

Letter from the Director

WCU SON ALUMNI ROBERSON GREETING

DIRECTOR OF NURSING



I am honored and thrilled to serve as the Director of the School of Nursing at Western Carolina University. I began my tenure at Western on August 1, 2017, and it has been excitement and high energy since. One of the most important roles in my position as Director is to connect with and fully engage the alumni and

friends of our great programs, and to ensure that you remain aware of the many incredible and amazing happenings at your School and University. I am also invested in ensuring that our students, faculty, and staff represent you, our alumni and friends, in a manner of which you would be proud.

We offer a wide variety of nursing education programs at Western that prepare nurses for practice and leadership at the bachelors, masters, and doctoral levels. Specifically, our undergraduate degree programs include the Traditional Baccalaureate of Science in Nursing (BSN), the Accelerated Baccalaureate of Science in Nursing (ABS/N), and the Regionally Increasing the Baccalaureate in Nursing (RIBN). At the master's level, we offer the Family Nurse Practitioner (FNP), Nurse Anesthesia (NA), Nurse Leader, and Nurse Educator Programs. In addition, we currently offer the Doctorate in Nursing Practice (DNP) Program Post-MSN option. Beginning summer 2018, we will initiate the BSN to DNP Nurse Anesthesia Program option. All of our programs enjoy great success, as we continue to perform in the top percentile with licensure and certification pass rates. Moreover, we are attracting the brightest to our programs, as Western's School of Nursing is considered a destination for our student applicants.

Whee Wagon 2017 update

The WCU School of Nursing Whee Wagon Program, which supplies children with IV pole wagons, has grown significantly over the past year. The program has donated over 22 wagons since its creation in 2015, and we are currently fundraising to donate eight more wagons to hospitals and families by the end of the year.

Our most recent donation in February 2017 was to Levine Children's Hospital in Charlotte, NC. Seven senior nursing students, Tess Schneider, Lexi Ross, Kelsey Vaughn, Kaci Stepp, Reina Branch, Kaitlin Gillespie, and Synamon Jones, as well as the program's communication intern, Jeffery Neufeld, and pediatric professor Susan Hester, traveled to Levine's to make the donation. Prof Hester is extremely proud of this group of students whose hard work and dedication made this donation happen.

In an update from Levine, Child Life Specialist Keri Stevenson said, "The wagons have been a hit! The children and parents are enjoying having the ability to move around the unit in a fun way while receiving their medications at the same time."

Our group would like to thank Medical Action Industries, an Owens and Minor Company, for their generosity in supplying the funds to make this donation happen. A placard on each of the wagons provides the donors name, and the Whee Wagon logo.

Our outstanding faculty take great pride in providing our students a top-notch education experience. The clinical and research expertise represented among our faculty is unmatched. As alumni and friends of our programs, we depend on your continued support of and loyalty to our faculty. With you, we can continue to grow and build your School of Nursing to stand shoulder to shoulder among the best programs in the country. I am especially thankful to Dr. Sharon Metcalfe for serving honorably in the position of Interim Director of the School of Nursing for the past year. She has provided the school with tremendous leadership that has led to the continued focus on its mission and goals. From a personal perspective, she has been instrumental with my smooth transition into the Director's position, and for that I am forever grateful.

I hope you enjoy reading about the Western Carolina University, School of Nursing. If you are not engaged in the School's alumni association, I extend a heart-felt invitation to join. If you are among the current active alumni and friends, I ask that you renew your commitment to your School. To all alumni and friends, I look forward to meeting each of you in the near future. I trust that you will join me in strengthening our current education programs, and developing and expanding programs that will meet the growing healthcare challenges of our region, state, and country. I am committed to working with you in building a legacy in nursing education at Western.

Go Cats!

Anthony James Roberson, PhD, PMHNP-BC, RN, FAANP
Director and Professor
Western Carolina University
School of Nursing

Infrastructure-wise, this year the program has launched a full functioning website (www.wheewagon.org) and Facebook page (WCU Whee Wagons). Feel free to check out our website and LIKE us on Facebook to keep up with any program news and updates. If you are interested in providing an IV pole wagon to a child in need, the website includes a direct link to the WCU Foundation Whee Wagon page for tax exempt donation information. Any inquiries about this program can be made to wheewagon@wcu.edu.



Partnerships and Outreach: Beyond Clinic Walls

BY: LUCAS REYES AND JADEIAN MOORE

Western Carolina University is part of an exciting student-led organization here in Western North Carolina. Beyond Clinic Walls Asheville is an interdisciplinary program that connects students from different health care disciplines with elderly clients in the community. The goals of the program are to promote interprofessional appreciation, community engagement, and an understanding of social determinants of health.

Beyond Clinic Walls is a program that originated at UNC-Chapel Hill. The Asheville collaborative is between students from Asheville-Buncombe Technical Community College Nursing Program, UNC Eshelman School of Pharmacy- and UNC School of Medicine Asheville campus, and Western Carolina University School of Nursing. Students from the Western Carolina University Accelerated Bachelors of Science in Nursing (ABSN) are involved in this organization.

Dr. Kae Livsey and Dr. Mary Knowlton are the WCU faculty advisers for Beyond Clinic Walls Asheville.

Beyond Clinic Walls currently works with clients in the greater Asheville community. Student teams are composed of 4-6 students. Teams have at least one representative from each healthcare discipline. Student teams participate in non-clinical visits with their clients a total of six times between the fall and spring semesters. A goal of the program is to have a different healthcare discipline lead the visitation each time. This promotes leadership skills, fosters teamwork, and enables students to learn from each other how different disciplines approach healthcare. In addition to visitations, student teams have a meal with their client and work together to complete a special project geared towards improving quality of life. Students are encouraged to connect with community resources, such as Land of Sky Regional Council, to assist their client with any special needs they may have. Once a semester a roundtable meeting is held, which highlights the experiences of each team, in addition to serving as a forum where faculty and community leaders can provide feedback and support to the teams.

To better understand and to highlight a typical team visit imagine a theoretical patient who is older than 60, has diabetes and hypertension, and is socially isolated with a desire for social interaction. During the initial visit teams meet with their client, establish a relationship, and discuss expectations. Most importantly, during each visit, the team's aim is to highlight issues that the client feels are most important in managing their own health as to provide client-centered care.

After the visit, students debrief as a means to discuss and reflect upon their interaction with the client. Debriefing includes discussing the team's impression of the client's situation, as well as what they and the client identify as priority concerns or unmet needs. The student teams may also discuss issues that they feel might need to be communicated to a health care provider. Another important part of the group's reflection is to discuss potential special projects that they feel might have an impact on their client's quality of life; such as improved lighting, educational resources, projects to help prevent falls, etc.

Beyond Clinic Walls offers students the opportunity to learn about healthcare through the eyes of a client living in the community while working in an interdisciplinary team. Furthermore, students give back to the local community and make a positive difference in an elderly individual's life. Caris Wetzel, a 2016 ABSN graduate, had the following to say about her experience with the program: "Beyond clinic walls has been a unique and wonderful opportunity for me to learn through service. Spending time with a client in their home setting, and looking for ways their health experience can be improved, all while putting interprofessional teamwork into practice has been pretty fantastic!" WCU is extremely excited to be a part of this collaborative effort and looking forward to the expansion of Beyond Clinic Walls Asheville within western North Carolina to include other healthcare disciplines and more clients.

Alumni HIGHLIGHTS

AN INTERVIEW WITH LACY ESPOSITO



What drew you to WCU as your school of choice for your nursing degree? What are your favorite memories of WCU?

Not long into my nursing career, I decided I wanted to do more and continue my nursing education. I researched schools with BSN programs that would allow me to continue working. WCU stood out to me as the obvious choice because the online BSN program allowed me to stay in Charlotte and only travel to the nursing campus twice each semester. I started the program with another nurse on my unit so we were really able to work together in our studies. I had originally planned to bridge to MSN and go the NP route but after many years on infertility, I became pregnant toward the end of my BSN program. I was extremely sick through the pregnancy and my professors were amazing with their guidance and support to help me get through to graduation. I took several years off from school and focused on my family.

During this time, I took on a position as a Clinical Supervisor and decided management was going to be right path for me. I didn't need to consider any other institutions as I already knew WCU would be the best fit for an MSN in Nursing Administration. My favorite memory from WCU is actually from graduation. I hadn't planned to attend graduation as I was 8 months pregnant with our 3rd child at the time but my family and one of my professors Ramona Whichello really encouraged me to celebrate my success by attending. I realized just before the ceremony that I had forgotten my honors cords back in Charlotte. Though it really wasn't a big deal, Ramona noticed this and gave me hers to wear during the ceremony. I was really touched by this and it really just exemplified the kindness and support students at WCU receive from the beginning of a program until the end.

Can you tell us about your career since graduation? What led you to the choices you made career wise?

When I started out at WCU in the BSN program, I was working on 2 North a med/surg and inpatient detox unit at CMC Mercy in Charlotte. I had started there as a diploma grad in 2007. Shortly after completing my BSN, I took a position as a Clinical Supervisor (ANM) on an inpatient rehabilitation unit with Carolinas Rehabilitation. I really enjoyed the management side of the position and began the MSN Nursing Admin program, I was promoted to House Supervisor over 4 rehabilitation facilities in 2012. After I graduated, I began looking for positions as a Nurse Manager and in 2015, I was selected for the NM position on 2 North, the unit where I began as new grad. I have now been in the Nurse Manager role for a year and have taken on responsibility for an additional unit. I will also be transitioning in my role to open and manage a brand new observation unit in September. I am learning everyday and truly feel my education at WCU set me up for success with an understanding of administration and practical experience.

What is your current position, & what do you enjoy most about it?

Nurse Manager 2N/4S/Horizons. I love the people and the process of my role. I enjoy being engaged with my teammates and strive to be a visible leader who leads by example. I have also had the opportunity to precept a BSN student from WCU and really enjoyed being to share my knowledge.

What advice do you have for newly graduated WCU SON Alumni?

Take advantage of every opportunity that comes your way. Share your experiences and always continue learning.

When did you graduate from WCU?

I graduated from WCU with my BSN in 2009 and with my MSN in Nursing Administration in 2014.

What made you choose nursing as a career path?

I can't remember a time I didn't want to be in healthcare, as a child and young adult I wanted to be a Pediatrician. I originally went to UNC-Chapel Hill with the intention of majoring in Biology and going Pre-Med. I struggled in my first years and after taking some time off and working in group homes, I graduated with a degree in Sociology in 2002. I met several nurses while I was working in the group home and I really fell in love with the work they did. They were able to care for our residents and really be impactful on their health and long term success. I decided then that nursing was my calling and I moved home to attend nursing school at Mercy School of Nursing. I graduated with my diploma in nursing in 2006.



AN INTERVIEW WITH RONI BOE



What drew you to WCU as your school of choice for your nursing degree? What are your favorite memories of WCU?

I chose WCU because the program is well-respected in the area. In addition, it was conveniently located. I could actually walk to school. I enjoyed my time in WCU. As a small group of students in an intensive program we were a close-knit family. One of my favorite memories was celebrating a wedding ceremony of one of us. We worked hard but we had fun.

When did you graduate from WCU?

I graduated from WCU ABSN program in 2010.

What made you choose nursing as a career path?

Nursing came natural for me as I cared for my grandparents at home back in Indonesia. It was not until I moved to the United States I learned the endless possibilities of nursing. It is a rich and rewarding profession.

Can you tell us about your career since graduation? What led you to the choices you made career wise? What is your current position, & what do you enjoy most about it?

Upon graduation, I was recruited as a staff nurse at the VA. The following year I went back to pursue a higher degree in nursing. I enjoyed bedside nursing but I felt the need to do more. With the shortage of health care providers, I believe that nurse practitioners are the future. I completed MSN degree specializing in AGNP in 2014. A few months later, I assumed the nurse practitioner

position with vascular surgery at the VA and I have been with the service since then. My lifelong desire to learn continues as I am pursuing a terminal degree in nursing. I have deep passion and compassion for the veterans. My job allows me to care for them with great autonomy. One of the greatest pleasures of my job is being able to care for the veterans throughout the spectrum; from onset of illness through recovery. I care for them before the surgery, during hospitalization, and continue to care for them after the surgery in my post-op clinic. It gives me the sense of accomplishment. The journey that my patients and I take together strengthens our relationships.

What advice do you have for newly graduated WCU SON Alumni?

For new graduates, my advice would be: do not worry too much. Nursing is a door to many possibilities. As long as you keep your heart open, you will be where you belong.

ALUMNI LETTER

HELLO DR. JOHNSON

I was a 1991 graduate of the WCU School of Nursing. My last name was Young, way back then. You were my clinical advisor during my Junior Year. In this season of Thanksgiving, I have been reflecting on the people that inspired me along the way and you were one of the first people to cross my mind!

I will never forget how you visited me at Duke University Medical Center during my summer externship there. It couldn't have come at a better time. The pediatric unit where I worked had just lost a young patient and the weight of seeing so many young patients ill with a variety of serious illness was heavy on my heart. You helped me believe that I could get through that summer. I did make it and I have been making it through good and bad days for 26 years, because you helped me see that I could!

I have two kids in college now and my daughter has decided that she wants to be a nurse. I pray that she finds professors and advisors that are just as wonderful as you were for our class! I have shared some of my stories of nursing school with her over the years! I recall my first

time inserting a catheter and my patient was confused and combative. I was terrified of breaking sterile field under those circumstances. My hands shook as I prepared that kit. I ripped open the betadine packet and that betadine splattered your white uniform. I am pretty sure that there was an audible gasp from my fellow students and from me, as well. I can still hear you saying, "Now don't you worry about that at all! A little hydrogen peroxide will take that right out. You just keep focused on what you're doing."

Anyway, I know it has been 26 years and you have seen a lot of students come and go. But I wanted to take a moment and tell you how much I appreciate your inspiration and example!

Happy Thanksgiving!

Rhonda S. Tesmer, RN, BSN

[Do you have a fond story about your time as a student in the School of Nursing at WCU that you would like included in our newsletter? If so, please send your stories to awmesser@wcu.edu for review and consideration by the School of Nursing Alumni Committee.](mailto:awmesser@wcu.edu)

NEW FACULTY/STAFF

DR. CHERYL JOHNSON DNP, CRNA, Assistant Professor.

Cheryl is a Certified Registered Nurse Anesthetist and a graduate of Regis University in Denver (BSN), The Uniformed Services University of Health Sciences (MSN), and Western Carolina University (Doctor of Nursing Practice). Her experience as a nurse anesthetist varies from large tertiary care hospitals to single-practitioner rural facilities to remote locations accessible only by bush plane.

After graduating from WCU's DNP program, she was thrilled to be offered the opportunity to return home to the Western Carolina University Nurse Anesthesia Program, where she had previously served as both the Program Director and Assistant Program Director. She is thoroughly enjoying the both our top-notch program and as she describes, the "amazing Student Registered Nurse Anesthetists"!

KATIE KALAROVICH BSN, RN, Clinical Placement Coordinator.

Katie is a WNC native, member of the first BSN class at WCU, retired with 40 years of experience in clinical and administrative nursing in the public and private sectors. Katie enjoys program development and medical legal investigation. Her early clinical career included rural healthcare in the community hospital setting and public health where she helped set up the first High Risk Perinatal Clinic in Jackson County and served on the state perinatal standards committee. She then worked as a risk and claims manager with St. Joseph's Hospital in Asheville and The Van Winkle Law Firm as a member of the litigation team pioneering the nurse paralegal role. The next chapter began in August 2015 at Western Carolina University with the School of Nursing as the Clinical Site Coordinator acting as a liaison with the clinical facilities, preceptors and students. In her personal time she is a leader in her church, she enjoys scrapbooking about her grandchildren, traveling with husband Bill, and genealogy research.

SHEILA PRICE MS, RN, FACHE, CNEA, Director of Post Master's DNP Program.

Sheila is a recent addition to the faculty at WCU joining the RN to BSN Team as Program Director in August of 2015. She has been an adjunct faculty member for 4 years teaching a summer course in Cultural Diversity for the Master of Science - Nursing Leadership Program.

Sheila's previous experience has been Hospital based. She has provided direct Nursing care in ICU, Med/Surg and Surgical Services as a Registered Nurse. Her leadership experience includes Department leader of Surgery/PACU/Sterile Processing/Same Day Surgery, a Home Care and Clinical Staffing Agency and over 30 years as the Chief Nursing Officer at two hospitals in western North Carolina. Sheila earned her Bachelor of Science in Nursing degree at the University of NC at Greensboro in 1977. Then a Master of Science in Human Resource Development from Western Carolina University about 10 years later. Sheila and her husband live in Franklin. He is a pastor, a retired Supervisor for Social Services, and in his retirement has adopted a local elementary school.

DR. KAREN LEWIS DNP, FNP-BC, Assistant Professor.

Dr. Karen Lewis came on board as an assistant professor in WCU's Family Nurse Practitioner Program in August of 2016 and as of August 2017, she is now the new Director of the post-master's DNP Program at WCU. Karen is an alumna of the School of Nursing having received her BSN in 1994 and her DNP in 2015 from WCU. She received her MN and FNP from the University of Washington in Seattle. Prior to taking on a full time academic position she worked in a variety of clinical settings as a FNP including neurosurgery, family practice, public health, urgent care, and director of a FNP led spine triage center. She is currently co-chair of the Nurses on Boards Council of the NCNA. In her spare time she likes to hike with her two dogs, visit her niece in Idaho, and cook for her friends and family.

FACULTY SPOTLIGHT: CHERYL CLARK

BY CAROLINE KERNAHAN



Professor Cheryl Clark never seems to run out of energy. When she is not teaching her courses on Community Mental Health or Geriatric Wellness, she is advising the Nurses Christian Fellowship group or leading students in service-learning projects in locations ranging from Haywood County to Jamaica. I recently sat down with her to learn more about what motivates this popular professor.

Q: How long have you been at WCU? What do you like most about working here?

A: I started working at Western Carolina when I moved here 17 years ago. Before that, I worked PRN while teaching. I have been a nurse for 47 years and a teacher for 45 years. I love the people at WCU and I feel it is my purpose to work with students. I love the interaction with students and encouraging them - striving to help them become a great and productive person (and nurse) in life. I currently teach community mental health nursing, which is awesome because I have many opportunities to be in the community with folks who are homeless or in need of help.

I like to lead students in service-learning projects. We have one at Haywood Pathways. This is a homeless shelter that was built two years ago. Extreme Makeover with Ty Pennington had a contest for community projects and Waynesville applied for a homeless shelter and won! The shelter offers people a chance to get their GED or apply for jobs. The students come and offer mental health services.

Another service learning project that I love is when WCU seniors take juniors to senior citizen health fairs. Then, we started the Alternative Spring Break in 2012. We will go in fall break this year. We go to an area in Jamaica that most people don't go, and serve in schools and community health clinics.

Also, I am an advisor for the Nurses Christian Fellowship student group. Right now we are wrapping Valentine's Day bags for infusion rooms for people getting chemo, and we also do fundraisers for Jamaica.

Q: Tell me about your family?

My son is 42. My daughter is 36. My grandkids are Nathan who is 14, Lorelei is 8, and Boston is 5.

Last year I had surgery to remove a small malignant tumor. Two weeks after surgery, Nathan passed away. The College of Health and Human Sciences was unbelievably supportive. It showed me the quality of the people in the whole College, not just the School of Nursing. Nathan's life has been so celebrated here. NCF students want to do a 5K for him Nathan this year. I am considering establishing a scholarship in his name.

Q: What led you to be involved with Spiritual Care? How do you think it applies to the field of Nursing?

My personal faith has motivated me. I've been a Christian since I was 16. I've been in a really neat international bible study fellowship over the years, which has taught me a lot. Spiritual

care very much fits with nursing. I used to have a textbook titled "The art of nursing: physical, mental and spiritual."

Everybody has spirituality unless they are severely depressed. As a nurse, you have to find what brings hope and meaning for that person. It might be in their kids, it might be in nature. Whatever gives them hope and meaning and purpose in life. Find out what that is and then encourage them. Develop a close relationship with your patients and then they will listen to you a lot more! I saw that as a nurse. There was one patient who I was told was very high maintenance. I immediately went to him and told him that I was there for him and would answer the buzzer as quickly as I could. He buzzed me a total of three times that shift. He was reassured so he relied on the buzzer less. I know when I have been a patient, the nurses who have helped me the most are the ones who told me they were praying for me.

Q: What do you wish you had known when you began teaching and nursing?

I learned this pretty quickly, but I wish I had known in the VERY beginning to take time to get to know the patient even better. Nurses say there is no time to do that. There is time. Make time for it when you place an IV or bathe somebody! As far as teaching - I have learned that the same principle applies to students. Treat them with dignity and respect. Sit down and really get to know where they are coming from. Be available to them.

Q: How has the field changed over time?

I have seen a lot of things go in a circle. The emphasis 40 years ago was team nursing, then primary care nursing -- now some places are going back to team nursing. Technology has been the greatest thing, of course. But the schedule is still the schedule! Workload is still the same. Patients still have the same needs and desires. Most of them are scared. They need someone to take the extra time to explain it to them. Nurses just need to step up to the plate and do that!

STEVE FORST, MSN, RN, CNE RETIRES

Many WCU School of Nursing Alumni had the opportunity to learn under the tutelage of Steve Forst MSN, RN, CNE. Steve retired from WCU in December 2016. Although many students and faculty were sad to see him go, he is remembered as a great professor with a sincere love of nursing and teaching.

Steve began teaching with WCU BSN program Spring semester 2004. This was his first academic teaching position. He recalls saying to himself when he graduated from his own BSN program in 1980 that he had, "no interest in teaching pre-licensure students." However, a serendipitous opportunity presented itself at a time when Steve was looking to return to a teaching position after previously working as a Clinical Nurse Specialist at both Mission Hospital and St. Joseph's Hospital. "An academic appointment was not what I had in mind, but I decided to give it a try. After stumbling around for a few semesters I discovered that I really enjoyed working with the WCU students and being a member of a dedicated and impassioned faculty team."

When asked about his most memorable experience during his career at WCU, Steve states that all of his memories are about the many students he worked with over the years... "sharing what I had gained from my years in the trenches and learning how to coach their eager and intelligent pursuit of nursing."

Making the decision to retire is usually a difficult one. However, Steve already had a clear cut idea of what he would miss the most and what he would miss least. He knew he would miss the stimulation and challenge of working with intelligent young adults



(and sometimes not so young) and the inspiration he took from many courageous patients he cared for. On the other hand, like most retirees, he also knew what he would miss the least, "I do not miss the week by week, month by month, and year by year routine of WORK!"

Recent adventures since retiring have taken Steve to inspiring destinations including the North Rim of the Grand Canyon. When asked if he had any inspiring advice for current students, alumni, and faculty Steve had this to say. "The whole 'wisdom of age' thing is a myth. There are plenty of old fools. But this old fool will say this; teaching in a BSN program and sharing what I was able to with neophyte nurses was a hugely satisfying way to complete my career as a nurse."

We'll miss you Steve!

DR. SHARON ELIZABETH METCALFE, ED. D, MSN, RN

It is never easy stepping into any interim leadership role. However, Dr. Sharon Metcalfe, Ed.D., MSN, RN, fulfilled the role of Interim Director of the School of Nursing from July 2016 to July 2017 with seamless ease. This was particularly highlighted by the fact that during her year of service as Interim Director she was challenged with coordinating and preparing for the CCNE Nursing Ten Year accreditation visit that was conducted November 13-17, 2016. When Dr. Metcalfe came on as Interim Director very little preparation had been conducted to prepare for the site visit, and this included the site assessment manual that had to be completed between June and September, 2016. This manual had 16 major sections and addressed all of the essentials of the elements of academics, budgetary concerns, by-laws, and faculty/ student reviews. To add to this, Dr. Metcalfe coordinated the compilation of physical evidence that was required to substantiate the CCNE manual for WCU with the Interim Associate Director, Dr. Shawn Collins, DNP, PhD, CRNA. "I was extremely proud and happy of the team which consisted of the Interim Director and Nursing Program Directors, as well as faculty and staff when we learned on November 16, 2016 that we had passed the CCNE nursing accreditation site visit."

When asked if she would ever consider serving in the role of Interim Director of the SON again, Dr. Metcalfe says she would be pleased to do so if the opportunity arose in the future. However, she is now enjoying her work as an Associate Professor teaching Nursing Research in the RN to BSN Distant Education Program where, "I have enjoyed observing student growth and maturation in learning the art of reviewing Nursing Research studies and the Evidence Based Practice process. It is indeed a joy to help prepare them for their future in the new roles as a nurse that has a BSN!" Dr. Metcalfe also continues to enjoy taking nurses and nursing students to Edinburgh, Scotland to have clinical mentoring immersions at the Royal Hospital for Sick Children and the Royal Infirmary for Adults and Midwifery. Dr. Metcalfe will also be traveling to San Jose, Costa Rica this year to conduct a site visit for potential clinical immersion with WCU nursing students to care for the people of Costa Rica in health clinics through service learning.

From everyone in the WCU School of Nursing and alumni far and wide, we would like to express our sincerest gratitude to Dr. Metcalfe for her year of service which ensured that we will be able to continue to provide and grow our outstanding nursing programs! Thank you Sharon!



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