THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric ___(3) Freshman Year
ENGL 202 Writing and Critical Inquiry ___(3) Sophomore Year

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts ___(3)
MATH 130 College Algebra ___(3)
MATH 170 Applied Statistics ___(3)
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication ___(3)

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness___(3)
HEAL 123 Health & Wellness ___(3)
HSCC 101 Nutrition, Fitness & Wellness ___(3)

C5. Physical & Biological Sciences, 6 hours
The two courses taken to meet the C5 requirement must be from two different disciplines. Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of BIOL 132, CHEM 241, and courses numbered from 190-199) meet this requirement.

AST 103 The Solar System ___(3)
AST 104 Cosmic Evolution ___(3)
BIOL 102 Human Genetics ___(3)
BIOL 104 Human Biology ___(3)
BIOL 105 Biology in the 21st Century ___(3)

CHEM 101 Chemistry in Society ___(3)
ENVH 130 Environmental Health Science: Systems & Solutions ___(3)

GEOL 140 Investigations in Environmental Geology ___(3)
GEOL 150 Methods in Geology ___(4)

NRM 140 Natural Resource Conservation & Management ___(3)

PHYS 105 Contemporary Physics ___(3)

THE FIRST-YEAR SEMINAR (3 HOURS)

a. Students with 0-15 credit hours are required to take this course.
b. Students with 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The First Year Seminar is waived if the student does not have to make up the hours in the Liberal Studies program, but will still need to graduate with the same number of hours required by the program of the major.
c. Students with 30 or more credit hours are not eligible to take First-Year Seminar.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies program.

BIOL 190 Discoveries in Biology ___(3)
BIOL 192 Plant Biodiversity ___(3)
COMM 190 A User’s Guide to the Mass Media ___(3)
CS 191 How Does Software Work? ___(3)
ENGL 190 Literature ___(3)
ENGL 192 Motion Picture Studies ___(3)
ENGR 190 Technology Systems ___(3)

ENGK 199 Engineering Seminar Freshman Engineering majors only ___(3)
ENT 195 Social Entrepreneurship: Creating Innovative Solutions ___(3)

ENVH 190 From Black Death to Bioterrorism ___(3)
FIN 195 You and Your Money ___(3)

LAW 195 Contemporary Legal Issues ___(3)

MATH 192 Fractals: The Geometry of Nature ___(3)

MKT 195 Facebook Generation Marketing ___(3)

MUS 190 Music ___(3)

ND 190 Personal Nutrition ___(3)
PSC 190 Active Citizenship: Make a Difference in Your Community ___(3)

THE PERSPECTIVES (18 HOURS)

Includes Upper-Level Courses*

One of the perspectives categories must be met with an upper level perspective course.

P1. Social Sciences, 6 hours
Courses must be taken in two different disciplines

ANTH 110 Origins of Civilization ___(3)
ANTH 414 Minority Groups ___(3)

BA 133 Strategy First ___(3)

C231 Microeconomics & Social Issues ___(3)

C232 Macroeconomics ___(3)

ENVH 200 Intro to Public Health ___(3)

*ENVH 300 Occupational Health ___(3)

*GEOG 101 Population Geography ___(3)

*LAW 105 Introduction to Law ___(3)

*LAW 406 Media Law ___(3)

*MKT 409 Negotiations/Relationship Marketing ___(3)

*PAR 322 Biomedical Ethics & Social Justice ___(3)

*PAR 333 Environmental Ethics & Public Policy ___(3)

*PS 150 American Government & Politics ___(3)

*PSY 150 General Psychology ___(3)

*PSY 320 Child and Adolescent Development---(3)

*PSY 331 Human Sexuality ___(3)

*SOC 103 Human Society ___(3)

*SOC 235 Social Problems ___(3)

*SOC 414 Minority Groups ___(3)

*SOCW 251 Social Issues, Policy, & Programs ___(3)

*SOCW 354 Human Behavior & the Social Environment ___(3)

*SOCW 402 Diversity in Contemporary Society ___(3)

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

HIST 107 World Cultures in Historical Perspective ___(3)
HIST 141 Turning Points in American History ___(3)
HIST 222 European History Since 1517 ___(3)
HIST 232 American History Since 1865 ___(3)

*HIST 313 The Medieval World ___(3)

*HIST 341 North Carolina History ___(3)

PAR 146 Western Religious Traditions ___(3)

P3. History, 3 hours

CS 210 Internet Security and Ethics ___(3)

*ECON 344 Ethics of Capitalism ___(3)

ENGL 206 Literature of Place ___(3)

ENGL 207 Popular Literature & Culture ___(3)

ENGL 209 Past Times: Literature & History ___(3)

*ENGL 351 The Beats, Radicals, & Avant-Garde Lit. ___(3)

*ENGL 367 Appalachian Literature ___(3)

*ENGL 368 Film Genres ___(3)

*ENGL 390 The Bible as Literature ___(3)

HIST 171 Religion in America ___(3)

HIST 181 Religion in Europe ___(3)

HIST 182 The Ancient Empires ___(3)

LAW 201 Individual Rights ___(3)

*LAW 412 Business Ethics & Corporate Responsibility ___(3)

PAR 102 Western Moral Traditions ___(3)

PAR 201 Philosophy of Sex & Love ___(3)

PAR 230 Legal Scientific & Critical Reasoning ___(3)

*PAR 306 Science, Reason, & Autonomy in the Enlightenment ___(3)

*PAR 307 From Existentialism to Feminism ___(3)

*PAR 309 Philosophy in Art & Film ___(3)

*PAR 320 Philosophical & Religious Classics ___(3)

*PAR 404 Ancient Cynics, Stoics & Skeptics ___(3)

*SM 340 Sport Ethics ___(3)
### PS. Fine & Performing Arts, 3 hours

- ART 104 Introduction to The Visual Arts ___(3)
- IDES 250 Introduction to Interior Design___(3)
- MUS 101 Music Appreciation ___(3)
- MUS 102 Music in American Culture ___(3)
- MUS 302 History of Rock Music ___(3)
- MUS 304 Jazz Appreciation ___(3)
- THEA 104 The Theatre Experience ___(3)

### P6. World Cultures, 3 hours

Satisfied if student passes MFL 101, 102, 110, 231, 232, 240, or 301. Only three of the six credit hours earned in FREN, GER, and SPAN 110 apply to P6 category.

- ANTH 120 Comparative Cultural Systems ___(3)
- BA 304 Business Communications in a Multicultural Environment ___(3)
- CHER 101 Cherokee & Cherokee-Speaking World ___(3)
- CM -365 Construction and Culture ___(3)
- COMM 415 Intercultural Communication ___(3)
- EDCI 305 Global Educational Systems ___(3)
- ENVH 210 Global Disparities in Public Health ___(3)
- FREN 102 French & The Francophone World II ___(3)
- GEOG 103 Cultural Geography ___(3)
- GER 101 German & The German-Speaking World ___(3)
- GER 102 German & The German-Speaking World II ___(3)
- HSCC 205 Women’s Health ___(3)
- JPN 101 Beginning Japanese I ___(3)
- JPN 102 Beginning Japanese II ___(3)
- ND 310 Food, Nutrition & Culture ___(3)
- PAR 145 Eastern Religious Traditions ___(3)
- PAR 251 Understanding Islamic Traditions ___(3)
- PAR 260 Women & Religion ___(3)
- PAR 354 Religion, Suffering, & The Moral Imagination ___(3)
- PAR 355 Contemporary Religious Classics ___(3)
- PAR 367 Native American Religions ___(3)
- PSC 110 Global Issues ___(3)
- SPAN 101 Spanish & Spanish-Speaking World ___(3)
- SPAN 102 Spanish & Spanish-Speaking World II ___(3)

### UPPER-LEVEL PERSPECTIVES 300-400 COURSES

*One course required in any perspective category outside of the discipline of the major. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements may be used simultaneously to meet other requirements, including requirements in the major. Be reminded the Upper Level Perspective (ULP) requirement must be met by an approved ULP Liberal Studies course and be outside the discipline of the student’s major.