THE CORE (21 HOURS)

C1. Writing, 6 hours
ENGL 101 Writing and Rhetoric ___(3) Freshman Year
ENGL 202 Writing and Critical Inquiry ___(3) Sophomore Year

C2. Mathematics, 3 hours
MATH 101 Mathematical Concepts ___(3)
MATH 130 College Algebra ___(3)
MATH 170 Applied Statistics ___(3)
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

C3. Oral Communication, 3 hours
COMM 201 Foundations of Communication ___(3)

C4. Wellness, 3 hours
HEAL 111 Stress Management for Health & Wellness ___(3)
HEAL 123 Health & Wellness ___(3)
HSCC 101 Nutrition, Fitness & Wellness ___(3)

C5. Physical & Biological Sciences, 6 hours
The two courses taken to meet the C5 requirement must be from two different disciplines. Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of BIOL 132, CHEM 241, and courses numbered from 190-199) meet this requirement.
AST 102 Introductory Observational Astronomy ___(3)
AST 103 The Solar System ___(3)
AST 104 Cosmic Evolution ___(3)
BIOL 103 Environmental Biology ___(3)
BIOL 104 Human Biology ___(3)
CHEM 101 Chemistry in Society ___(3)
ENVH 130 Environmental Health Science: Systems & Solutions ___(3)
GEOL 140 Investigations in Environmental Geology ___(3)
GEOL 150 Methods in Geology ___(4)
NRM 140 Natural Resource Conservation & Management ___(3)
PHYS 105 Contemporary Physics ___(3)

THE FIRST-YEAR SEMINAR (3 HOURS)
a. Students with 0-15 credit hours are required to take this course.
b. Students with 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The First Year Seminar is waived and the student does not have to make up the hours in the Liberal Studies program, but will still need to graduate with the same number of hours required by the program of the major.
c. Students with 30 or more credit hours are not eligible to take First-Year Seminar.
d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

ART 191 Integral Arts ___(3)
BIOL 192 Plant Biodiversity ___(3)
CIS 195 The Information Society at Work ___(3)
COMM 190 A User’s Guide to the Mass Media ___(3)
CS 191 How Does Software Work? ___(3)
EDCI 191 Teachers, Schools, and Society ___(3)
ENGL 191 Creative Writing ___(3)
ENGR 190 Technology Systems ___(3)
ENGR 199 Engineering Seminar Freshman Engr majors only ___(3)
ENT 195 Social Entrepreneurship: Creating Innovative Solutions ___(3)
ENVH 190 From Black Death to Bioterrorism ___(3)
FIN 195 You and Your Money ___(3)
GEOL 191 Geology, Landscapes, & the Human Psyche ___(3)
JPN 190 An Introduction to Japanese Popular Culture ___(3)
LAW 195 Contemporary Legal Issues ___(3)

MATH 192 Fractals: The Geometry of Nature ___(3)
MKT 195 Facebook Generation Marketing ___(3)
MUS 191 Integral Arts ___(3)
PSC 190 Active Citizenship: Make a Diff in Your Community ___(3)
PSY 190 Psychology ___(3)
THEA 191 Integral Arts ___(3)

THE PERSPECTIVES (18 HOURS)
Includes Upper-Level Courses*
One of the perspectives categories must be met with an upper level perspective course.

P1. Social Sciences, 6 hours
Courses must be taken in two different disciplines

ANTH 110 Origins of Civilization ___(3)
BA 133 Strategy First ___(3)
ECON 231 Microeconomics & Social Issues ___(3)
ECON 232 Macroeconomics ___(3)
ENHV 200 Intro to Public Health ___(3)
*ENHV 300 Occupational Health ___(3)
FIN 210 Managing your Money for Financial Success ___(3)
GEOG 101 Population Geography ___(3)
LAW 105 Introduction to Law ___(3)
*LAW 406 Media Law ___(3)
*MKT 409 Negotiation/Relationship Mkt ___(3)
PSC 150 American Government & Politics ___(3)
PSY 150 General Psychology ___(3)
*PSY 320 Child and Adolescent Development——(3)
*PSY 331 Human Sexuality ___(3)
*RTH 300 Health & Healing: The Spirit-Mind-Body Connection ___(3)
SOC 103 Human Society ___(3)
SOC 235 Social Problems ___(3)
SOCW 251 Social Issues, Policy, & Programs ___(3)
*SOCW 354 Human Behavior & the Social Environment ___(3)
*SOCW 402 Diversity in Contemporary Society ___(3)

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours

HIST 107 World Cultures in Historical Perspective ___(3)
HIST 141 Turning Points in American History ___(3)
HIST 142 Biography in American History ___(3)
HIST 151 Turning Points in European History ___(3)
HIST 221 European History to 1517 ___(3)
HIST 231 American History to 1865 ___(3)
*HIST 312 Heroic Age ___(3)
*HIST 341 North Carolina History ___(3)
*HIST 362 Latin American Hist II ___(3)
PAR 146 Western Religious Traditions ___(3)
PAR 250 Origins of Early Christian Traditions ___(3)

P4. Humanities, 3 hours

ENGL 206 Literature of Place ___(3)
ENGL 207 Popular Literature & Culture ___(3)
ENGL 209 Past Times: Literature & History ___(3)
ENGL 231 Interpretation of Literature ___(3)
*ENGL 333 Introduction to Shakespeare ___(3)
*ENGL 352 The Journey in Literature ___(3)
*ENGL 367 Appalachian Literature ___(3)
HIST 171 Religion in America ___(3)
HIST 181 Religion in Europe ___(3)
LAW 201 Individual Rights
PAR 102 Western Moral Traditions ___(3)
PAR 201 Philosophy of Sex & Love ___(3)
*PAR 304 Justice, Power, Human Nature in Ancient Greek Polis ___(3)
*PAR 309 Philosophy in & of Film ___(3)
*PAR 320 Philosophical & Religious Classics ___(3)
*PAR 330 American Wilderness Ethics & Aesthetics ___(3)
*SM 340 Sport Ethics ___(3)

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P5. Fine & Performing Arts, 3 hours
ART 104 Introduction to The Visual Arts ___(3)
DA 259 Dance Appreciation ___(3)
*FTP 340 Filmmakers on Filmmaking ___(3)
IDES 250 Introduction to Interior Design ___(3)
MUS 101 Music Appreciation ___(3)
MUS 102 Music in American Culture ___(3)
*MUS 302 History of Rock Music ___(3)
*MUS 304 Jazz Appreciation ___(3)
*MUS 410 History of American Musical Theatre ___(3)
THEA 104 The Theatre Experience ___(3)
*THEA 310 World Theatre ___(3)

P6. World Cultures, 3 hours
Satisfied if student passes MFL 101, 102, 110, 231, 232, 240, or 301.
Only three of the six credit hours earned in FREN, GER, and SPAN 110
apply to P6 category.

ANTH 120 Comparative Cultural Systems ___(3)
*BA 304 Business Comm Multicultural Environ ___(3)
CHER 101 Cherokee & Cherokee-Speaking World ___(3)
*CM 365 Construction and Culture ___(3)
*COMM 415 Intercultural Communication ___(3)
ENGL 204 The Literature of Culture ___(3)
FREN 101 French & The Francophone World ___(3)
GEOG 103 Cultural Geography ___(3)
GER 101 German & The German-Speaking World ___(3)
HSCC 205 Women’s Health ___(3)
JPN 101 Beginning Japanese I ___(3)
*MUS 303 The World of Music ___(3)
*ND 310 Food, Nutrition & Culture ___(3)
PAR 145 Eastern Religious Traditions ___(3)
PAR 242 What is Religion? ___(3)
PAR 260 Women & Religion ___(3)
*PAR 353 Religion in Film ___(3)
*PAR 367 Native American Religions ___(3)
PSC 110 Global Issues ___(3)
SPAN 101 Spanish & Spanish-Speaking World ___(3)
SPAN 102 Spanish & Spanish-Speaking World II ___(3)

UPPER-LEVEL PERSPECTIVES 300-400 COURSES
*One course required in any perspective category outside of the discipline
of the major. Students should not enroll in courses numbered above their
class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements may be used
simultaneously to meet other requirements, including requirements in the
major. Be reminded the Upper Level Perspective (ULP) requirement must
be met by an approved ULP Liberal Studies course and be outside the
discipline of the student’s major.