THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric ___(3) Freshman Year
ENGL 202 Writing and Critical Inquiry ___(3) Sophomore Year

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts ___(3)
MATH 130 College Algebra ___(3)
MATH 170 Applied Statistics ___(3)
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication ___(3)

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness ___(3)
HEAL 123 Health & Wellness ___(3)
HSCC 101 Nutrition, Fitness & Wellness ___(3)

C5. Physical & Biological Sciences, 6 hours
The two courses taken to meet the C5 requirement must be from two different disciplines. Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of BIOL 132, CHEM 241, ENVH 200, ENVH 210, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy ___(3)
AST 103 The Solar System ___(3)
AST 104 Cosmic Evolution ___(3)
BIOL 102 Human Genetics ___(3)
BIOL 103 Environmental Biology ___(3)
BIOL 104 Human Biology ___(3)
BIOL 105 Biology in the 21st Century ___(3)
CHEM 101 Chemistry in Society ___(3)
ENVH 130 Environmental Health Science: Systems & Solutions ___(3)
GEOL 140 Investigations in Environmental Geology ___(3)
GEOL 150 Methods in Geology ___(4)
NRM 140 Natural Resource Conservation & Management ___(3)
PHYS 105 Contemporary Physics ___(3)

THE FIRST-YEAR SEMINAR (3 HOURS)

a. Students with 0-15 credit hours are required to take this course.
b. Students with 15 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The First Year Seminar is waived and the student does not have to make up the hours in the Liberal Studies Program, but will still need to graduate with the same number of hours required by the program of the major.
c. Students with 30 or more credit hours are not eligible to take First-Year Seminar.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory). If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

ANTH 190 Freshmen Seminar: The Human Condition ___(3)
ART 191 Integral Arts ___(3)
BIOL 190 Discoveries in Biology ___(3)
BIOL 192 Plant Biodiversity ___(3)
BIOL 193 Forensic Biology ___(3)
BIOL 194 Biotechnology: Methods, Applications & Implications ___(3)
CHEM 190 Chemistry in Industry ___(3)
CHEM 191 Issues in Environmental Chemistry ___(3)
CHEM 192 Human Gene Discovery Laboratory ___(3)
CHEM 193 Chemistry in the Arts ___(3)
CHEM 194 Forensic Chemistry ___(3)
CIS 195 The Information Society at Work ___(3)

CJ 190 Controversies in Criminal Justice ___(3)
COMM 190 A User’s Guide to the Mass Media ___(3)
CS 191 How Does Software Work? ___(3)
EDCI 191 Teachers, Schools, and Society ___(3)
ENGL 190 Literature ___(3)
ENGL 191 Creative Writing ___(3)
ENGL 192 Motion Picture Studies ___(3)
ENGR 190 Technology Systems ___(3)
ENGR 191 Engineering Seminar freshman Engineering majors only.

ENT 195 Social Entrepreneurship: Creating Innovative Solutions ___(3)
ENVH 190 From Black Death to Bioterrorism ___(3)
FIN 195 You and Your Money ___(3)
GEOL 191 Geology, Landscapes, & Human Psyche ___(3)
GER 190 Triumph & Tragedy in Modern German Film ___(3)
HIST 190 History Topics ___(3)
HIST 191 History Texts ___(3)

HSCC 190 Human Behavior In The Social Environment ___(3)
HSCC 191 Does Inequality Make You Sick? ___(3)
JPN 190 An Introduction to Japanese Popular Culture ___(3)
LAW 195 Contemporary Legal Issues ___(3)
MATH 190 Mathematical Models of Population Growth ___(3)
MATH 191 Mathematics in Social Choice & Decision Making ___(3)
MATH 192 Fractals: The Geometry of Nature ___(3)
MKT 195 Facebook Generation Marketing ___(3)
MUS 190 Music ___(3)
MUS 191 Integral Arts ___(3)
ND 190 Personal Nutrition ___(3)
PAR 190 Freedom Culture & Technology ___(3)
PSC 190 Active Citizenship: Make a Difference in Your Community ___(3)
PSY 190 Psychology ___(3)
PT 190 Caring for the Aging Population: Challenges & Solutions ___(3)
SOC 190 Social Institutions & Issues ___(3)
SPAN 190 Hispanic Literature & Film ___(3)
THEA 191 Integral Arts ___(3)

THE PERSPECTIVES (18 HOURS)

Includes Upper-Level Courses*
One of the perspectives categories must be met with an upper level perspective course.

P1. Social Sciences, 6 hours
Courses must be taken in two different disciplines

ANTH 110 Origins of Civilization ___(3)
*ANTH 414 Minority Groups ___(3)
ASI 250 Introduction to Appalachian Studies ___(3)
BA 133 Strategy First ___(3)
*BIOL 334 Biotechnology and Society ___(3)
ECON 231 Microeconomics & Social Issues ___(3)
ECON 232 Macroeconomics ___(3)
ENVH 200 Intro to Public Health ___(3)
*ENVH 300 Occupational Health ___(3)
FIN 210 Managing your Money for Financial Success ___(3)
*FIN 350 So You Want To Be A Millionaire ___(3)
GEOG 101 Population Geography ___(3)
*HSCC 307 Evaluating Health Claims: Fact or Quack ___(3)
LAW 105 Introduction to Law ___(3)
*Law 406 Media Law ___(3)
*MKT 409 Negotiations/Relationship Marketing ___(3)
*PAR 313 Philosophy of Law ___(3)
*PAR 315 Philosophy of Mind ___(3)
*PAR 332 Biomedical Ethics & Social Justice ___(3)
*PAR 333 Environmental Ethics & Public Policy ___(3)
*PAR 334 Biotechnology and Society ___(3)
PSC 150 American Government & Politics ___(3)
PSY 150 General Psychology ___(3)

*PSY 320 Child and Adolescent Development ___(3)
*PSY 331 Human Sexuality ___(3)
*PSY 370 Psychology & Law ___(3)
*PT 400 Complementary & Integrative Therapies ___(3)
*RTH 300 Health & Healing: The Spirit-Mind-Body Connection ___(3)
SOC 103 Human Society ___(3)
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SOC 235 Social Problems ___(3)
*SOC 414 Minority Groups ___(3)
SOCW 251 Social Issues, Policy, & Programs ___(3)
*SOCW 354 Human Behavior & the Social Environment ___(3)
*SOCW 402 Diversity in Contemporary Society ___(3)

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours
HIST 107 World Cultures in Historical Perspective ___(3)
HIST 141 Turning Points in American History ___(3)
HIST 142 Biography in American History ___(3)
HIST 151 Turning Points in European History ___(3)
HIST 152 Biography in European History ___(3)
HIST 221 European History to 1517 ___(3)
HIST 222 European History Since 1517 ___(3)
HIST 231 American History to 1865 ___(3)
HIST 232 American History Since 1865 ___(3)
HIST 308 Explorations in Regional History ___(3)
HIST 311 Ancient Greece & Rome ___(3)
HIST 312 Heroic Age ___(3)
HIST 313 The Medieval World ___(3)
HIST 317 History of 20th Century International Relations ___(3)
HIST 322 British History to 1603 ___(3)
HIST 323 British History Since 1603 ___(3)
HIST 327 Modern Russia ___(3)
HIST 330 Modern Germany ___(3)
HIST 335 History of Capitalism ___(3)
HIST 341 North Carolina History ___(3)
HIST 361 Latin American History I ___(3)
HIST 362 Latin American History II ___(3)
HIST 373 Modern Asia ___(3)
HIST 375 Middle East Since Mohammed ___(3)
MATH 301 History of the Scientific Revolution ___(3)
PAR 146 Western Religious Traditions ___(3)
PAR 250 Origins of Early Christian Traditions ___(3)
PAR 365 Medieval & Reformation Theology ___(3)
PAR 366 Religion & Science: Laws of God & Nature ___(3)

P4. Humanities, 3 hours
CS 210 Internet Security and Ethics ___(3)
ECON 344 Ethics of Capitalism ___(3)
ENGL 206 Literature of Place ___(3)
ENGL 207 Popular Literature & Culture ___(3)
ENGL 209 Past Times: Literature & History ___(3)
ENGL 210 Contemporary African American Literature ___(3)
ENGL 231 Interpretation of Literature ___(3)
ENGL 290 Literature & The Sacred ___(3)
ENGL 333 Introduction to Shakespeare ___(3)
ENGL 350 The Renaissance ___(3)
ENGL 351 The Beats, Radicals, & Avant-Garde Lit. ___(3)
ENGL 352 The Journey in Literature ___(3)
ENGL 353 Stories Retold ___(3)
ENGL 367 Appalachian Literature ___(3)
ENGL 368 Film Genres ___(3)
ENGL 390 The Bible as Literature ___(3)
HIST 171 Religion in America ___(3)
HIST 175 Native American Civilizations ___(3)
HIST 181 Religion in Europe ___(3)
HIST 182 The Ancient Empires ___(3)
HIST 185 History of Death in Western Civilization ___(3)
LAW 201 Individual Rights ___(3)
LAW 306 Women & The Law ___(3)
LAW 412 Business Ethics & Corporate Responsibility ___(3)
PAR 101 Western Philosophical Traditions ___(3)
PAR 102 Western Moral Traditions ___(3)
PAR 201 Philosophy of Sex & Love ___(3)
PAR 230 Legal Scientific & Critical Reasoning ___(3)
PAR 304 Justice, Power, Human Nature in Ancient Greek Polis ___(3)
PAR 306 Science, Reason, & Autonomy in the Enlightenment ___(3)
PAR 307 From Existentialism to Feminism ___(3)
PAR 308 From Pragmatism to Postmodernism ___(3)

P5. Fine & Performing Arts, 3 hours
ART 104 Introduction to The Visual Arts ___(3)
DA 259 Dance Appreciation ___(3)
IDES 250 Introduction to Interior Design ___(3)
*FTP 340 Filmmakers on Filmmaking ___(3)
MUS 101 Music Appreciation ___(3)
MUS 102 Music in American Culture ___(3)
MUS 302 History of Rock Music ___(3)
MUS 304 Jazz Appreciation ___(3)
MUS 410 History of American Musical Theatre ___(3)
THEA 104 The Theatre Experience ___(3)
THEA 271 Theatre in Education Workshop I ___(3)
THEA 310 World Theatre ___(3)

P6. World Cultures, 3 hours
Satisfied if student passes MFL 101, 102, 110, 231, 232, 240, or 301.
Only three of the six credit hours earned in FREN, GER, and SPAN 110 apply to P6 category.

ANTH 120 Comparative Cultural Systems ___(3)
ART 202 Art of World Cultures ___(3)
*BA 304 Business Communications in a Multicultural Environment ___(3)
CHER 101 Cherokee & Cherokee-Speaking World ___(3)
CHIN 101 Chinese Language & Culture ___(3)
CHIN 102 Chinese Language & Culture II ___(3)
CHIN 231 Chinese Language & Culture III ___(3)
CHIN 232 Chinese Language & Culture IV ___(3)
*CM -365 Construction and Culture ___(3)
*COMM 415 Intercultural Communication ___(3)
*EDCI 305 – Global Educational Systems ___(3)
ENGL 204 The Literature of Culture ___(3)
ENGL 366 Literature of American Immigration ___(3)
ENVH 210 Global Disparities in Public Health ___(3)
FREN 101 French & The Francophone World ___(3)
FREN 102 French & The Francophone World II ___(3)
*GEOG 103 Cultural Geography ___(3)
*GEOG 440 Regional Geography ___(3)
GER 101 German & The German-Speaking World ___(3)
GER 102 German & The German-Speaking World II ___(3)
GER 110 German & The German-Speaking World: Acc. ___(6)
*HSCC 205 Women’s Health ___(3)
*HSCC 420 Cultural Diversity for Health Care Practitioners ___(3)
JPN 101 Beginning Japanese I ___(3)
JPN 102 Beginning Japanese II ___(3)
LAT 101 Beginning Latin I ___(3)
LAT 102 Beginning Latin II ___(3)
*MUS 303 The World of Music ___(3)
*ND 310 Food, Nutrition & Culture ___(3)
PAR 145 Eastern Religious Traditions ___(3)
PAR 242 What is Religion? ___(3)
PAR 251 Understanding Islamic Traditions ___(3)
PAR 260 Women & Religion ___(3)
*PAR 323 Mysticism and the Modern Mind ___(3)
*PAR 353 Religion in Film ___(3)
*PAR 354 Religion, Suffering, & The Moral Imagination ___(3)
*PAR 355 Contemporary Religious Classics ___(3)
*PAR 367 Native American Religions ___(3)
PSC 110 Global Issues ___(3)
*PSC 415 Contemporary British Politics ___(3)
SPAN 101 Spanish & Spanish-Speaking World ___(3)
SPAN 102 Spanish & Spanish-Speaking World II ___(3)

UPPER-LEVEL PERSPECTIVES 300-400 COURSES
*One course required in any perspective category outside of the discipline

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of the major. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE:** Courses used to meet Liberal Studies requirements may be used simultaneously to meet other requirements, including requirements in the major. Be reminded the Upper Level Perspective (ULP) requirement must be met by an approved ULP Liberal Studies course and be outside the discipline of the student’s major.