### THE CORE (21 HOURS)

**C1. Writing, 6 hours**
- ENGL 101 Composition I ____(3)
- ENGL 102 Composition II ____(3)

**C2. Mathematics, 3 hours**
- MATH 101 Mathematical Concepts ____(3)
  *(Satisfied if student passes a higher level math course)*

**C3. Oral Communication, 3 hours**
- CMHC 201 Intro. To Speech Communication ____(3)

**C4. Wellness, 3 hours**
- HEAL 111 Stress Management for Health & Wellness ____(3)
- HEAL 123 Health & Wellness ____(3)
- HSCC 101 Nutrition, Fitness & Wellness ____(3)

**C5. Physical & Biological Sciences, 6 hours**
Students may take one of the following combinations of courses to satisfy this requirement:

1. **two** Liberal Studies science courses in **two different** disciplines.

2. **one** Liberal Studies science course and **one** non-Liberal Studies science course with a laboratory or applied component in a **different** discipline.

3. **two** non-Liberal Studies science courses with laboratory or applied components in two **different** disciplines.

- AST 102 Introductory Observational Astronomy ____(3)
- AST 103 The Solar System ____(3)
- AST 104 Cosmic Evolution ____(3)
- BIOL 102 Human Genetics ____(3)
- BIOL 103 Environmental Biology ____(3)
- BIOL 104 Human Biology ____(3)
- BIOL 105 Biology in the 21st Century ____(3)
- CHEM 101 Chemistry in Society ____(3)
- ENVH 130 Environmental Health Science: Systems & Solutions ____(3)
- GEOL 140 Investigations in Environmental Geology ____(3)
- GEOL 150 Methods in Geology ____(4)
- NRM-140 Natural Resource Conservation & Management ____(3)
- PHYS 105 Contemporary Physics ____(3)

### THE FIRST-YEAR SEMINAR (3 HOURS)

**a. Students with 0-15 credit hours are required to take this course.**

**b. Students with 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required.**

**c. Students with 30 or more credit hours are not eligible to take First-Year Seminar.**

**d. Students who do not take First-Year Seminar must take another 3-hour Liberal Studies course in the Core or Perspectives to meet the 42-hour total for Liberal Studies.**

- ANTH 190 First-Year Seminar: The Human Condition ____(3)
- BIOL 190 Discoveries in Biology ____(3)
- BIOL 192 Plant Biodiversity ____(3)
- BIOL 193 Forensic Biology ____(3)
- BIOL 194 Biotechnology: Methods, Applications & Implications ____(3)
- CHEM 190 Chemistry in Industry ____(3)
- CHEM 191 Issues in Environmental Chemistry ____(3)
- CHEM 192 Human Gene Discovery Laboratory ____(3)
- CHEM 193 Chemistry in the Arts ____(3)
- CHEM 194 Forensic Chemistry ____(3)
- CIS 195 The Information Society at Work ____(3)
- CJ 190 Controversies in Criminal Justice ____(3)
- CMCR 190 A User's Guide to the Mass Media ____(3)
- EDCI 191 The Great School Wars ____(3)
- ENGL 190 First-Year Seminar in Literature ____(3)
- ENGL 191 First-Year Seminar in Creative Writing ____(3)
- ENGR 199 Introduction to Engineering Practices & Principles I *Freshman Engineering majors only.* ____(3)
- ENVH 190 From Black Death to Bioterrorism – The Public Health Solution ____(3)
- ET 190 Technology Systems ____(3)
- GEOL 191 Geology, Landscapes, & the Human Psyche ____(3)
- GER 190 First-Year Seminar: Triumph & Tragedy Reflected in Modern German Film ____(3)
- HIST 190 First-Year Seminar ____(3)
- HIST 191 First-Year Seminar ____(3)
- HSCC 191 Does Inequality Make You Sick? ____(3)
- JPN 190 An Introduction to Japanese Popular Culture ____(3)
- LAW 195 Contemporary Legal Issues ____(3)
- MATH 190 Mathematical Models of Population Growth ____(3)
- MATH 191 Mathematics in Social Choice & Decision Making ____(3)
- MATH 192 Fractals: The Geometry of Nature ____(3)
MUS 190 First-Year Seminar (3)
ND 190 Personal Nutrition (3)
PAR 190 Freedom Culture & Technology (3)
PSC 190 Active Citizenship: Making a Difference in Your Community (3)
PSY 190 First-Year Seminar (3)
PT 190 Caring for the Aging Population: Challenges & Solutions (3)
SOC 190 First-Year Seminar: Social Institutions & Issues (3)
SPAN 190 Celluloid & Paper Dreams: Hispanic Literature & Film (3)

THE PERSPECTIVES (18 HOURS)
Includes Upper-Level Courses*

P1. Social Sciences, 6 hours
Courses must be taken in two different disciplines

ANTH 110 Origins of Civilization (3)
*ANTH 414 Minority Groups (3)
ASI 250 Introduction to Appalachian Studies (3)
BA 133 Introduction to Business (3)
*BA 303 Negotiations: Strategy & Professionalism (3)
*BIOL 334 Biotechnology and Society (3)
ECON 231 Introductory Microeconomics & Social Issues (3)
*FIN 350 So You Want To Be A Millionaire (3)
GEOG 101 Population Geography (3)
*HSCC 300 Occupational Health (3)
*HSCC 307 Evaluating Health Claims: Fact or Quack (3)
LAW 105 Introduction to Law (3)
*LAW 406 Media Law (3)
*MKT 409 Negotiations/Relationship Marketing (3)
*PAR 313 Philosophy of Law (3)
*PAR 332 Biomedical Ethics and Social Justice (3)
*PAR 333 Environmental Ethics & Public Policy (3)
*PAR 334 Biotechnology and Society (3)
PSC 150 American Government & Politics (3)
PSY 150 General Psychology (3)
*PSY 331 Human Sexuality (3)
*PSY 370 Psychology & Law (3)
*PT 400 Complementary & Integrative Therapies (3)
*RTH 300 Health & Healing: The Spirit-Mind-Body Connection (3)

SOC 103 Human Society (3)
SOC 235 Social Problems (3)
*SOC 414 Minority Groups (3)
SOCW 251 Social Issues, Policy, & Programs (3)
*SOCW 402 Diversity in Contemporary Society (3)
*SOCW 420 Addictions (3)

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours

HIST 107 World Cultures in Historical Perspective (3)
HIST 141 Turning Points in American History: Paths Taken & Rejected (3)
HIST 142 Lunatics, Dreamers & Ordinary People: Biography in American History (3)
HIST 151 Turning Points in European History: Paths Taken & Rejected (3)
HIST 152 Lunatics, Dreamers, & Ordinary People: Biography in European History (3)
HIST 221 European History to 1517 (3)
HIST 222 European History Since 1517 (3)
HIST 231 American History to 1865 (3)
HIST 232 American History Since 1865 (3)
*HIST 308 Explorations in Regional History (3)
*HIST 311 Ancient Greece & Rome (3)
*HIST 313 The Medieval World (3)
*HIST 317 History of Twentieth-Century International Relations (3)
*HIST 322 British History to 1603 (3)
*HIST 323 British History Since 1603 (3)
*HIST 327 Modern Russia (3)
*HIST 330 Modern Germany (3)
*HIST 335 History of Capitalism (3)
*HIST 341 North Carolina History (3)
*HIST 361 Latin American History I (3)
*HIST 362 Latin American History II (3)
*HIST 373 Modern Asia (3)
*HIST 375 Middle East Since Mohammed (3)
*MATH 301 History of the Scientific Revolution (3)
PAR 106 Western Religious Traditions (3)
PAR 210 Origins of Early Christian Traditions (3)
*PAR 305 Medieval & Reformation Theology: Divine Foreknowledge, Free Will & Justification by Faith (3)
*PAR 326 Religion and Science: God’s Law and Laws of Nature (3)

P4. Humanities, 3 hours

ENGL 206 Literature of Place (3)
ENGL 207 Popular Literature & Culture (3)
ENGL 209 Past Times: Literature & History (3)
ENGL 231 Interpretation of Literature (3)
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ENGL 290 Literature & The Sacred ____(3)
*ENGL 350 The Renaissance ____(3)
*ENGL 351 The Beats, Radicals, & Avant-Garde Literature ____(3)
*ENGL 352 The Journey in Literature ____(3)
*ENGL 364 Southern Literature ____(3)
*ENGL 367 Appalachian Literature ____(3)
*ENGL 390 The Bible as Literature ____(3)
HIST 171 Religion in America ____(3)
HIST 175 Native American Civilizations ____(3)
HIST 181 Religion in Europe ____(3)
HIST 182 The Ancient Empires ____(3)
HIST 185 History of Death in Western Civilization ____(3)
LAW 201 Individual Rights ____(3)
*LAW 306 Women & The Law ____(3)
*LAW 412 Business Ethics & Corporate Responsibility ____(3)
PAR 101 Western Philosophical Traditions ____(3)
PAR 102 Western Moral Traditions ____(3)
PAR 230 Legal Scientific & Critical Reasoning ____(3)
*PAR 304 Justice, Power, & Human Nature in the Ancient Greek Polis ____(3)
*PAR 306 Science, Reason, & Autonomy in the Enlightenment ____(3)
*PAR 307 From Existentialism to Feminism ____(3)
*PAR 308 From Pragmatism to Postmodernism ____(3)
*PAR 309 Philosophy in & of Film ____(3)
*PAR 312 Philosophy of Religion ____(3)
*PAR 330 American Wilderness Ethics & Aesthetics ____(3)
*PAR 350 Philosophical & Religious Classics ____(3)

P5. Fine & Performing Arts, 3 hours
ART 104 Introduction to The Visual Arts ____(3)
CMTA 104 The Theatre Experience ____(3)
*CMTA 310 Black Theatre Experience ____(3)
DA 259 Dance Appreciation ____(3)
MUS 101 Music Appreciation ____(3)
*MUS 304 Jazz Appreciation ____(3)
*MUS 410 History of American Musical Theatre ____(3)

P6. World Cultures, 3 hours
(satisfied if student passes MFL 101, 102, 110, 231, 232, 240, or 301)
Only three of the six credit hours earned in FREN, GER, SPAN 110 apply to P6 category.
ANTH 120 Comparative Cultural Systems ____(3)
ART 202 Art of World Cultures ____(3)
CHER 101 Experiencing Cherokee & The Cherokee-Speaking World ____(3)
ENGL 204 The Literature of Culture ____(3)

*ENGL 366 Literature of American Immigration ____(3)
*FREN 101 Experiencing French & The Francophone World ____(3)
FREN 102 Experiencing French & The Francophone World II ____(3)
FREN 110 Experiencing French & The Francophone World: Accelerated ____(6)
*GEOG 103 Cultural Geography ____(3)
*GEOG 440 Regional Geography ____(3)
GER 101 Experiencing German & The German-Speaking World ____(3)
GER 102 Experiencing German & The German-Speaking World II ____(3)
GER 110 Experiencing German & The German-Speaking World: Accelerated ____(6)
HSCC 210 Global Disparities in Public Health ____(3)
LAT 101 Beginning Lat I ____(3)
LAT 102 Beginning Latin II ____(3)
*MUS 303 The World of Music ____(3)
*ND 310 Food, Nutrition & Culture ____(3)
PSC 110 Global Issues ____(3)
*PSC 415 Contemporary British Politics ____(3)
PAR 105 Eastern Religious Traditions ____(3)
PAR 202 What is Religion? ____(3)
PAR 211 Understanding Islamic Traditions ____(3)
PAR 220 Women & Religion ____(3)
*PAR 314 Religion, Suffering, & The Moral Imagination ____(3)
*PAR 323 Mysticism and the Modern Mind ____(3)
*PAR 324 Contemporary Religious Classics ____(3)
*PAR 325 Religion in Film ____(3)
*PAR 327 Native American Religions ____(3)
SPAN 101 Experiencing Spanish & The Spanish-Speaking World ____(3)
SPAN 102 Experiencing Spanish & The Spanish-Speaking World II ____(3)
SPAN 110 Experiencing Spanish & The Spanish-Speaking World Accelerated ____(6)

UPPER-LEVEL PERSPECTIVES 300-400 COURSES

*One course required in any perspective category outside of the major.
Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: A course approved as a Liberal Studies Perspectives course may be used to meet a major requirement. However, when a Perspectives course meets a student’s major requirement, the credit hours for that course will not be counted toward the total of 18 hours of Liberal Studies Perspectives required of every student, although the Perspectives category requirement met by the course will be
satisfied. In this situation, the student will take an additional elective Liberal Studies course in any Perspectives category outside of the major. The credit hours for this Liberal Studies elective course will count toward the 18 hours of Liberal Studies Perspectives. Credit hours will not count for both Liberal Studies Perspectives and for the major simultaneously.