Become a Catamount Wellness Ambassador!

What is a Catamount Wellness Ambassador?

Catamount Wellness Ambassadors are peer health educators who serve as a liaison between Health and Wellness Education and WCU students to promote health and wellbeing on campus.

Catamount Wellness Ambassador Students will:
- Have the opportunity to plan, promote and implement health and wellness programs and events
- Have opportunities to Participate in outreach presentations and tabling events
- Support health and wellness initiatives on WCU's campus
- Promote a healthy lifestyle and encourage healthy behaviors on campus

Benefits of being a Catamount Wellness Ambassador:
- Develop leadership skills
- Gain widespread knowledge about health and wellness
- Develop skills in public speaking, program planning, etc
- Resume builder

Requirements:
- Biweekly meetings
- Certified Peer Educator (CPE) Training
- 2.5 GPA
- Only apply if you can commit to the Fall and Spring semesters

Disclosure: *The CPE training is affiliated with NASPA and the BACCHUS Network*