THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric ____(3) Freshman Year
ENGL 202 Writing and Critical Inquiry ____(3) Sophomore Year

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts ____(3)
MATH 130 College Algebra ____(3)
MATH 170 Applied Statistics ____(3)
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication ____(3)

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness ____(3)
HEAL 123 Health & Wellness ____(3)
HSCC 101 Nutrition, Fitness & Wellness ____(3)

C5. Physical & Biological Sciences, 6 hours
The two courses taken to meet the C5 requirement must be from two different disciplines. Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of BIOL 132, CHEM 241, ENVH 200, ENVH 210, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy ____(3)
AST 103 The Solar System ____(3)
AST 104 Cosmic Evolution ____(3)
BIOL 102 Human Genetics ____(3)
BIOL 103 Environmental Biology ____(3)
BIOL 104 Human Biology ____(3)
BIOL 105 Biology in the 21st Century ____(3)
CHEM 101 Chemistry in Society ____(3)
ENVH 130 Environmental Health Science: Systems & Solutions ____(3)
GEOL 140 Investigations in Environmental Geology ____(3)
GEOL 150 Methods in Geology ____(4)
NRM 140 Natural Resource Conservation & Management ____(3)
PHYS 105 Contemporary Physics ____(3)

THE FIRST-YEAR SEMINAR (3 HOURS)
a. Students with 0-15 credit hours are required to take this course.
b. Students with 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The First Year Seminar is waived and the student does not have to make up the hours in the Liberal Studies program, but will still need to graduate with the same number of hours required by the program of the major.
c. Students with 30 or more credit hours are not eligible to take First-Year Seminar.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

ANTH 190 Freshmen Seminar: The Human Condition ____(3)
ART 191 Integral Arts ____(3)
BIOL 190 Discoveries in Biology ____(3)
BIOL 192 Plant Biodiversity ____(3)
BIOL 193 Forensic Biology ____(3)
BIOL 194 Biotechnology: Methods, Applications & Implications ____(3)
CHEM 190 Chemistry in Industry ____(3)
CHEM 191 Issues in Environmental Chemistry ____(3)
CHEM 192 Human Gene Discovery Laboratory ____(3)
CHEM 193 Chemistry in the Arts ____(3)
CHEM 194 Forensic Chemistry ____(3)
CIS 195 The Information Society at Work ____(3)

THE PERSPECTIVES (18 HOURS)

Includes Upper-Level Courses*

One of the perspectives categories must be met with an upper level perspective course.

P1. Social Sciences, 6 hours
Courses must be taken in two different disciplines

ANTH 110 Origins of Civilization ____(3)
*ANTH 414 Minority Groups ____(3)
ASI 250 Introduction to Appalachian Studies ____(3)
BA 133 Strategy First ____(3)
*BIOL 334 Biotechnology and Society ____(3)
ECON 231 Microeconomics & Social Issues ____(3)
ECON 232 Macroeconomics ____(3)
ENVH 200 Intro to Public Health ____(3)
*ENVH 300 Occupational Health ____(3)
FIN 210 Managing your Money for Financial Success ____(3)
*FIN 350 So You Want To Be A Millionaire ____(3)
GEOG 101 Population Geography ____(3)
*HSCC 302 Evaluating Health Claims: Fact or Quack ____(3)
LAW 105 Introduction to Law ____(3)
*LAW 406 Media Law ____(3)
*MKT 409 Negotiations/Relationship Marketing ____(3)
*PAR 313 Philosophy of Law ____(3)
*PAR 315 Philosophy of Mind ____(3)
*PAR 332 Biomedical Ethics & Social Justice ____(3)
*PAR 333 Environmental Ethics & Public Policy ____(3)
*PAR 334 Biotechnology and Society ____(3)
PSC 150 American Government & Politics ____(3)
PSY 150 General Psychology ____(3)
*PSY 320 Child and Adolescent Development ____(3)
*PSY 331 Human Sexuality ____(3)
*PSY 370 Psychology & Law ____(3)
*PT 400 Complementary & Integrative Therapies ____(3)
*RTH 300 Health & Healing: The Spirit-Mind-Body Connection ____(3)
SOCI 103 Human Society ____(3)

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SOC 235 Social Problems ____(3)
*SOC 414 Minority Groups ____(3)
SOCW 251 Social Issues, Policy, & Programs ____(3)
*SOCW 354 Human Behavior & the Social Environment ____(3)
*SOCW 402 Diversity in Contemporary Society ____(3)

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours
HIST 107 World Cultures in Historical Perspective ____(3)
HIST 141 Turning Points in American History ____(3)
HIST 142 Biography in American History ____(3)
HIST 151 Turning Points in European History ____(3)
HIST 152 Biography in European History ____(3)
HIST 221 European History to 1517 ____(3)
HIST 222 European History Since 1517 ____(3)
HIST 231 American History to 1865 ____(3)
HIST 232 American History Since 1865 ____(3)
*HIST 308 Explorations in Regional History ____(3)
*HIST 311 Ancient Greece & Rome ____(3)
*HIST 312 Heroic Age ____(3)
*HIST 313 The Medieval World ____(3)
*HIST 317 History of 20th Century International Relations ____(3)
*HIST 322 British History to 1603 ____(3)
*HIST 323 British History Since 1603 ____(3)
*HIST 327 Modern Russia ____(3)
*HIST 330 Modern Germany ____(3)
*HIST 335 History of Capitalism ____(3)
*HIST 341 North Carolina History ____(3)
*HIST 361 Latin American History I ____(3)
*HIST 362 Latin American History II __“(3)
*HIST 373 Modern Asia __“(3)
*HIST 375 Middle East Since Mohammed __“(3)
*MATH 301 History of the Scientific Revolution __“(3)
PAR 146 Western Religious Traditions __“(3)
PAR 250 Origins of Early Christian Traditions __“(3)
*PAR 365 Medieval & Reformation Theology __“(3)
*PAR 366 Religion & Science: Laws of God & Nature __“(3)

P4. Humanities, 3 hours
CS 210 Internet Security and Ethics __“(3)
*ECON 344 Ethics of Capitalism __“(3)
ENGL 206 Literature of Place __“(3)
ENGL 207 Popular Literature & Culture __“(3)
ENGL 209 Past Times: Literature & History __“(3)
ENGL 210 Contemporary African American Literature __“(3)
ENGL 231 Interpretation of Literature __“(3)
ENGL 290 Literature & The Sacred __“(3)
*ENGL 333 Introduction to Shakespeare __“(3)
*ENGL 350 The Renaissance __“(3)
*ENGL 351 The Beats, Radicals, & Avant-Garde Lit. __“(3)
*ENGL 352 The Journey in Literature __“(3)
*ENGL 353 Stories Retold __“(3)
*ENGL 367 Appalachian Literature __“(3)
*ENGL 368 Film Genres __“(3)
*ENGL 390 The Bible as Literature __“(3)
HIST 171 Religion in America __“(3)
HIST 175 Native American Civilizations __“(3)
HIST 181 Religion in Europe __“(3)
HIST 182 The Ancient Empires __“(3)
HIST 185 History of Death in Western Civilization __“(3)
LAW 201 Individual Rights __“(3)
*LAW 306 Women & The Law __“(3)
*LAW 412 Business Ethics & Corporate Responsibility __“(3)
PAR 101 Western Philosophical Traditions __“(3)
PAR 102 Western Moral Traditions __“(3)
PAR 201 Philosophy of Sex & Love __“(3)
PAR 230 Legal Scientific & Critical Reasoning __“(3)
*PAR 304 Justice, Power, Human Nature in Ancient Greek Polis __“(3)
*PAR 306 Science, Reason, & Autonomy in the Enlightenment __“(3)
*PAR 307 From Existentialism to Feminism __“(3)
*PAR 308 From Pragmatism to Postmodernism __“(3)
*PAR 309 Philosophy in & of Film __“(3)
*PAR 312 Philosophy of Religion __“(3)
*PAR 320 Philosophical & Religious Classics __“(3)
*PAR 330 American Wilderness Ethics & Aesthetics __“(3)
*PAR 404 Ancient Cynics, Stoics & Skeptics __“(3)
*SM 340 Sport Ethics __“(3)

P5. Fine & Performing Arts, 3 hours
ART 104 Introduction to The Visual Arts __“(3)
DA 259 Dance Appreciation __“(3)
IDES 250 Introduction to Interior Design __“(3)
*FTP 340 Filmmakers on Filmmaking __“(3)
MUS 101 Music Appreciation __“(3)
*MUS 302 History of Rock Music __“(3)
*MUS 102 Music in American Culture __“(3)
*MUS 304 Jazz Appreciation __“(3)
*MUS 410 History of American Musical Theatre __“(3)
THEA 104 The Theatre Experience __“(3)
THEA 271 Theatre in Education Workshop I __“(3)
*THEA 310 World Theatre __“(3)

P6. World Cultures, 3 hours
Satisfied if student passes MFL 101, 102, 110, 231, 232, 240, or 301. Only three of the six credit hours earned in FREN, GER, and SPAN 110 apply to P6 category.

*ANTH 120 Comparative Cultural Systems __“(3)
*ART 202 Art of World Cultures __“(3)
*BA 304 Business Communications in a Multicultural Environment __“(3)
*CHER 103 Cherokee & Cherokee-Speaking World __“(3)
*CHIN 101 Chinese Language & Culture __“(3)
*CHIN 102 Chinese Language & Culture II __“(3)
*CHIN 231 Chinese Language & Culture III __“(3)
*CHIN 232 Chinese Language & Culture IV __“(3)
*CM 365 Construction and Culture __“(3)
*COMM 415 Intercultural Communication __“(3)
*EDCI 305 – Global Educational Systems __“(3)
*ENGL 204 The Literature of Culture __“(3)
*ENGL 366 Literature of American Immigration __“(3)
*ENRH 210 Global Disparities in Public Health __“(3)
*FREN 101 French & The Francophone World __“(3)
*FREN 102 French & The Francophone World II __“(3)
*GEOG 103 Cultural Geography __“(3)
*GEOG 440 Regional Geography __“(3)
*GER 101 German & The German-Speaking World __“(3)
*GER 102 German & The German-Speaking World II __“(3)
*GER 110 German & The German-Speaking World: Acc. __“(6)
*HSCC 205 Women’s Health __“(3)
*HSCC 420 Cultural Diversity for Health Care Practitioners __“(3)
*JPN 101 Beginning Japanese I __“(3)
*JPN 102 Beginning Japanese II __“(3)
*LAT 101 Beginning Latin I __“(3)
*LAT 102 Beginning Latin II __“(3)
*MUS 303 The World of Music __“(3)
*ND 310 Food, Nutrition & Culture __“(3)
*PAR 145 Eastern Religious Traditions __“(3)
*PAR 242 What is Religion? __“(3)
*PAR 251 Understanding Islamic Traditions __“(3)
*PAR 260 Women & Religion __“(3)
*PAR 323 Mysticism and the Modern Mind __“(3)
*PAR 354 Religion, Suffering, & The Moral Imagination __“(3)
*PAR 355 Contemporary Religious Classics __“(3)
*PAR 367 Native American Religions __“(3)
*PAR 368 History of American Religious Traditions __“(3)
*PSC 110 Global Issues __“(3)
*PSC 415 Contemporary British Politics __“(3)
*SPAN 101 Spanish & Spanish-Speaking World __“(3)
*SPAN 102 Spanish & Spanish-Speaking World II __“(3)

UPPER-LEVEL PERSPECTIVES 300-400 COURSES
*One course required in any perspective category outside of the discipline

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of the major. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE:** Courses used to meet Liberal Studies requirements may be used simultaneously to meet other requirements, including requirements in the major. Be reminded the Upper Level Perspective (ULP) requirement must be met by an approved ULP Liberal Studies course and be outside the discipline of the student’s major.