

## Curriculum Guide for AA to BS Nutrition and Dietetics at WCU

## Freshman/First Year

1st Semester*					2nd Semester				
Fall					Spring				
CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes	CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes
ENG 111	ENGL 101	C1	3		ENG 112	ENGL 202	C1	3	
MAT 152	MATH 170	C2	4	Required	COM 231	COMM 201	C3	3	
History /UGETC	History	P3	3		Fine Arts / UGETC	Fine & Performing Arts	P5	3	
Humanities/UGETC	Humanities	P4	3		PSY 150	PSY 150	P1	3	Required
BIO 111	BIOL 140	C5	4	Required	Social/Behavioral Sciences / UGETC	Social Sciences	P1	3	
ACA 122	USI 130		1						
Total Credit Hours					Total Credit Hours				
18					15				

\*This assumes placement into college level courses. This is only meant to be a guide. See your academic advisor to develop your individual plan.

## Sophomore/Second Year

3rd Semester					4th Semester				
Fall					Spring				
CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes	CC Course	WCU Course Equivalent	LS Cat.	Credit Hours	Required/Notes
Gen. Ed/UGETC			3		CHM 132	CHEM 133		4	Required
BIO 165/168	BIOL 291		4	Required	BIO 166/169	BIOL 292		4	Required
BIO 155	ND 330		3	Required	BIO 275	BIOL 313		4	Required
CHM 131	CHEM 132	C5	4	Required	Social Science (Global Perspective)	World Cultures	P6	3	
Total Credit Hours					Total Credit Hours				
14					15				

Courses required for admission into major (not CAA approved):

MED 121 & 122 or MED 120	HSCC 322		2 or 6	
	ND 239*		1	
	ND 330		3	

\*May be waived if student has completed all other required course work and has at least a cumulative 3.0 GPA

Suggested Course Sequence to transfer from NCCCS  
Junior/Third Year (at WCU)

5th Semester      Fall

6th Semester      Spring

WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit Hours	Notes
HSCC 318	Department Administration	3		ND 303	Quantity Food Lab	1	
ND 301	Food Science Lab	1		ND 306	Nutritional Interviewing Lab	1	
ND 304	Nutritional Assessment Lab	1		ND 333	Quantity Food Production	2	
ND 331	Food Science	3		ND 336	Nutritional Interviewing	1	
ND 334	Nutritional Assessment	2		ND 433	Research Methods in Nutrition	3	
ND 335	Nutrition Through Life Cycle	3		ND 442	Nutritional Biochemistry II	3	
ND 441	Nutritional Biochemistry I	3		Gen. Elective		3	
Total Credit Hours				Total Credit Hours			
16				14			

Senior/Fourth Year

7th Semester      Fall

8th Semester      Spring

WCU Course	Course Title	Credit Hours	Notes	WCU Course	Course Title	Credit Hours	Notes
HSCC 471	Research Project	2		ND 340	Community Nutrition	3	
ND 432	Foodservice Management I	3		ND 435	Foodservice Management II	3	
ND 439	Professional Practice	1		ND 452	Medical Nutrition Therapy II	3	
ND 451	Medical Nutrition Therapy I	3		ND 454	MNT II Lab	1	
ND 453	MNT I Lab	1		ND 461	Nutrition Capstone	1	
Gen. Elective		3		Gen. Elective		3	
Total Credit Hours				Total Credit Hours			
13				14			

Total Credit Hours                      121-122

Reminder: 30 hours of 300-400 level courses must be taken at WCU.

<https://www.wcu.edu/learn/programs/nutrition-dietetics/index.asp>