NOVEMBER 2019

The purpose of Homecoming is to promote campus pride and spirit as well as enhance relations with alumni. Homecoming events were held throughout campus all week culminating with the Homecoming Football game and the crowning of the Homecoming King and Queen. From the annual carnival on the Central Plaza to the concert in Ramsey, tailgating and the football game in E.J Whitmire Stadium, nothing says “fall” like a Homecoming in Cullowhee!
2019 HOMECOMING KING & QUEEN

Chancellor Kelli R. Brown congratulated Samantha Carter, a senior majoring in social work, and Paolo Balladares, a senior majoring in nursing, on being
crowned Western Carolina University's Homecoming queen and king Saturday, Oct. 26.

Carter, a graduate of Dixon High School in Holly Ridge, is the daughter of Sonya Carter and Ennett Carter. She serves as a resident assistant on campus and as a vice president for the Delta Zeta sorority.

Balladares, a graduate of Clayton High School in Clayton, is the son of Katty Delgado and Pablo Amestica. His activities on campus include serving as a member of the Honors College board of directors and as a senator on the Student Government Association. He also volunteers at local community clinics as a translator.

We want to hear from you! Click here to share your ideas for professional development, conference presentations, awards and good news or general feedback for the newsletter.

Susannah Kuppers successfully obtained licensure as a clinical addictions specialist (LCAS).

The WCU Cycling Club was named the 2019 Southeast Conference Club Mountain Bike Champions.

Kim was officially named as the Annual Survey Coordinator for the Association for University and College Counseling Center Directors, a three-year appointment. Kim is the first woman to assume this position.
Jay Manalo was elected to the Governing Board of the Association of Counseling Center Training Agencies (ACCTA).

Amanda Buchanan and Brenda Holcombe presented on our Founders Program at the National Scholarship Providers Association annual conference in October. The name of their presentation was “Beyond Office Walls: The Impact of Campus Collaboration in Our Access Program.”

Jane Adams-Dunford presented on "Careers in Student Affairs" for the Undergraduate Symposium during the Southern Association for College Student Affairs Conference.

**CAPS NATIONAL AWARD**

Counseling and Psychological Services won the Association for University and College Counseling Center Directors (AUCCCD) Media Award! The award was presented to Kim Gorman during the annual conference. The award recognized the video series which “works to advance campus mental health and student development.”

Counseling and Psychological Services received an award for its self-help video series. Each of the 10 videos features a “Mountain Hipster” character created by Student Affairs graphic artist Carol Barnao.
SCHOLARSHIPS

The WCU scholarship application is now available for the 2020-2021 academic year! Students should submit their applications through myWCU by the February 1, 2020 deadline. All students are encouraged to submit the application every year as the criteria for our scholarships vary greatly. Many academic departments select students at the sophomore, junior, and senior levels who are committed and involved in their programs.

There are two upcoming programs to assist students with scholarship information:

Scholarships and Study Abroad: Wednesday, November 13, 4:00 pm, UC Catamount Room
Scholarship ABC’s: Thursday, November 21, 4:00 pm, UC Catamount Room
The Department of Intercultural Affairs' Fall 2019 Tunnel of Oppression theme is 'The Labels We Wear: Microaggressions'. Rooms will explore Mental Health, Voting/Political Climate, Mass Shootings, Access to Health Care and Body Image. Registration for individuals is recommended but not required.

This is an interactive program that allows students, faculty, and staff to have an experience with oppression, discrimination, and injustice to heighten awareness and encourage a personal commitment to ending oppression in all forms. The program usually takes about 50 minutes and includes a facilitated group discussion led by Counseling and Psychological Services trained volunteers.

Wednesday, November 13 and Thursday, November 14
9:00am - 11:20am and 1:00 p.m. - 4:00 p.m. Blue Ridge Conference Center
For more information DSA.WCU.EDU/TUNNEL

You@WCU

WCU is excited to share our new online well-being portal, YOU@WCU. This tool is designed to help students Succeed, Thrive, and Matter by managing stress, setting goals, promoting happiness and well-being, and connecting to campus resources.

The YOU portal was made to help students design their ideal college experience. YOU@WCU fosters student
success in three domains: Succeed (academics and career); Thrive (physical and mental health); and Matter (purpose, community, and social connections). The portal serves up relevant information and campus resources, and content becomes personalized when a student completes brief assessments, fills out a profile, or searches for something specific. There is also a built-in function for students to set goals and check them off as they go.

Anyone with a WCU email address can register and begin using this tool. A student’s e-mail is encrypted when accessing YOU@WCU. There is no way of tracking individual use or responses, so users can feel safe being honest and exploring sensitive topics.

Visit https://you.wcu.edu to get started today!

Introducing YOU - A dynamic digital resource designed to help WCU students thrive.

NEWS & UPDATES

ENROLLMENT
• Recruitment Cycles
• Office Relocations
• Math Tutoring
• Transfer MOUs

Read more

HEALTH & WELLNESS

• Health Services
• Fall Break Service Trip
• Medical Withdraw
• DSA Campus Collaboration

Read more

CAMPUS ACTIVITIES
- Leadership Program
- ACE Committee
- Student Government
- Communications & Marketing

Read more
Undergraduate Admissions

CAMPUS SERVICES

- Allen Hall
- Tabletop Exercise
- Aramark Manager
- Retirement

Read more

DEAN of STUDENTS
• Greek Life
• Ask DSCE
• Cultural Immersion Excursion

Read more

MARKETING & ASSESSMENT

• Resources
• One Book
• I Love WCU
• HESA Presentation

Read more

DSA IT COMMITTEE
IT is currently working to verify WCU IT Fixed Assets. You may receive an email for assistance in verifying assets that are assigned to you. Don’t forget to complete your annual security awareness training. Training only takes 15-minutes and notification of non-completion will be sent to supervisors.

CATAMOUNT LEGACY WALK

Leave your legacy by purchasing a brick on the Catamount Legacy Walk! Located by the Alumni Tower, the walk features bricks engraved with a name or personal message that honors members of the Western Carolina University family.

- Celebrate a special occasion such as a birth, anniversary or graduation
- Honor a friend or loved one from WCU who has impacted your life
- Recognize a graduate, student, professor or friend
- Celebrate a graduate's educational and athletic successes as a Catamount
Funds raised by the Catamount Legacy Walk support the Student Emergency Fund. Donors receive a commemorative certificate for each brick commissioned.

For more information please contact the Office of Student Affairs at (828) 227-7147.

**Budget Hearings**

The Division of Student Affairs Budget Hearings will be held November 20, 2019, 8:15 am - 4:00 pm.

[View the full schedule]

**Talent Development**

Please take advantage of the training opportunities available on campus:

- [Talent & professional development](#)
- [HR training & events](#)
- [Diversity related trainings](#)

**PROFESSIONAL DEVELOPMENT ON THE GO**

**2019: Higher Education at a Crossroads**

In the years since the onset of the 2008 Great Recession, many higher education institutions have reacted to the forces bearing down on them without
any real strategy for the future. Others have responded to the issues facing them with creative solutions to prepare for the decade ahead.

Academic Partnerships shared insights of experts to identify five key trends likely to shape 2019 and beyond for colleges and universities. For more information visit INSIDE HIGHER ED.

A special thank you for all you do to make our WCU community great.

Happy Thanksgiving!

LEADERSHIP MEETING

The Student Affairs Leadership Team met on November 5, 2019.

November meeting minutes
**Native American Heritage Month**

“Together We Are Strong, Together We Will Teach”

**Rock Your Mohicans Awareness Walk**
Nov. 4 | 5:00pm
Beginning at the Fountain

Who your ancestors and/or traditional clothing is:

The Native American Heritage Month is celebrated in the United States to raise awareness of Native American traditions and promote the appreciation of Native American heritage. This week-long event includes various activities, such as traditional dances, storytelling, and cultural performances. The Mohican people are one of the 12 Iroquois nations that originally inhabited what is now the northeastern United States. They are known for their intricate beadwork and pottery. Join in the awareness walk and learn more about their rich history and culture.

**Native Educated: Being Torn Between Education and Expectation**
Nov. 12 | 4:30-6:30pm, UC Grand Room
A conversation about native communities and the idea of re-imagining traditional education.

Guest speakers:

- Cory McPhee, Indigenous Media
- Heidi Dellinger, Director of the Native American Student Affairs Office
- Dr. Tyrone Childs, Associate Professor of Native American Studies

- Fernanda Gurrola-Mendoza, Instructor at New Mexico State University

**Native American Heritage Festival**
Nov. 16 | 11am-2pm
At the Fountain Area
Food and beverage, cultural demonstrations, traditional games, storytelling, and much more... Come for the fun and stay for the educational opportunities! This event is open to everyone and will feature performances and activities that highlight Native American culture and traditions.

**Wind River Movie Screening**
Nov. 20 | 4pm-6pm, UC Theater

An award-winning film that explores the lives of the Wind River Indian Reservation in Wyoming. The story follows two young Native American women who go missing, leading to a police investigation that uncovers a shocking truth about the reservation's past and present. The film is a powerful exploration of identity, culture, and the challenges faced by Native American communities today.

---

**GREAT AMERICAN SMOKOUT**

**Tobacco Awareness & Education Week**
November 18-21
11am-1pm | UC Lawn

**Monday, 11/18: Kickoff**
Join us for the Kickoff of Great American Smokey, stop by and visit our table for information and giveaways.

**Tuesday, 11/19: Vaping Awareness & Education**
Join us for Vaping Awareness & Education.

**Wednesday, 11/20: Pledge Day & Ciggy vs. Paws**
Come on out to pledge to be tobacco free & see Paws take Ciggy down!

**Thursday, 11/21: Quit Kits**
Stop by the Great American Smokey table to pick up a quit kit and other giveaways.

Resources: Health Services & Counseling and Psychological Services
REMINDERS

UPCOMING DATES

November 13 & 14       Tunnel of Oppression
November 18 - 21       Tobacco Awareness Week
November 19            Last Day for Health Enrollment
November 20            DSA Budget Hearings
November 28 & 29       Thanksgiving Holiday
December 4 & 5          Holidays at the UC