**PERSONAL SUPPORT INVENTORY**

To be filled out by:

***Parent/Family/Guardian/Support person***

**Instructions:** Please use the following scale to represent level of functioning in each section. **Be honest and accurate based on the skill level at this time.**

* (3) Student is independent
* (2) Student requires some/moderate support
* (1) Student requires complete support

**Where necessary, write notes to explain scaled responses**

**EATING AND FOOD PREPARATION**

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| --- | --- |
| **Preparing meals and snacks:**  Gathers ingredients and equipment  Opens containers  Follows recipe  Uses microwave  Uses stove top  Uses oven | Current Level of Functioning  3 2 1 |
| **Eating meal /snack**  Oral motor skills i.e., chewing/swallowing  Uses utensils  Uses manners | Current Level of Functioning  3 2 1 |
| **Preparing eating area**  Sets table  Gets condiments | Current Level of Functioning 3 2 1 |
| **Cleaning up after meal**  Puts away leftovers  Wipes off work surface  Washes dishes   * Hand washing * Using Dishwasher | Current Level of Functioning  3 2 1 |
| **Accessibility to kitchen**  Uses adaptive equipment | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**GROOMING AND DRESSING**

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| --- | --- |
| **Grooming:**  Brushes teeth  Uses mouthwash  Brushes/combs hair  Styles hair  Skin care  Uses make-up  Cleans eyeglasses  Cleans hearing aid ear molds  Maintains appearance | Current Level of Functioning  3 2 1 |
| **Dressing/Undressing**  Dresses and Undresses self  Chooses appropriate clothes  Dresses appropriately for season/weather conditions | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**HYGIENE AND TOILETING**

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| --- | --- |
| **Using private & public toilets**  toileting needs  washes hands  Bath / showering  Shampooing / rinsing hair  Managing menstrual care  **Shaving**  Men  Women  Using deodorant | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**SEXUALITY, HEALTH, SAFETY**

|  |  |
| --- | --- |
| **Awareness of sexuality issues**  Awareness of public vs. private activities  Closes door for bathing, toileting, dressing  Appropriate show of affection  Appropriate control of sexual needs  Awareness of bodily and sexual functions  Awareness of social media risks  Knowledge and use of birth control methods  Knowledge of sexually transmitted disease | Current Level of Functioning  3 2 1 |
| **Knowledge of general health concerns**  Disease transmission (i.e., covers mouth when sneezing/coughing, controls drooling, blows nose, etc.)  Health concerns specific to disability (i.e., skin care, range of motion, positioning of weight)  Manages medication (i.e., knows medication schedule, ability to swallow, related behavioral  concerns)  Cares for minor injury and/ or illness | Current Level of Functioning  3 2 1 |
| **Awareness of home hazards and emergency**  **procedures**  Uses adaptive strategies  Poisons  Fire  Accidents | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**HOUSEHOLD MAINTENANCE**

|  |  |
| --- | --- |
| **Keeping room neat**  Makes bed  Changes bed linens  Straightens room | Current Level of Functioning  3 2 1 |
| **Handling of household chores**  Does laundry  Vacuums / dusts  Cleans bathroom  Sweeps | Current Level of Functioning  3 2 1 |
| **Maintaining outdoors**  Rakes leaves  Mows lawn  Weeds  Waters lawn and plants  Cleans up after animals | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**TRAVEL**

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| --- | --- |
| **Walking (Wheeling) to and from destination**  safety when crossing streets  arrives at destination | Current Level of Functioning  3 2 1 |
| **Riding School/City Bus**  demonstrates appropriate behavior when on the bus  communicates with bus driver  can find appropriate bus  can read bus map  can make a transfer  knows how to pay  shows bus pass | Current Level of Functioning  3 2 1 |
| **Driving Own Vehicle**  knows laws  uses seat belts  knows what to do in an emergency  uses appropriate adaptive equipment  demonstrates safe & defensive technique | Current Level of Functioning  3 2 1 |
| **Orienting Skills**  identifies signs  carries identification  asks for help  responsible for possessions  uses cautions with strangers  reads maps | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**GENERAL SHOPPING**

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| --- | --- |
| **Handling Money/Budgeting**  makes shopping lists  knows budget constraints  handles money exchanges | Current Level of Functioning  3 2 1 |
| **Locating/Getting Items**  pushes cart  uses store directory  asks for help  follows list  makes appropriate choices  does cost comparisons | Current Level of Functioning  3 2 1 |
| **Clothes/Personal Items**  selects appropriate store  asks for help  selects items within budget  knows sizes  makes wise choices  handles money exchange | Current Level of Functioning  3 2 1 |
| **Restaurant**  "reads" Menu (or alternative)  communicates to Waitperson  uses Manners  locates Restrooms  tallies bill (including tip)  handles money exchanges | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**USING SERVICES**

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| --- | --- |
| **Using Services**  uses Relay system (if hearing impaired  uses Beauty parlor  makes Appointments  uses Banking Services  uses/Communicates with dentist, doctor, etc.  uses Laundry/drycleaner | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**PLANNING/SCHEDULING**

|  |  |
| --- | --- |
| **Following daily routines**  shows up on time  gets to where they are supposed to be  adapts to changes in routine  able to tell time | Current Level of Functioning  3 2 1 |
| **Scheduling weekly activities**  uses a time management system (e.g., calendar/day planner- paper or electronic)  maps out plans and time (i.e., organizes time) | Current Level of Functioning  3 2 1 |
| **Preparing for special outings**  arranges special things to do  handles logistics involved in planning an event | Current Level of Functioning  3 2 1 |
| **Handling Time Management**  plans homework time  arranges study area  attends to homework  plans time for chores, meetings, leisure  arranges transportation   * Time spent on social media (e.g., facebook, instagram, snapchat) | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |

**SOCIAL SKILLS**

|  |  |
| --- | --- |
| **Telephone Use**  phone etiquette  takes message  dials phone  can use phone for emergency  can use assistive devices if necessary  can use phone directory | Current Level of Functioning  3 2 1 |
| **Caring for Others**  pet care  sibling care  babysitting  elderly | Current Level of Functioning  3 2 1 |
| **Reciprocal Relationships**  gift giving  remembers birthdays  sends thank you card | Current Level of Functioning  3 2 1 |
| **Behavior Management Social Skills**  introduces self  follows instructions  accepts criticism or consequence  accepts no for an answer  greets people  gets people’s attention appropriately  makes requests appropriately  disagrees appropriately  gives negative feedback appropriately  resists peer pressure  apologizes  engages in conversation  gives compliments  volunteers  reports peer behavior appropriately | Current Level of Functioning  3 2 1 |
| **Skills We Should All Focus on Most:** |  |