Thanks to the students in the WCU COUN 623: Introduction to Clinical Mental Health Counseling class for meeting with representatives at each of these agencies and collecting this important information. Special thanks go to Denise Royer and Elliott Skaggs for compiling this information. Correspondence should be sent to Dr. Russ Curtis at Curtis@wcu.edu


Sites Visited

1. Access Family Services
2. Appalachian Community Services
3. Asheville Counseling & Wellness Center
4. Swain Recovery
5. WCU Counseling and Psychological Services
6. Carepartners
7. Blue Ridge Treks
8. Cooper Riis
9. Eliada Homes for Children
10. Equinox Residential Treatment Center
11. Hawthorne Heights
12. Family Preservation Services
13. VA Medical Center
14. Legacy Freedom Treatment Center
15. Meridian Behavioral Health Center
16. Our Voice
17. Park Ridge Health S. Asheville
18. REACH of Haywood County
19. Wellspring Counseling & Guidance
20. RHA
21. SUWS of Carolinas
22. Asheville Healing House
23. ADACT
24. Red Oak Recovery
25. MAHEC Family Practice
26. Access Family Services
27. Carolina Pediatric Therapy
28. Manifest Counseling Collective
29. Blue Ridge Community Health Services
30. Methodist Home for Children
31. Copestone: Mission Hospital
32. NC Brookhaven Behavioral Health
33. WNCAP
Counselor Work Study Analysis

Estimated Average use of Counselor Time
*From a sample of 16 WNC agencies that estimated to (or close to) 100% of counselor time.

<table>
<thead>
<tr>
<th>Task</th>
<th>% of time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completing Intake Assessments</td>
<td>9.75%</td>
</tr>
<tr>
<td>Counseling: Individual, Group, and Family</td>
<td>51.44%</td>
</tr>
<tr>
<td>Case Management</td>
<td>10.59%</td>
</tr>
<tr>
<td>Documentation</td>
<td>13.03%</td>
</tr>
<tr>
<td>Administrative Tasks</td>
<td>11.94%</td>
</tr>
<tr>
<td>Other</td>
<td>.31%</td>
</tr>
<tr>
<td><strong>Total time</strong></td>
<td><strong>97.06%</strong></td>
</tr>
</tbody>
</table>

Most Common Client Diagnoses:
*Ranked in order of frequency seen in the agencies

1) Depression
2) PTSD
3) Anxiety
4) Substance Use Disorder
5) ADHD
6) Bipolar
7) ODD
8) Schizophrenia
Employment/Intern Data

Starting Salary Range for LPCAs in WNC region:

- < $25,000: 0
- $25,000 – $30,000: 2
- $30,001 - $35,000: 5
- $35,001 – 40,000: 11
- > $40,00: 15

Hiring Counselors

- Agencies not anticipate hiring counselor/s within the next 6 months: 11
- Agencies anticipating hiring counselors within the next 6 months: 20
- Agencies who were uncertain about hiring counselor/s within the next 6 months, or said it “depended”: 6

LPCA to LPC

- Agencies that do provide, or pay for, supervision so employees can work toward licensure: 19
Internship

*There was a total of 37 agencies that gave us permission to analyze their data but duplicate site visits were removed from the list on page 1.

➢ Agencies who host interns: 32
  • Agencies that pay interns: 4
➢ Agencies who do not host interns: 5
➢ Agencies who sometimes host: 1

Western Carolina University Graduates

Agencies that currently employ WCU graduates: 20

Student University-Related Debt 2017 (N = 33)

*From a sample of 1st and 2nd year WCU counseling students

Total graduate & undergraduate debt: $666,515.00
Mean: $20,197.00
Median: $19,000.00
SD: $18,206.00