Thanks to the students in the WCU COUN 623: Introduction to Clinical Mental Health Counseling class for meeting with representatives at each of these agencies and collecting this important information. Special thanks go to David Wynn, Rebecca Brown, and Denise Royer for compiling this information. Correspondence should be sent to Dr. Russ Curtis at Curtis@wcu.edu.

APA Citation: Western Carolina University Counseling Program (2018). 2018 Western North Carolina Mental Health & Substance Abuse Agency Report. Asheville, NC.

Sites Visited

1. Minnie Jones Health Center
2. Julian F. Keith Alcohol and Drug Abuse Treatment Center
3. SUWS of the Carolinas
4. Appalachian Community Services
5. Terry Sloan, LPC
6. Sarah A. Wells-LPC
7. Solstice East
8. Therapy for Showing Up
9. Caiyalynn Burrell Child Crisis Center
10. Shannon Pospishil, LPC
11. Veteran’s Health Administration
12. Blue Ridge Treks
13. Lisa T. Perry LPC
14. Max Weissman
15. Willow Place
16. Red Oak Recovery
17. Olson Huff Center for Child Development
18. Focus Centers of Asheville
19. Meridian Behavioral Health Services
20. Believe Child Advocacy Center
21. Caring for Children
22. Western North Carolina Community Health Services
23. October Road, Inc.
24. MAHEC Family Practice
25. Julia Derouen, LPC
26. Skipping Stones Counseling
27. Asheville Counseling and Wellness Center
28. Tapestry Eating Disorder Treatment
29. Sylva Clinical-Psychology
30. Life Waves
31. Blue Ridge Community Health Services
32. Rites of Passage Council
33. Buncombe County Health and Human Services
34. Temporary Solutions
35. CarePartners
36. Malissa Turney
37. Caring Clinic
38. Access Family Services
39. Four Circles Recovery Center
Counselor Work Study Analysis

Estimated Average use of Counselor Time

*From a sample of 47 WNC agencies that estimated to (or close to) 100% of counselor time.

<table>
<thead>
<tr>
<th>Task</th>
<th>% of time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intake Assessments</td>
<td>7.90%</td>
</tr>
<tr>
<td>Counseling: Individual, Group, and Family</td>
<td>55.5%</td>
</tr>
<tr>
<td>Case Management</td>
<td>7.7%</td>
</tr>
<tr>
<td>Documentation</td>
<td>14.11%</td>
</tr>
<tr>
<td>Administrative Tasks</td>
<td>7.7%</td>
</tr>
<tr>
<td>Other</td>
<td>7.09%</td>
</tr>
<tr>
<td>Total Time</td>
<td>100%</td>
</tr>
</tbody>
</table>

Most Common Client Diagnoses:

*Ranked in order of frequency seen in the agencies

1) Depression
2) Anxiety
3) PTSD
4) Mood Disorder
5) Substance Use
6) Adjustment Disorder
7) ODD
8) Schizophrenia
Employment/Intern Data

Starting Salary Range for LPCAs in WNC region:
- < $25,000: 0
- $25,000 – $30,000: 0
- $30,001 - $35,000: 4
- $35,001 – 40,000: 12
- > $40,000: 21

Hiring Counselors

- Agencies not anticipating hiring counselor/s within the next 6 months: 16
- Agencies anticipating hiring counselors within the next 6 months: 18
- Agencies who were uncertain about hiring counselor/s within the next 6 months: 7

LPCA to LPC

- Agencies that do provide or pay for supervision so employees can work toward licensure: 17

Internship

*A total of 47 agencies gave us permission to analyze their data. Duplicate site visits were removed from the list on page 1.

- Agencies that host interns: 23
  - Agencies that pay interns: 3
- Agencies that do not host interns: 14
- Agencies that sometimes host: 4

Western Carolina University Graduates

Agencies that currently employ WCU graduates: 19
Student University-Related Debt
*From a sample of 1st year WCU counseling students

<table>
<thead>
<tr>
<th>Year</th>
<th>Total Debt</th>
<th>Median</th>
<th>Median Student Debt</th>
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<tbody>
<tr>
<td>2018</td>
<td>$398,870.00</td>
<td>$35,000.00</td>
<td></td>
</tr>
<tr>
<td>2017</td>
<td>$666,515.00</td>
<td>$19,000.00</td>
<td></td>
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<tr>
<td>2016</td>
<td>$377,200.00</td>
<td>$16,500.00</td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>$495,391.00</td>
<td>$7,650.00</td>
<td></td>
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