

Dr. Cathy L. Grist
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Human Services
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Education

Ph D, University of Tennessee Knoxville, 2007.

MA, Western Carolina University, 1994.

BA, Auburn University Main Campus, 1991.

Licensures and Certifications

Licensed by the North Carolina State Psychology Board

License # 1908

Birth through Kindergarten Teaching License

Special Education Teaching License, Mental Retardation and Learning Disabilities

Professional Psychologist Certification # 01478

North Carolina Infant, Toddler and Family Specialist Certificate

Professional Memberships

Society for Personality Assessment, SPA, Member, International. (November 24, 2014 - Present).

National Association of Education of Young Children, NAEYC, National. (September 2012 - Present).

North Carolina Infant Mental Health Organization, NCIMHA, NA, State. (March 2012 - Present).

Southeastern Psychological Association, SEPA, Regional. (August 2006 - Present).

Development Activities Attended

Workshop, "3rd Annual NCIMHA Conference and Annual Meeting", NC Infant Mental Health Association, Greensboro, North Carolina, USA, 6.25 credit hours. (November 14, 2014).

Workshop, "10th Annual Infant Mental Health Conference", MAHEC, Asheville, North Carolina, USA, 6 credit hours. (September 19, 2014).

Conference Attendance, "Nurturing the Brain Train-the-Trainer", NC Infant Mental Health Association, Hendersonville, North Carolina, USA, 12 credit hours. (May 20, 2014 - May 21, 2014).

Workshop, "MAHEC 9th Annual Infant Mental Health Conference", MAHEC, Asheville, North Carolina, USA, 6 credit hours. (October 15, 2013).

Workshop, "The Incredible Years", Wake County Public Schools, Durham, North Carolina, USA, 21 credit hours. (August 12, 2013 - August 14, 2013).

Workshop, "Autism Team Training Module 1", Department of Public Instruction, Greensboro, North Carolina, USA, 6 credit hours. (July 25, 2013).

Continuing Education Program, "Understanding Developmental Strengths and Needs Using the WPPSI-IV. Understanding and Assessing Executive Functions Using D-REF", NCSPA Mountain Region Association, Asheville, NC, 6 credit hours. (March 8, 2013).

Continuing Education Program, "The 8th Annual Infant Mental Health Conference, MAHEC, Asheville, NC Jun, 2011", MAHEC, Asheville, North Carolina, United States, 6 credit hours. (June 2012).

TEACHING

Teaching Experience

Western Carolina University

BK 496, Internship Seminar

BK 483, Internship

BK 363, Child Development

BK 470, Early Childhood Curriculum

BKSE 313, Assessment of Young Child with Special Needs

BKSE 314, Assessment of the Young Child

BKSE 345, Adapt/Modifctn Yng Chle w/Disabilities

BKSE 415, Eval & Int Emot Com Yng Child

PSY 320 Child and Adolescent Development

PSY 599, Thesis Proposal

PSY 663, Assess/Intrvnt w/Pre-Schl Chld

PSY 680, Directed Study in Psy

PSY 699, Thesis

SPED 240, The Exceptional Child

SPED 339, Designing Classrooms as Responsive Learning Communities

Non-Credit Instruction

Guest Lecture, Communication and Science Disorders, SLP Graduate Students, 30 participants. (October 2, 2014).

Guest Lecture, Communication Sciences, 30 participants. (October 24, 2013).

Guest Lecture, Clinical Psychology Graduate Students, 9 participants. (September 2012).

Directed Student Learning

Master's Thesis Committee Chair, "Preschool Personality and Anxiety," Psychology. (January 2015 - Present).

Advised: Sabrina Gretkierewicz

Master's Thesis Committee Member, "Parenting Skills and Family Stressors: Implications for Child Removal and Maltreatment Recidivism among CPS Involved Families," Psychology. (March 2014 - Present).

Advised: Lediya

Master's Thesis Committee Chair, "Adult Relationships and Personality" Psychology. (January 14, 2014 - Present).
Advised: Annabel Franz

Dissertation Committee Member, "A Qualitative Study of Parent Engagement Choices in Early Intervention: When a Deaf or Hard of Hearing Child (Ages 0-3) has Additional Special Needs," Educational Leadership and Foundations. (October 10, 2013 - Present).
Advised: Wendy Wieber

Master's Thesis Committee Member, "'Teachers' perceptions of the factors that influence student achievement'," Psychology. (September 2011 - Present).
Advised: Erica Pollack

Master's Thesis Committee Member, "The Impact of Child Autism Severity on Parent's School Satisfaction," Psychology. (September 2011 - March 21, 2014).
Advised: Erica Nesbit

Supervised Teaching Activity, Human Services. (May 2013 - June 2013).
Advised: Megan Clark

Supervised Teaching Activity, "Dyslexia and the Effects on Development and Learning in Young Children," Human Services. (April 2013).
Advised: Megan Clark

Awards and Honors

College of Education and Allied Professions Peak Performer Award, Western Carolina University Psychology Department, Service, University, College. (April 9, 2014).

2014 CEAP Legislative Teaching Award, College of Education and Allied Professions, Western Carolina University. (April 9, 2014).

J.M. Robinson Award for e-Teaching-Nominated as a Finalist, Coulter Faculty Center, Western Carolina University. (February 25, 2013).

Nominated for CEAP Service Award, College of Education and Allied Professions, Service, University, College. (March 5, 2013).

Nominated for Outstanding Faculty Achievement in Teaching Award, 2011

Honorary Member, Mu Epsilon Chapter, Alpha Sigma Lambda, 2011

Nominated, University's 2010, Jay M. Robinson e-Teaching Award

Chancellor's Meritorious Award for Engaged Teaching, 1000.00 Award to permanent base salary

Legislative Award for Superior Teaching, Western Carolina University, Spring 2003

Nominee for Taft Botner Award for Superior Teaching, Western Carolina University, Spring, 2003

RESEARCH

Published Intellectual Contributions

Book Chapters

- Grist, C. L., & Caudle, L. A. (submitted). Update on Response-to-Intervention in Preschool: Preliminary findings for Response-to-Intervention in Emergent Literacy Skills, Social-Emotional Skills, and Challenging Behaviors. *Progress in Education*. Hauppauge, NY: Nova Publications.
- Grist, C. L., & McCord, D. M. (2013). Preschool Personality Assessment: Concepts and Instruments. In Elizabeth E. Crossman and Maria A. Weiler (Ed.), *Personality Traits: Causes, Conceptions and Consequences*.
https://www.novapublishers.com/catalog/product_info.php?products_id=37785
- Grist, C. L. (2012). Assessing Personality Traits in the Young Child for Individualized Planning for Social-Emotional Skills in the Kindergarten Classroom. In Henry Switzer and Dwayne Foulke (Ed.), *Kindergartens: Teaching Methods, Expectations and Current Challenges*.
https://www.novapublishers.com/catalog/product_info.php?products_id=36064

Refereed Journal Articles

- Hurt, A. A., Grist, C. L., Malesky, L. A., & McCord, D. M. (2013). Personality traits associated with occupational "Burnout" in ABA therapists. *Journal of Applied Research in Intellectual Disabilities*.
- Grist, C. L., Socha, A., & McCord, D. M. (2012). The M5-PS-35: A five factor personality questionnaire for preschool children. *Journal of Personality Assessment*, 94(3), 287-295.
- Fortenberry, C.L., Grist, C.L., & McCord, D.M. (2011). Personality trait differences between typically developing children and those diagnosed with autism spectrum disorder. *Individual Differences Research*, 9(2), 73-83.
- Scheck, A. M., Malesky, L. A., **Grist**, C. L., & McCord, D. M. (2010). Personality in preschool children: Preliminary psychometrics of the M5-PS questionnaire. *American Journal of Psychological Research*, 6(1), 134-156.
- Grist, C.G. & McCord, D.M. (2010). Individual differences in young children: Temperament vs. personality? *Infant and Child Development*, 19, 264-274.
- Litty, C. Grist. (2007). Domestic violence. In New, R. S., & Cochran, M. (Eds.). *Early Childhood Education: An International Encyclopedia*. Westport, CT: Greenwood Publishing.
- Litty, C. Grist. & Hatch, A. J. (2006). Hurry up and wait: Rethinking special education identification in kindergarten. *Early Childhood Education Journal*, 33, 203-208.

Litty, C.L.Grist., Kowalski, R., & Minor, S. (1996). Moderating effects of physical abuse and perceived social support on the potential to abuse. *Child Abuse and Neglect*, 20(4), 305-314.

Manuscripts Unpublished – refereed

Grist, C.G. (2007). Temperament and personality in preschoolers: Are the concepts the same or different. Doctoral Dissertation, University of Tennessee, 2007.

Boyer Scholarship

Grist, C.L. (2011). The M5-PS-35: A five-factor personality instrument for preschoolers

Presentations Given

Grist, C. L. (Other), Lochner, O. (Presenter & Author), 2014 National Conference on Undergraduate Research, "Core Personality Traits as Predictors of Social-Emotional Adjustment and Pre-Literacy Skills in Preschool Children," Council on Undergraduate Research, Lexington, Kentucky. (April 3, 2014).

Grist, C. L. (Other), Lochner, O. (Presenter & Author), Western Carolina University Undergraduate Expo, "Core Personality Traits as Predictors of Social-Emotional Adjustment and Pre-Literacy Skills in Preschool Children," Western Carolina University Honor's College, Cullowhee, North Carolina. (March 24, 2014).

Franz, A. (Presenter & Author), Grist, C. L. (Author Only), 60th Annual Southeastern Psychological Association, "Personality Traits and Problem Behaviors in Young Children," Southeastern Psychological Association, Nashville, TN. (March 7, 2014).

Grist, C. L. (Presenter Only), Haywood County Preschool Teacher Workshop, "Referral Process for Children in PreK," Haywood County Schools, Waynesville, NC. (November 1, 2013).

Grist, C. L. (Presenter Only), North Carolina School Psychology Association Fall 2013 Conference, "Functional Behavioral Assessment in Preschool," North Carolina School Psychology Association, Cary, North Carolina. (September 30, 2013).

Litty, H. N. (Author Only), Grist, C. L., 59th Annual Meeting Southeastern Psychological Association, "Five-factor personality traits as predictors of musical instrument choice," Southeastern Psychological Association, Atlanta, Georgia. (March 14, 2013).

Caudle, L. A. (Presenter & Author), Grist, C. L. (Presenter & Author), Watson, M. (Presenter & Author), Wang, X. (Presenter & Author), National Association for the Education of Young Children Annual Conference, "Professionalism in the 21st Century: Issues, Challenges, and Research-Based Recommendations," NAEYC, Atlanta, GA. (November 8, 2012).

Caudle, L. A. (Presenter & Author), Grist, C. L. (Author Only), Watson, M., 5th Annual SoTL Commons Conference, "Designing an Interactive Online Seminar Course for Distance Learning Interns: Combining Technology Tools and Facilitating Meaningful Discourse," Georgia Southern, Statesboro, GA. (March 7, 2012).

Media Contributions

Newspaper

Smoky Mountain News. (March 2013).

The Asheville Citizen Times. (January 5, 2012).

Intellectual Contributions in Submission

Journal Articles

Caudle, L. A., Grist, C. L., & Watson, M. Navigating a new terrain: Promoting higher levels of reflection among early childhood interns in an online seminar course. *Journal of Technology and Teacher Education*.

Research in Progress

"Professionalism in the 21st Century: Issues, Challenges and Research Based Recommendations" (On-Going)

We developed an online professionalism module to be completed by new 250 Birth-Kindergarten students. This module focuses on key elements of professionalism, particularly e-professionalism. Data were collected on the effectiveness and usefulness of the model with BK 250 students in the fall of 2012.

"RTI in Preschool: Literacy and Social Emotional Interventions" (Writing Results)

The chapter will discuss the methods used for implementing RTI in preschool in general as well as in a particular preschool project. Implementation of evidence-based interventions with regards to challenging behaviors and pre-literacy skills in preschool will be discussed as well.

SERVICE

Department Service

Program Coordinator.

Chairperson, BK Advisory Board. (October 2013 - Present).

Chairperson, BK Program Committee. (August 2011 - Present).

Committee Chair, Birth-Kindergarten Search Committee. (January 15, 2014 - April 30, 2014).

Committee Member, Collegial Review Document Committee. (September 2012 - December 2013).

Chairperson, Birth-Kindergarten Search Committee (Spring 2012). (January 2012 - April 2012).

College Service

Committee Member, Field Experiences Background Incident Review Committee. (February 21, 2013 - Present).

Committee Member, Field and Clinical Experiences Committee. (September 2011 - 2014).

Committee Member, Teacher, Recruitment, Advising and Career Support (TRACS) Advisory Board. (September 2011 - 2013).

Committee Member, Search Committee for Advisor for TRACS. (March 2013 - May 2013).

Committee Member, Search Committee for School Psychology Faculty Position. (January 2013 - March 2013).

Committee Member, Search Committee for the Director of the Office of Field Experiences (Summer, 2012). (May 2012 - June 2012).

University Service

Committee Member, Online Certification Committee, (January, 2014 – present).

Committee Member, Academic Integrity Task Force. (February-May 2014).

Chairperson, LMS Advisory Board. (September 2013 - April 2014).

Committee Member, Search Committee for Distant Education Student Support Position. (September 2013 - October 2013).

Committee Member, Search Committee Distant Education Student Services Position. (August 2013 - September 2013).

Committee Member, Internationalizing Teacher Education: Planning Committee for Using Video Conferencing for Virtual Learning. (March 2012 - May 2013).

Committee Member, Professional Education Council. (August 2011 - May 2013).

Committee Member, SoTL Award Committee. (March 2013 - April 2013).

Committee Member, LMS Advisory Board. (September 2012 - April 2013).

Professional Service

Committee Member, MAHEC Infant Mental Health Conference Planning Committee, Asheville, North Carolina. (August 2011 - Present).

Public Service

Committee Member, AB-Tech Community College Advisory Board. (August 2011 - Present).

Committee Member, Caldwell Community College Advisory Board. (August 2011 - Present).

School Service

"Social Emotional Training", 15 services, No, Western Region of NC, Swain (870) (Bright Adventures Preschool Program), 91 B-12 students served, 10 teachers served, 1 administrators served. (January 14, 2014 - May 1, 2014).

"Environment Consultation", 2 services, No, Western Region of NC, Swain (870) (Bright Adventures Preschool Program), 18 B-12 students served, 2 teachers served, 1 administrators served. (March 1, 2014 - March 31, 2014).

"Incredible Years Workshop", 5 services, No, Western Region of NC, Macon (560) (Trimont Christian Academy), 96 B-12 students served, 8 teachers served, 1 administrators served. (February 13, 2014 - March 27, 2014).

Consulting

Preschool Assessment and Consulting for Swain County Schools, Swain County Schools, Bryson City and the surrounding County.

Government, East Swain Elementary School, Bryon City, North Carolina. (April 2, 2013).