New International Student & Exchange Visitor Orientation Guidebook
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Welcome to Western Carolina University!

On behalf of the Office of International Programs and Services (IPS), and the faculty and staff of Western Carolina University (WCU), we welcome you to Cullowhee and the WCU campus. IPS has organized this brief handbook specifically to provide you with vital information you will need to best acclimate yourself to WCU and the surrounding community during your stint as an international student or exchange visitor.

During the orientation, IPS will provide informative sessions concerning the academic setting at WCU, international student and exchange visitor immigration procedures, tours of campus, as well as opportunities to interact socially with fellow international and domestic students in an effort to build a stronger sense of community in your first days in Cullowhee. IPS encourages you to visit our office, located at 109 Cordelia Camp Building, with your questions, concerns and/or feedback. The IPS staff is here to assist you.

IPS trusts you will find the orientation and this handbook valuable tools as you take your first steps here at WCU. IPS wishes you every success as you begin your academic journey at Western Carolina University.
About Us

Western Carolina University Mission
Western Carolina University creates learning opportunities that incorporate teaching, research, service, and engagement through on campus, off campus, on-line and international experiences. The university focuses its undergraduate, master’s and three doctoral programs, educational outreach, research, creative, and cultural activities to sustain and improve individual lives and enhance economic and community development in Western Carolina and beyond.

Office Mission
The overall mission of the Office International Programs and Services (IPS) is to enable the WCU community to connect and engage with the region, state and the world by promoting internationalization for the benefit of all university members. Therefore, IPS promotes the well-being of the WCU’s international community; sponsors, manages and facilitates various types of international academic programs and connections, such as study abroad, internships and service learning abroad, as well as faculty-led programs, research and exchanges; plans and coordinates on-campus and regional international events; recruits, retains and diversifies WCU’s international student population; and assisting academic colleges in internationalizing their programs.

Fast Facts
Founded: 1889
Location: Cullowhee, North Carolina, near the Great Smoky and Blue Ridge mountains, fifty-two miles west of Asheville.
Staff Photos

Ling Gao LeBeau  
Director of IPS

Jill Cargile  
Director of IEP

Hilary Lindler  
IEP Admissions Specialist

Dana Moore  
International Student & Scholar Advisor

Margaret Basehart  
International Student Advisor

Josie Bewsey  
Study Abroad Advisor

Betty Dishman  
Administrative Associate
Arriving at WCU

Orientation
All newly arrived international students must attend the orientation programs coordinated by the Office of International Programs and Services (IPS) for the Fall and Spring Semesters. Immigration regulations require students to register their presence in the US within 30 days of the program start date listed on their immigration document (I-20/DS-2019). Registration takes place during orientation programs.

If your program has an irregular start date and begins during the academic year, you may not be able to participate in the IPS orientation program. In that case, you must visit IPS in person before the 30-day deadline to register your immigration documents with our office.

Orientation programs are designed to provide students with important information about immigration and visa regulations and IPS services. The orientation program also helps acquaint international students with greater opportunities to become involved on campus, to meet and develop relationships with a greater variety of people, and to participate in a living experience that is unique to university life.

Campus life is greatly enhanced by the comforts, conveniences, and experiences that living in a residence hall provides. Studies of college and university students across the county have shown that individuals who live on campus have higher graduation rates, higher GPAs, and report a greater satisfaction with their collegiate experience.

Freshman/First Year students are required to live on campus at Western Carolina University. This is advantageous because it means you will
Visa, SEVIS, & Other Documents

International Programs and Services supports WCU’s international students, serving as a resource and advocate. It is your responsibility to maintain your visa status, obtain or retain your permission to work, and return to the U.S. in proper status if after traveling to your home or to another country. You have the right to obtain information from the Department of Homeland Security (DHS) at no charge, but DHS may charge fees, if you file forms to request various benefits, such as work permission.

If you fail to comply with your immigration responsibilities, you may lose your legal nonimmigrant status and, thus, not be eligible for work or for future immigration-related benefits, or even to continue in your academic program.

If you violate your F-1 or J-1 visa status, DHS will consider you to be here illegally and out of status and possibly subject to arrest and deportation.

Some common reasons international students fall out of status:

- Failure to inform IPS about change in address, name, major, or degree level
- Registering with a Reduced Course Load (RCL) without prior approval.
- Failure to inform IPS about adjustments in academic course load
- Failure to keep up mandatory health insurance
- Transferring to another school without approval
- Failure to obtain new I-20/DS-2019 (if needed)
- Failure to inform IPS about any change of status/visa classification
- Failure to request I-20/DS-2019 extensions
Full-Time Enrollment

Complete a full-time class load each Fall and Spring semester. Summer is considered a vacation period unless it is the first or last term of enrollment. You can take a summer vacation only if you intend to re-roll for the following Fall semester. Enrolling for the summer semester cannot substituted for the Fall or Spring semester. NOTE: Completion in this situation means you receive a grade at the end of the semester.

Undergraduates must complete 12 credit hours per semester. Graduates must complete 9 credit hours per semester.

Exceptions to Full Time Enrollment
You must consult with IPS before taking less than a full time load. This “drop below full course study” must be verified in SEIVS. In all cases, you must obtain permission first, from IPS, and then you academic advisor.
If you are a graduate student, have completed all course work requirements, and are only working on your thesis or dissertation hours, registering for 3 credit hours is mandatory for USCIS purposes. In the final term of a degree program, you may register only for the number of hours required to complete your program. Please inform IPS if this occurs to you.
If you become hindered due to a medical condition, you can request to be enrolled less than full-time or not at all. NOTE: A letter from a legitimate physician, which explains why you need to drop below, must be given to IPS. Part-time enrollment is limited to a total of 12 months. If you have a valid academic reason to drop below full-time, you may. Reasons include:
• Initial difficulty with English Language or reading requirements
• Unfamiliarity with U.S. teaching methods or improper course level placement.
How do I obtain a Social Security Number or SSN?

You can apply for a SSN by visiting your local Social Security Administration (SSA) office. Check with the Office of International Programs and Services and/or a Human Resources contact for additional information about this process. Most likely you will receive a Social Security card that has the notation, “VALID FOR WORK ONLY WITH DHS AUTHORIZATION.” The SSA issues this type of card to people lawfully admitted to the United States on a temporary basis, who have authorization to work by the Department of Homeland Security (DHS). Your card should arrive 2-6 weeks after you submit the application.

When Should I GO to the Social Security Office?

10 BUSINESS DAYS AFTER ARRIVAL!

SSA must verify your immigration status with the DHS database. It takes some time for the two federal databases to communicate the correct information about your immigration status. The normal processing time is approximately 10 business days. Therefore, IPS strongly recommends waiting at least 10 business days from time of entry into the US before applying for your SSN. Applying prior to this time may result in the delay of issuing your SSN for up to three months.

What Should I Take to the SSA Office?

- Passport
- DS- 2019/ from 1-20
- I-797 if in H1-B status
- EAD Card if in J-2, F-1/OPT
- I-94 Card
- Letter of employment
- Conformation from IPS that you are active in SEVIS
For more information on OPT. and CPT please schedule an appointment with Dana.

Social Security Office
2123 Lakeside Dr. Franklin, NC 28734
Local Number: 1-866-562-0738

**Driver’s License**

The following documents should be taken with you for test(s):
- Passport
- I-94 card/ DS-2019/ I-20 (according to status)
- Proof of residence in the state of North Carolina such as:
  - Bank Statement showing your NC address
  - Current Lease agreement
  - Employer verification
  - Current utility bill (i.e.: water, electricity or gas)
(Please note that you can also use your Social Security card or denial letter from social security office if you are not eligible for a card).

Driver’s License Office
876 Skyland Drive, Ste.2, Sylva, NC
Monday - Friday: 8:00am - 4:30pm
(828) 586-5413

**Change of Address**

U.S. immigration law requires all F-1 and J-1 Visa holders (and their dependents) to notify IPS if the physical U.S. address (not a P.O. Box) within 30 days after arrival in the U.S. and within 21 days after any move to a different physical address. This address change must be entered by IPS into the Student and Exchange Visitor Information
Student Accounts

119 Killian Annex Cullowhee, NC  28723
(828) 227-7324
studentaccounts@wcu.edu
Monday-Friday: 8:00am until 5:00pm
http://www.wcu.edu/current-students/student-accounts-office/

Bank Account

Wells Fargo
733 W Main ST, Sylva, NC 28779
(800) 869-3557)
Monday-Friday: 9:00am until 5:00pm
Saturday-Sunday: Closed
Jackson County Transit

Jackson County Transit
876 Skyland Drive, Suite 1
Sylva NC 28779
Phone: 828-586-0233
Fax: 828-631-1241
Email: infotransit@jacksonnc.org

Jackson County Transit is a fully coordinated, public transportation system that operates as a branch of Jackson County Government. This Transit provides transportation for human service agencies, the elderly people with disabilities, and the general public of Jackson County, including picking up students at Western Carolina University. It offers deviated fixed routes, para-transit service, and a demand response service between 7:00 a.m. and 5:00 p.m. Monday through Friday, except holidays. Requests for service must be made before 2 p.m. prior to the scheduled trip except for the Jackson Trolley, which operates Monday through Friday from 7:00 a.m. until 6:00 p.m.

This is a deviated fixed service that includes 11 fixed bus stops along the route. Limited service is available to Asheville, Waynesville, Franklin and Bryson City.

<table>
<thead>
<tr>
<th>Location</th>
<th>Fares (one way)</th>
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<tbody>
<tr>
<td>Sylva, Local</td>
<td>$1.00</td>
</tr>
<tr>
<td>Sylva, Between Areas</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cullowhee, Savannah, Barkers Creek, Ochre Hill</td>
<td>$3.00</td>
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<tr>
<td>East LaPorte, Caney Fork, Tuskaasegee, Pumpkintown, Whittier, Balsam/Willetts</td>
<td>$3.00</td>
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<tr>
<td>Community of Canada</td>
<td>$4.00</td>
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<tr>
<td>Cherokee, Qualla</td>
<td>$5.00</td>
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<tr>
<td>Glenville, Cashiers, Bryson City, Franklin, Waynesville</td>
<td>$10.00</td>
</tr>
<tr>
<td>Asheville</td>
<td>$20.00</td>
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<tr>
<td>Asheville Airport</td>
<td>$25.00</td>
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A 24-hour notice for local service.
**Student Health Services**

**Hours**

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Monday-Friday</td>
<td>8:00am-5:00pm</td>
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<tr>
<td>Saturday</td>
<td>Closed</td>
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<tr>
<td>Sunday</td>
<td>Closed</td>
</tr>
</tbody>
</table>

**Medical Appointments:**
(828) 227-7640

**Emergencies:**
(828) 227-8911

[http://www.wcu.edu/7858.asp](http://www.wcu.edu/7858.asp)

Western Carolina University is pleased to offer services to help meet your healthcare needs while you are a member of our campus community. University Health Services is conveniently located in the Bird Building on the upper half of campus, and is open Monday thru Friday from 8:00am-5:00pm.

**Services are available to any university student regardless of insurance coverage.**

Our goal is to provide friendly, efficient, and effective healthcare for you while you are a student, as well as help you gain confidence and knowledge in how to manage your health. Health Services is staffed by a mixture of physicians and physician extenders and nursing staff with many years of experience in college health.

Health service’s staff looks forward to helping you manage your health in the coming years that you are a Catamount and helping you equipment yourself with lifelong health habits.
UNC system students are required to have health insurance coverage. To have the school sponsored plan you must **Enroll** today in order to receive your insurance card in the mail by the effective date of August 1st (Fall) or January 1st (Spring). If you already have other insurance coverage, you must **Waive** enrollment in the school sponsored plan to avoid being billed for the health insurance premium.

You may contact us at 828-227-7640 or visit our website at [studenthealth.wcu.edu](http://studenthealth.wcu.edu).

**Frequently Asked Questions**

**What urgent requirements need to be addressed before my enrollment?**
Health services requires you to provide two vital pieces of information upon enrollment

**Complete Immunization Records**
Each student must provide completed immunization records as required by NC State Law before attending a NC college or university. Those requirements are listed on the health services [immunization page](http://studenthealth.wcu.edu). Your immunizations MUST be finalized before you can complete your class schedule.

**Health Insurance Coverage**
Each student is required to have health insurance coverage while enrolled at WCU. The premium charge for the mandatory health plan will be added to your student account as part of tuition and fees. If you have other health insurance, you can request a waiver and have that charge removed from your student account. Criteria for mandatory coverage are as follows:
For students that meet the above criteria, the university (in accordance with UNC school system policy) provides a student insurance policy. More information about the administration of that policy, policy benefits and premium cost can be found at studenthealthins.wcu.edu. If you have other health insurance and would like to waive the mandatory UNC system health plan, please visit HOW TO WAIVE and follow the instructions on that website. After your waiver request has been verified, the premium charge will be removed from your student account.

If you do not have other health insurance coverage you must enroll in the UNC system health plan, please visit HOW TO ENROLL.

If you do not take action regarding waiver or enrollment, you will be automatically enrolled in the UNC system health plan after the waiver process has ended. Students that wait for the automatic enrollment process will have insurance coverage effective on August 1st (for Fall enrollees) and January 1st (for Spring enrollees) BUT may not receive an insurance card until mid-semester.

**What type of information do I need to know before visiting the doctor?**

When visiting university health services, or any other healthcare provider, there are important pieces of information that you should know about your own medical history. This may be your first time visiting a physician without a parent, and it is important that you know vital pieces of information about yourself and your health. Talk to your parent before coming to school to educate yourself about your health history, and your family’s health history. It’s important to help you receive the best care possible. Also, remember that the information shared between you and your healthcare provider is protected and confidential; if you have a medical condition of any sort it is crucial that you share that information with your doctor. The doctor needs to know
Critical things to know:

- **Allergies** – have you ever had an allergic reaction to 1) any medication 2) any foods, 3) any environmental agents (ie… laundry detergent)
  
  If you have had an allergic reaction, what happened?

- **Medications** - are you currently taking any prescription or over the counter medications, including vitamins or supplements.
  
  Know the correct name, dosage and frequency of the medication.

- **Medical conditions** - do you currently have or have you had in the past any chronic health problems or any history of surgery?
  
  For example, do you have a history of asthma?

- Do you have or have you had cancer?

- What type of surgery have you had?

- **Family History** - What types of medical conditions exist in your family?
  
  For example, does your father have a history of high blood pressure or cardiac problems?

- Does your brother have diabetes?

The answer to these questions often help a physician in treating the patient the most effective way possible and helps avoid any potential dangers to the patients, for instance prescribing an antibiotic that you may have had an allergic reaction to in the past.

<table>
<thead>
<tr>
<th>General Clinic</th>
<th>Laboratory Services</th>
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<tbody>
<tr>
<td>Well or Scheduled Appointments</td>
<td>In-House Hematology</td>
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<tr>
<td>Annual Physicals</td>
<td>On-site Rapid Diagnostics</td>
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<tr>
<td>Medication Management Appts</td>
<td>STI Testing</td>
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<tr>
<td>Sick/Walk-In Visits</td>
<td>Sickle Cell Screening</td>
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<tr>
<td>Nurse Triage/Nurse Visits</td>
<td>Collection site for reference testing</td>
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<tr>
<td>Non-Invasive Surgical Procedures</td>
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<tr>
<td>IV Therapy Services</td>
<td></td>
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<tr>
<td>Inhalation Therapy</td>
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<tr>
<td>Contraceptive Counseling</td>
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<tr>
<td>Colposcopy Procedures</td>
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<tr>
<td>Injection Clinic</td>
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<tr>
<td>Immunotherapy (Allergy) Serums</td>
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<tr>
<td>Vaccines and Immunizations</td>
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<tr>
<td>Therapeutic Injectable Medications</td>
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| Pharmacy Services              |                                            |
| In-House prescription dispensing|                                            |
| Over the counter retail sales  |                                            |

| Nutritional Services           |                                            |
| Medical Nutritional Needs      |                                            |
| Weight Management              |                                            |
| Dietary & Diabetic Counseling  |                                            |
| Disordered Eating              |                                            |
When should I seek services?

**Sick Visits**
Sick visits are often considered urgent care appointments and are defined as a sudden onset of symptoms, waking with those symptoms or getting injured.
Health services utilizes a triage process to accommodate walk-in patient’s request for services. Each patient will be seen by an RN for evaluation of severity of symptoms. Based on that assessment, the RN will determine the urgency in which the patient may need to see a provider and will schedule as appropriate based on health services provider's protocols.
The RN will ask you the following questions to help assess your care:
1. What are your symptoms?
2. How long have you experienced these symptoms?
3. Have you taken any medications?

**Check-ups and scheduled visits**
Patients now have the ability to schedule an appointment online using the CatHealth Patient Portal for the following:
- routine check-ups or follow up care for ongoing management of medical conditions
  - annual physicals, annual pap and gynecology exams
  - medication refills and management
  - follow up appointments
  - health physicals or clearance to participate
  - lab orders from outside providers
  - medication refills
  - STI testing
  - illness or injury

Appointments can also be scheduled by calling 828-227-7640.
What will a visit to health services cost and how do I pay for those services?

**Health Services Charges**
Each student’s attending WCU pays a student health fee through the tuition and fee payment process. This fee entitles the student to routine health services provided by health services staff.

Charges that a student might incur during a visit include:
- Charges for laboratory services
- Pharmacy items dispensed in health services
- Minor treatment charges for procedures
- Supplies used for treatment (i.e., crutches)

Health services evaluates charges on an annual basis to ensure that the most affordable healthcare is available for the student.

**Payment for Services**
Several payment options are available for students to take care of any financial obligations at health services.

These options include:
- Cash, check, all major credit cards and medical spending account cards.
- CatCash
- Charge to the student account.

**Insurance Coverage**
Students do not have to be enrolled in the UNC system health plan to access University Health Services. For students enrolled in the mandatory UNC plan, UHS will submit an insurance claim to the student health plan for reimbursement, and most charges will be covered at health services at 100%. Currently University Health Services can only file claims to student health services.

Students that are covered under a private or other policy will be provided the necessary information to file an insurance claim with the private policy upon request.
What should I do in case of emergency?
If you find yourself in an emergency situation and you are on the campus of WCU the student EMS service is available for your needs FREE of charge.

University Health Services maintains a Campus EMS service for our student’s safety. The campus service is licensed for BLS, or basic life support, care, and is staffed by student workers. Campus EMS may provide transportation to either University Health Services or Harris Regional Hospital depending on the patient’s condition and the time of day of the call.

For emergencies that require an advanced level of care, WestCare EMS serves as the paramedic service for campus.

To request Campus EMS call 828-227-8911.

You can obtain more information about utilizing campus EMS or becoming part of our team by visiting Campus EMS.

Off Campus Resources
Harris Regional Urgent Care
Walmart Plaza; Sylva
Monday - Sunday: 8:00am - 6:30pm
828-631-9462
Urgent Care is located in the Walmart plaza in Sylva. Provides efficient, quality medical care for urgent medical needs that do not require emergency care. General/urgent care, x-ray, laboratory services, urine drug screenings and occupational health.

Harris Regional Hospital
68 Hospital Road Sylva, NC 28779
(828) 586-7000
Fully-accredited hospital including an ER.
**CVS Pharmacy**
88 NC Hwy 107; Sylva, NC 28779
Monday - Sunday: 8:00am - 10:00 pm;
828-586-3558
Make-up and personal care items, over the counter medicine, pharmacy for prescription medicine

**Sylva Walmart Supercenter**
210 Walmart Plaza; Sylva, NC 28779
Store: Open 24 Hours
Pharmacy:
Monday - Friday 9:00 am - 9:00 pm
Saturday - 9:00 am - 7:00 pm
Sunday - 10:00 am - 6:00 pm
828-586-0211
Super center with all types of items including food, personal items, home items, over the counter medicine, and a pharmacy for prescription medicine.

**Dentists**
Dr. David McGuire
45 King St #200b, Sylva, NC 28779
Monday-Wednesday: 8:00am - 5:00pm
Thursday: 7:00am - 3:00pm
Friday - Sunday: Closed
828-631-3283

Dr. Timothy Spilliards
230 Poplar Drive, Sylva, NC 28721
Monday - Thursday: 8:30am - 5:00pm
Friday - Sunday: Closed
828-586-0404
Counseling Services

How Can Counseling Help?
As an international student, you bring an invaluable perspective to the campus community and help expand the diversity of ideas and knowledge at WCU. You may, however, experience unique stressors as you adjust to the culture, language, and academic expectations of Western North Carolina and WCU. Talking to a counselor may be helpful if you are experiencing concerns with any of the following:

- Homesickness
- Understanding and adjusting to U.S. culture
- Relationship concerns, including relationships from home or new relationships with friends, roommates, or significant others
- Difficulty connecting with others
- Academic issues
- Family concerns
- Feeling overwhelmed or confused

These are just a few of the potential stressors that you could talk to your counselor about, and you may be experiencing other concerns as well. Our counselors can help you work through these issues and develop new goals and coping skills as you adjust to WCU. All sessions are confidential.

What Is Counseling?
Counseling may not be a familiar process to you, as it is not a common practice in many countries or cultures. Sometimes, people may view counseling as being only for people with serious psychological issues. In the United States, however, it is increasingly being used to help people work through concerns or stressors in their lives, such as adjusting to college life. Meeting with a professional counselor at Counseling and Psychological Services (CAPS) can help you with your
licensed social workers. The staff is focused on being culturally competent and is respectful of all cultures, races, ethnicities, religious beliefs, genders, sexual orientations, and ages.

**What Is Confidentiality?**

What you discuss with your counselor is private and confidential and is protected by law. It is important that you know that what you share with us is not part of your academic record and will not be provided to any family or other outside agency without your permission.

**What Services Are Offered?**

**Individual Counseling**

If you would like to meet with a counselor in a one-on-one setting, you can schedule individual appointments. CAPS offers free sessions for all students enrolled in classes and paying the student health fee. Individual sessions are typically 50 minutes long and can be on a weekly or bi-weekly basis, but you and your counselor can determine together how frequently you meet. Our counseling model is solution-focused, so you will generate goals and work towards achieving those goals in a short period of time.

**Group Counseling**

We offer several different types of group counseling. Group counseling involves meeting with 5-8 other students on a weekly basis and can be particularly helpful for people having difficulty connecting or communicating with others. As a result, this is an opportunity for a student to experiment with different ways of expressing her/himself, receive feedback from others on how they perceive her/him, receive support and encouragement, and offer support to the other group members.
How Do I Start Counseling?
Please check out our website at caps.wcu.edu to learn more about our services and how to schedule an appointment. We are located on the second floor of the Bird Building, above Health Services. We utilize walk-in session to get you connected with a counselor. Walk-in sessions are on a first-come, first-served basis, so it may be helpful to come early to secure a timeslot. Sessions can fill quickly. During this brief session, you will discuss your concerns with a counselor so that you can get matched with a permanent counselor and begin working through your concerns.

CAPS is open Monday through Friday from 8 a.m. to 5 p.m. If you would like to call us to schedule an appointment because you are unavailable during walk-in hours, please call (828) 227-7469.

Additional Information
In case of an emergency, a counselor-on-call is available 24 hours a day during the academic year. After office hours and on weekends, please call (828) 227-8911 to access the counselor-on-call. This is the Communication Center Switchboard affiliated with University Police. Ask to speak to the counselor-on-call.

For any additional questions, give us a call at (828) 227-7469 or browse our website at caps.wcu.edu.

Off Campus Resources
For off campus assistance, please visit PsychologyToday.com to find a therapist in the local area.
Policies & Safety

Western Carolina University (WCU) is dedicated to providing an environment of well-being, learning, and accountability for its members. As an educational institution, WCU provides resources that empower students to inform themselves about the physical, mental, and communal effects of alcohol and drugs. It is our mission to reduce negative consequences experienced due to the use and abuse of alcohol and other drugs in order to empower and retain successful healthy, involved students. As an institution WCU encourages safe and legal behavioral practices regarding student use of alcohol and other drugs. To foster academic achievement, personal success and wellness, and community safety WCU has adopted the following Alcohol and Other Drugs policies:

Possessing, consuming, or distributing alcohol and/or Controlled Substances (and/or other conduct that may result in intoxication or other harmful effects). Examples of behavior in violation of these policies include, but are not limited to:

- Possession or consumption of alcohol in a manner that is not authorized by University policies (under 21)
- Displaying/possession/consumption of alcohol in campus residence halls by students less than 21 years of age
- Furnishing/selling alcohol to any person less than 21 years of age
- Presence of kegs, party balls, or other common source containers
- Drinking games (beer pong, flip cup, etc.)
- Operating a motor vehicle while under the influence of alcohol or other drugs
- Public intoxication by alcohol or other drugs
- Possession or consumption of drugs and/or Controlled Substances in violation of University policies (marijuana, non-personal prescription medication, etc.)
• Misuse of some consumer products (e.g., medications, spices, bath salts, etc.)

(Note: These policies include, but are not limited to University Policy #38 - Illegal Drugs and Illegal Use of Alcohol, University Policy #81 - General Campus Policy For Alcoholic Beverages, and University Policy #102 - University Center BYOB Alcohol Policy).

Each member of our the WCU community is responsible for his or her own actions and is expected to conduct themselves in a manner that helps enhance an environment of learning in which the rights, dignity, worth, and freedom of each member of the community are respect.

Safety

Although Cullowhee is a relatively safe place to visit, it is good to practice safety. Here are some general guidelines:
• Don’t carry large sums of money with you.
• Don’t leave any of your personal belongings alone in public.
• Lock your doors.
• It is best not to walk alone at night, even on campus. Try to always walk in groups. At night, wear bright colors so that cars will be able to see you.
• Always wear a seatbelt when you are in a moving vehicle. It is the law.
• Never hitchhike.

If you have an emergency, call Campus Police immediately at 828-227-8911.
## Important Numbers

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone Number</th>
</tr>
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<tbody>
<tr>
<td>WCU Emergencies</td>
<td>828-227-8911</td>
</tr>
<tr>
<td>WCU Tip Line</td>
<td>828-227-8477</td>
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<tr>
<td>WCU Police Department</td>
<td>828-227-7301</td>
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<td>WCU Parking Services</td>
<td>828-227-7275</td>
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<td>WCU Cat-Tran</td>
<td>828-227-8726</td>
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<td>WCU Emergency Services</td>
<td>828-227-3445</td>
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<tr>
<td>WCU One Stop</td>
<td>828-227-7170</td>
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<tr>
<td>WCU Student Health Services</td>
<td>828-227-7640</td>
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<tr>
<td>WCU Counseling &amp; Psychological Services</td>
<td>828-227-7469</td>
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<tr>
<td>WCU Intercultural Affairs</td>
<td>828-227-2276</td>
</tr>
<tr>
<td>WCU Office of Equal Opportunity and Diversity Programs Title IX Coordinator</td>
<td>828-227-7116</td>
</tr>
<tr>
<td>WCU Community Ethics</td>
<td>828-227-7234</td>
</tr>
</tbody>
</table>
Get Involved!

There are many ways to get involved on the WCU campus! Listed below, you will find a few options available. For more information, visit the Student Activities page at [wcu.edu/student-life](http://wcu.edu/student-life)

**Last Minute Productions**
- LMP shows newly released movies every Friday and Saturday night during the school year! Tickets are free for WCU students.

**Student Organizations**
- There are over 200 student organizations on campus, including the Saudi Student Club and the Japanese Animation Society.

**Base Camp Cullowhee/Campus Recreation & Wellness**
Special Events

Annual Study Abroad Fair 2015
On Tuesday, September 15, 2015 from 11 A.M. to 2 P.M. WCU will have its Annual Study Abroad Fair in the Hinds University Center Grand Room, Once again, representatives from over 30 study abroad programs will be on hand with information and promotional materials to answer any questions students and faculty have about a wide range of study abroad options. In addition, WCU Faculty planning on offering a Faculty-led program in the spring or summer 2016 is invited to join us at this popular event and to promote their individual programs. For more information about the Study Abroad Fair.

For more information on the Fair, please contact Margaret Basehart (tel. 828-227-2567, mzbasehart@wcu.edu)

International Education Week
Each November, the Office of International Programs and Services promotes and sponsors International Education Week (IEW) across the WCU campus and into the surrounding community of Cullowhee. IEW is an avenue for WCU students, faculty and staff to become more aware of and/or better understand cultural similarities and differences that make up the world at large.
Organizers of IEW seek to:
- Foster a greater sense of internationalism on the WCU campus
- Encourage more awareness of other people, cultures, world affairs and their influences on human life
- Inform WCU and her surrounding community on the various ways in which WCU continues to engage in international educational cultivation
Annual International Festival
The annual International Festival, or I-Fest, has provided WCU and the surrounding Jackson County community with a unique opportunity - that is, a chance to engage and explore world cultures and fascinating traditions through a wide range of medium, including Food, Music, Dance and Artistry.
The I-Fest is a 5-6 hour-long celebration that occurs in early April. Festival coordinators typically expect attendance to reach between 1,000- 1,500 visitors.
Please join us this year on April 13, 2015, for another great I-Fest!
Leadership Experience
WESTERN CAROLINA UNIVERSITY

OCTOBER 10th—15th

Price includes: travel, lodging, meals, four day Walt Disney World park admission, one day Universal Studios park admission, and Walt Disney World Leadership Program!

$450
$150 deposit due at registration

REGISTER AT:
2nd FLOOR UNIVERSITY CENTER, ROGERS ROOM
Registration begins August 31st & September 1st from 11:00a to 1:00p
Cash | Credit | Debit | Check
Make checks payable to University Center | Memo: Disney
**FALL 2015 ACTIVITIES:**

**August**

**August 27th** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*

**September**

**September 5th** 7:30 pm: First Home Football game featuring post game fireworks (Meet up with ISM)  
**September 7th** 9am-4pm: Rafting on the Nantahala River ($27 per person)  
*Will leave from Campus Recreation Building. Please arrive 10 minutes early. Must sign up in advance*  
**September 10th** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*

**September 15th** 11am-2:00pm: Study Abroad Fair  
*University Center Grand room: Please stop by and represent your country!*  
**September 17th** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*

**October**

**October 8th** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*  
**October 22nd** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*

**November**

**November 5th** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*  
**November 16th-20th** (various times and activities TBD): International Education Week  
**November 19th** 5:30-8:00pm: Wal-Mart Trip & Dinner  
*Will leave from IPS. Please arrive 10 minutes early.*

**December**

**December 3rd** 12pm-2pm: Holiday/Goodbye Party
Notes