Postsecondary Opportunities for Individuals with Intellectual Disabilities

Kelly R. Kelley and Ali Hale
NC CEC Conference
January 2015

Post secondary education program for students with intellectual disability
Growth and programs continue to increase
34% of PSE programs focus on students’ abilities to live independently
Many programs have varied components/structure
North Carolina Postsecondary Education Alliance

What is the PSEA?

The North Carolina Postsecondary Education Alliance is a diverse group consisting of emerging leaders with developmental disabilities, representatives of state agencies and organizations, legislators, educators, and families and other advocates. Our mission is to expand the options for postsecondary education for individuals with developmental disabilities throughout North Carolina.

Postsecondary Education Opportunities:

Click here to view a packet of some inclusive Postsecondary Education Opportunities in North Carolina.
What is the UP Program?

- A two year, inclusive transition program for college-aged individuals with intellectual disability
- Supports up to 8 selected participants per year; 4 in each graduating cohort
- Serves as a model demonstration site for the state by providing support to satellite programs in NC and technical assistance to programs across the nation

<table>
<thead>
<tr>
<th>Year</th>
<th># of Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007/2008</td>
<td>2</td>
</tr>
<tr>
<td>2010</td>
<td>4</td>
</tr>
<tr>
<td>2011</td>
<td>8</td>
</tr>
<tr>
<td>2012</td>
<td>7</td>
</tr>
<tr>
<td>2013</td>
<td>8</td>
</tr>
<tr>
<td>2014</td>
<td>8</td>
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</tbody>
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Guiding Frameworks

Think College

UP Program Framework
UP Certificate Requirements

*Individual Plan for College Participation (IPCP)*

- 1800 hrs in 4 semesters
- 80% of objectives in IPCP*
- Recommendation based on satisfactory progress

*UP Certificate of Accomplishment*
What do UP Students do at WCU?

- Live in campus residence halls and experience college life with same age peers
- Have an individual plan that would allow personal development for post-UP success
- Attend and audit a limited number of classes
- Participate in social events and activities
Ali Hale

- My name is Ali and I am from Hickory, NC
- I am studying early childhood and elementary education
- I like reading, listening to music, doing yard work, working with children with disabilities, and cooking
- I work at WheeKids (Cullowhee United Methodist daycare in a paid internship).
- After graduation, I would like to live in a house with a roommate in Hickory and teach kindergarten (dream job!).
MY WCU EXPERIENCE STARTED WITH SUMMER CAMP
At Summer Camp We Do Academic Roadmaps

Who will I be? Future me.
- I’ll be good at childcare, have lots of friends, go to concerts and sporting events where I’ll tailgate
- I’ll live in Georgia in community housing

Skills Desired
- Painting
- Public speaking
- Money management
- Cooking skills
- Camping skills
- Reading skills

By the time I leave college....
- I want to know/ be able to… childcare
- I want to prove to others… That people like me and I can think like people without disabilities.
- How will people remember me? As a regular person
We Use Person Centered Planning: Where I am in Charge

I want to keep working on my budgeting.
MY EXPERIENCE THIS YEAR

I am so happy I have class supports they help me to work on assignments what I need to get done before the due dates.

I always have supports and volunteers to go with if I want to go to any sporting events. I have really good friends up here at Western Carolina University.
SOME OF MY PERSONAL DEVELOPMENT GOALS

- Using handshakes, fist-pumps, high-fives
- Watching my personal space keeping an arm's distance away from others
- Not repeating what others say, but finding ways to reword things in my own words
SPED 493: Personal Dev. Course

• Some Topics I Learn:
  • Job skills (resumes, interview practice, job search and applications)
  • Social skills (role play)
  • Cooking (in dorms)
  • Reading comprehension
  • Budgeting and shopping (practice and in community)
  • Laundry/daily living
I work at Cullowhee kids is a preschool on campus of Western Carolina University. When I get to work in the morning on Monday, Wednesday, and Friday, I help wash hands and also I do copies for the teachers. I interact with the kids there just about everyday while I am at work. I wash off the tables before I lay out the snacks and lunches for the teachers. I lay the kids down for nap time during the day and change diapers. I sweep the floor without being asked by the other teachers.
Person Centered Vocational Preparation
Laying the Foundation for Community Employment
The UP Employment Plan

Pre-Admission

Students submit documentation on previous employment and future goals (academic roadmap/videos)

Year One, Semester 1

Determine Internship Plan, choose classes that align

Year One, Semester 2

Students can stay in current placement for one more semester or change for a better fit while continuing classes

Year 2, Semester 3

Keep or change placements, continue class, begin networking and applying for jobs in community

Year 2, Semester 4

On/off campus internships are maintained until community placement can be secured, classes continue

Post-Graduation

Support from UP CDC fades and VR or other SE services pick up, community job is secured, UP monitors progress for up to two years
On and Off Campus Internship Guidelines

• 10 hours a week
• Aligns with long term career goals
• Change each semester/year
• Support and training provided to employers as needed
• Encourage independence
# On Campus Employers

<table>
<thead>
<tr>
<th>On Campus</th>
<th>On Campus</th>
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</thead>
<tbody>
<tr>
<td>Facilities Management (housekeeping, greenhouse, motorpool)</td>
<td>EnTOURage (campus tours)</td>
</tr>
<tr>
<td>Campus Recreation Center</td>
<td>Hunter Library</td>
</tr>
<tr>
<td>School of Teaching and Learning</td>
<td>Cullowhee Kids Preschool</td>
</tr>
<tr>
<td>Residential Living</td>
<td>Office of the Provost</td>
</tr>
<tr>
<td>Student Mail Services</td>
<td>Catamount Clothing &amp; Bookstore</td>
</tr>
<tr>
<td>Kneedler Child Development Center</td>
<td>Department of Athletics</td>
</tr>
<tr>
<td>Office of International Studies</td>
<td>Campus Police</td>
</tr>
<tr>
<td>Center for Service Learning</td>
<td>Creative Services/Fine Performing Arts</td>
</tr>
<tr>
<td>Disability Services Office</td>
<td>Mountain Heritage Center</td>
</tr>
</tbody>
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# Off Campus Employers

## Off Campus (during internships and/or hired after graduating from UP)

<table>
<thead>
<tr>
<th>CarePartners</th>
<th>Cherokee Animal Care Clinic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ingles</td>
<td>Ray’s Florist</td>
</tr>
<tr>
<td>Around the Son Preschool</td>
<td>Signature Brew Coffee Shop</td>
</tr>
<tr>
<td>Northlake Children’s Academy</td>
<td>Panera</td>
</tr>
<tr>
<td>Fun Depot</td>
<td>Susan’s Tax Service</td>
</tr>
<tr>
<td>Waynesville Police Department</td>
<td>Arc of Wake County</td>
</tr>
<tr>
<td>Waynesville Recreation Center</td>
<td>Arc of Haywood County</td>
</tr>
<tr>
<td>Graham County Emergency Services</td>
<td>Children’s Academy of North Ridge</td>
</tr>
<tr>
<td>Shallowford Animal Hospital</td>
<td>Riverside Kennels</td>
</tr>
<tr>
<td>Skyland Care Center</td>
<td>First United Methodist Early Learning Center</td>
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# Classes and Developing Job Skills

## Sample Job Related Curricula

<table>
<thead>
<tr>
<th>Education</th>
<th>Skill Development Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro Birth-Kindergarten</td>
<td>Communication</td>
</tr>
<tr>
<td>Art for Children</td>
<td>• Interpersonal Communication</td>
</tr>
<tr>
<td>PE for the Elementary Teacher</td>
<td>• Intro to Speech Communication</td>
</tr>
<tr>
<td>Developmental Psychology: Childhood</td>
<td>• Intro to Sign Language</td>
</tr>
<tr>
<td>The Exceptional Child</td>
<td>• Writing &amp; Rhetoric</td>
</tr>
<tr>
<td></td>
<td>• The Theater Experience</td>
</tr>
</tbody>
</table>

## Emergency Medical Care

<table>
<thead>
<tr>
<th>Safety Training</th>
<th>Advocacy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intro to Emergency Medical Care</td>
<td>• Active Citizenship: Making a Difference in Your Community</td>
</tr>
<tr>
<td>First Aid &amp; Safety Ed.</td>
<td>• Social Issues, Policy &amp; Programs</td>
</tr>
<tr>
<td>Care &amp; Prevention of Athletic Injuries</td>
<td>• Social Justice &amp; Law</td>
</tr>
<tr>
<td>Rec. Therapy for People with Disabilities</td>
<td></td>
</tr>
</tbody>
</table>
HOW DOES UP WORK WITH SUPPORTS?

• Volunteers
• Supports (Paid and natural)
→ Supports and volunteers will help us with homework and other activities that we want to do.
→ We have class supports, suitemates, and work supports along with friends to hang out with.
• UP Staff
→ People who hold everything together, schedules, class, and work times
SOCIAL PARTICIPATION AND LEARNING

If I stay on campus I do activities with my friends while they are volunteering and we do have paid supports who come with us to have fun like going to see a play or basketball. In this picture one of my good friends is helping with the basketball team here at Western Carolina.
SOME OF MY COMMUNITY PARTICIPATION GOALS

Going to see the displays at the Mountain Heritage Center.
Community Service events like making cards for seniors and soldiers.
Cleaning up the grounds of our community at Western Carolina University.
Using orgsync to volunteer through the Center for Service Learning to be involved on campus.
Going out with my friends in the community and paying for things on my own.
WHAT I LEARNED IN MY COURSES LAST FALL

University Experience 130
Got to know campus better
Learned about researches
Got to do fun activities around campus

Art For Elementary 363
My Art class was a lot of fun. I made a mug out of clay
I also made a collage
I made a comic strip in my class
I presented a work of art

Physical Education 361
Learned how to use a parachute
I learned different types of pathways like straight, Curve, Zigzag
I learned how to make a lesson plan

Children’s Literature 21st Century 302
I read a lot of children’s books
I created my own library
I published a children’s book about my job at United Methodist Church at Western Carolina University
SOME OF MY ACADEMIC GOALS LAST FALL

For USI 130 I attempted all assignments given.
For USI 130 I took the final exam remotely (in a different location).
For ART 363 I completed a lesson plan assignment and delivered an art lesson at Cullowhee Kids.
For ART 363 I completed all quizzes and all in-class assignments.
For EDRD 302 I wrote my own children's book.
For all my classes I tried my hardest and completed everything to my standards.
FUN TIMES: HOMECOMING GAME/PARADE

HOMECOMING QUEEN & KING

PARADE
MORE ABOUT HOMECOMING

HOMECOMING COURT PHOTOGRAPHS

WCU HOMECOMING 125 YEARS PARADE
HOMECOMING WITH 2014 KING AND QUEEN
I was so happy I won Homecoming queen of 2014. WCU students voted for me and Trace.
I WORK HARD AND HAVE FUN WITH FRIENDS

STUDY BUDDIES

LUNCH WITH KASEY
ROBIN IS ONE OF MY FRIENDS HERE AT WCU

KENNETH 2014 UP GRADUATE AND THE QUEEN OF WCU

HAVING FUN AT WCU
Like us on Facebook!

WCU University Participant (UP) Program
Education

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PEOPLE

Kenneth Kelty, Leigh Ann Angel and 251 other friends like this or have been here.

836 likes
22 visits

What have you been up to?

WCU University Participant (UP) Program
Posted by Rebekah Norris on January 16

HUGE Special Olympics fundraiser being planned for February 28........The Polar Plunge!
Graham County Schools need sponsors, plungers, non-plungers, eaters of chili, etc. Aside from the actual plunge in the local lake, they plan a chili cook-off and are setting up an outdoor theater to show "Frozen." They need paid participants (not volunteers). Any of us who can come (students included) are invited... See More

Reach People Nearby
Reach up to 56,000 people near Cullowhee

+248
Contact Us: up.wcu.edu

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