

## Michelle L. Clonch, M.A.

Director, Women's Center & Women's Programs  
Western Carolina University, Cullowhee, NC 28786

### Education

**Pacifica Graduate Institute**, Carpinteria, CA, 2005 – Present

*M.A. Depth Psychology, Awarded October 2007*

*In Progress: Ph.D. Depth Psychology, Candidacy expected Winter 2009*

- Concentrations: Liberation Psychologies and Social Justice Concerns
- Accredited by Western Association of Schools and Colleges (WASC)

**Rollins College**, Winter Park, FL, 1999 – 2002

*M.A. Mental Health Counseling with Honors*

- Outstanding Graduate Counseling Student Award
- Accredited by Southern Association of Colleges & Schools (SACS) & CACREP

**University of Central Florida**, Orlando, FL, 1996 – 1997

*B.A. Psychology & Liberal Studies, Magna Cum Laude*

- Liberal Studies Concentrations: Humanities and Art History
- Study Abroad: Urbino, Italy

### Licenses and Certifications

**LMHC** Licensed Mental Health Counselor, State of Florida, # 8551

**NCC** National Certified Counselor, # 76251

### Work Experience

**Director** Cullowhee, NC Present  
*Women's Center & Women's Programs, Western Carolina University  
Student Affairs Division*

**Private Psychotherapy Practice** Winter Park, FL 2006 – 2008  

- Provided psychotherapy services to private pay clients
- Registered Vocational Rehabilitation Counselor for the State of Florida

**Assistant Director of Personal Counseling Center** Winter Park, FL 2003 – 2005  
*Division of Student Affairs, Rollins College  
Currently named Counseling and Psychological Services (CAPS)*  

- Provided individual, group, family, couple, conjoint, and crisis psychological counseling services
- Coordinator of on-call campus Victim Advocate Program and Trainer for new and continuing Victim Advocates
- Supervised graduate interns, practicum students, and administrative assistant for clinical and office administration duties
- Developed and implemented complex and multifaceted outreach programs
- Co-conducted weekly case management meetings
- Psychological consultation with parents, faculty, staff, and community members

**Coordinator, "Reach Out Day of Service"** Winter Park, FL Summer 2004  
*Office of Community Engagement, Rollins College*  

- Placed over 500 undergraduate students, 65 peer mentors, and 31 faculty members in volunteer experiences and service-learning projects in the Central Florida community
- Fostered partnerships between community non-profits, grassroots organizations, and Rollins College

- Maintained budgets for transportation, food, supplies, and office expenditures
- Alpha Prevention Services Counselor** Orlando, FL 2002 – 2003  
*Center for Drug-Free Living, Inc.*
- Awarded *Counselor of the Quarter Award: 1<sup>st</sup> quarter 2003* for excellence in clinical service to Winegard and Sadler Elementaries
  - Provided individual, group, and family psychological counseling services
  - Instructed weekly Life Skills & Study Skills outreach programs to 10 different classrooms
  - Collaborated with Oak Ridge Neighborhood Center for Families (NCF) for community-wide events such as Family Fun Nights, Healthy Kids Day, and summer school enrichment programs
  - Provided academic enrichment, crisis intervention, and professional consultation for teachers, administrators, parents, and community resources
- Mental Health Counselor Intern** Winter Park, FL 2001-2002  
*Personal Counseling Center, Division of Student Affairs, Rollins College*
- Conducted individual, group, and crisis psychological counseling services
  - Presented psycho-educational programs and trainings to the Rollins community
  - Collaborated with different campus constituencies to provide campus-wide mental health events and programming
- Mental Health Counseling Practicum Student** Orlando, FL 2001  
*Center for Drug-Free Living, Inc.*
- Provided individual and family counseling psychological services
  - Facilitated group counseling: Anger management and social skills
  - Presented life skills programs and provided psychological consultation to community members
- Graduate Assistant** Winter Park, FL 2000  
*Admissions & First-Year Student Programs, Rollins College*
- Organized and promoted peer mentor trainings for approximately 60 upper-class students
  - Assisted first-year student adjustment and transition experiences with different constituencies on campus
  - Coordinated and facilitated First-Year Student Orientation Week
- Graduate Assistant** Winter Park, FL 1999- 2000  
*Personal Counseling Center, Division of Student Affairs, Rollins College*
- Managed caseload for four counselors and two program coordinators
  - Organized and publicized student affairs outreach programs
  - Screened clients for urgency and assisted counseling center directors during crisis interventions
- Psychometrist, Group Facilitator, & Tutor** Orlando, FL 1997 – 1998  
*Brighter Pathways, Inc. Counseling Center for Children*
- Administered and scored achievement, process, readiness, & ability screenings
  - Facilitated small groups for elementary grades: Social skills and study skills
  - Tutored in academics, processing skills, goal setting, and organization skills
  - Prepared psychological protocols for public and private school review
  - Consulted with potential clients regarding psychological evaluations and screenings, standardized testing, and behavior management systems
- Teaching Experience
- Faculty Instructor** Cullowhee, NC 2008  
*Western Carolina University, Undergraduate Program*
- USI 140 Women in Leadership
- Faculty Instructor** Online 2006

*University of Phoenix, Axia College Online Undergraduate Program*

- CRT 201 Critical Thinking, 2 sections

**Course Co-Facilitator** Winter Park, FL 2003 – 2004  
*Rollins College, Undergraduate/Hamilton Holt Program*

- PSY 308 Psychology of Dreams, 2 sections
- Course Instructor: Mark Freeman, Ph.D.

**Course Co-Facilitator** Winter Park, FL 2002 – 2003  
*Rollins College, Graduate Studies in Counseling*

- CPY 520 Group Dynamics and Process, 2 sections
- Course Instructor: Judy Provost, Ed.D.

### International Peacework and Service Learning

**Co-Founder & Program Coordinator** Winter Park, FL 2002 – Present  
*Ahimsa International, Inc.*

- Local non-profit organization dedicated to projects for peace, justice, and mindful living
- Fundraising efforts support an educational fund for Southeast Asian peace activists
- Projects primarily in Southeast Asia in partnership with International Women's Partnership for Peace and Justice (IWP) located in Chiang Mai, Thailand

**Workshop Co-Facilitator** Thailand 2005  
*Ahimsa International, Inc.*

- Co-facilitated feminist counseling skills workshop for women activists from Sri Lanka, Thailand, Burma, Cambodia, and Bangladesh
- Conflict resolution and peace building skills workshop with Muslim and Buddhist community leaders of opposing political ideologies in southern Trang Province
- Sponsored by The National Human Rights Commission of Thailand
- Co-facilitated basic counseling skills workshop for Thai NGO activists in Bangkok

**International Service Learning** Thailand 2003  
*Rollins College, Graduate Studies in Counseling*

- Participated in a two-week *Allies for Social Change* service learning experience for women from the US
- Focus on social justice issues in relation to Thai women and women refugees from Burma

**Workshop Co-Facilitator** India 2002  
*Rollins College, Graduate Studies in Counseling*

- Co-facilitated workshops on death and dying with HIV/AIDS within a Tibetan medical model at Men-Tsee Khang, the Tibetan Medical and Astrological Institute of H.H. the Dalai Lama. Funded by Hugh F. McKean Grant, Rollins College (grant secured by Dr. K. Norsworthy)

### Workshops and Presentations

#### *International and National Presentations*

- Norsworthy, K. & Clonch, M. (2004, April). *International Association for Counseling International Conference, Jamaica*. "New World Order or Global Village?: The Importance of Justice-based Perspectives in Counselor Education and College Counseling Settings in the U.S. and Other Countries of the Global North" Structured Discussion
- Norsworthy, K., Clonch, M., Raskin, K., Abrams, E. Stough, B, Yakushko, O. (2004, February). *Association for Women in Psychology National Conference, Philadelphia, PA*. "Globalization, Feminism, and Psychology: Toward a Post-Colonial Social Justice Vision of the World" Structured Discussion

- Norsworthy, K., Clonch, M., Raskin, K., Baldwin, K., Caruso, K., Robbins, C., et al. (2002, January). *Association for Specialists in Group Work National Conference, Tampa, FL*. “Buddhist Psychology and Mindfulness Practice in Group Counseling Supervision and Multicultural Counseling Courses” Structured Discussion

### ***Facilitated Workshops***

*Provided to Faculty and Staff at Rollins College*

- Sexual Assault Awareness, Diversity Awareness, Personal Balance, Values Clarification, Team Building, Leadership Academy: De-escalating Difficult People, Victim Advocate Protocols, MBTI Personality Inventory Interpretation, MBTI Type and Writing Styles

*Provided to Student Groups at Rollins College*

- Eating Disorders, Depression, Acquaintance Rape, Suicide Signs, Substance Abuse, Treatment Options, Basic Listening Skills, Basic Peer Counseling Skills, MBTI Type and Leadership Styles, Teambuilding, How and When to Make a Referral, Prevention and Warning Signs, Self-Care for Helpers, Crisis Procedures, Confrontation Styles, Gender Matters, Healthy Relationships, Understanding Violent Masculinity, Body Image, Sexual Assault Awareness, Values Clarification, Diversity, Interracial Dating, GLBT Concerns, Circle of Friends: Adjustment and Transition, Guided Visualization and Imagery, Stress Management and Relaxation, Stress Free Zone, Time Management, Dream Interpretations, MBTI Personality Inventory Group Interpretations, Grief and Loss, Summer Camp Counselor Orientation

## **Community Programs**

### **Co-Coordinator**

*Rollins College, Personal Counseling Center* Winter Park, FL 1999- 2005

- Sexual Assault Awareness Week; Take Back the Night Vigil; Accept Your Body Days; Holiday FunFest; Alcohol Awareness Week; First Year Encounters: Adjustment and Transition Groups; Annual Wellness Fair; National Alcohol Screening Day; Depression Screening Day; Student Involvement Fair; Transfer Student Panel

### **Co-Coordinator**

*Neighborhood Center For Families (NCF)* Oak Ridge, FL 2001, 2003

- Family Fun Nights, Summer School Enrichment Program for elementary grades

### **Staff Participant/Support Member**

*Rollins College, Personal Counseling Center* Winter Park, FL 2001, 2004

- GLBT Awareness Week; First Year Orientation Week; “Make Your Mark” Leadership Retreat Facilitator

*Neighborhood Center For Families (NCF)* Oak Ridge, FL 2003

- Healthy Kids Day, Back To School Fair

## **Research**

### **Community Fieldwork**

Chiang Mai, Thailand 2007

*Pacifica Graduate Institute, Second-Year Summer Research Project*

- “Dialoging Peace in Chiang Mai, Thailand: International Women Activists Come Together in Solidarity and Sisterhood.” Research from a depth psychological perspective into women activists peace and spirituality processes and practices from the following countries: Thailand, Burma, Bangladesh, India, Sierra Leone, Malaysia, Korea, Netherlands, Australia, and the US

### **Community Fieldwork**

Hartland-4-Corners, VT 2006

*Pacifica Graduate Institute, First-Year Summer Research Project*

- “Bamboo Shoots and a Blooming Lotus: Touching Peace within an Engaged Buddhist Monastic Community.” Research in philosophy and history of Engaged Buddhism and application to current social justice practices from a depth psychological perspective

**Participatory Action Research Interviewer** Thailand 2003  
*Ahimsa International, Inc.*

- Investigated the effects of globalization and colonialism and how to utilize power-sharing frameworks in solidarity work between people from the Global South and North. Interviewed local women collaborators from Burma (in exile) and Thailand

**Participatory Action Research Interviewer** Northern India 2002  
*Ahimsa International, Inc.*

- Interviewed Tibetan ex-political prisoners of war regarding trauma experiences, and interviewed local collaborators from Tibet (in exile) to learn more about useful and problematic approaches employed by western humanitarian workers and researchers

**Research Assistant** Winter Park, FL 2001 – 2003  
*Dr. Kathryn Norsworthy, Rollins College*

- Historical research on liberation psychology and education theory and techniques

### Administrative/Leadership Experience

**Treasurer** Tampa, FL 2003 – 2005  
*Association for Women in Psychology (AWP)*

- 2005 National Annual Conference

**Conference Planning Committee Member** Tampa, FL 2003 – 2005  
*Association for Women in Psychology (AWP)*

- 2005 National Annual Conference

**Coordinator & Trainer** Winter Park, FL 2003 – 2005  
*Rollins College*

- Coordinator of on-call campus Victim Advocate Program and Trainer for new and continuing Victim Advocates

**Co-Chair** Winter Park, FL 2000 – 2002  
*Rollins College, Student Representative Organization*

- Additional responsibilities: Graduate Counseling Studies Newsletter Committee Member

**Service to Rollins College/ Leadership Positions** 1999-2005  
*Winter Park, FL*

- Professional Development Committee, Student Affairs 2003 – 2005
- Orientation Steering Committee, First Year Programs-Explorations 2003 – 2005
- Annual Holiday FunFest, Founding Member-Steering Committee Member 2001 – 2004

### Professional Development

- Hayes, B.G., Freeman, M.S., Vogel, J.E., Clonch, M.L., Clarke, N. & Duffey, T. (2008, May-June). Destigmatizing college counseling for first-year students: A psychodrama approach. *Journal of College Student Development, 44(3)*, 250 -254.
- Training for Social Change w/ George Lakey, Rollins College Spring 2005
- Spanish Language Training, Wayra Institute, Costa Rica Summer 2002
- 50 hours of professional training in Clinical Hypnosis Spring 2002
- 24 hours in Mentors in Violence Prevention (MVP) Program Winter 2002
- 6 week Dream Workshop, Rollins College Fall 2001
- Post-Grad. Course: Counseling Children & Adolescents, Rollins College Fall 2001

- Post-Graduate Course: MBTI in Counseling, Rollins College Spring 2001
- Post-Baccalaureate Course: Magic, Ritual, and Beliefs, U. of Central FL Summer 1999
- Course: Symbolism and Imagery, Art Therapy Institute of Gainesville Summer 1999

### Honors and Awards

- **Fieldwork Grant**, OPUS Archives and Research Center, CA 2007
- **Pacifica Board of Trustees Scholarship**, Pacifica Graduate Institute 2006 - 2008
- **Pacifica Scholarship Spring 2006**, Pacifica Graduate Institute 2006
- **Service and Leadership Award**, Rollins College 2005 & 2002  
*Office of Community Engagement*
- **Counselor of the Quarter Award**, 1<sup>st</sup> quarter, Ctr. for Drug-Free Living 2003
- **Outstanding Graduate Counseling Student Award**, Rollins College 2002
- **Ian Klair Book Scholarship**, Rollins College 2001
- **High Academic Achievement Scholarship**, University of Central Florida 1994
- **Office of Student Minority Services Academic Honor Recognition**, UCF 1994

### Professional Affiliations: Current and Past

Association for Women in Psychology (AWP)  
 American Counseling Association (ACA)  
 American Psychological Association (APA)  
 American College Counseling Association (ACCA)  
 National Board of Certified Counselors (NBCC)  
 American Art Therapy Association (AATA)  
 Florida Mental Health Counselor Association (FMHCA)  
 Mental Health Counselors of Central Florida (MHCCF)  
 Central Florida Eating Disorders Network