Prerequisites for CDE Exam
Certification is intended only for health professionals who have responsibilities that include the direct provision of Diabetes Self-Management Education (DSME).

DSME is the ongoing process of facilitating the knowledge, skill, and ability necessary for self-care.

- Part of a comprehensive plan of diabetes care.
- Incorporates needs, goals and life experiences of those with prediabetes or diabetes.
- Guided by evidence-based standards.
ELIGIBILITY

- Discipline
- Professional Practice
- Continuing Education
- Apply & Fee
- Examination
A- A clinical psychologist, registered nurse, occupational therapist, optometrist, pharmacist, physical therapist, physician, or podiatrist holding a current, active, unrestricted licenses form the US or its territories. OR

B- A dietitian or dietitian nutritionist holding active registration with the CDR, physician assistant holding active registration, clinical exercise professional holding active certification, or health educator holding active certificate as a Master Certified Health Education Specialist. OR

C- A health professional with a master’s degree or higher in social work form a U.S. college.
A- 2 years of professional practice experience in the discipline under which the individual applies. AND

B- 1,000 hours of DSME experience with 40% of those hours accrued in the most recent year preceding the application. (last 4 years only)
COMPONENTS OF DSME

- An individual assessment and education plan
- Educational interventions directed toward helping the individual achieve self-management goals.
- Periodic evaluations to determine attainment of educational objectives or need for additional interventions and future reassessments.
- A personalized follow-up plan
- Documentation in the education record of the assessment and education plan and the intervention and outcomes.
15 clock hours related to diabetes within the 2 year prior to applying for certification.
Examination Fees
- Initial Certification: $350.00
- Renewal of Certification: $250.00
- Expired Certification: $350.00

Spring Examination Window: May - June, 2015
  - Application Window: January 15- March 15

Fall Examination Window: November - December, 2015
  - Application Window: July 15- September 15
EXAMINATION

- Written exam
- 200 multiple choice questions
- 4 hours to test
There is no required form to track professional practice hours or CE hours.
Your supervisor must be able to verify your hours.

Example: Keeping a simple spreadsheet
FAQS

http://www.ncbde.org/certification_info/certification-faqs/
THANK YOU!