**VIDEOTAPE SELF-ASSESSMENT OF COMMUNICATION**

Place a plus by well-developed skills and a minus by any skills that need improvement. Please make additional comments as necessary.

**+ = Well-developed**

**- = Needs Improvement**

|  |  |
| --- | --- |
| **Self-Reflection Area** | **Comments** |
| **Oral Communication**  \_\_\_\_\_\_\_\_ Overall verbal expression  \_\_\_\_\_\_\_\_ Appropriate Volume  \_\_\_\_\_\_\_\_ Articulation  \_\_\_\_\_\_\_\_ Appropriate grammar |  |
| **Non-Verbal Communication**    \_\_\_\_\_\_\_\_ Eye contact  \_\_\_\_\_\_\_\_ Approachability  \_\_\_\_\_\_\_\_ Positioning in room  \_\_\_\_\_\_\_\_ Posture  \_\_\_\_\_\_\_\_ Interaction patterns  \_\_\_\_\_\_\_\_ Facial expressions |  |
| **Written Communication**  \_\_\_\_\_\_\_\_ Appropriate usage  \_\_\_\_\_\_\_\_ Correct Spelling  \_\_\_\_\_\_\_\_ Legible handwriting  \_\_\_\_\_\_\_\_ Correct punctuation and capitalization |  |
| **Affective Qualities**  \_\_\_\_\_\_\_\_ Accepting and tolerant  \_\_\_\_\_\_\_\_ Encouraging and supportive  \_\_\_\_\_\_\_\_ Friendly and warm |  |

**Respond to these reflective questions**

1. What did I like best about the lesson?
2. What would I change about this lesson?
3. What did I learn about teaching and the learning process?

\*adapted from: Jenson, R.A., Sheptson, T.J., Killmer, N., & Connor, K. (1994). Fear of the known: Using audio-visual technology as a tool for reflection in teacher education. (ERIC Document Reproduction Service No. ED387482).

***SELF-EVALUATION/REFLECTION GUIDE***

Lesson Topic: Date:

1. How well did you use your voice? Did you speak clearly? Was the pace comfortable for your listeners? Did you use Standard English? Did you use “filler” words such as “OK” and “you know”?
2. How well did you use your body? Did you use any distracting mannerisms? How well did you circulate among students? Did you face the class when you spoke?
3. What feedback did you receive from students about your lesson?
4. What was the strongest part of your lesson? Why?
5. What part of the lesson was least effective? Why?
6. If you could teach the lesson again, what would you do differently? Why?
7. Were the lesson objectives met? How did you determine this?
8. What have you learned from teaching this lesson?