
GAYLE MADDOX WELLS
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gwells@wcu.edu
(706) 835-6966

EDUCATION

Doctor of Philosophy, May, 2001
Human Ecology with a major in Community Health Education
University of Tennessee, Knoxville

Master of Science, August, 1997
Health Education and Promotion
University of Tennessee, Knoxville

Master of Education, December, 1992
Student Personnel Services
University of South Carolina, Columbia

Bachelor of Arts, May, 1991
History, English, and Political Science
Carson-Newman College, Jefferson City, Tennessee

EXPERIENCE IN HIGHER EDUCATION

Provost Fellow for Academic Success, 2013-present
Western Carolina University

- Coordinate Fall and Spring Academic Learning Communities
- Manage WCU-Away Travel Program
- Assist with marketing and promotion of summer programs

Director, Undergraduate Studies in Health and Physical Education, 2013-2015
Western Carolina University

- Design and implement program development
- Revise curriculum
- Design undergraduate schedule

- Lead teambuilding activities for program
- Recruit undergraduate graduate students in Health and Physical Education
- Represent Health and Physical Education program on various committees

Associate Professor of Health and P.E., 2012-present

Western Carolina University

- Teach undergraduate and graduate courses in Health and Physical Education
- Teach face-to-face courses and online courses
- Advise and mentor graduate students
- Contribute curricular changes in courses
- Conduct research
- Serve on departmental, college, and university committees
- Provide service to the community, region, and state

Director, Graduate Programs in Health and Physical Education, 2009-present

Western Carolina University

- Teach graduate level courses
- Advise all graduate students in Health and Physical Education
- Design and implement program development
- Revise curriculum
- Design graduate schedule
- Supervise all graduate assistants in Health and Physical Education
- Administer all paperwork for graduate assistants
- Recruit graduate students in Health and Physical Education

Contributor, Pearson Education, Inc., 2012-present

San Francisco, California

- Design supplemental audio/visual materials
- Work with editor on textbook chapters
- Create scripts to accompany supplemental materials
- Create test questions for textbook chapters

Assistant Professor of Health, P.E. and Recreation, 2006-2012

Western Carolina University

- Teach undergraduate and graduate courses in Health and Physical Education
- Teach face-to-face courses and online courses
- Utilize Blackboard® as a teaching tool
- Contribute curricular changes in courses
- Conduct research
- Serve on departmental, college, and university committees
- Provide service to the community, region, and state

Director, Liberal Studies Program in Health, PE, and Recreation, 2006-2009

Western Carolina University

- Administer the liberal studies health program
- Design liberal studies schedule
- Conduct liberal studies comprehensive exam
- Serve on the Liberal Studies Oversight Committee

Assistant Professor of Health, P.E. and Sport Science, 2002-2005

Carson-Newman College

- Taught undergraduate courses in Health and Physical Education
- Advised Health and Physical Education majors
- Served on college committees
- Conducted research
- Provided service to the community

Director of Wellness Steeple, 1996-2005

Carson-Newman College

- Designed wellness programs for campus
- Administered budget for program
- Implemented campus events
- Evaluated wellness program
- Conducted yearly retreats for Wellness Steeple

Instructor of Health, 1998-2001

Carson-Newman College

- Taught undergraduate courses in Health and Physical Education
- Advised Health and Physical Education majors
- Served on college committees

Graduate Teaching Associate, 1997-1998

University of Tennessee Department of Health and Safety

- Taught undergraduate courses in Health
- Conducted research with faculty in Health

Undergraduate Academic Advisor, 1996-1997

University of Tennessee Arts and Sciences Advising Center

- Advised undergraduate students in Arts and Sciences
- Advised Pre-Medical majors

Assistant Director of Admissions, 1993-1996

Carson-Newman College

- Supervised admissions counselors
- Recruited undergraduate students to the college

- Created recruiting documents
- Assisted with financial aid documentation
- Prepared scholarship portfolios
- Supervised orientation programs

PROFESSIONAL AWARDS

- 2014 WCU Leadership Academy Team
- Scholarship of Teaching and Learning Award, Western Carolina University, 2011
- Taft B. Botner Award for Superior Teaching, Western Carolina University, 2009
- Legislative Teaching Award, Western Carolina University, 2008
- Boyer Lab for Learning Fellow, Carson-Newman College, 2001

ACADEMIC COURSES TAUGHT

Western Carolina University

Health 123	Health and Wellness
Health 111	Stress Management for Health and Wellness
PE 120	Rape Aggression Defense
PE 423	Biomechanics
HPE 255	Mental and Emotional Health
HPE 312	Comprehensive Health Education
HPE 325	Pedagogical Aspects of Prevention of Risky Behaviors
HPE 350	Current Health Problems
HPE 615	Legal Issues in Human Performance
HPE 621	Research in Health and Human Performance
HPE 696	Seminar in Health and Physical Education
USI 130	University Experience

Carson-Newman College

First Aid and Safety
 Wellness As a Lifetime Objective
 Substance Use and Abuse
 Rape Aggression Defense
 Racquetball
 Freshman Seminar

PROFESSIONAL ORGANIZATIONS

American Alliance of Health, PE, Recreation and Dance
American College Health Association
National Association Kinesiology in Higher Education
North Carolina Alliance for Athletics, Health, PE, Recreation and Dance
Southern College Health Association

PEER REVIEWED PUBLICATIONS

Unruh, L., Boan, C., Randolph, M., & **Wells, G.** (2012). Understanding the “Culture of Alcohol” on College Campuses: Comparing Infrequent, Light, and Moderate Drinkers. *College Student Affairs Journal*; 31 (2).

Troy, M. and **Wells, G.** (2011) Validity of Perceived Exertion to Predict Heart Rate During VO_{2max} Testing in Trained Runners. *Gazzette Medica Italiana Feb;170(1)* 19-26.

Adlytt, L., Randolph, M. and **Wells, G.** (2010). Project Panama: An International Service Learning Project. *International Journal of Teaching and Learning in Higher Learning* 22(2), 152-157.

Wells, G. (2009). The Effect of Religiosity and Campus Alcohol Culture on Collegiate Alcohol Consumption. *Journal of American College Health* 58(4), 295-307.

Claxton, D. and **Wells, G.** (2009). The Effect of Physical Activity Homework on Physical Activity Among College Students. *Journal of Physical Activity and Health* 6(2), 203-210.

ADDITIONAL PUBLICATIONS

Wells, G. (2013). Supplementary audio/visual materials and test questions for eleven of sixteen textbook chapters. *Total Fitness & Wellness*. San Francisco: Pearson Education, Inc.

Wells, G. (2009) Media Review of *Help for Eating Disorders: A Parent's Guide to Symptoms, Causes, and Treatments*. *Community Health*, 32 (1) p. 86.

Wells, G. (2001). *The Effect of Religiosity and Campus Alcohol Culture on Collegiate Alcohol Consumption*. Knoxville: University of Tennessee.

Wells, G. (1997) *Characteristics of Alcohol Use by Traditional Age Students at a Private, Four-Year, Liberal Arts, Christian College in Tennessee*. Knoxville: University of Tennessee.

PEER-REVIEWED NATIONAL AND REGIONAL PRESENTATIONS

Our Jacobs, R., Beaudet, R. & **Wells, G.** (2015). *Whose Afraid of the Big Bad Science: Not Students!* National Association for Kinesiology in Higher Education, Clearwater, FL.

Wells, G., Beaudet, R. & Jacobs, R. (2015). *The Behavior Change Project: Bringing the Science To Life*. National Association for Kinesiology in Higher Education, Clearwater, FL.

Beaudet, R., **Wells, G.**, & Watterson, T. (2015). *EdTPA: Coming to a School Near You*. National Association for Kinesiology in Higher Education, Clearwater, FL.

Beaudet, R. & **Wells, G.** (2014). *Kinesiology in the 21st Century: What We Learned Teaching International Students*. National Association for Kinesiology in Higher Education, San Diego, CA.

Wells, G. & Beaudet, R. (2014). *This Can't Wait: Time to Collaborate!* National Association for Kinesiology in Higher Education, San Diego, CA.

Beaudet, R. & **Wells, G.** (2013). *Restoring the Nation's Health: Blending Kinesiology, Health, and Physical Activity*. National Association for Kinesiology in Higher Education, Ft. Lauderdale, FL.

Wells, G. (2011). *Debunking the Myths: Classroom Strategies for Media Awareness and Body Image*. American Association of Health, Physical Education, Recreation, and Dance Southern District, Greensboro, NC.

Singleton, D & **Wells, G.** (2011). *Empowering College Women to Make Healthy Choices*. American Alliance for Athletics, Health, Physical Education, Recreation, and Dance Southern District, Greensboro, NC.

Joseph, K. & **Wells, G.** (2010). *The Wellness Mini-Grant: Empowering Students, Building Community*. Southern College Health Association, Columbia, SC.

Wells, G. (2009). *The WCU Health Corps: College Students Presenting Health Education to Children*. Southern College Health Association, Savannah, GA.

Wells, G. & Rogers, S. (2009). *Does Religiosity and Religious Life Curb Alcohol Use: Results From A Research Study of Four Colleges and Universities in the South?* National Association of Student Personnel Administrators, Seattle, WA.

Wells, G. & Catlett, J. (2008). *Prevention and Foot Stomps: Smart Steps for Designing Comprehensive Sexual Assault Program for Women*. Southern College Health Association, Columbia, SC.

Wells, G. (2007). *Religiosity and Alcohol Use—How These Variables Affect the College Campus*. Southern College Health Association, Gatlinburg, TN.

PEER REVIEWED STATE AND LOCAL PRESENTATIONS

Wells, G. & Scronce, K. (2010). *Health and Advertising: A Teaching Strategy for Deconstructing Media Myths*. North Carolina Alliance for Athletics, Health, PE, Recreation, and Dance, Winston-Salem, NC.

Catlett, J. & **Wells, G.** (2010). *Foot Stomps and Prevention: A Holistic Approach to Preventing Sexual Assault*. Smoky Mountain Counseling Association, Jefferson City, TN.

Wells, G., Claxton, D., & Scronce, K. (2009). *The WCU Health Corps: Students Presenting Health Education to Children*. North Carolina Alliance for Athletics, Health, PE, Recreation, and Dance, Winston-Salem, NC.

Schade, M. & **Wells, G.** (2009). *Strategies for Teaching Current Health Topics*. North Carolina Alliance for Athletics, Health, PE, Recreation, and Dance, Winston-Salem, NC.

Wells, G. & Wells, J. (2005). *How Public Policy Is Feeding the Obesity Epidemic* Appalachian Studies Conference, Radford, VA.

ADDITIONAL PRESENTATIONS

Schade, M. & **Wells, G.** (2009) *Risky Behaviors*. Southern Physical Education Leadership Training, Black Mountain, NC.

Wells, G. (2007). *Prevention and Foot Stomps: Smart Steps for Preventing Sexual Assault*. WCU Gender Conference, Cullowhee, NC.

Wells, G. (2007). *Is There Anything I Can Eat?.* Institute For Continued Learning, Young Harris College, Young Harris, GA.

Wells, G. & Humphrey, A. (1996). *Facing College Health Issues When You Would Rather Run and Hide*” Baptist Association for Student Affairs Conference, Jefferson City, TN.

Wells, G. (1994). *Stress Management at Work*. Tennessee Association of Registrars and Admissions Officers Support Staff Conference, Jefferson City, TN.

PROFESSIONAL RESPONSIBILITIES

Western Carolina University

2014-2015

HPE Undergraduate and Graduate Program Director (School of Teaching and Learning)

SACS Review Committee (School of Teaching and Learning)

Annual Faculty Evaluation Committee (School of Teaching and Learning)

College Curriculum Committee (college)

Commencement Committee (university)

Professional Education Council (university)

USI 130 Instructor (university)

Provost Fellow for Learning Communities (university)

High Impact Practices Committee for AAC&U (university)

2013-2014

HPE Undergraduate and Graduate Program Director (School of Teaching and Learning)

SACS Review Committee (School of Teaching and Learning)

Annual Faculty Evaluation Committee (School of Teaching and Learning)

College Curriculum Committee (college)

Commencement Committee (university)

Professional Education Council (university)

USI Instructor (university)

2012-2013

HPE Graduate Program Director (School of Teaching and Learning)

SACS Review Committee (School of Teaching and Learning)

Annual Faculty Evaluation Committee (School of Teaching and Learning)

College Curriculum Committee (college)

Commencement Committee (university)
Professional Education Council (university)
USI Instructor (university)

2011-2012

HPE Graduate Program Director (School of Teaching and Learning)
Travel Committee (School of Teaching and Learning)
CRD Committee (School of Teaching and Learning)
College Curriculum Committee (college)
Commencement Committee (university)
Professional Education Council (university)
Red Zone Committee (university)
USI Instructor (university)

2010-2011

HPER Curriculum Committee (departmental)
HPE Graduate Program Director (departmental)
Social Committee (departmental)
Project Value Committee (departmental)
College Curriculum Committee (college)
Professional Education Revisioning Committee (college)
Wellness Grant Selection Committee (university)
Liberal Studies Oversight Committee (university)
Commencement Committee (university)
QEP coordinator for Health and Physical Education (university)
Chair, Excellence in Liberal Studies Selection Committee (university)

2009-2010

HPER Curriculum Committee (departmental)
HPER Program Director (departmental)
Social Committee (departmental)
Project Value Committee (departmental)
College Curriculum Committee (college)
Professional Education Revisioning Committee (college)
Chair, CEAP Christmas Party Committee (college)
Wellness Grant Selection Committee (university)
Wellness Committee (university)
Liberal Studies Oversight Committee (university)
Red Zone Steering Committee (university)
Commencement Committee (university)
QEP coordinator for Health and Physical Education (university)

2008-2009

HPER Curriculum Committee (departmental)

HPER Program Director (departmental)
Social Committee (departmental)
Research and Travel Committee (departmental)
CEAP Christmas Party Committee, Co-Chair (college)
Wellness Grant Selection Committee (University)
Wellness Committee (University)
Liberal Studies Oversight Committee (university)

2007-2008

Department Head Evaluation Committee, Chair (departmental)
HPER Curriculum Committee (departmental)
HPER Program Directors (departmental)
Social Committee (departmental)
Research and Travel Committee (departmental)
Engagement in Teaching Selection Committee (college)
UNC Tomorrow Health Sub-committee (university)

2006-2007

Travel Committee (departmental)
HPER Program Director (departmental)
HPER Department Head Search Committee (college)
NC Combined Campaign Committee (university)

Carson-Newman College

2004-2005

Alumni Committee (college)
Student Affairs Committee (college)
Search Committee Chair for faculty position in Leisure Services (department)

ADDITIONAL PROFESSIONAL EXPERIENCE

North Carolina State Board for American Association Health Education
North Carolina Alliance for Athletics, Health, Physical Education, Recreation and Dance

Reviewer, *International Journal of Sports Medicine*.

Rape Aggression Defense (RAD) Instructor
Rape Aggression Defense Systems

Certified instructor for Darkness to Light
Georgia Coalition Against Violence

S.A.F.E. Board of Directors
Young Harris, GA

Families First in Towns County
Towns County, Georgia

Regional representative for the East TN Health Council
Tennessee Department of Health

Chairperson for the Jefferson County Diabetes Grant
Tennessee Department of Health

Prime For Life: On Campus Talking About Alcohol Instructor
Prevention Research Institute.