

Justin Menickelli, Ph.D.

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Western Carolina University
Cullowhee, NC 28723
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Academic Degrees:

Ph.D. in Kinesiology, Concentration in Motor Behavior, 2003
[Louisiana State University](#)

M.A.Ed. in Physical Education, Concentration in Exercise Science, 1995
[Western Carolina University](#)

B.S. in Exercise Science, Concentration in Physical Education, 1991
[State University of New York at Cortland](#)

Professional Experience:

Western Carolina University
Associate Professor
Cullowhee, North Carolina
Fall 2006 to the present
Responsible for instruction of undergraduate and graduate level courses in the department of Health, Physical Education and Recreation. Courses include: Motor Learning, Motor Behavior, Motor Development, Psychological Aspects of Sport, Sport Education and Research Methods in Health and Physical Education. Responsible for advising undergraduate students in Health and Physical Education.

Western Carolina University
Assistant Professor and Graduate Program Director
Cullowhee, North Carolina
Fall 2000 to Spring 2006
Responsible for instruction of undergraduate and graduate level courses in the department of Health, Physical Education and Recreation. Courses included: Motor Learning, Motor Behavior, Motor Development, Psychological Aspects of Sport, and Research Methods in Health and Physical Education. Responsible for directing the graduate program in Physical Education, recruitment and advisement of graduate students, and program evaluation.

Western Carolina University
Visiting Instructor
Cullowhee, North Carolina
Fall 1999 to Spring 2000
Responsible for instruction of undergraduate and graduate level courses in the department of Health, Physical Education and Recreation. Courses included: Personal and Community Health, Motor Learning, Motor Behavior, Motor Development, Psychological Aspects of Sport, and Sociology of Sport. Responsible for directing the graduate program in Physical Education, recruitment and advisement of graduate students, and program evaluation.

Louisiana State University
Graduate Teaching and Research Assistant
Baton Rouge, Louisiana
Fall 1995 to Spring 1999
Responsible for instruction of senior level courses in the department of Kinesiology. Courses included: Psychosocial Aspects of Sport, Tests and Measurement in Kinesiology, Racquet Sports for Kinesiology Majors, Anatomy Lab, and Motor Learning Laboratory. Conducted research projects on appropriate practice conditions for motor skill learning, including kinematic analysis utilizing PEAK® performance systems.

Western Carolina University
Graduate Teaching Assistant

Cullowhee, North Carolina
Fall 1993 to Spring 1995

Responsible for instruction of physical education activity courses in the department of Health and Human Performance. Also, served as an assistant track and field coach. Responsible for coaching men and women middle-distance runners during practice and competition. Assisted head coach with recruitment and coaching of other athletes/events, including cross country. Received the F. T. Siewert Award for the Most Outstanding Graduate Student in H.P.E.R.

Western Carolina University
Upward Bound Math & Science Program

Cullowhee, North Carolina
Summers: 1994, 1996, 1997, 1998, 1999

Responsible as a mentor and assistant residential life coordinator for a trio program funded by the U.S. Department of Education. The program was designed to provide instruction in math and biological sciences to college bound adolescents from lower socioeconomic environments. Demonstrated expertise in camping, caving, climbing, hiking, biking, and white-water rafting.

Holland Patent Central High School
Interim Physical Education Teacher

Holland Patent, New York
1993

Responsible for physical education instruction, grades 9-12, in a public high school. Served as an interim teacher for a full-time physical education teacher on maternity leave. Served as head women's track and field coach. Responsible for all track and field athletes and events during practice and competition. Assisted the head wrestling coach with practice and competition.

In Preparation:

Menickelli, J., Troy, M., Watterson, T., Cooper, C. and Grube, D. Activity Monitor Accuracy in Assessing Caloric Expenditure in Obese Adults.

Menickelli, J., Sidman, C., Claxton, D., Grube, D. & Leonard, E. Convergent Validity of an Activity Monitor with a Research-Grade Accelerometer.

Menickelli, J., Grube, D., & Troy, M. Disc Golf and Walking Benefits: A Pedometer-Based Exercise Assessment.

Menickelli, J. & Troy, M. Nonexercise Activity Thermogenesis and Gender.

Menickelli, J. & Pickens, R. Disc Golf for the Beginner to Aspiring Professional (book).

Refereed Journal Articles:

Menickelli, J. & Hastie, P. A. (2014). The Impact of Two Curricular Models on Motivation, Engagement and Achievement in Physical Education. *International Journal of Physical Education, Fitness and Sports*, 3(2), 33-42.

Hastie, P. A., & Menickelli, J. (2011). The Contribution of Sport Education to Engagement in Physical Education. In J. Labudová & B. Antala (Eds.), *Healthy Active Lifestyle and Physical Education* (pp. 244-250). Bratislava, Slovakia: FIEP.

Landin, D. K., Hebert, E. P., Menickelli, J., & Grisham, W. (2003). The Contextual Interference Continuum: What Level of Interference is Best for Adult Novices. *Journal of Human Movement Studies*, 44, 19-35.

Menickelli, J. (September 2003). The Use of the GRE General Test as Admission Criteria for Physical Education Graduate Programs. *The Chronicle of Physical Education in Higher Education*, 14, 1-14.

Menickelli, J., Landin, D. K., Grisham, W., & Hebert, E. P. (2000). The effects of videotape Feedback with Augmented Cues on the Performances and Thought Processes of Skilled Gymnasts. *Journal of Sport Pedagogy*, 6, 56-71.

Hebert, E. P., Landin, D. K., & Menickelli, J. (1998). Videotape Feedback: What Learners See and How They Use It. *Journal of Sport Pedagogy*, 4, 12-28.

Other Publications:

¹Menickelli, J. (2014, February 7). Girl Power! Another Innovation Grant Success Story Retrieved from <http://www.pdga.com/girl-power>

¹Menickelli, J. (2012, November 19). Disc Golf Walking Benefits. Retrieved from <http://www.pdga.com/disc-golf-walking-benefits>

¹Menickelli, J. (2012, May 24). Another PDGA Innovation Grant Success Story. Retrieved from <http://www.pdga.com/another-pdga-innovation-grant-success-story>

Menickelli, J. (2011, June). Disc Lacrosse. *Great Activities. The Nation's Newspaper for Elementary & Middle School Physical Education* (pp. 3 - 5).

¹Menickelli, J. (2011, April 20). PDGA Innovation Grant Success Story. Retrieved from <http://www.pdga.com/innovation-grant-story>

¹Menickelli, J. (2010, November 24). A Good Walk Defined: Research Study on Disc Golf Yields Interesting Findings. Retrieved from <http://www.pdga.com/a-good-walk-defined>*

Tuten, C. & Menickelli, J. (2010, June 1). Eight Keys to Teaching Disc Golf. *Disc Golfer*. 56 - 57.

Menickelli, J. (2009, March 10). Disc Lacrosse. *Getting the EDGE. A Standards-Based, Classroom-Linked Curriculum for Teaching the Lifetime Sport of Disc Golf* (pp. 206 - 207).

¹Menickelli, J. (2009, November 18). Grant Success Story: Disc Golf Field Day for Physical Educators. Retrieved from <http://www.pdga.com/pdga-grant-story>

Menickelli, J. (2009, September 13). WCU's National Letter of Intent actions not unusual.

Asheville Citizen-Times, p. A11.

Menickelli, J. (2009, February 8). Despite potshots, Phelps' career isn't over. *Asheville Citizen-Times*, p. C5.

Menickelli, J. (2005, November 12). Do your waistline and wallet a favor: Car pool, bike, walk or take the bus to work. *Asheville Citizen-Times*, p. A7.

Menickelli, J. (2005, April 1). 'Win at all costs' mentality threatens a potential epidemic of steroid use. *Asheville Citizen-Times*, p. A9.

Menickelli, J. (2004, August 20). Football vs. fitness: Sending the wrong message. *The News and Observer* [Raleigh], p. 17A.

Menickelli, J. (2004, September 3). High schools wrong to glorify football over emphasizing lifetime physical fitness. *Asheville Citizen-Times*, p. A9.

Menickelli, J. (2004, December 4). Crackdown on ugly sports behavior needed to improve sportsmanship ideals. *Asheville Citizen-Times*, p. A7.

¹ Impact factor: www.pdga.com hosts 1.2 million unique visitors per year.

Juried Research Presentations (published abstracts and papers not listed separately):

Menickelli, J., Troy, M., Watterson, T., Cooper, C., & Grube, D. (2015, March). *Activity Monitor Accuracy in Assessing Caloric Expenditure in Obese Adults*. Presented at the Society of Health and Physical Educators Convention (formerly AAHPERD), Seattle, WA.

Kaysing, N., Leonard, E., Keath, A., Menickelli, J., & Cooper, C. (2015, March). *Perceived Sexual Orientation of Women in Sport and Non-Sport Contexts*. Presented at the Society of Health and Physical Educators Convention (formerly AAHPERD), Seattle, WA.

Menickelli, J., Sidman, C., Claxton, D, Grube, D., Leonard, E., & Lowell, S. (2013, March). *Convergent Validity of an Activity Monitor with a Research-Grade Accelerometer*. Presented at the [AAHPERD](http://www.aaahperd.org) Convention, Charlotte, NC.

Troy, M. & Menickelli, J. (2013, March). *Underestimation of Perceived Exertion during VO2max Testing in Trained Runners*. Presented at the AAHPERD Convention, Charlotte, NC.

Menickelli, J., Smith, J., Claxton, D, Troy, M., Cooper, C., & Grube, D. (2012, March). *Validity of the Walk4Life MVP Pedometer for Measuring Steps and Moderate-to-Vigorous Physical Activity*. Presented at the AAHPERD Convention, Boston.

- Menickelli, J., Tuten, C., Cooper, C., Grube, D., Claxton, D., Barney, D. & Lyksett, J. (2012, March). *Disc Golf and Walking Benefits: A Pedometer-Based Exercise Assessment*. Presented at the AAHPERD Convention, Boston.
- Troy, M. & Menickelli, J. (2012, March). *Nonexercise Activity Thermogenesis and Gender*. Presented at the AAHPERD Convention, Boston.
- Menickelli, J., Hastie, P., Grube, D. & Claxton, D. (2011, April). *The Impact of Teaching Style on Activity, Fitness, and Motivation*. Presented at the AAHPERD Convention, San Diego.
- ² Neumann, K., Smith, J., Clontz, J., Menickelli, J., Grube, D. & Claxton, D. (2010, November). *The Effects of a Sport Education Season on MVPA, Skill Learning and Perceived Enjoyment*. Presented at the [NCAAHPERD](#) Convention, Winston-Salem.
- Turlington, H., R. Beaudet, Menickelli, J., & Grube, D. (2010, February). *The Attitude Change of Second-Grade Peer Tutors Working With Students With Severe Disabilities Through Laban's Movement Analysis*. Presented at the [SDAAHPERD](#) Convention, Myrtle Beach, SC.
- Menickelli, J. & Grube, D. (2009, November). *The Effects of a Sport Education Season on Fitness, Movement Time, Skill Improvement and Tactical Development*. Presented at the NCAAHPERD Convention, Winston-Salem.
- Menickelli, J., R. Beaudet, & Grube, D. (2009, April). *Impact of a Sport Education Season on Cardiovascular Fitness and Motor Skill Development*. Presented at the AAHPERD Convention, Tampa.
- Menickelli, J., & Orr, M. (2006, April). Teaching with your mouth shut: Encouraging inquiry in the college classroom. Presented at the Scholarship of Teaching and Learning (SoTL) Faire, Cullowhee.
- Menickelli, J. (2004, November). *The Effects of Videotape Feedback and Verbal Knowledge of Results on Learning a Multiple Degrees-of-freedom Skill*. Presented at the NCAAHPERD Convention, Greensboro.
- ² Menickelli, J., Beck, A., Cooper, D., Moore, S., Schenek, D., Wilson, F., & Wolfe, R. (2004, November). *Evidence of Implicit and Explicit Learning in the Acquisition of a Throwing Skill*. Presented at the NCAAHPERD Convention, Greensboro.
- Clauss, D., Menickelli, J., Grube, D. & Claxton, D. (2003, November). *Coaching and Teaching at NCAA Division IAA Universities: A Dangerous Dichotomy?* Presented at the NCAAHPERD Convention, Greensboro.

- Grube, D., Sutton, M., Harrell, B., & Menickelli, J. (2003, November). *Management Time in Physical Education: Solutions for the Initially Licensed Teacher*. Presented at the NCAAHPERD Convention, Greensboro.
- Busch, C., Grube, D., & Menickelli, J. (2002, November). *American Collegiate Women and Rugby: Motives for Participation*. Presented at the NCAAHPERD Convention, Greensboro.
- Porter, J., Menickelli, J. & Grube, D. (2002, November). *Student Perceptions of a Fitness Activity Component Offered as Part of a Required University Health Course*. Presented at the NCAAHPERD Convention, Greensboro.
- Webster, C., Menickelli, J., & Grube, D. (2001, November). *The effects of videotape feedback in a self-regulated learning environment on a pole vault simulation skill*. Presented at the NCAAHPERD Convention, Greensboro.
- Menickelli, J., Landin, D. K., & Grisham, W. (2000, April). *Investigating the contextual interference effect in learning to throw flying discs*. Paper presented at the AAHPERD Convention, Cincinnati.
- Wood, R., Menickelli, J., Welsch, M., Maraj, B., & Li, L. (1999, May). *Technology and Physical Education in the United States*. Paper presented at the Application of Technology and Information for Sport Game and Physical Education World Congress, Taiwan.
- Landin, D. K., Hebert, E., Menickelli, J., & Grisham, W. (1998, April). *Videotape feedback and skilled performance*. Symposium presented at the AAHPERD Convention, Boston.
- Landin, D. K., Hebert, E., & Menickelli, J. (1997, April). *The effects of videotape feedback with augmented cues on sport skill performance*. Paper presented at the AAASP Conference, Cape Cod.
- Menickelli, J., & McPherson, S. (1997, April). *Associative and dissociative cognitive strategies utilized by collegiate middle distance runners during a conference championship*. Paper presented at the [AAASP](#) Conference, Cape Cod.
- Landin, D. K., Hebert, E., & Menickelli, J. (1996, March). *Videotape Feedback: What athletes see and how they use it*. Paper presented at the SDAHPERD Convention, New Orleans.
- Magill, R. A., Hadden, C., & Menickelli, J. (1996, April). *Early practice performance variability as a feature of appropriate practice for skill acquisition*. Paper presented at the [NASPSA](#) Conference, Denver.
- Menickelli, J., & McPherson, S. (1996, April). *Associative and dissociative cognitive strategies utilized by male and female collegiate middle distance runners during a conference championship*. Paper presented at the NASPSA Conference, Denver.

² NCAAHPERD Graduate Student Research Award Winner

Juried Presentations and Invited Workshops:

Menickelli, J., & Grube, D. (2015, March). *Disc Lacrosse and Other Aerobic Short-Sided Games with Flying Discs*. Presented at the Society of Health and Physical Educators Convention (formerly AAHPERD), Seattle, WA.

Menickelli, J., Grube, D. & Tuten, C. (2014, March). *Disc Lacrosse and Other Aerobic Games with Discs*. Presented at the AAHPERD Convention, St. Louis, MO.

Menickelli, J., Tuten, C., Grube, D., Lyksett, J. D., Reading, D., & Reading, J. (2013, March). *Disc Lacrosse and Other Exciting Indoor Games*. Presented at the AAHPERD Convention, Charlotte, NC.

Tuten, C., Menickelli, J., Jon D. Lyksett, J. D., Reading, D., & Reading, J. (2011, April). *Bringing Disc Sports Indoors*. Presented at the AAHPERD Convention, San Diego, CA.

Menickelli, J. & Tuten, C. (2011, April). *Far from Gym Class: Bringing Disc Golf to Physical Education*. Presented at the NC SPELT Conference. Black Mountain, NC.

Menickelli, J., Tuten, C., Grube, D. & R. Beaudet. (2010, February). *Disc Lacrosse*. Presented at the SDAHPERD Convention, Myrtle Beach, SC.

Menickelli, J. & Tuten, C. (2010, April). *Teaching Disc Golf*. Presented at the NC SPELT Conference. Black Mountain, NC.

Menickelli, J. & Tuten, C. (2009, October). *Disc Golf Field Day for Physical Educators*. A CEU workshop for physical education teachers in the WNC Region. Cullowhee, NC.

Menickelli, J. & Tuten, C. (2009, April). *Disc Golf and Disc Sports*. Presented at the NC SPELT Conference. Black Mountain, NC.

Menickelli, J., & Tuten, C. (2008, November). *Ultimate-Lacrosse*. Presented at the NCAAHPERD Convention, Winston-Salem.

Claxton, D., Troy, M., & Menickelli, J. (2005, November). *Balance-the sixth component of health-related fitness*. Presented at the NCAAHPERD Convention, Greensboro.

External Grants:

Menickelli, J. & Tuten, C. (2014, June). *Bringing Disc Golf to Pre-teens in Need*. Professional Disc Golf Association Innovation Grant. 500 U.S. dollars.

Menickelli, J., Tuten, C., & Lowell, S. (2013, June). *Girl Power! Partnering Disc Golf with National Girls & Women in Sports Day*. Professional Disc Golf Association Innovation Grant. 500 U.S. dollars.

Menickelli, J. (2012, November). *Validation of Movband Activity Monitors*. Equipment grant from Movable[®] Inc. 2,030 U.S. dollars.

Menickelli, J. & Tuten, C. (2011, December). *Bringing Disc Golf to People with Disabilities*. Professional Disc Golf Association Innovation Grant. 500 U.S. dollars.

Menickelli, J. (2011, February). Travel grant to the AAHPERD Convention in San Diego, CA. Awarded by the Educational Disc Golf Experience. 1,500 U.S. dollars.

Menickelli, J. (2011, January). *Validation of MVP Pedometers*. Equipment grant from Walk4Life, Inc. 2,130 U.S. dollars.

Menickelli, J. & Tuten, C. (2010, December). *Far from Gym Class: Bringing Disc Golf to Physical Education*. Professional Disc Golf Association Innovation Grant. 500 U.S. dollars.

Tuten, C. & Menickelli, J. (2010, January). *Teaching Disc Golf in a Middle School*. Professional Disc Golf Association Innovation Grant. 500 U.S. dollars.

Menickelli, J. & Tuten, C. (2009, September). *Disc Golf Field Day for Physical Educators*. Professional Disc Golf Association Innovation Grant. 500 U.S. dollars.

Internal Grants:

Awarded Chancellor's Travel Funds, 2007 - 2015

Teaching Experience at Western Carolina University:

Student Evaluation Average Across All Courses

- Fall 2014 3.6/4.0 Exemplary/Exceeds Departmental Expectations
- Spring 2014 3.6/4.0 Exemplary/Exceeds Departmental Expectations
- Fall 2013 3.6/4.0 Exemplary/Exceeds Departmental Expectations
- Spring 2013 3.6/4.0 Exemplary/Exceeds Departmental Expectations
- Fall 2012 3.7/4.0 Exemplary/Exceeds Departmental Expectations
- Spring 2012 3.7/4.0 Exemplary/Exceeds Departmental Expectations
- Fall 2011 3.7/4.0 Exemplary/Exceeds Departmental Expectations
- Spring 2011 3.8/4.0 Exemplary/Exceeds Departmental Expectations
- Fall 2010 3.6/4.0 Exemplary/Exceeds Departmental Expectations
- Spring 2010 3.4/4.0 Meets Departmental Expectations
- Fall 2009 3.6/4.0 Exemplary/Exceeds Departmental Expectations

- Spring 2009 3.6/4.0 Exemplary/Exceeds Departmental Expectations
- Fall 2008 3.8/4.0 Exemplary/Exceeds Departmental Expectations
- Spring 2008 3.7/4.0 Exemplary/Exceeds Departmental Expectations
- Fall 2007* 4.2/5.0 Exemplary/Exceeds Departmental Expectations

*Start of University-wide Student Assessment Instrument (SAI)

Course Number - Title

Graduate:

- PE 625 - Motor Learning
- PE 635 - Lifespan Motor Development
- PE 696 - Seminar and Practicum in Physical Education
- PE 621 - Research Methods in Health and Physical Education
- PE 655 - Methods and Analysis in Teaching Physical Education

Undergraduate:

- HPE 235 - Motor Behavior
- HPE 253 - Sport Education
- PE 375 - Psychosocial Aspects of Physical Activity
- PE 423 - Biomechanics
- PE 136 - Beginning Disc Golf
- PE 496 - Physical Education Internship II Supervision
- SM 423 - Sociology of Sport
- SM 313 - Psychological Aspects of Sport

Graduate Thesis Committees:

- Thesis Director, Jenny Smith, *Validation of Moderate to Vigorous Physical Activity Pedometers*, 2010-11
- Thesis Director, Heidi Turlington, *The Attitude Chance of Second-Grade Peer Tutors Working With Students With Severe Disabilities Through Laban's Movement Analysis*, 2008-09.
- Committee Member, Lindsay Bok, 2005-06.
- Committee Member, Blake Queen, *Kinematics and Dynamics of the Straight Lead*, 2006.
- Committee Member, Chris Busch, *Collegiate Women Rugby Players: Motives for Participation*, 2002-03
- Committee Member, Jon Duncan, *Videotape Feedback in Novices Learning Karate Skills*, 2000-03
- Thesis Director, Collin Webster, *The Effects of a Self-Regulated Learning Environment and Videotape Feedback on the Acquisition of a Pole-Vault Simulation Skill*, 2000-01

Professional Affiliations and Service:

- Reviewer, *Journal of Physical Education, Recreation and Dance*, 2013 - present
- Reviewer, *Research Quarterly for Exercise and Sport*, 2012 - present
- Reviewer, *Journal of Sport Sciences*, 2011 - present
- Reviewer, *Physical Education and Sport Pedagogy*, 2010-13

- Member, American Alliance of Health, Physical Education, Recreation and Dance.
- Member, North Carolina Alliance of Health, Physical Education, Recreation and Dance.
- Member, NCAAPERD Research Committee, 2003-13 (Chairperson, 2005, 2009-2011).
- Member, Board of Directors of the Educational Disc Golf Experience (EDGE). A Non-profit organization developed to provide schools and other youth programs with a sound program of teaching disc golf fundamentals and allied skills, 2010 – present

Professional Development:

- Presently licensed (M1 Methods Faculty in Physical Education, Grades K-12) by the North Carolina State Board of Education/Department of Public Instruction.
- Participant, Open Classroom Project, Fall 2004-Spring 2008
- Member, Quantitative Research Forum, Spring 2004-Fall 2006
- Participant, Dreamweaver MX 2004 Website Development Course, Spring 2005
- Presenter, SoTL Teaching and Learning Faire, Spring 2005
- Member, SoTL Research Consortium and Faculty Learning Community, Fall 2004
- Participant, Summer Institute for Teaching and Learning (SoTL), Summer 2004

Service:

Director of the Graduate Programs in Physical Education, August 1999 - December 2009

- Responsible for advising approximately over twenty graduate students in the M.A.Ed.- Two Year College, M.A.Ed.- Comprehensive Education, and M.A.T. programs.
- Responsible for the development and implementation of strategic plans, recruitment plans, and periodic program reviews.
- Responsible for coordination of graduate teaching assistants within the Health 123 course curriculum. The Health 123 course serves over 1000 undergraduate students each academic year.

University Level Committees

- University Athletics Committee, Fall 2013- present, Fall 2006-Spring 2009 (Chairperson Fall 2008 - Spring 2009 and Fall 2014 - Spring 2015).
- Faculty Senate, Spring 2011-Spring 2014
- University Honorary Doctorate Committee, Fall 2013
- Graduate Council, Fall 2003-Spring 2009
- Chairperson, Student Affairs/University Fellowship & Scholarship Committee, Fall 2005 - Spring 2008
- Human Movement Science Advisory Council, Fall 2005-Spring 2012
- Institutional Review Board, Fall 2006-Spring 2008
- Faculty Senate, Fall 2005-Spring 2006

College Level Committees

- CEAP Collegial Review (Tenure and Reappointment) Committee, Fall 2014-present
- Exemplary Service/Dean's Research Award Committee, Spring 2014 (Chairperson)

- CEAP Assessment Committee, Fall 2010-present
- Diversity Committee, Fall 2001-Fall 2006, Fall 2010-Spring 2013
- Faculty Advisory Committee to the Dean, Fall 2005-Spring 2007
- SUTEP Induction Committee, Fall 2001-Fall 2006

Departmental/School Committees

- STL Collegial Review (Tenure and Reappointment) Committee, Fall 2014-present
- STL Travel Committee, Fall 2012-Spring 2014
- Search Committee for Pedagogy Position, Spring 2013
- Collegial Review Committee, Fall 2006-Spring 2012
- Curriculum Committee, Fall 1999-Spring 2010
- Chairperson, Otto Spilker Scholarship Committee, Fall 2000-Spring 2010
- Research Committee, Fall 2001-Spring 2001, Fall 2004-Spring 2010
- Faculty Search Committee for HHP Department Head Position, Fall 2006-2007
- Botner Superior Teaching Award Committee, Fall 2004-Spring 2007
- Exemplary Service/Dean's Research Award Committee, Fall 2005
- Departmental Library Liaison, Fall 2002-Spring 2004
- Search Committee for Pedagogy Position, Spring 2002
- Department Head Evaluation Committee, Fall 2003-Spring 2004
- Climbing Spire Committee, Fall 1999-Spring 2000
- Display Case Committee, Fall 1999-Spring 2000
- Technology Committee, Fall 1999-Spring 2000

Additional Service to Western Carolina University and the WNC Region

- Participant, WCU Open House, 2005-present
- Volunteer Official, Men's and Women's home Cross Country/Track & Field competitions, 1999-present
- Participant, Orientation/University Academic Experience, 2005-present
- Faculty Advisor, WCU Disc Golf Club, 2010-present
- Volunteer, Cullowhee Valley School Fall Festival, 2011-2014
- Volunteer, Bike Rodeo at Jackson County Recreation Center, 25 April 2014
- Session Chairperson, Annual Graduate Research Symposium, 2000-2010
- Interviewer, Teacher Education Preparation Program, 2000-2008
- In 2005, I created *ex nihilo*, designed and acquired funding for *Catamount Links*; a 13-hole disc golf course on the WCU campus. According to usage statistics, it is the most popular outdoor recreational facility on campus and about 200 students, faculty and staff use the facility each week. The facility is co-managed by the Health, Physical Education and Recreation program and the Department of Campus Recreation and Wellness.
- Facilitator, PRAXIS II exam preparation sessions, 2004-2005
- Member, Physical Education Advisory Board, 2002-2005
- Instructor, Physical Education Institute for International Teachers, 1997, 2000, 2004
- Judge, WCU Regional Science Fair, 2004
- Participant, Western North Carolina Physical Education Technology Workshop, 2002
- Guest Speaker, Catamount Track and Field Camp, 1996-2001

- Honorary Coach, Men's Basketball, 2001
- Honorary Captain, Women's Volleyball, 2001
- Participant, Indian Mascot Discussion and Display, 2001
- Official Judge, Homecoming Parade, 2001

References:

Dr. Dale Carpenter
Dean of the College of Education and Allied Professions
Western Carolina University
(828) 227- 3328

Dr. Dan Grube
Associate Professor and Director of the School of Teaching and Learning
Western Carolina University
(828) 227- 3322

Dr. David Claxton
Professor and Former Department Chair in H.P.E.R.
Western Carolina University
(828) 227- 3556

Dr. Chris Cooper
Professor and Department Chair
Department of Political Science and Public Affairs
Western Carolina University
(828) 506-1958

Dr. Collin Webster
Associate Professor of Health and Physical Education
University of South Carolina
(803) 553-8431