



A Collaboration of:



Administered by Mission Hospitals,
the University of North Carolina
Asheville and Mountain Area Health
Education Center (MAHEC).

Mission Health System has provided
funding for the 2009 Spring Into
Wellness Camp as part of its
community responsibility as a non-
profit organization.

SpringIntoWellness.org

Asheville, North Carolina
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Spring Into Wellness Camp

June 14-20, 2009



*Character Development
Healthcare Careers
Personal Wellness*

TO APPLY

- Visit SpringIntoWellness.org to download camper application
- Contact Donna Earley of UNC Asheville at 828-251-6558

Application deadline:
April 24, 2009

Selection Notification:
May 4, 2009

Mail Applications to:
Office of Conferences and
Institutes
UNC Asheville
214 Phillips Hall, CPO 1430
One University Drive
Asheville, NC 28804

Please make \$10 check/money order
payable to *UNC Asheville*.

Reaching out to rising
8th & 9th grade students

ABOUT

Spring Into Wellness is a camp dedicated to offering middle school students a fun and engaging way to explore what it takes to have a future healthcare career.

Program focus:

1. Character development
2. Health careers
3. Personal wellness



Character

Development focuses on personal responsibility, goal setting, teambuilding and choices.

Healthcare Careers focuses on time in the computer lab, CPR certification, learning the education tracks toward different health care careers and a visit to Mission Hospitals.

Personal Wellness focuses on choices; including food, exercise, personal habits and more.

LOCATION

This overnight camp will be held on the UNC Asheville campus.

Room & board are provided.

Campers are expected to stay on campus from check-in through check-out.

CAMP STAFF

Experienced camp co-directors, counselors, health professionals will supervise campers at all times.



COST

There is a \$10 fee due at time of application. This fee is refundable if not selected to attend. Otherwise, this camp is free.

See back for application details.



APPLICATION REQUIREMENTS

- Students entering 8th & 9th grade in Fall 2009
- Interest in Health & Sciences careers
- Overall C+ grade point average
- Good school behavioral and attendance records
- Physically capable to participating in camp activities such as hiking, climbing wall, and activities associated with CPR training
- Enthusiastic recommendation from school principal, counselor and/or teacher
- Parental/Guardian permission
- Commitment from parent/guardian to participate in the orientation meeting and closing graduation activities
- Completion of all application materials by deadlines.

Considered in selection:

- Socioeconomic status
- Preference to students who live in Buncombe County