

# LIBERAL STUDIES PROGRAM

## THE CORE (21 HOURS)

### C1. Writing, 6 hours

ENGL 101 Composition I \_\_\_\_\_(3)  
 ENGL 102 Composition II \_\_\_\_\_(3)

### C2. Mathematics, 3 hours

MATH 101 Mathematical Concepts \_\_\_\_\_(3)  
 (Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400)

### C3. Oral Communication, 3 hours

CMHC 201 Intro. To Speech Communication \_\_\_\_\_(3)

### C4. Wellness, 3 hours

HEAL 111 Stress Management for Health & Wellness \_\_\_\_\_(3)  
 HEAL 123 Health & Wellness \_\_\_\_\_(3)  
 HSCC 101 Nutrition, Fitness & Wellness \_\_\_\_\_(3)

### C5. Physical & Biological Sciences, 6 hours

- A. The two courses taken to meet the C5 requirement must be from two different disciplines
- B. Other 100-200 level science courses from **AST, BIOL, CHEM, ENVH, GEOL, NRM, and PHYS (with the exceptions of BIOL 132, CHEM 241, and courses numbered from 190-199) meet this requirement.**

AST 102 Introductory Observational Astronomy \_\_\_\_\_(3)  
 AST 103 The Solar System \_\_\_\_\_(3)  
 AST 104 Cosmic Evolution \_\_\_\_\_(3)  
 BIOL 102 Human Genetics \_\_\_\_\_(3)  
 BIOL 103 Environmental Biology \_\_\_\_\_(3)  
 BIOL 104 Human Biology \_\_\_\_\_(3)  
 BIOL 105 Biology in the 21<sup>st</sup> Century \_\_\_\_\_(3)  
 CHEM 101 Chemistry in Society \_\_\_\_\_(3)  
 ENVH 130 Environmental Health Science: Systems & Solutions \_\_\_\_\_(3)  
 GEOL 140 Investigations in Environmental Geology \_\_\_\_\_(3)  
 GEOL 150 Methods in Geology \_\_\_\_\_(4)  
 NRM 140 Natural Resource Conservation & Management \_\_\_\_\_(3)  
 PHYS 105 Contemporary Physics \_\_\_\_\_(3)

## THE FIRST-YEAR SEMINAR (3 HOURS)

- a. Students with 0-15 credit hours are required to take this course.
- b. Students with 15.1 – 29.9 transfer credit hours are eligible to take a First-Year Seminar, but it is not required. The First Year Seminar is waived and the student does not have to make up the hours in the Liberal Studies program---but will still need to graduate with the same number of hours required by the program of the major.

c. Students with 30 or more transfer credit hours are not eligible to take First-Year Seminar.

d. Grading for the First Year Seminar is A, B, C, or U. (Unsatisfactory)

e. If a student receives a "U" grade in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

ANTH 190 First-Year Seminar \_\_\_\_\_(3)  
 BIOL 190 Discoveries in Biology \_\_\_\_\_(3)  
 BIOL 192 Plant Biodiversity \_\_\_\_\_(3)  
 BIOL 193 Forensic Biology \_\_\_\_\_(3)  
 BIOL 194 Biotechnology: Methods, Applications & Implications \_\_\_\_\_(3)  
 CHEM 190 Chemistry in Industry \_\_\_\_\_(3)  
 CHEM 191 Issues in Environmental Chemistry \_\_\_\_\_(3)  
 CHEM 192 Human Gene Discovery Laboratory \_\_\_\_\_(3)  
 CHEM 193 Chemistry in the Arts \_\_\_\_\_(3)  
 CHEM 194 Forensic Chemistry \_\_\_\_\_(3)  
 CIS 195 The Information Society at Work \_\_\_\_\_(3)  
 CJ 190 Controversies in Criminal Justice \_\_\_\_\_(3)  
 CMCR 190 A User's Guide to the Mass Media \_\_\_\_\_(3)  
 EDCI 191 The Great School Wars \_\_\_\_\_(3)  
 ENGL 190 First-Year Seminar in Literature \_\_\_\_\_(3)  
 ENGL 191 First-Year Seminar in Creative Writing \_\_\_\_\_(3)  
 ENGR 199 Introduction to Engineering Practices & Principles I \* ***Freshman Engineering majors only.*** \_\_\_\_\_(3)  
 ENVH 190 From Black Death to Bioterrorism – *The Public Health Solution* \_\_\_\_\_(3)  
 ET 190 Technology Systems \_\_\_\_\_(3)  
 GEOL 191 Geology, Landscapes, & the Human Psyche \_\_\_\_\_(3)  
 GER 190 First-Year Seminar: Triumph & Tragedy Reflected in Modern German Film \_\_\_\_\_(3)  
 HIST 190 First-Year Seminar \_\_\_\_\_(3)  
 HIST 191 First-Year Seminar \_\_\_\_\_(3)  
 HSCC 190 Survey Health Care Delivery Systems \_\_\_\_\_(3)  
 HSCC 191 Does Inequality Make You Sick? \_\_\_\_\_(3)  
 JPN 190 An Introduction to Japanese Popular Culture \_\_\_\_\_(3)  
 LAW 195 Contemporary Legal Issues \_\_\_\_\_(3)  
 MATH 190 Mathematical Models of Population Growth \_\_\_\_\_(3)  
 MATH 191 Mathematics in Social Choice & Decision Making \_\_\_\_\_(3)  
 MATH 192 Fractals: The Geometry of Nature \_\_\_\_\_(3)  
 MUS 190 First-Year Seminar \_\_\_\_\_(3)  
 ND 190 Personal Nutrition \_\_\_\_\_(3)  
 PAR 190 Freedom Culture & Technology \_\_\_\_\_(3)  
 PSC 190 Active Citizenship: Making a Difference in Your Community \_\_\_\_\_(3)  
 PSY 190 First-Year Seminar \_\_\_\_\_(3)  
 PT 190 Caring for the Aging Population: Challenges & Solutions \_\_\_\_\_(3)  
 SOC 190 First-Year Seminar: Social Institutions & Issues \_\_\_\_\_(3)

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SPAN 190 Celluloid & Paper Dreams: Hispanic Literature & Film \_\_\_\_\_(3)

## THE PERSPECTIVES (18 HOURS)

*Includes Upper-Level Courses\**

*One of the perspectives categories must be met with an upper level perspective course.*

### P1. Social Sciences, 6 hours

Courses must be taken in two different disciplines

ANTH 110 Origins of Civilization \_\_\_\_\_(3)  
 \*ANTH 414 Minority Groups \_\_\_\_\_(3)  
 ASI 250 Introduction to Appalachian Studies \_\_\_\_\_(3)  
 BA 133 Introduction to Business \_\_\_\_\_(3)  
 \*BA 303 Negotiations: Strategy & Professionalism \_\_\_\_\_(3)  
 \*BIOL 334 Biotechnology and Society \_\_\_\_\_(3)  
 ECON 231 Introductory Microeconomics & Social Issues \_\_\_\_\_(3)  
 \*FIN 350 So You Want To Be A Millionaire \_\_\_\_\_(3)  
 GEOG 101 Population Geography \_\_\_\_\_(3)  
 \*HSCC 300 Occupational Health \_\_\_\_\_(3)  
 \*HSCC 307 Evaluating Health Claims: Fact or Quack \_\_\_\_\_(3)  
 LAW 105 Introduction to Law \_\_\_\_\_(3)  
 \*LAW 406 Media Law \_\_\_\_\_(3)  
 \*MKT 409 Negotiations/Relationship Marketing \_\_\_\_\_(3)  
 \*PAR 313 Philosophy of Law \_\_\_\_\_(3)  
 \*PAR 332 Biomedical Ethics and Social Justice \_\_\_\_\_(3)  
 \*PAR 333 Environmental Ethics & Public Policy \_\_\_\_\_(3)  
 \*PAR 334 Biotechnology and Society \_\_\_\_\_(3)  
 PSC 150 American Government & Politics \_\_\_\_\_(3)  
 PSY 150 General Psychology \_\_\_\_\_(3)  
 \*PSY 331 Human Sexuality \_\_\_\_\_(3)  
 \*PSY 370 Psychology & Law \_\_\_\_\_(3)  
 \*PT 400 Complementary & Integrative Therapies \_\_\_\_\_(3)  
 \*RTH 300 Health & Healing: The Spirit-Mind-Body Connection \_\_\_\_\_(3)  
 SOC 103 Human Society \_\_\_\_\_(3)  
 SOC 235 Social Problems \_\_\_\_\_(3)  
 \*SOC 414 Minority Groups \_\_\_\_\_(3)  
 SOCW 251 Social Issues, Policy, & Programs \_\_\_\_\_(3)  
 \*SOCW 402 Diversity in Contemporary Society \_\_\_\_\_(3)

### P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

### P3. History, 3 hours

HIST 107 World Cultures in Historical Perspective \_\_\_\_\_(3)  
 HIST 141 Turning Points in American History: Paths Taken & Rejected \_\_\_\_\_(3)  
 HIST 142 Biography in American History \_\_\_\_\_(3)  
 HIST 151 Turning Points in European History: Paths Taken & Rejected \_\_\_\_\_(3)  
 HIST 152 Biography in European History \_\_\_\_\_(3)  
 HIST 221 European History to 1517 \_\_\_\_\_(3)  
 HIST 222 European History Since 1517 \_\_\_\_\_(3)  
 HIST 231 American History to 1865 \_\_\_\_\_(3)  
 HIST 232 American History Since 1865 \_\_\_\_\_(3)

\*HIST 308 Explorations in Regional History \_\_\_\_\_(3)  
 \*HIST 311 Ancient Greece & Rome \_\_\_\_\_(3)  
 \*HIST 312 The Heroic Age \_\_\_\_\_(3)  
 \*HIST 313 The Medieval World \_\_\_\_\_(3)  
 \*HIST 317 History of Twentieth-Century International Relations \_\_\_\_\_(3)  
 \*HIST 322 British History to 1603 \_\_\_\_\_(3)  
 \*HIST 323 British History Since 1603 \_\_\_\_\_(3)  
 \*HIST 327 Modern Russia \_\_\_\_\_(3)  
 \*HIST 330 Modern Germany \_\_\_\_\_(3)  
 \*HIST 335 History of Capitalism \_\_\_\_\_(3)  
 \*HIST 341 North Carolina History \_\_\_\_\_(3)  
 \*HIST 361 Latin American History I \_\_\_\_\_(3)  
 \*HIST 362 Latin American History II \_\_\_\_\_(3)  
 \*HIST 373 Modern Asia \_\_\_\_\_(3)  
 \*HIST 375 Middle East Since Mohammed \_\_\_\_\_(3)  
 \*MATH 301 History of the Scientific Revolution \_\_\_\_\_(3)  
 PAR 146 Western Religious Traditions \_\_\_\_\_(3)  
 PAR 250 Origins of Early Christian Traditions \_\_\_\_\_(3)  
 \*PAR 365 Medieval & Reformation Theology: Divine Foreknowledge, Free Will & Justification by Faith \_\_\_\_\_(3)  
 \*PAR 366 Religion and Science: God's Law and Laws of Nature \_\_\_\_\_(3)

### P4. Humanities, 3 hours

ENGL 206 Literature of Place \_\_\_\_\_(3)  
 ENGL 207 Popular Literature & Culture \_\_\_\_\_(3)  
 ENGL 209 Past Times: Literature & History \_\_\_\_\_(3)  
 ENGL 231 Interpretation of Literature \_\_\_\_\_(3)  
 ENGL 290 Literature & The Sacred \_\_\_\_\_(3)  
 \*ENGL 333 Introduction to Shakespeare \_\_\_\_\_(3)  
 \*ENGL 350 The Renaissance \_\_\_\_\_(3)  
 \*ENGL 351 The Beats, Radicals, & Avant-Garde Literature \_\_\_\_\_(3)  
 \*ENGL 352 The Journey in Literature \_\_\_\_\_(3)  
 \*ENGL 353 Stories Retold \_\_\_\_\_(3)  
 \*ENGL 364 Southern Literature \_\_\_\_\_(3)  
 \*ENGL 367 Appalachian Literature \_\_\_\_\_(3)  
 \*ENGL 368 Film Genres \_\_\_\_\_(3)  
 \*ENGL 390 The Bible as Literature \_\_\_\_\_(3)  
 HIST 171 Religion in America \_\_\_\_\_(3)  
 HIST 175 Native American Civilizations \_\_\_\_\_(3)  
 HIST 181 Religion in Europe \_\_\_\_\_(3)  
 HIST 182 The Ancient Empires \_\_\_\_\_(3)  
 HIST 185 History of Death in Western Civilization \_\_\_\_\_(3)  
 LAW 201 Individual Rights \_\_\_\_\_(3)  
 \*LAW 306 Women & The Law \_\_\_\_\_(3)  
 \*LAW 412 Business Ethics & Corporate Responsibility \_\_\_\_\_(3)  
 PAR 101 Western Philosophical Traditions \_\_\_\_\_(3)  
 PAR 102 Western Moral Traditions \_\_\_\_\_(3)  
 PAR 230 Legal Scientific & Critical Reasoning \_\_\_\_\_(3)  
 \*PAR 304 Justice, Power, & Human Nature in the Ancient Greek Polis \_\_\_\_\_(3)  
 \*PAR 306 Science, Reason, & Autonomy in the Enlightenment \_\_\_\_\_(3)  
 \*PAR 307 From Existentialism to Feminism \_\_\_\_\_(3)  
 \*PAR 308 From Pragmatism to Postmodernism \_\_\_\_\_(3)  
 \*PAR 309 Philosophy in & of Film \_\_\_\_\_(3)  
 \*PAR 312 Philosophy of Religion \_\_\_\_\_(3)  
 \*PAR 320 Philosophical & Religious Classics \_\_\_\_\_(3)

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\*PAR 330 American Wilderness Ethics & Aesthetics \_\_\_(3)  
 \*SM 340 Sport Ethics \_\_\_(3)

**P5. Fine & Performing Arts, 3 hours**

ART 104 Introduction to The Visual Arts \_\_\_(3)  
 DA 259 Dance Appreciation \_\_\_(3)  
 MUS 101 Music Appreciation \_\_\_(3)  
 MUS 102 Music in American Culture \_\_\_(3)  
 \*MUS 304 Jazz Appreciation \_\_\_(3)  
 \*MUS 410 History of American Musical Theatre \_\_\_(3)  
 THEA 104 The Theatre Experience \_\_\_(3)  
 \*THEA 310 Black Theatre Experience \_\_\_(3)

**P6. World Cultures, 3 hours**

**(satisfied if student passes MFL 101, 102, 110, 231, 232, 240, or 301) Only three of the six credit hours earned in FREN, GER, SPAN 110 apply to P6 category.**

ANTH 120 Comparative Cultural Systems \_\_\_(3)  
 ART 202 Art of World Cultures \_\_\_(3)  
 CHER 101 Experiencing Cherokee & The Cherokee-Speaking World \_\_\_(3)  
 CHIN 101 Chinese Language and Culture \_\_\_(3)  
 CHIN 102 Chinese Language and Culture II \_\_\_(3)  
 CHIN 231 Intermediate Modern Chinese I \_\_\_(3)  
 CHIN 232 Intermediate Modern Chinese II \_\_\_(3)  
 \*CMHC 415 Intercultural Communication \_\_\_(3)  
 ENGL 204 The Literature of Culture \_\_\_(3)  
 \*ENGL 366 Literature of American Immigration \_\_\_(3)  
 FREN 101 Experiencing French & The Francophone World \_\_\_(3)  
 FREN 102 Experiencing French & The Francophone World II \_\_\_(3)  
 FREN 110 Experiencing French & The Francophone World: Accelerated \_\_\_(6)  
 GEOG 103 Cultural Geography \_\_\_(3)  
 \*GEOG 440 Regional Geography \_\_\_(3)  
 GER 101 Experiencing German & The German-Speaking World \_\_\_(3)

GER 102 Experiencing German & The German-Speaking World II \_\_\_(3)  
 GER 110 Experiencing German & The German-Speaking World: Accelerated \_\_\_(6)  
 HSCC 205 Women's Health \_\_\_(3)  
 HSCC 210 Global Disparities in Public Health \_\_\_(3)  
 JPN 101 Beginning Japanese I \_\_\_(3)  
 JPN 102 Beginning Japanese II \_\_\_(3)  
 LAT 101 Beginning Lat I \_\_\_(3)  
 LAT 102 Beginning Latin II \_\_\_(3)  
 \*MUS 303 The World of Music \_\_\_(3)  
 \*ND 310 Food, Nutrition & Culture \_\_\_(3)  
 PAR 145 Eastern Religious Traditions \_\_\_(3)  
 PAR 242 What is Religion? \_\_\_(3)  
 PAR 251 Understanding Islamic Traditions \_\_\_(3)  
 PAR 260 Women & Religion \_\_\_(3)  
 \*PAR 323 Mysticism and the Modern Mind \_\_\_(3)  
 \*PAR 353 Religion in Film \_\_\_(3)  
 \*PAR 354 Religion, Suffering, & The Moral Imagination \_\_\_(3)  
 \*PAR 355 Contemporary Religious Classics \_\_\_(3)  
 \*PAR 367 Native American Religions \_\_\_(3)  
 PSC 110 Global Issues \_\_\_(3)  
 \*PSC 415 Contemporary British Politics \_\_\_(3)  
 SPAN 101 Experiencing Spanish & The Spanish-Speaking World \_\_\_(3)  
 SPAN 102 Experiencing Spanish & The Spanish-Speaking World II \_\_\_(3)  
 SPAN 110 Experiencing Spanish & The Spanish-Speaking World Accelerated \_\_\_(6)

**UPPER-LEVEL PERSPECTIVES 300-400 COURSES**

**\*One course required in any perspective category outside the discipline of the major. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.**

**NOTE: Courses used to meet Liberal Studies requirements may be used simultaneously to meet other requirements, including requirements in the major. Be reminded the Upper Level Perspective (ULP) requirement must be met by an approved ULP Liberal Studies course and be outside the discipline of the student's major.**