

## **Become a Catamount Wellness Ambassador!**

What is a Catamount Wellness Ambassador?

Catamount Wellness Ambassadors are peer health educators who serve as a liaison between Health and Wellness Education and WCU students to promote health and wellbeing on campus.

Catamount Wellness Ambassador Students will:

- Have the opportunity to plan, promote and implement health and wellness programs and events
- Have opportunities to Participate in outreach presentations and tabling events
- Support health and wellness initiatives on WCU's campus
- Promote a healthy lifestyle and encourage healthy behaviors on campus

Benefits of being a Catamount Wellness Ambassador:

- Develop leadership skills
- Gain widespread knowledge about health and wellness
- Develop skills in public speaking, program planning, etc
- Resume builder

Requirements:

- Biweekly meetings
- Certified Peer Educator (CPE) Training
- 2.5 GPA
- Only apply if you can commit to the Fall and Spring semesters

Link to application:

[https://wcu.az1.qualtrics.com/jfe/form/SV\\_5oTFpYEUslx62Hj](https://wcu.az1.qualtrics.com/jfe/form/SV_5oTFpYEUslx62Hj)

This application will close on August 31, 2019.

For questions, contact Assistant Director for Health and Wellness Education, Jaelyn Wynn at [kwynn@wcu.edu](mailto:kwynn@wcu.edu).

Disclosure: **\*The CPE training is affiliated with NASPA and the BACCHUS Network\***