Starting
January 20th

X
30

Registration begins Dec. 1st

Intense 30 minute body-weight exercise class!

4 days a week for 6 weeks.
Choose your class time:
12:15-12:45pm - OR 4:45-5:15pm

$30 Registration fee.
Space limited.

*X30 includes a Spring 2015 Group X pass, weekly nutrition tips, and healthy behavior workshops.

Campus Recreation & Wellness