistic History
- *MUS 304 Jazz Appreciation
- *THEA 104 The Theatre Experience
- *FTP 340 Filmmakers on Filmmaking
- IDES 250 Introduction to Interior Design
- *MUS 101 Music Appreciation
- *MUS 102 Music in American Culture
- *MUS 300 Country Music: A Cultural & Stylistic History
- *MUS 304 Jazz Appreciation
- *THEA 104 The Theatre Experience

P6. World Cultures, 3 hours
- Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 140, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.
- *ANTH 120 Introduction to Cultural Anthropology
- *CHER 101 Experiencing Cherokee & the Cherokee-Speaking World
- CHER 231 Intermediate Cherokee I
- *CM 365 Construction and Culture
- *COMS 415 Intercultural Communication
- *FREN 101 Beginning French I
- FREN 231 Intermediate French I
- *GEOG 103 Cultural Geography
- GEOG 140 World Geography
- *GEOG 440 Regional Geography
- *GER 101 Beginning German I
- GER 231 Intermediate German I
- *HSNC 420 Cultural Diversity for Health Care Practitioners
- *HT 238 Travel and Tourism
- *JPN 101 Beginning Japanese I
- JPN 231 Intermediate Japanese I
- JPN 301 Third Year Japanese I

(P6 Continued)
- *LATX 220 Introduction to U.S. Latinx Studies
- *MUS 303 The World of Music
- *ND 310 Food, Nutrition & Culture
- *PAR 145 Religions of Asia
- *PAR 260 Religion, Gender, Sexuality
- PAR 353 Religion in Film
- *PAR 357 Hinduism
- *PRM 322 International Adventure Travel & Global Citizenship
- PSC 169 Global Issues
- *SOC 160 Chinese Culture and Society
- *SM 350 Global Sport & Culture
- *SPAN 101 Beginning Spanish I
- *SPAN 102 Beginning Spanish II
- SPAN 231 Intermediate Spanish I
- SPAN 232 Intermediate Spanish II
- SPAN 240 Accelerated Intermediate Spanish (6 credit hours)
- *SPAN 301 Spanish Conversation & Composition I

UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.