

Curriculum Guide for AA to BS Recreational Therapy at WCU

Freshman/First Year

1st Semester*

Fall

2nd Semester

Spring

CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes	CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes
ENG 111	ENGL 101	C1	3		ENG 112	ENGL 202	C1	3	
Math 152	Math 170	C2	3	Required for OT & PT	COM 231	COMM 201	C3	3	Preferred
History	History	P3	3		Humanities/Fine Arts	Fine & Performing Arts	P5	3	
Humanities/Fine Arts	Humanities	P4	3		PSY 150	PSY 150	P1	3	Required
Natural Science or PHY 131	Physical & Biological Sciences or PHYS 130	C5	4	PHYS 130 required for OT & PT	Social/Behavioral Sciences or SOC 160	Social Sciences or SOC 103	P1	3	SOC 103 required for OT
ACA 122	USI 130		1						
Total Credit Hours					Total Credit Hours				
17					15				

*This assumes placement into college level courses. This is only meant to be a guide. See your academic advisor to develop your individual plan.

***Recommended to transfer after 1st year to stay on track to graduate. Otherwise, please plan for extra time at WCU.**

Sophomore/Second Year

3rd Semester

Fall

4th Semester

Spring

CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes	CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes
HEA 110/PED 110/Other Elective	Wellness	C4	3		Natural Science or BIOL 110 and 111	Physical & Biological Sciences or BIOL 140	C5	4	BIO 140 required for OT & PT
BIO 168	BIOL 291		4	Required	BIO 169	BIOL 292		4	Required
Social Science (Global Perspective)	World Cultures	P6	3		HEA 112/Other Elective	HEAL 250		2	Required
Gen. Ed/UGETC Elective	Elective		3		Other Elective or (CHEM 131)	Elective or (CHEM 132)		4	CHEM 132 required for PT
					Gen. Ed/UGETC Elective	Elective		3	
Total Credit Hours					Total Credit Hours				
13					16				

Suggested Course Sequence to transfer from NCCCS

Courses required for major (not CAA approved):			
MED 121 & 122 or MED 120	HSCC 322		3
PSY 241	COUN 325		3
PSY 281	PSY 470		3
TRE 110	RTH 200		3
ODL 110	PRM 270		3

These courses are included at WCU, but if student would like to take them at the community college, that may be an option. Student will need to request course equivalency from WCU's program director.

Junior/Third Year (at WCU)

5th Semester Fall				6th Semester Spring			
WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit Hours	Notes
RTH 200	Therapy	3		RTH 352	Processes & Techniques	3	
PRM 270	Leadership & Group Dynamics in Recreation	3	Potentially could take at CC	COUN 430	Individual & Group Counseling	3	
PSY 470	Abnormal Psychology	3	Potentially could take at CC	PE 365/423/HPE 225/235		3 or 4	
COUN 325	Survey of Human Development	3	Potentially could take at CC	HSCC 322	Medical Terminology	3	Potentially could take at CC
Total Credit Hours 12				Total Credit Hours 12 or 13			

Senior/Fourth Year

7th Semester Fall				8th Semester Spring			
WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit Hours	Notes
RTH 350	Recreational Therapy & People with Physical	3		RTH 405	Recreational Therapy in Behavioral Health	3	
RTH 360	for Older Adults	3		RTH 417	Advancement of Recreation	3	
RTH 370	Methods in Recreational Therapy	3		RTH 470	Adventure-Based Recreational Therapy	3	
RTH 395	Pre-Internship Seminar	1		Gen. Elective		3	
RTH 401	Recreational Therapy	3					
Total Credit Hours 13				Total Credit Hours 12			

Senior/Fifth Year

Suggested Course Sequence to transfer from NCCCS

9th Semester Summer or Fall

WCU Course	Course Title	Credit	Notes
RTH 484/485	Clinical Internship	12	
Total Credit Hours		12	

Total Credit Hours 122-123

Reminder: 30 hours of 300-400 level courses must be taken at WCU.

<https://www.wcu.edu/learn/programs/recreational-therapy-bs/index.asp>

Suggested Course Sequence to transfer from NCCCS