Welcome back & Happy September!

How are things going for you so far? Are you enjoying getting settled back into Western as a sophomore or junior? Maybe you’re a new transfer student... if so, welcome to WCU! Whatever your situation may be, we recognize that your sophomore and junior years are a lot different from your freshman year. Remember Western Carolina PEAKS? Maybe you’d like to see something similar to that during your sophomore and junior years. Good news! That’s where the EXTREMES program comes in. While you won’t see as much residential programming and services when compared to PEAKS, we are still here if you need us. We’ll have various programs going on throughout the year to support your continued development as a sophomore, junior, or new transfer student. So, let us know how we can help you make this year great! If you’re having academic issues, looking to get involved on campus, or just want someone to talk to, come see us! We’re located in the Office of Leadership and Student Involvement, which is on the 3rd floor of the University Center. Make this year a great one!

THINGS TO KNOW

Need Academic Help?
Now that you’ve got a few weeks of class in under your belt, it’s time to assess how things are going. We hope they’re going well, but if not, there’s help for you! The Writing and Learning Commons (WaLC) offers writing assistance, and tutoring in many courses. Stop by the 2nd floor of the Belk building and see them. Additionally, the Mathematics Tutoring Center (MTC), located in Stillwell 455, offers help with many lower-level math courses. Take advantage of these services; they cost you absolutely nothing, and can help put you on the road to academic success!

“What can I do with a major in...?”
Have you declared a major yet? Maybe you’re wondering what careers await for you in major? Check out the Career Services’ “Choosing a Major” article at careers.wcu.edu (under the Information for Students and Alumni link). Additionally, our

EVENTS AND OPPORTUNITIES

Sophomore September Success Recognition Event
How’d you do last semester academic-wise? We hope you did well! If not, we can help you improve this semester. But if you made the Dean’s List last semester, you have an invitation waiting for you in your email inbox! Come to the Sophomore September Success Recognition Event to be recognized for your hard work and academic success. Check your email for more information!

Transfer Student Dinner
We’d like to extend a special welcome to our new transfer students! Residential Living would like to extend a special invitation for you to join their transfer student dinner on Wednesday, September 11th. Look for more information soon!

Celebrate Your Major Day
Have you had a chance to declare your major yet? If so, here’s your opportunity to proud of what you’re
lunch hour talk series will provide you with information concerning the vast career choices that are waiting for you upon graduation! Next month’s lunch hour talk is for business majors, but we’ve got talks for construction management, education, and political science majors too! Keep it here for all the details.

Sophomore/Junior Resource Guides
How’s your sophomore or junior year going? Have you got everything figured out? Are you feeling a little lost? That’s okay! We have resource guides tailored specifically to you to help you along the way. Visit extremes.wcu.edu; you’ll find links to the relevant guides on the left hand side of the page.

Staying Connected
If you’re on facebook, make sure you join our sophomore and junior groups on there. And if you tweet, we do too! Follow us: @wcuxtremes, we’ll be announcing upcoming programs, advice/tips for sophomores, and much more! And oh yes, we are #TeamFollowBack. Join our conversation today!

Come Visit Us!
Remember, we’re here for you if we can ever be of service. If you need help with academic issues, or just want someone to talk to, stop by and see us! We’re located in the Office of Leadership and Student Involvement, which is on the 3rd floor of the University Center. We’re available to see you on Mondays and Fridays from 9AM-1PM, and Wednesdays and Thursdays from 9AM-3PM. Don’t be a stranger!

OrgSync
Make sure you join us on OrgSync to stay updated on all that’s going on! Just search for EXTREMES on the main WCU OrgSync page. Join today!

Business Lunch Hour Talk
On Wednesday, October 2nd, spend your lunch hour doing something productive. Come to our business lunch hour talk in the UC Theater at 12 PM. If you’re a business major, or have an interest in majoring in it, and want to know what careers await for you, come hear from a prominent alum of WCU of all of the possibilities that await you upon graduation! It’s a big field, and there’s a position in it just for you... come find out what it is on October 2nd.

Getting Involved On Campus
Think you can’t get involved on campus as a sophomore or junior? Think again! There are over 100 clubs and organizations waiting for you to check them out. Have you thought about Greek Life? It’s a lot better than you think! Fall recruitment is happening next week (September 9th - 15th). For more information on Greek Life, clubs and organizations, or how to get involved in general, be sure to check out our website at olsi.wcu.edu.

You can also stop by and see us if you have any questions. Get involved on campus... it’s a great way to network, and it looks great on your resume!