I. Liberal Studies

II. PRM Major Requirements

*All courses are offered each semester unless otherwise noted.

First Aid Requirement, choose one of the following:

- HEAL-250 (2) First Aid and Safety Ed. or
- PRM-252 (2) Wilderness First Aid or
- PRM-356 (4) Outdoor First Aid (Fall) or
- PRM-357 (4) Wilderness First Responder (Landmark or SCC)

- PRM-250 (3) Foundations of Parks and Recreation

- PRM-254 (4) Introduction to Outdoor Pursuits or
- PRM-255 (3) Active Recreation & Leisure

- PRM-260 (1) Professional Planning in PRM
- PRM-270 (3) Leadership and Group Dynamics
- PRM-275 (3) Diversity & Inclusion in PRM

- PRM-361 (4) Program Planning and Evaluation (Fall)  
  (pre-requisite PRM 250)
- PRM-383 (1) Mini-Internship I in PRM
- PRM 384 (1) Mini-Internship II in PRM
- PRM 385 (1) Mini-Internship III in PRM
  **Mini-Internships may not exceed 2 per semester/summer.

- PRM-430 (3) Entrepreneurship and Commercial Recreation (Fall)  
  (pre-requisite PRM 361 or permission of instructor)
- PRM-461 (3) Management and Administration of PRM (Spring)  
  (pre-requisite PRM 250 & 361 or permission of instructor)

- PRM-370 (1) Capstone Internship Orientation (Spring)
- PRM-483 (3) Capstone Internship in PRM I (pre-requisite PRM 370)
- PRM 484 (3) Capstone Internship in PRM II (pre-requisite PRM 370)
  **PRM 483/484 Capstone Internship recommended during summer.

- PRM-495 (3) Senior Seminar in PRM (Spring)  
  (pre-requisite PRM 361)

III. Electives: 37-40 hours

*These can be from any program at WCU or a minor with another program/major.  
Talk to your advisor about options.

*Overall total credits should be at least 120 hours with a GPA of at least 2.5

Total credits required to graduate 120 hours
PRM Electives

Please note that some courses are only offered certain semesters and years. Courses denoted with * are currently not offered yet may be in the future.

- PRM 200: Introduction to Rock Climbing (2) (Fall, Spring, or Summer)
- PRM 224: Survey of Outdoor Adventure Activities (2-4)
- PRM 293: Topics in Parks & Recreation Management (1-3)
- PRM 300: Intermediate/Advanced Rock Climbing (2) (Spring or Summer)
- PRM 310: Stand Up Paddling (3) (Fall, Spring, or Summer)
- PRM 313: Camp Counseling (3) (Fall, every other even year)
- PRM 314: Organization and Administration of Camping Agencies (3)*
- PRM 321: Interpretation and Environmental Education (3) (Spring)
- PRM 322: International Adventure Travel & Global Citizenship (3) LS P6 (online)
- PRM 330: Aquatic Recreation Management (3)*
- PRM 333: Experiential Education Methods (4) (Spring)
- PRM 340: Challenge Course Facilitation (3) (Fall)
- PRM 341: Group Facilitation Techniques (3) (Spring)
- PRM 352: Beginner/Intermediate WW Kayaking (3) (Fall, Spring, or Summer)
- PRM 353: Beginner/Intermediate WW Canoeing (3) (Fall, Spring, or Summer)
- PRM 354: Outdoor Living and Expedition Skills (3) (Fall)
- PRM 360: Recreation Research (3)*
- PRM 425: Land-Based Outdoor Pursuits Education (3) (Fall, every other even year)
- PRM 426: Water-Based Outdoor Pursuits Education (4) (Fall, every other odd year)
- PRM 427: Wilderness Education (3-6) (Summer)
- PRM 433: Outdoor Recreation (3)*
- PRM 434: High Adventure Travel and Outfitting (3) (Spring)
- PRM 435: Park and Recreation Sites, Facilities, and Programs (1-6)
- PRM 454: Expedition Management and Leadership (4) (Spring, every other even year)
- PRM 485: Internship in Parks and Recreation Management (3)
- PRM 486: Field Experience (1-12)
- PRM 493: Topics Parks and Recreation Management (3)
PRM Professional Career Paths

Below is a list and descriptions of the five PRM Career Paths: Community Recreation & Youth Development, Outdoor Leadership and Instruction, Community Health & Wellness, Commercial and Resort Recreation, and Recreation Resources Management.

1. **Community Recreation & Youth Development:**
   This career path is designed for students who would like to work in the city and county recreation profession or within youth development (after school, non-profits, camps). Job duties would include planning sporting activities (soccer, baseball, football, basketball), assisting with community events and celebrations, working in a community recreation center or camp. Students should consider taking courses in parks and recreation management, health and physical education, business, sport management, and recreational therapy.

2. **Outdoor Leadership and Instruction:**
   This career path is designed for students who are interested in working in outdoor professional areas. Job possibilities include working for outdoor agencies, camps, boy and girl scouts, challenge courses, and experiential programs. Students should consider taking courses in parks and recreation, business and recreation therapy, and participating in an extended expedition style course.

3. **Commercial and Resort Recreation:**
   This career path is designed for students interested in working the “for profit” areas of recreation. Job possibilities include resorts, recreation businesses, snow sports, retail establishments and park areas. Students may also be interested in exploring their own commercial recreation business. Students should consider taking courses in parks and recreation, business, entrepreneurship, hospitality and tourism, accounting, and management.

4. **Recreation Resource Management:**
   This career path is designed for students interested in working for various land agencies such as the National Park Service, National Forest Service, Army Corps of Engineers, and state parks. Courses will be selected in consultation with your advisor.

5. **Community Health and Wellness:**
   This career path is designed for students interested in providing health promotion programming to the community. Students may find employment in recreation departments, health departments, local government, schools and national organizations. Students should consider taking course work in parks and recreation, sport management, health and physical education, environmental health, nutrition and political science.