WCU CAPS welcomes prospective internship applicants and matched incoming interns who may be moving their families to Western North Carolina. Below is a partial list of some resources for families, children, and newcomers:

- Mountain Projects, Inc.
  - Community based non-profit; has info about Head Start and other services for families and children
  - http://www.mountainprojects.org/

- Jackson County Family Resource Center
  - Services for children and families including respite care, parenting classes
  - http://jacksoncountyfrc.org/

- WCU Kneedler Child Development Center
  - On campus daycare resource

- Southwestern Child Development Commission
  - Has daycare
  - http://www.swcdcinc.org/

- Haywood Community College Regional Center for the Advancement of Children
  - Has childcare
  - https://www.haywood.edu/regional-center-for-the-advancement-of-children

- Cullowhee Methodist Church
  - Is just off campus and has pre-school
  - http://www.cullowheemc.org/

- Refuge Church of North Carolina
  - Has childcare
  - https://www.facebook.com/RefugeChurchofNorthCarolina

- Pam’s Child Development Center (Sylva, NC)
  - Recommended by staff
  - https://www.facebook.com/Pams-Child-Development-Center-103972759657166/

- Tiny Toes Learning Center (Dillsboro, NC) – Preschool ages 3 - 6
  - https://www.facebook.com/TinyToes-Learning-Center-105661417619798/

- Jackson County Public Schools
  - Cullowhee Valley School is closest elementary school to campus; they do bus drop off on campus
  - https://www.jcps.k12.nc.us/

- Haywood County Public Schools
  - http://www.haywood.k12.nc.us/

- Macon County Public Schools
  - http://www.macon.k12.nc.us/

- Swain County Public Schools
  - http://www.swain.k12.nc.us/

- Jackson County Recreation Center
• Has recreational programming for children in and around Cullowhee and Sylva
  o  https://www.rec.jacksonnc.org/cullowhee-recreation-department

• Haywood County Recreation Center
  o Has recreational programming for children in and around Waynesville
  o  http://www.waynesvillenc.gov/parks-recreation

• Haywood Regional Health & Fitness Center
  o  https://www.myhaywoodregional.com/locations/haywood-regional-health-fitness-center

• Other resources
  o WCU diversity related resources
    ▪  http://diversity.wcu.edu
  o WCU LGBT Working Group and resources in the area
    ▪  https://www.wcu.edu/discover/diversity/LGBTQ-working-group.aspx
  o Our Town Western North Carolina – Jackson County North Carolina Chamber of Commerce newcomer’s magazine
    ▪  http://www.mountainlovers.com/
    ▪  http://www.mountainlovers.com/about-jackson-county
    ▪  https://issuu.com/jccourtown/docs/2019ourtownmagazinewithfallissuu
  o Haywood County North Carolina Chamber of Commerce
    ▪  https://haywoodchamber.com/
  o Haywood County Tourism Development Authority
    ▪  https://visitncsmokies.com/
  o Macon County (Franklin, NC) Chamber of Commerce
    ▪  https://www.franklin-chamber.com/
  o Romantic Asheville – list of things to see/do in the area
    ▪  https://www.romanticasheville.com/
  o WNC Parent – Publication of Asheville Citizen-Times newspaper
    ▪  http://www.citizen-times.com/lifestyle/family/
  o WCU’s Health & Physical Education Department and PE Majors Club periodically sponsors a Parents Night Out where they organize games and events for children – they inform WCU employees about this via email
  o WCU typically runs a series of camps and programs for kids, especially in the summer:
    ▪  https://www.wcu.edu/engage/professional-enrichment/camps-and-programs-for-kids/index.aspx
  o Alcoholics Anonymous - District 80 (Western North Carolina)
    ▪  https://www.aawnc80.org/
  o WCU Health & Wellness Blog
    ▪  https://www.wcu.edu/experience/health-and-wellness/blog/index.aspx
  o WCU W.H.E.E. for Life Employee Wellness Team