

Course Annotations

HPE 235: Motor Behavior (3)

Considering motor skills are learned, controlled, and developed to assist people as they practice and experience physical activity, it would be essential to understand these skills in regards to physical therapy. In order to physically rehabilitate, one must understand the process in which motor behaviors develop.

HPE 223: Applied Kinesiology I (4)

HPE 225: Applied Kinesiology II (4)

Kinesiology focuses on the structure and function of the human body. Knowledge of this physiology is essential in terms of physical activity and the chronic effects it has on the body.

HEAL 250: First Aid & Safety Ed (2)

Injury prevention and care is useful as a physical therapist. It is integral to know how to properly tend to an accident or injury.

BIOL 291: Human Anatomy and Physiology I (4)

BIOL 292: Human Anatomy and Physiology II (4)

Basic knowledge of the human anatomy is essential to understanding the body's multiple structures and functions. In order to rehabilitate the body, one must know its physiology.

HSCC 322: Medical Terminology (3)

As a health care professional, a physical therapist should be aware of the terminology used in the field.

ND 330: Human Nutritional Needs (3)

This course focuses on the roles of nutrition in physical fitness and health maintenance, including digestion, requirements of nutrients, dietary adequacy, and factors affecting food choices.

HPE 355: Fitness Concepts (3)

This course includes the practical application of fitness and wellness by requiring students to be engaged in planning treatment and maintenance programs for one another. These plans prevent physical injury, which is part of the job of a physical therapist.

PE 365: Physical Activity and Aging (3)

As a physical therapist it is important to know the role physical activity plays in increasing health, wellness, and decreased disability as a person ages.

PSY 470: Abnormal Psychology (3)

The theories of diagnosis and treatment that are covered in this course will be beneficial in terms of overall patient care.