Western Carolina University
FALL 2021 LIBERAL STUDIES CHECK-SHEET
(Courses are 3 credit hours unless noted otherwise.)

THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

**MATH 130 will be assigned with MATH 100 Support Course

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours
Courses must be taken in two different disciplines
Other 100-200 level science courses from AST, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy
AST 103 The Solar System
BIOL 102 Human Genetics
BIOL 103 Environmental Biology
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
ESI 140 Oceanography
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
GEOL 150 Methods in Geology (4 credit hours)
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics
PHYS 130 Introductory Physics I

THE FIRST-YEAR SEMINAR (3 HOURS)

a. Students transferring in 0-15 credit hours are required to take this course in their first year.
b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS is waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by their program.
c. Students with 30 or more credit hours are not eligible to take a FYS.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.
f. Transition courses such as USI, LEAD, COUN are not considered First-Year Seminars.

BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership
BIOL 190 Discoveries in Biology
CM 190 Green Building & Sustainability
COMM 190 A User’s Guide to the Mass Media
COMM 199 Leadership Communication
CS 191 How Does Software Work?
EDCT 191 Teachers, Schools, and Society
ENGL 190 Freshman Seminar in Literature
ENGL 191 Creative Writing
ENGR 190 Engineering Seminar Freshman (Engineering majors only)
ENT 195 Social Entrepreneurship
ENVH 190 From Black Death to Bioterrorism

(Continued next page)
(Continued from previous page)

PAR 121 Religious Ethics and Moral Problems
PAR 146 Western Religious Traditions
PAR 201 Philosophy of Sex & Love
PAR 250 Origins of Early Christian Traditions (was P3)
PAR 304 Justice, Power, Human Nature in Ancient Greek Polis
PAR 309 Philosophy in & of Film
PAR 320 Philosophical & Religious Classics: TolkienLew
PAR 320 Philosophical & Religious Classics: Religion and Mythology
PAR 330 American Wilderness Ethics & Aesthetics
PAR 332 Biomedical Ethics & Social Justice
PAR 366 Religion and Science (was P3)
SM 340 Sport Ethics

P5. Fine & Performing Arts, 3 hours
ART 104 Introduction to The Visual Arts
DA 259 Dance Appreciation
FTP 340 Filmmakers on Filmmaking
IDES 250 Introduction to Interior Design
MUS 101 Music Appreciation
MUS 102 Music in American Culture
MUS 300 Country Music: A Cultural & Stylistic History
MUS 304 Jazz Appreciation
THEA 104 The Theatre Experience

*P6. World Cultures, 3 hours
Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 110, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

ANTH 120 Comparative Cultural Systems
ASI 230 Intro to U.S. Latinx Studies
CHER 101 Cherokee & Cherokee-Speaking World
CHER 232 Intermediate Cherokee II
CM 365 Construction and Culture
COMM 415 Intercultural Communication
EDCI 305 Global Educational Systems
ENVH 210 Global Disparities in Public Health
FREN 101 French & The Francophone World
FREN 231 Intermediate French I
FREN 301 French for Everyday Use I
GEOG 103 Cultural Geography
GEOG 140 World Geography
GEOG 440 Regional Geography
GER 101 Beginning German I
GER 231 Intermediate German I
HT 238 Travel and Tourism
JPN 101 Beginning Japanese
JPN 231 Intermediate Japanese I
JPN 301 Third Year Japanese I
MKT 407 Global Consumer Culture
MUS 303 The World of Music
ND 310 Food, Nutrition & Culture
PAR 145 Eastern Religious Traditions
PAR 251 Islam, Past and Present
PAR 260 Women & Religion
PAR 357 Hinduism
PRM 322 International Adventure Travel & Global Citizenship
PSC 169 Global Issues (was PSC 110)
SM 350 Global Sport & Culture
SOC 160 Chinese Culture and Society
SPAN 101 Spanish & Spanish-Speaking World
SPAN 102 Spanish & Spanish-Speaking World II
SPAN 231 Intermediate Spanish I
SPAN 232 Intermediate Spanish II
SPAN 240 Accelerated Intermediate Spanish (6 credit hours)

(P6 Continued)
SPAN 301 Spanish Conversation & Composition

UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.